SYSTEMATIC REVIEW AND QUALITY ASSESSMENT OF CLINICAL AND ECONOMIC EVIDENCE FOR SUPERABSORBENT WOUND DRESSINGS IN A POPULATION WITH CHRONIC ULCERS

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1. Background

- Chronic ulcers, including pressure injuries, diabetic foot ulcers, and venous/arterial leg ulcers, fail to heal in an orderly manner through the usual stages of haemostasis, inflammation, proliferation, and maturation.
- These ulcers often experience prolonged inflammation and can take years to heal.
- Differences in the exudate of acute versus chronic ulcers, such as elevated pro-inflammatory components and proteases, further complicate healing.
- Chronic ulcers significantly affect patients' quality of life and impose a heavy economic burden on healthcare systems
- Effective management of exudate, crucial for optimal healing, involves the use of specialized dressings designed to handle and retain high volumes of fluid, thereby reducing infection risks and promoting faster healing.
- Despite their importance, systematic reviews (SLR) assessing the clinical efficacy and cost-effectiveness of superabsorbent dressings for chronic ulcers are lacking, highlighting a critical area for research and clinical focus.

2. Methods

- The SLRs were conducted adhering to multiple established guidelines to ensure robustness and transparency
- Guidelines Followed: PRISMA, NICE's methodology checklist, CRD's guidance, Cochrane Handbook, and EUnetHTA guidelines. The review is registered with PROSPERO (CRD42021286124).
- Eligibility Criteria Adjustment: Initially proposed to include populations with over 80% of patients having chronic ulcers, this was adjusted to over 50% to broaden study inclusion.
- Search Strategy:
 - Databases Searched: Embase, MEDLINE, the Cochrane Library, CINAHL, The Cost Effectiveness Analysis Registry, and Econ papers.
 - Additional Sources: Health technology databases, NICE, other national and international health technology assessment bodies, and bibliographies of relevant publications.
 - Tools Used: Ovid platform and 'Connected Papers' web application to ensure comprehensive coverage.
- Screening and Data Extraction:
 - Performed by two independent reviewers using Covidence, with discrepancies resolved by a senior investigator.
 - Data were extracted into standardized Excel templates and validated internally.
- Quality Assessment:
 - Employed multiple checklists appropriate to study designs, including the Cochrane RoB 2 for RCTs and the Drummond checklist for economic evaluations.
- Statistical Analysis:
 - Studies were evaluated for inclusion in meta-analysis or indirect treatment comparisons based on design and data compatibility.

3. Results

The clinical SLR resulted in 14 publications being included after rigorous screening, while the economic SLR included seven publications.

Clinical Studies Overview



Figure 1. SLR PRISMA flow diagram (clinical studies)

- Number of Studies: 14 publications, predominantly case series (11), complemented by one RCT, one matched observational cohort study, and one retrospective cohort study.
- Common Origin: Majority from the UK (8).
- Interventions Studied: Nine different superabsorbent dressings evaluated across studies.
- Patient Diversity: Studies mainly involved patients with various ulcer etiologies; total patient count ranged from 937 to 439 across studies.

3. Results

Publication (year)	Country	Sample Size	Study Design	
Allymamod (2011)	UK	16	Case Series	
Atkin (2020)	UK	49	Case Series	2
Barrett (2018)	UK	50	Case Series	
Barrett (2020)	UK	52	Case Series	2
Hindhede (2012)	Belgium	30	Case Series	
Lloyd-Jones (2011)	UK	9	Case Series	
Münter (2018)	Germany	171	Prospective Case Series	
Panca (2013)	UK	439	Retrospective Matched Cohort	
Probst (2022)	Switzerland	77	RCT, Open- Label	0
Tickle (2013)	UK	12	Case Series	
van Leen (2014)	UK, Netherlands	29	Case Series	
Verrall (2010)	UK	19	Case Series	
Faucher (2012)	France	15	Prospective Case Series	
Hermans (2015)	USA	38	Retrospective Cohort	V

ntervention(s) Study Population

Zetuvit Plus Silicone VLUs, PUs, DFUs, and

Vliwasorb Pro VLUs, PUs, DFUs, etc.

