

Economic and Procedural Burden of Cannabinoid Hyperemesis Syndrome in the U.S. Emergency Department Setting: Unmet Need for a Diagnostic

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BACKGROUND

- Cannabinoid Hyperemesis Syndrome (CHS) is a medical condition associated with daily long-term use of marijuana characterized by nausea, abdominal cramps, and cyclical vomiting which typically presents in the emergency department (ED) setting.^{1,2}
- There is currently no diagnostic or lab test for CHS, with diagnosis by exclusion used to rule out other potential causes of vomiting and nausea.³
- Treatment involves intravenous fluid resuscitation and administration of haloperidol if standard antiemetics fail to relieve nausea and vomiting.⁴

OBJECTIVE

 The purpose of this study was to understand the economic and procedural burden of CHS in the U.S. ED setting.

METHODS

 Data from the 2019 Nationwide Emergency Department Sample (NEDS) database was analyzed with the CHS cohort defined using a combination of primary diagnoses from the F12 series (cannabis related disorders) and secondary diagnosis R11 (nausea and vomiting). (Table 1)

Table 1 - CHS cohort definition by ICD 10

| Primary Diagnosis (ICD 10) | | | |
|----------------------------|---|--|--|
| F1210 | Cannabis abuse, uncompl | | |
| F1290 | Cannabis abuse, unspec, uncompl | | |
| F12188 | Cannabis abuse w/other cannabis-ind dis | | |
| F12988 | Cannabis use, unsp w/other cannabis-ind dis | | |
| F12288 | Cannabis dep w/other cannabis-ind dis | | |
| F1220 | Cannabis dep, uncompl | | |

| and Secondary Diagnosis (ICD 10) | | | |
|----------------------------------|---|--|--|
| R11 Series | Nauase and vomiting (All R11 ICD 10's included) | | |

- Demographic characteristics of the cohort were described.
- Total U.S. dollar (USD) charges for ED services per visit including mean, median, maximum, minimum and standard deviation were calculated.
- Total outpatient and inpatient procedures by Current Procedural Terminology (CPT) code were reported.

RESULTS

- The CHS cohort represented 4082 ED visits of which 10.4% (424) required admission. (Table 2)
- Patients were predominantly under the age of 35 (73.5%), majority male (54.8%), and disproportionately minority (white 45.3%, black 31.6%; Hispanic 16.7%).
- The mean total USD charge per ED visit for the cohort was \$6306 with a minimum of \$155 and a maximum of \$75490 (median \$4317, std dev \$6431). (Figure 1)
- A total of 40123 outpatient procedures and 144 inpatient procedures were recorded (Table 3,4)

Table 2 - CHS cohort characteristics

| Characterisitc | n=4082 |
|----------------------|-----------|
| Discharge status | |
| Treated and released | 3657 (90) |
| Admitted to hospital | 424 (10) |
| Unknown | 1 (0) |
| Age (years) | |
| 0-17 | 304 (7) |
| 18-24 | 1354 (33) |
| 25-34 | 1342 (33) |
| 35-44 | 610 (15) |
| 45-54 | 258 (6) |
| 55-64 | 159 (4) |
| 65+ | 55 (1) |
| Male | 2238 (55) |
| Race | |
| White | 1851 (45) |
| Black | 1288 (32) |
| Hispanic | 683 (17) |
| Other | 174 (4) |
| Missing | 86 (2) |
| Payer | |
| Medicaid | 1612 (39) |
| Private Ins | 1206 (30) |
| Self-pay | 901 (22) |
| Medicare | 213 (5) |
| Other | 146 (4) |
| Missing | 4 (0) |

