



Implementing Patient-Reported Outcomes in Clinical Practice: The PROTEUS-Practice Framework & Guide

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Background

- Patient-reported outcomes (PROs) are patients' own reports of how they feel, function, and live their lives
- Using PROs in clinical practice can:
 - Facilitate patient-provider communication
 - Identify healthcare problems
 - Increase efficiency
 - Improve patient outcomes
- Comprehensive resources are needed to help create and manage PRO systems for use in clinical care

The PROTEUS Consortium

The **PROTEUS Consortium** (Patient-Reported Outcomes Tools: Engaging Users and Stakeholders) aims to ensure that patients, clinicians, and other decision-makers have high-quality PRO data from **clinical trials** and **clinical practice** to make the best decisions they can about treatment options

Includes representatives from **over 50 key stakeholder groups**:

- Clinician and Patient Advocates
- Research & Methods Organizations
- Clinical Trials Groups
- Funding & Government Agencies
- Universities & Health Systems

Connect with PROTEUS

Helping you navigate the use of patient-reported outcomes (PROs) in clinical trials and clinical practice



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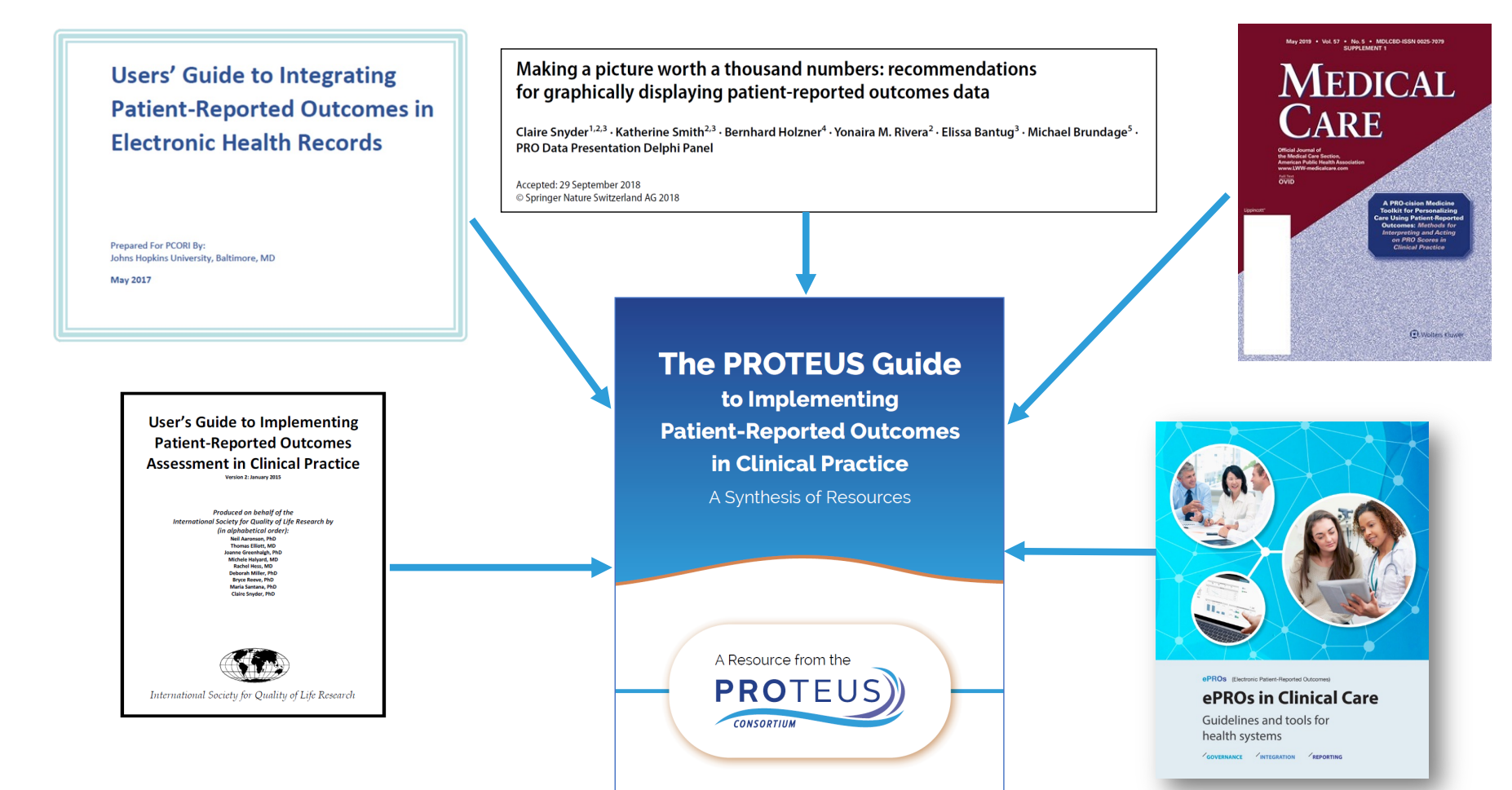
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We sought to create a **unified**, **updated**, and **comprehensive** guidance for implementing PROs in clinical care.