LUs

Mixed aetiology ulcers.

VLUs. and DFUs

VLUs, PUs, and DFUs

malignant wounds

VLUs, PUs, arterial

Sacral PUs

VLUs

VLUs, DFUs, arterial

leg ulcers, etc.

Sinus ulcers. LUs

DFUs, traumatic ulcer

LUs, Pus

VLUs, PUs, arterial

ulcer, chest wound

PUs. VLUs. mixed

Sorbion sachet S, VLUs, PUs, surgical Dressing changes, Wound area reduction, Pain

Ulcer duration, mean (SD) Ulcer size (cm³), mean (SD)

ulcers, et

wounds

>6 weeks

>1 week

NR

Female:

NR

NR

13 (8.89)

DryMax Extra: 6.8 months

(95% CI: 5.8, 7.8)

Flivasorb: 6.5 months

(95% CI:3.9, 9)

Kerramax: 9.9 months

(95% CI: 6.8, 13)

Sorbion Sachet S: 19.8 months

(95% CI: 14.4, 25.3) CMC: 3.5 months

(95% CI:2.4, 4.6)

23 months

NR

NR

1.5 years (NR)

NR

NR

DryMax Extra

Zetuvit Plus Silicone "

Zetuvit Plus

Border

DrvMax Extra

Eclypse Adherent

DryMax Extra,

Curea P1 Duo Active

Flivasorb Adhesive

Sorbion sachet S,

Sorbion Sana

Flivasorb

Vliwasort

VAC therapy (NPWT)

Abbreviations: AE: adverse event; CMC: carboxymethylcellulose; DFU: diabetic foot ulcer; LU: leg ulcer; NPWT: negative pressure wound therapy; PU: pressure ulcer; RCT: randomised controlled trial; SLR: systematic literature review; UK: United Kingdom; USA: United States of America; VAC: vacuumassisted closure, VLU: venous leg ulcer.

rt Kerramax, etc.

Outcomes of Interest Reported

Colonisation with antimicrobial resistant

pathogens, Pain Scores

distribution, Pain Scores

Dressing changes, Time between dressing

change, Pain Scores

Dressing changes, Wear time distribution

Partial and complete wound closure, Pain

Scores

Time between dressing change, Pain Scores

Dressing related AEs

Complete wound closure, Time to complete

wound closure, Dressing changes, Time

between dressing changes, Change in size of

Colonisation with antimicrobial resistant

unhealed wounds, Mortality

pathogens, Wound area reduction

Dressing changes

Complete wound closure, Pain Scores

Dressing changes, Colonisation with

antimicrobial resistant pathogens, Wound area

reduction

Dressing changes, All-cause AEs

Scores

30-50

NR

NR

NR

NR

44.96 (126.84)

DryMax Extra: 241.9

(95% CI: 190.5, 293.3)

Flivasorb: 245.8 (95% CI:

201.9, 289.8)

Kerramax: 277.3 (95% CI:

240.4. 314.3)

Sorbion Sachet S: 209.7 (95% CI:

177.9, 241.6)

CMC: 62.6 (53.9, 71.4)

NR

NR

NR

NR

NR

Sachet S: 227.2 (NR)

NPWT: 94.5 (NR)

