

## Unmet Needs in Therapeutic Trajectories of Adult Patients Living with Lung Cancer in Chile: A Qualitative Case Study

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#### CONTEXT

- Lung cancer (LC) has the highest number of deaths by cancer in Chile.
- The national cancer plan incorporates a comprehensive health care model.
- Knowing the needs of patients is key to achieving comprehensive health care
- Research about therapeutic trajectories emerges as a novel field, that allows exploration in areas such as the unmet needs of patients

  Plan



#### **AIM**

To explore the health and daily life needs during the therapeutic trajectory of adult patients with lung cancer in Chile according to the perceptions of patients and civil society leaders.

Q.

**METHODOLOGY** 

Qualitative | Study | Sample | Recruitment | Research → Data techniques Analysis Study Design process Descriptive and Case Study Patients Social networks Semi Thematic exploratory Civil society structured analysis professionals Health professionals Interview Civil society Snowball Individual leaders Online

Needs during Therapeutic Trajectory

Treatment

More time with health care professional.

Physiotherapeutic support.

Sexuality.

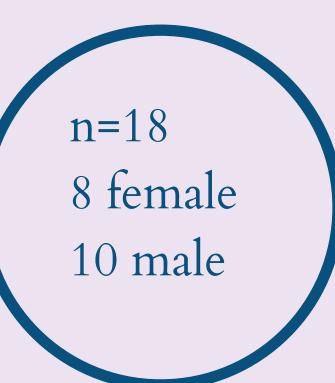
Self-esteem.

#### **RESULTS**

#### Sample's Characteristics

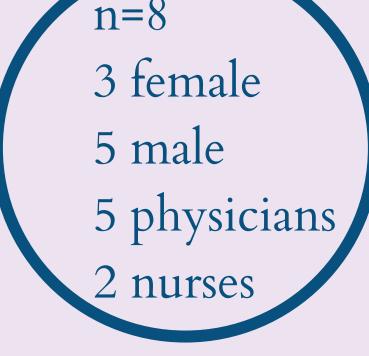
#### **PATIENTS**













### Needs from the voice of PATIENTS

- Time of medical attention.
- Pain management.
- Physiotherapeutic support.
- Psychological Support.
- Communication with health professionals.
- Sexuality.
- Self-esteem.
- Family support.

"A lot of pain, but great, great, great, great were the pains." (P2M-PUBLIC)

"When I go to the doctor, the Doctor is not more than three minutes, he doesn't check me" (P2M-PUBLIC)

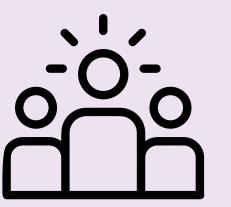
"I think the family is going to need support" (P8H-PUBLIC)

"Psychological help, has to be a professional to help with this process" (P4H-PUBLIC)

"a little more about the motor part of, don't lose mobility so quickly" (P5H-PUBLIC)

"Decision-making is fundamental...no one guides you on that...you have to ask for the information and that's exhausting" (P11M -PRIVATE)

#### Needs from the voice of HEALTH PROFESSIONALS & LEADERS





- Comprehensive health care model.
- More time in health Care.
- Humanization in health care.

"Health systems pay little attention to the social care, in the sense of medicines, treatments, not on the most comprehensive look" (Leader of patient organization).

"Patients, in general, do not need expensive drugs. They need people to help them in different dimensions, not only drugs" (M2H-PUBLIC)

"This type of institution (patients organization) complements the health system response in two ways, in a more caregiving sense, i.e. what to do, the general quality of life and containment; and in the health system navigation" (Leader of patient organization)





• Patient Organization.

dimension and tend to focus specifically on medical

Comprehensive health care model. Humanization in health care. Pain managment. Psychological Support. Family support. Communication.

Beginning

1st medical

appointment

#### CONCLUSIONS

- The comprehensive health model challenges health systems to incorporate different perspectives and professionals in the care of cancer patients.
- Some perspectives are beyond the health systems, so professionals from other fields, such as social sciences, should be included in the care of cancer patients.
- The traditional doctor-patient relationship must be transformed into a horizontal health team-patient-family relationship to achieve comprehensive care for cancer.
- Investigating unmet needs in lung cancer care processes is essential to achieve a comprehensive care model for lung cancer in Chile and as a source of information in the health decision-making process.

# Full report access



Diagnosis



Follow-up