To create this **PROTEUS Practice Framework & Guide** we:

- Partnered with a diverse advisory committee to guide the content development
- Collated and synthesized foundational resources
- Developed an overarching framework which was operationalized with practical guidance in the Guide



DESIGN

Goals
Barriers & Facilitators
Training & Engagement
Identifying Patients
Outcomes & Measures
Frequency & Timing

Ch. 1 Defining Goals

Table 1.1 Patient-care goals for PRO systems

| Patient-care goal | PRO system application |
|--|---|
| Screening tools | Identify unknown health problems using one-time assessments. Note that this approach does not describe changes in health over time. |
| Symptom monitoring and management | Track patient outcomes over time to inform whether treatments and interventions are effective, or how they should be modified. |
| Self-monitoring and management | Allow patients to track and evaluate their own health over time. This information can be used for self-management as well as to facilitate conversations with the clinical care team. |
| Needs assessment | Identify and evaluate symptoms, functional impairment, and health risks. |
| Patient-centered care | Understand a patient's own experiences and use this information to inform treatments and interventions. |
| Outcomes assessment | Evaluate the effectiveness of an intervention or a treatment. |
| Shared decision-making and decision aids | Facilitate discussion between providers and patients about patients' priorities for life and care. PRO data can be included in decision aids to inform patients' medical choices and help clarify patient values. Decision aids can include PROs and sometimes evaluate the impact of using a decision aid on PROs. |

IMPLEMENTATION

Administering & Scoring
Workflow
Results Presentation
Visualizations
Responding to Issues

Ch. 8 Incorporating into Clinical Workflow

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graph LR
    A[DEPLOY] --> B[COLLECT]
    B --> C[TRACK]
    C --> D[REVIEW]
    D --> E[DOCUMENT]
  
```

Ch. 10 Visualizations to Aid Interpretation

| | Scores on Each Visit Date | | | |
|-------------------------|---------------------------|------|-----|------|
| Date | 3/12 | 3/26 | 4/9 | 4/23 |
| Physical Function | 70 | 75 | 68 | 56 |
| Emotional Function | 80 | 80 | 85 | 80 |
| Overall Quality of Life | 75 | 70 | 70 | 65 |
| Nausea or Vomiting | 10 | 15 | 15 | 25 |
| Pain | 5 | 5 | 5 | 10 |
| Fatigue | 20 | 25 | 25 | 35 |

Ch. 12 Evaluating the Intervention

IMPLEMENTATION OUTCOMES

- Acceptability
- Appropriateness
- Feasibility
- Adoption/Uptake
- Fidelity
- Reach/Penetration
- Costs
- Sustainability

CLINICAL OUTCOMES

- Symptom burden
- Use of emergency services
- Survival
- Quality of life
- Physical function
- Satisfaction with care

Ch. 14 Governing the System

Governance Activities

Define system scope
 Establish decision-making process
 Guidance on selection of PROs
 Disseminate good practices for PRO system
 Identify PRO system needs

MANAGEMENT

Evaluation
EHR Integration
Governance
Data Pooling/Exchanging
Ethical/Legal Issues

Acknowledgment: The PROTEUS Consortium is funded through unrestricted support from Pfizer.