Time between dressing change. Wear time

Publication (year)	Age (years), mean (SD)	Sex, n (%)
Allymamod (2011)	NR	Male: 7 (NR) Female: 9 (NR)
Atkin (2020)	Male: 73.6 (9.5)	Male: 31 (NR) Female: 78.2 (12.4)
Barrett (2018)	Male: 74.71 (15.47)	Male: 18 (NR) Female: 78 (14.78)
Hindhede (2012)	69 (16.2)	NR
Lloyd-Jones (2011)	NR	Male: 4 (NR) Female: 5 (NR)
Münter (2018)	69 (35)	Male: 86 (50.3) Female: 13 (8.89)
	DryMax Extra: 71.7 (95% CI: 67.1, 76.3)	NR
	Flivasorb: 74.9 (95% Cl: 72.6, 77.3)	NR
Panca (2013)	Kerramax: 70.3 (95% Cl: 67.1, 73.4)	NR
	Sorbion Sachet S: 74.3 (95% CI: 71.6, 77.1)	NR
	CMC: 74.3 (95% CI: 71.5, 77)	NR
Probst (2022)	77.5 (12.6)	Male: 34 (44.2) Female: 43 (55.8)
Tickle (2013)	NR	NR
Van Leen (2014)	Patients with PUs: 64.6 (NR) Patients with LUs: 71.7 (NR)	PUs: • Male: 4 (NR) • Female: 7 (NR) LUs: • Male: 13 (NR) • Female: 7 (NR)
Verrall (2010)	66.5 (NR)	Male: 8 (NR) Female: 11 (NR)
Faucher (2012)	69.7 (10.36)	Male: 6 (40) Female: 9 (60)
Hermans (2015)	Sorbion Sachet S: 61.3 (NR) • NPWT: 68.3 (NR)	Male: • Sorbion Sachet S: 15 (NR) • NPWT: 8 (NR)

Table 2. Baseline patient and ulcer characteristics (clinical studies) Abbreviations: AE, adverse event; CMC, carboxymethylcellulose; DFU, diabetic foot ulcer; LU, leg ulcer; NPWT, negative pressure wound therapy; PU, pressure ulcer; RCT, randomised controlled trial; SLR, systematic literature review; UK, United Kingdom; USA, United States of America; VAC vacuumassisted closure, VLU, venous leg ulcer.

Cost-Effectiveness Overview



Figure 2. SLR PRISMA flow diagram (health economic studies) Abbreviations: HTA: Health technology assessment: SLR: systematic literature review

