

# Improving Prediction of Medical Costs among Medicare Beneficiaries by Incorporating Social Determinants of Health Indicators in Risk Prediction

CHEN  $Z^1$ , JUNG  $D^1$ , YOUNG  $HN^1$ , HOU  $X^1$ , KHAN  $MM^1$ , ZHANG  $D^2$ , SHEN  $Y^1$ , SEKANDI  $J^1$ , MU  $L^1$ , MA  $S^3 \mid 05.08.2024$ 

<sup>1</sup> University Of Georgia; <sup>2</sup> New York University; <sup>3</sup> Elevance Health

Contact Dr. Chen at zchen1@uga.edu for updated version

# **OBJECTIVE**

- To assess the association between social determinants of health (SDoH) and Hierarchical Conditions Categories (HCC) scores/Merit-based Incentive Payment System (MIPS) quality scores using regression methods (and machine learning)
- HCC score: provider level
- MIPS provider level

#### RECENT LITERATURE

- Public payers (e.g., the Centers for Medicare & Medicaid Services, CMS) and private insurers use risk adjustment to prevent adverse selection.
- Risk adjustment= f (patient's age-gender categories, diagnostic conditions, provider related factors).
- Risk adjustment does not adequately control for Social Determinants of Health (SDoH) i.e., demographic, socioeconomic, attitudes and values, community and access to care measures.
- Providers serving high-risk patients are often penalized under a value-based payment system (between 6.1% and 6.6% lower MIPS scores according to Johnston et al., 2021)

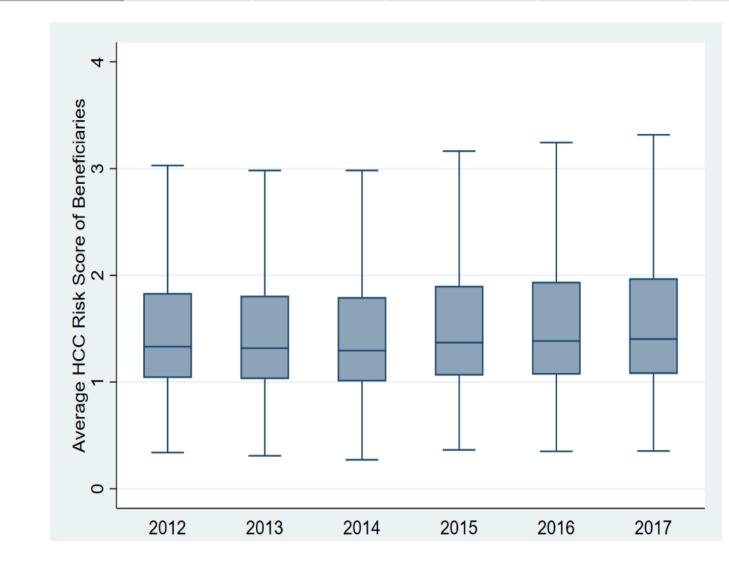
METHODS HPR153

- Data Sources:
- Merit-Based Incentive Payment System (MIPS) Final Scores and performance category scores for clinicians [CMS]
- Hierarchal Condition Category scores [CMS]
- American Community Survey (ACS)
- Area Health Resource File (AHRF)
- Method: Descriptive Analysis and Regression; linkage using NPI

### RESULTS

CMS-HCC score by NCHS Urban-Rural Classification Scheme 2012-2017

Year	2012	2013	2014	2015	2016	2017
1-Large Central Metro	1.72	1.67	1.66	1.75	1.78	1.81
2-Large Fringe Metro	1.50	1.46	1.45	1.53	1.55	1.57
3-Medium Metro	1.49	1.46	1.44	1.52	1.55	1.57
4-Small Metro	1.42	1.40	1.39	1.47	1.50	1.52
5-Micropolitan	1.32	1.31	1.29	1.37	1.39	1.40
6-Noncore	1.30	1.29	1.27	1.35	1.37	1.39
Total	1.54	1.50	1.49	1.57	1.60	1.62



MIPS Score	Coefficient	t-statistic
% pop that does not speak english well	-0.145	-10.6***
% pop American Indian	0.071	9.23***
% pop Asian	0.007	2.05**
% pop Black	-0.012	-7.72***
% pop Hispanic	-0.015	-6.8***
Per capita income	0.000	-8***
% pop less than highschool education	0.076	15.18***
% pop no health insurance	-0.223	-40.21***
Distance(miles) to nearest urgent care	0.023	8.38***
Distance(miles) to nearest emergency department	-0.066	-5.43***
Distance(miles) to nearest medical-surgical CU	0.022	2.55***
Distance(miles) to nearest trauma center	-0.076	-33.28***
Distance(miles) to nearest pediatric ICU	-0.009	-6.3***
Distance(miles) to nearest obstetrics department	-0.182	-20.24***
Distance(miles) to nearest health clinic	-0.047	-7.79***
Distance(miles) to nearest hospital with alcohol and drug abuse inpatient care	-0.006	-2.77***

#### Conclusions

- Incorporating social determinants of health may help improve risk prediction and thus could be useful for risk adjustment
- HCC: unexpected signs
- MIPS: disadvantaged areas have lower average MIPS score
- Caution
- Interpretation causal pathways indeterminant as SDoHs are interconnected
- Justification for providers who may lose

# REFERENCES

Agrawal, SK, and WH Shrank. 2020. "Clinical and Social Risk Adjustment - Reconsidering Distinctions." N Engl J Med 382 (17):1581-1583. doi: 10.1056/NEJMp1913993.

CMS. 2018. "Report to Congress: Medicare Advantage Risk Adjustment." accessed August 30.

https://www.cms.gov/Medicare/Health-Plans/MedicareAdvtgSpecRateStats/Downloads/RTC-Dec2018.pdf.

Irvin, Jeremy A., Andrew A. Kondrich, Michael Ko, Pranav Rajpurkar, Behzad Haghgoo, Bruce E. Landon, Robert L. Phillips, Stephen Petterson, Andrew Y. Ng, and Sanjay Basu. 2020. "Incorporating machine learning and social determinants of health indicators into prospective risk adjustment for health plan payments." BMC Public Health 20 (608). doi: doi:10.1186/s12889-020-08735-0.