

# It's Rarely Simple

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## First Observational Study with Switching?



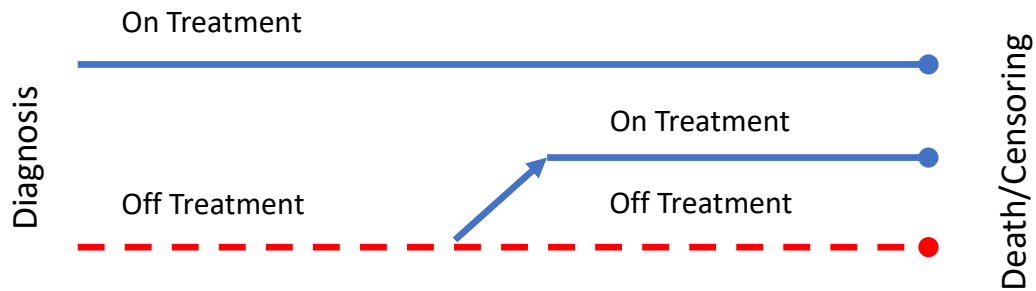
**Whiskas Advert  
(1987)**

*“8 out of 10  
said their cats  
preferred it”*

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# Recap – NP-C Registry Delayed Initiation (Switching) to Zavesca



Like a standard RCT problem but without the R

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## How Should We Analyse this?

- Possible methods
  - Inverse probability censored weighting (IPCW)
  - Rank-preserving structural failure time modelling (RPSTM)
  - Two stage modelling
- Problem when assumptions are violated
  - IPCW – no unmeasured confounders
  - RPSTM – randomised groups and common treatment effect
  - Two stage model – no unmeasured confounders and existence of a second baseline from which the effect of switching can be estimated

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# Let's Be, Oh Dear, Simple

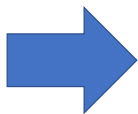
- Analyse using a **time dependent covariate**

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## Criticism of Time Dependent Treatment

- Lack of inclusion of confounders at time of switching can cause selection bias and ruin the randomisation



Randomised groups are no longer balanced for predictors of prognosis – the treatment effect is confounded



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**But..**



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**No Randomisation / No Control / No Visit Schedule**



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# So Just Do ITT?

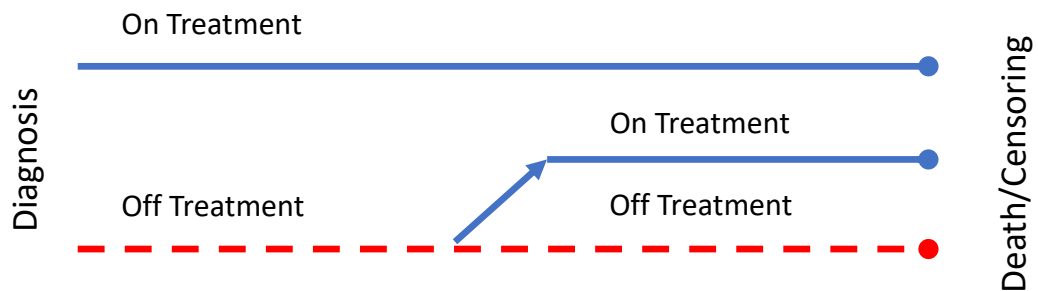
- An ITT approach (whatever that means in this context)

Ever took Zavesca  
vs.  
those who did not

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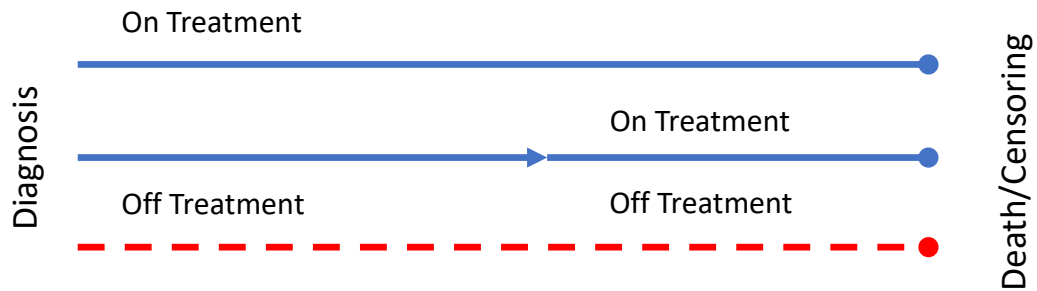
# So Just Do ITT? No.



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## So Just Do ITT? No.

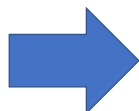


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## Let's Be a Bit Less Simplistic

- We used an extended Cox Model with time dependent treatment including potential confounders at baseline (i.e. predictors of treatment and prognosis)
  - Selection bias - remember this is not an RCT!



Unbiased (hopefully/unlikely) estimate of treatment effect

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# Is It Really That Simple?

- Who has ever done an time dependent treatment analysis?
- Did you have any challenges?
- Any problems?