Identification of studies via databases and registers

3. Result	s (con	tinued)					3. Results (continued)	4. CONCLUSIONS
 Number of Studies: Seven studies, including five cost-utility analyses, one cost-description, and one cost-comparison analysis. Geographic Distribution: Studies from the UK, Germany, USA, and France. Methodological Approaches: Majority employed Markov models with a typical cycle length of one week; study perspectives varied from NHS to payer and societal views. 					cost-description, and ical cycle length of	l one cost- one week;	 Despite observations of odor, infection, and critical colonization in a portion of ulcers, superabsorbent dressings were associated with reductions in these parameters over time. Antibiotic Usage: One study highlighted a decrease in antibiotic use among all patient groups using superabsorbent dressings, with reductions ranging from 19% to 32%. 	 The limited quantity a into the clinical effective The existing evidence chronic ulcer manage The groundwork laid
Publication	Country	Type of economic	Intervention	Comparator(s)	Study population	Discounting	 This decrease reflects the dressing's efficacy in managing infection risk, contributing to reduced antibiotic dependency. 	standard for future res
Barrett (2018)	UK (NR)	Cost-comparison, before-after model	Zetuvit Plus	NR	VLUs, PUs, arterial wound, chest wound, we	: NR		
Panca (2013)		Cost-utility, decision	- Sorbion	 DryMax Extra Flivasorb 	legs, surgical wound VLUs	NR	Efficacy of Superabsorbent Dressings in Ulcer Size Reduction: Insights from Various Studies Randomized Controlled Trial (RCT) Findings:	References
	(NHS)	tree model	Sachet S	Kerramax SoC: Other superabsorbent (36%)			 A significant mean ulcer area reduction was noted in patients treated with superabsorbent dressings compared to those using non-adhesive bydrocellular form dressings (1.96 cm² vs. 0.76 cm²) 	1. Allymamod X. Evalua 2011;7(4);57-61,
Veličković (2020)	UK (NHS)	Cost-utility, Markov model	Zetuvit Plus Silicone	• Antimicrobials (30%) • Foams (20%) • Alginates (9%) • Other dressings (5%)	LUs	6 months	 The mean percentage difference in ulcer size reduction between the groups was 29.8%. Observational Study Outcomes: 	2. Atkin L, Barrett S, Ch perspective: a case se
	Germany			SoC: • Other superabsorbents (29%) • Silicone/Zetuvit Plus Silicone Borde	r		 One study observed a mean ulcer size reduction of 7.92 cm² over four weeks in patients with highly exuding ulcers. 	3. Barrett S. An observat
Veličković (2021)	(Payer & societal)	Cost-utility, Markov model	Zetuvit Plus Silicone	• Antimicrobials (26%) • Foams (20%) • Alginates (5%) • Other grapping (10%)	LUs	6 months	 Hermans et al. reported a relative reduction of 42% in ulcer size with superabsorbent dressings compared to 33% with Negative Pressure Wound Therapy (NPWT). 	 Barrett S, Rippon M, dressing: a prulticentre
Walzer (2018)	UK	Cost-utility, Markov	Sorbion	• Zetuvit Plus • DryMax Extra	\/ s	1 vear	 Longitudinal Assessments: Panca et al. found that in a six-month period, ulcer size in the carbomethylcellulose (CMC) dressing group. 	5. Hindhede A, Meulene
	(NHS)	model Cost-comparison.	Sachet S	 KerraMax Care Eclypse 			increased by 43%, whereas reductions in the superabsorbent dressing groups ranged from 22% to 53%.	wounds. J Wound Car
Hermans (2015)	USA (Hospital)	simple-comparison model	Sorbion Sachet S	VAC therapy (NPWT)	VLUs, PUs, DFUs and surgical wounds	NR	A specific focus on pressure ulcers (PUs) and leg ulcers (LUs) showed significant reductions in mean surface areas from baseline to Week 8.	6. Lloyd-Jones M. The Community Nurs. 201
Veličković (2022)	France (HAS national	Markov model, Cost utility	- Zetuvit Plus Silicone	 Mepilex Border Flex Carré Silicone Border Aquacel Foam Aquacel Foam Pro Allevyn Life 	LUs	6 months	 Pressure Ulcer Scale for Healing (PUSH) Scores: In a multicenter case series, PUSH scores, which evaluate ulcer size, exudate level, and tissue type, showed a decrease from an average of 11.05 to 5.0 over an 8-week period with the use of superabsorbent dressings. 	7. Münter K-C, De Lang dressing in the mana 2018;27(4):246-253.
	payer)			 Biatain Silicone Allevyn Gentle Border Urgotul Border Urgostart Plus Border 			Safety and Pain Management with Superabsorbent Dressings: Adverse Events and Pain Reduction	8. Tickle J, Gregory L. (Nurs. 2013;22:P19.
Table 3. Stud Abbreviations: DFU, diabet literature review; SoC, star	/ characte ic foot ulcer; HAS, Hi dard of care; UK, Un	ristics (economic s aute Autorité de Santé; LU, leg ulcer; ited Kingdom; USA, United States of	S tudies) NA, not applicable; NHS, N America; VAC, vacuum-ass	ational Health Service; NPWT, negative pressure wound therap sisted therapy; VLU, venous leg ulcer. aThe source publication t	/; NR, not reported; PU, pressure ulcer; SLR, ses the Resposorb brand name.	systematic	Low Incidence of AEs: Three studies highlighted minimal adverse events associated with superabsorbent	9. van Leen M, Rondas healing ulcers: a multio
Quality and	Risk As	sessment:	d o biob vio	le of biographent studies was	ind in rick laugh. O		 Faucher et al. and Münter et al. both reported no all-cause or dressing-related adverse events during their respective studies involving prespective evaluations and clinician surveys. 	550.
Clinical S had mixed	LR: The d quality i	ratings across sp	ecific domai	ins.	n n risk ieveis. C	ase series	 A larger retrospective study with 439 patients noted low mortality rates (1% to 5%) associated with the use of 	wounds. Br J Nurs. 20
• Cost-Effe studies.	ctiveness	SLR: Generally	/ nign qualit	ly with varied scores on the	e Drummona check	list across	superabsorbent dressings, suggesting these are safe for managing chronic ulcers. Pain Management Outcomes:	11. Faucher N, Safar H, E Br. I Nurs, 2012: 21(12
