Racial and Ethnic Inequities in Endometrial Cancer Survival from 2017 to 2022: Assessing the Influence of Social Determinants of Health

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Background

- The rising rates in endometrial cancer are concerning in the wake of the COVID-19 pandemic, which has worsened many racial/ethnic inequities in healthcare access. [1,2]
- We examined endometrial cancer survival in recent years, focusing on differences before and after the pandemic by race/ethnicity, and the influence of social determinants of health (SDOH).

Methods

- **Data Source**: The US nationwide Flatiron Health EHR-derived de-identified database, comprising patient-level structured and unstructured data, [3,4] originating from ~280 cancer clinics (~800 sites of care).
- **Study Population**: Patients diagnosed with advanced endometrial cancer from January 2017 to December 2022.
- Key Variables:
- Real-world overall survival: Patients were followed from advanced diagnosis through death or their last EHR-documented activity (follow-up through October 2023).
- Race/ethnicity: EHR-documented race and ethnicity were categorized into mutually exclusive groups: Latinx, Black, White, and Other/Not documented (includes all other racial groups due to small sample size).
- SDOH factors: practice type (community/academic), geography (rural/urban), residence in a medically underserved area, and area-level factors from the American Community Survey (e.g., household income, vehicle ownership, English proficiency).
- Statistical Methods: Survival was assessed using Kaplan-Meier methods and Cox proportional-hazards. We estimated separate models in the pre- (2017-2019) and post-COVID (2020-2022) periods that sequentially adjusted for race/ethnicity, age, clinical factors (histology, group stage, treatment history), and SDOH factors.

Results

- Cohort: 3,677 patients (7.0% Latinx, 15.2% Black, 57.4% White, 20.4% Other/Unknown).
- Compared to White patients, a higher share of Black patients had more advanced and more aggressive disease (Stage IV: 39% vs. 26%; Serous carcinoma: 40% vs. 21%). See Supplemental Material for more details on patient characteristics.
- Pre- and post-COVID, Black patients had lower median survival than White patients (Table 1) and an increased hazard of death (Figure 1).
- The Black-White differences in survival were largely explained by clinical and SDOH factors (Figure 1).
- Pre-COVID: Clinical and SDOH factors partially explained racial inequities (HR of 1.70 in age-adjusted model versus HR of 1.31 in age, clinical, and SDOH-adjusted model).
- Post-COVID: Clinical factors alone and in combination with SDOH factors fully accounted for racial inequities (HR of 1.63 in age-adjusted model versus HR of 1.12 in age and clinical-adjusted model and HR of 0.99 in age, clinical, and SDOH-adjusted model)
- Inequities were not observed between Latinx and White patients in crude or adjusted models.

Black-White inequities in endometrial cancer survival have persisted post-COVID and are driven by both clinical factors and social determinants of health



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Please direct additional inquiries to the Flatiron Health Equity Research Lab: health.equity@flatiron.com