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## Increasing Patients at Risk

Time	# deaths	At risk
0	0	50
1	1	50
2	4	40
3	6	7
4	13	14
5	13	18
6	16	17
7	19	25
8	22	28
9	25	35
10	27	23



Decreasing subjects at risk



Increasing subjects at risk

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# Increasing Patients at Risk

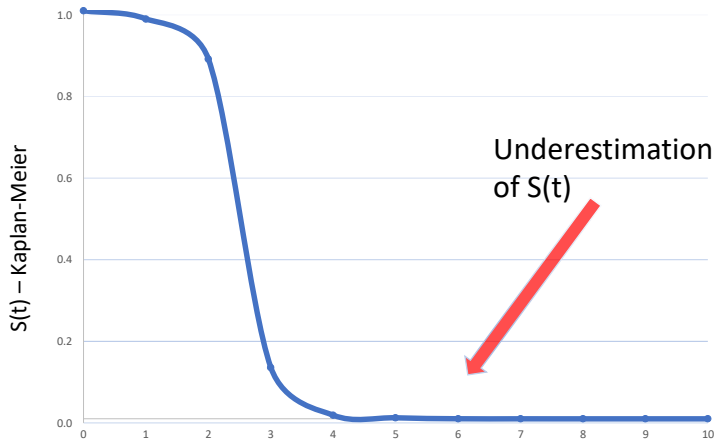
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13 deaths from 7 patients at risk!?!

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# Kaplan-Meier Underestimates Survival



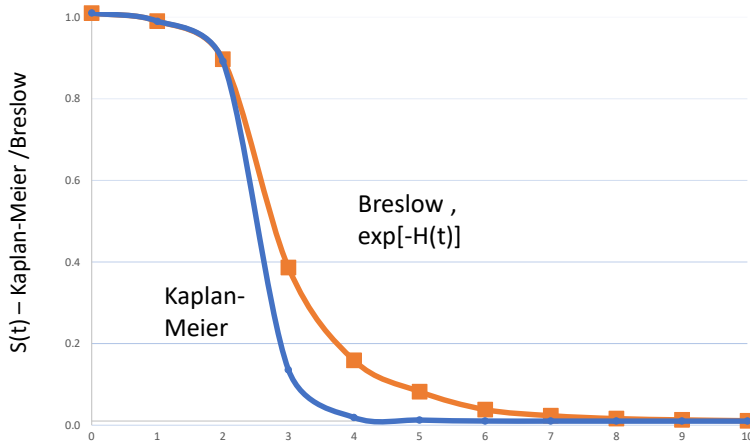
Time	# deaths	At risk	KM
0	0	50	1.00
1	1	50	0.98
2	4	40	0.88
3	6	7	0.13
4	13	14	0.01
5	13	18	0.00
6	16	17	0.00
7	19	25	0.00
8	22	28	0.00
9	25	35	0.00
10	27	23	0.00

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# Kaplan-Meier Underestimates Survival



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## Adjusted Survival Curves

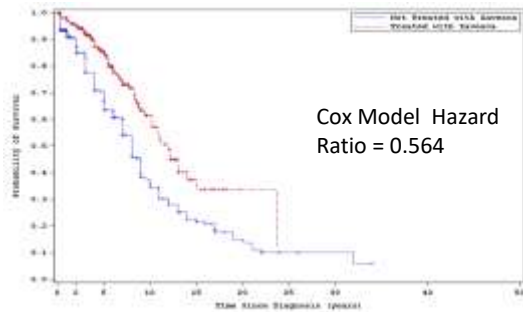
- Survival curves don't necessarily reflect treatment estimate from model if left unadjusted for imbalances caused by predictors of prognosis
  - Would also be the case in RCTs but randomisation (normally) removes the necessity for adjusted curves

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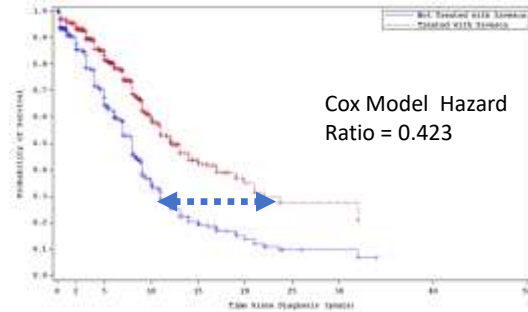
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# Adjusted Survival Curves

## Unadjusted



## Adjusted



Adjustment using Corrected Group Prognosis (CGP) Method

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## Summary

- It's not all about RCTs – observational studies also have to provide answers to urgent scientific questions
- In the absence randomisation and data on confounders at time of switching all analyses (complicated or otherwise) will be biased
- Time dependent covariate models are regarded as naive and too simplistic, but they might be the only option
- ...and even then, it's not as straightforward as you may first think.

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## Recommendations

- Determine what should be estimated
- Think Estimands – “hypothetical”, “treatment policy”,...
- Collect the data on potential confounders (where possible)
- Utilise methods such as propensity scores, IPCW and Two-Stage Models where applicable

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A photograph of two cats sleeping on a red sofa. The cat on the left is white, and the cat on the right is tabby. The text "Switching to Whiskers Works!" is overlaid in white on the sofa.

## Switching to Whiskers Works!

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