Overview o	f Ulcer C	losure Using S	uperabsorb	ent Dressings			 Significant Reduction in Pain Scores: Seven studies, primarily using a visual analogue scale (VAS) for measurement reported on pain outcomes with substantial reductions in pain levels observed 	12. Probst S, Saini C, Ros
• F • (Partial Clo Complete	osure: 43% of ulc Closure: 20% ac pes Analyzed: In	ers nearly h chieved full h	ealed. nealing by study's end. matoma ulcer, lymphatic leak	s, postoperative ulc	ers skin	 Hermans et al. reported the most significant pain reduction, with superabsorbent dressing users experiencing a decrease in pain levels by an average of 3.1 points from baseline, compared to a 0.5 point reduction with users are provided about a 0.4 Co therease. 	wound area reduction: 13. Panca M, Cutting K,
Retrospect	ears, and i ve Coho Complete	venous leg ulce rt Study on VLU Closure Rates: F	rs (VLUs). Js: Ranged from	n 39% to 56% over six month	IS.	,	 Van Leen et al.'s case series found that patients with pressure ulcers (PUs) saw reductions in background pain scores by 1.77 to 3.02 points over 4 and 8 weeks, respectively, and similar reductions during dressing 	highly exuding VLUs.
 Closure Time: Mean time to complete closure varied from 2.1 to 3.3 months. Case Series on Non-Healing Ulcers: Outcomes for Pressure Ulcers (PLIs): Healing occurred as follows: 				closure varied from 2.1 to 3.3 Healing occurred as follows:	3 months.		 changes. In patients with leg ulcers (LUs), there were also notable reductions in pain both in the background and at the time of dressing changes, further illustrating the comfort provided by superabsorbent dressings. 	15. Velicković VM, Chadw standard of care in pat
• 1 • 1	patient in patient in	n Week 4 n Week 5	Ϋ́, Υ	-				16. Velicković VM, Szilcz
• 2 • N	patients lote: No d	in Week 6 data on complete	healing for	16 patients with lymphatic ul	cers		Economic Outcomes of Superabsorbent Dressings: Cost-Utility Analyses from Multiple Countries UK Evaluation:	wound dressings in 2021;19:447-459.
Properties	and Impa	act of Superabs	orbent Dres	ssings on Dressing Chang	e Frequency		Studies have shown that superabsorbent dressings not only improve healing rates and quality of life (QoL) but also reduce healthcare costs compared to other dressing types	17.Walzer S, Droschel D
Reduction	n Dressi	ing Changes:	orbent brea		errequency		Barrett 2018 reported savings of £1179 over 2 weeks for 10 patients, indicating significant cost-efficiency.	technology dressing in
 Superal studies. 	osorbent	dressings signif	icantly decr	eased the number of dres	sing changes acro	ss various	German Evaluation:	18. Velicković VM, Prieto the management of m
A study change	on 16 pa	atients with mixe	d chronic w	ounds found a reduction fro	m baseline by up to	o 44 fewer	lower costs for treating moderate to high exuding leg ulcers.	based economic evalu
Observa	ational da	ata on 19 patie	nts showed	a reduction from 3.2 to	1.8 changes per w	veek post-	French Evaluation : In France, superabsorbent dressings compared favorably against foam dressings in VLUs, showing dominance	
IntroductionIn a group	tion of the	e superabsorben patients, frequen	it dressing. cy shifted fro	om daily changes to twice we	ekly after just 3 day	s of use.	by offering better health outcomes at a reduced cost.	
 Comparison Studies: Hermans et al. noted an average of 13 changes with superabsorbent dressings Comparison Studies: Hermans et al. noted an average of 13 changes with superabsorbent dressings 				an average of 13 changes v	vith superabsorbent	dressings	Hermans et al. identified savings in the use of superabsorbent dressings over Negative Pressure Wound Therapy	
A large co	bhort of 4	39 patients expe	rienced dres	ssing changes every 2-4 days	s over 6 months.	acy.	(NPWT), with cost savings being \$44.13 per percentage of surface area reduction and \$20.79 per volume reduction.	
Longer We	ar Times	: reported mar	n woor tim	as ranging from 2.7 days	with most patient	c (59.1%)	Findings from Systematic Reviews:	
 Prospection changing Shifts to list 	dressing	s less than every	4 days. ed, especial	ly when using dressings with	h silicone adhesive	interfaces,	 Both the clinical and cost-effectiveness systematic literature reviews (SLRs) revealed a small number of studies, generally of low quality, highlighting a clear need for more robust research on superabsorbent 	Disclosures
resulting	n 72% of	patients changir	ig aressings	s every third day or longer.			 oressings for chronic ulcers. The clinical SLR particularly noted an absence of studies on hospital outcomes such as length of stay, 	Tom Macmillan, Isobel M
Infection C	ontrol an	d Antibiotic Us	e with Supe	erabsorbent Dressings			readmissions, and procedures like skin grafts and surgical debridement. There was also limited evidence concerning ulcer closure and safety outcomes.	which received consultant Health Economics at the
 Four studies, including a randomized controlled trial (RCT), found no clinical signs of infection in patients using superabsorbent dressings. 				d trial (RCT), found no clinic	al signs of infection	in patients	 Due to the low quality of evidence, it was not feasible to conduct statistical analyses on the data collected. Cost-Effectiveness Insights: 	Viviane Fernandes Carva was an intern student at Sebastian Probst is par
 Verral et al. reported no clinical infections among 19 patients with various ulcer types over a 4-week period. 					us ulcer types over	a 4-week	Cost-utility analyses suggest that superabsorbent dressings are more cost-effective than standard dressings for managing chronic ulcers, indicating potential for broader use and implementation in clinical practice.	applications. Dr Szijarto A in relation to this research