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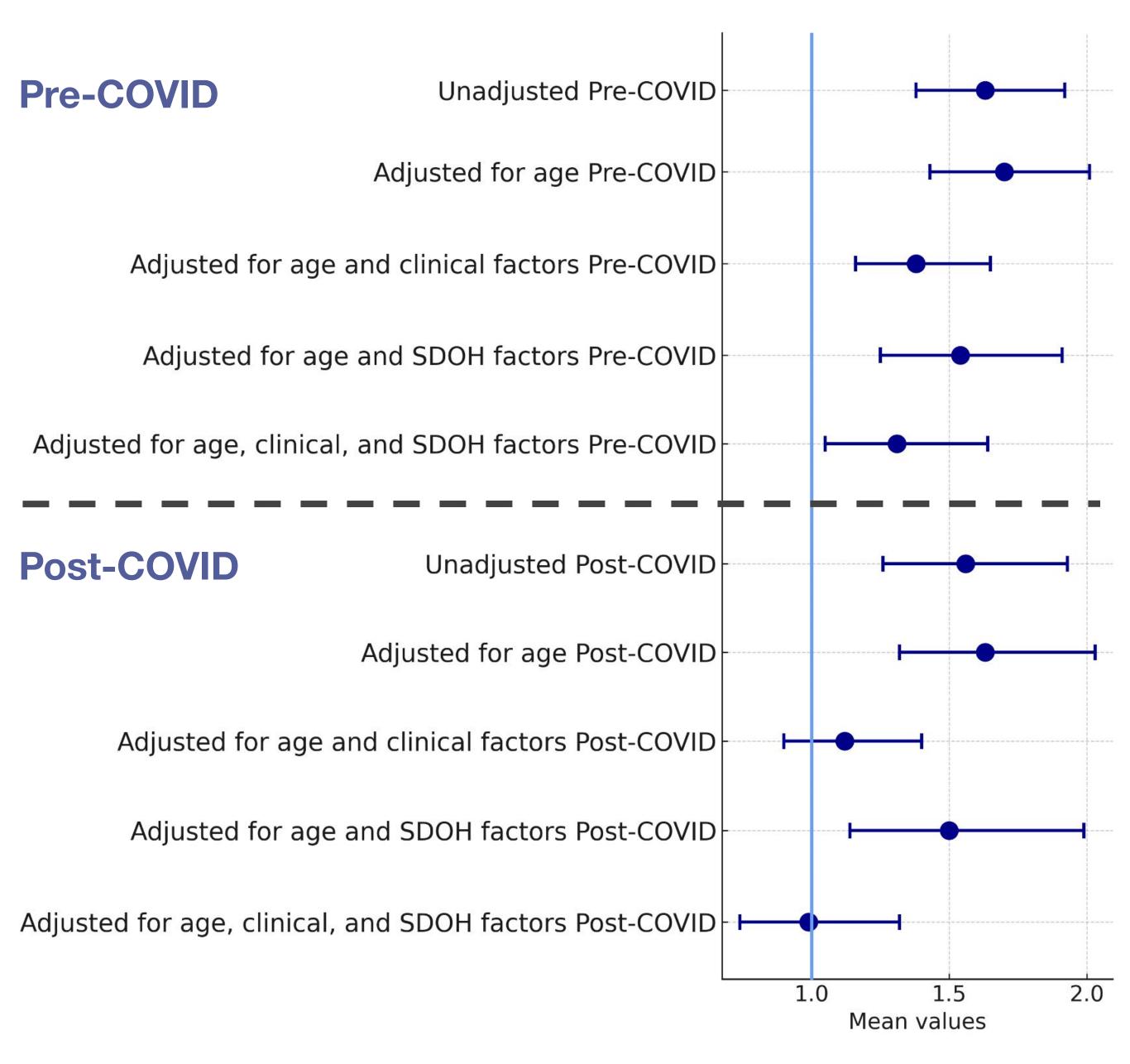
Abbreviations: EHR, electronic health record; HR, hazard ratio; SDOH, social determinants of health

Table 1: Median survival estimates by race/ethnicity (months from advanced diagnosis)

Race/Ethnicity	Pre-COVID	Post-COVID	Overall
Latinx	73 (46, —)	— (—, —)	73 (67, —)
Black	26 (22, 34)	24 (21, 33)	26 (22, 31)
White	53 (45, 73)	43 (39, —)	50 (44, 61)

Notes: Parentheses indicate 95% confidence intervals. Dashes indicate median survival or confidence interval bounds were not reached.

Figure 1: Hazard ratios of mortality for Black patients compared to White patients (reference group)



Notes: Points denote hazard ratios and error bars denote confidence intervals.

Conclusions

- Identifying and addressing the drivers of later and more aggressive disease in Black patients with endometrial cancer is needed to reduce inequities and improve patient outcomes.
- Future interventions should prioritize a holistic approach, integrating targeted healthcare strategies with broader social and policy changes, to effectively address the underlying clinical and SDOH factors contributing to racial inequities in endometrial cancer survival rates.