Records removed before Duplicate records removed (r ecords identified from: rey literature (n = 3,244) Records marked as ineligible TA organisations (n = 1,344 automation tools (n = 0) tation searching (n = 241) Records removed for other reasons (n = 0)Records excluded = 1,583) Reports sought for retrieval Reports not retrieved Reports not retrieved Reports assessed for eligibility (n = 2) Reports excluded: Intervention (n = 1 Reports exclude Intervention (n = 5) Study Design (n = 5)

International Society for Pharmacoeconomics and Outcomes Research, May 5-8, 2024, Atlanta, GA, USA

Identification of studies via other methods

and quality of current studies underscore a significant opportunity for further research veness and cost benefits of superabsorbent wound dressings , although sparse, points towards potential advantages in using these dressings for

by these SLRs, through their systematic and thorough search strategies, sets a high earch efforts.

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b, Neil Webb, and Dr Emma Lones are employees of Source Health Economics ees for the systematic literature review. Amy Crompton was an employee of Source ime the systematic literature review was conducted. Dr Vladica M. Velickovic, Dr o, and Yana Arlouskaya are employees of HARTMANN GROUP. Pablo Arija Prieto RTMANN GROUP at the time the systematic literature review was conducted. Dr of the HARTMANN GROUP advisory board for development of digital health ila, Dr David Bardos, Dr YunNan Lin, Dr HaoYu Chiao disclose no conflict of interest