Figure 1 - ED charge per visit in \$USD for CHS cohort

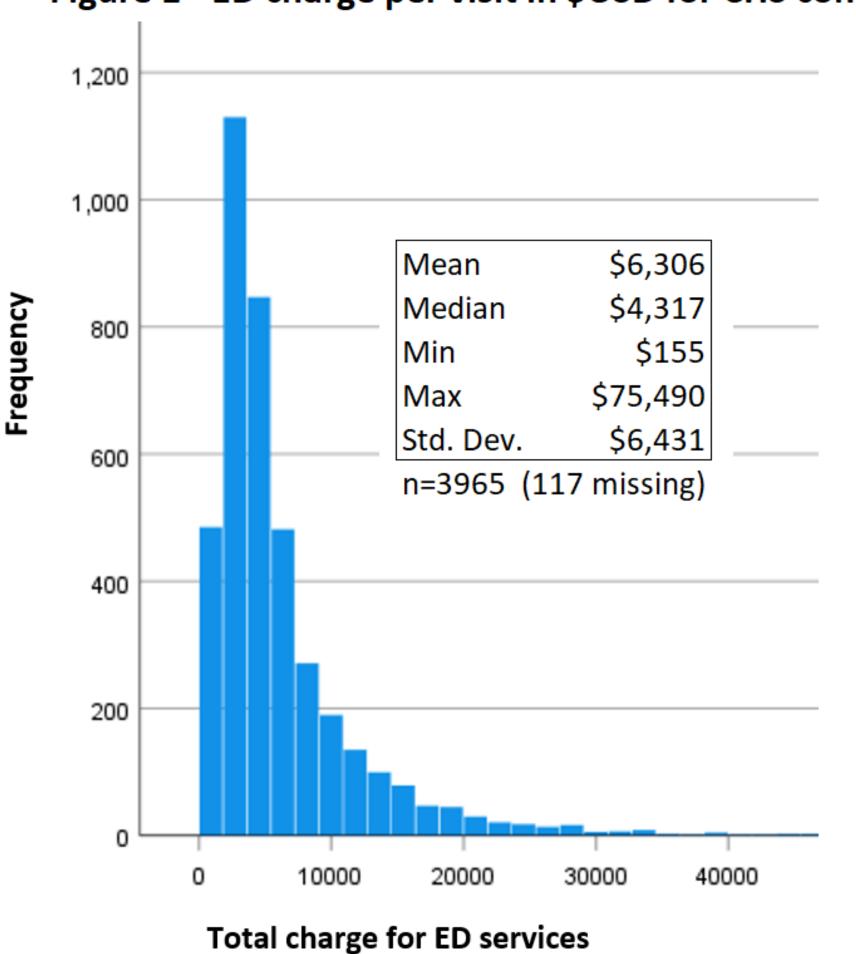


Table 3 - FD Outnatient procedures by CPT Procedure Category

| Table 3 - ED | Table 3 - ED Outpatient procedures by CPT Procedure Category | | | | |
|--------------|--|--|--|--|--|
| Procedure | | | | | |
| Count | CPT Procedure Category | | | | |
| 5,749 | Therapeutic, Prophylactic, and Diag Injec/Infus | | | | |
| 4,090 | Chemistry Procedures | | | | |
| 3,365 | Organ or Disease Oriented Panels | | | | |
| 3,313 | New or Established Patient ED Services | | | | |
| 3,104 | Hematology & Coagulation Procedures | | | | |
| 2,105 | Hydration Infusion | | | | |
| 2,068 | Urinalysis Procedures | | | | |
| 1,424 | Presumptive Drug Class Screening Proced | | | | |
| 1,388 | Venipuncture and Transfusion Proced | | | | |
| 1,360 | Injection, ondansetron hydrochloride, per 1mg | | | | |
| 1,116 | Infusion, normal saline solution | | | | |
| 892 | Injection, haloperidol, up to 5mg | | | | |
| 852 | Cardiography Procedures | | | | |
| 832 | Diagnostic Radiology | | | | |
| 509 | Injection, diphenhydramine HCl, up to 50mg | | | | |
| 435 | Injection, metoclopramide HCl, up to 10mg | | | | |
| 353 | Injection, ketorlac tromethamine, per 15 mg | | | | |
| 348 | Injection, lorazepam, 2mg | | | | |
| 338 | Injection, promethazine HCl, up to 50 mg | | | | |
| 33,641 | Total procedures with frequency ≥ 300 | | | | |
| 6,482 | Other procedures with frequency < 300 | | | | |
| 40,123 | Total Outpatient procedures | | | | |

Table 1 - Total innations procedures performed for CHS cohort

| Table 4 - Total inpatient procedures performed for CHS conort | | | | | |
|---|--------------------------------------|--|--|--|--|
| Frequency | ICD-10 Code | ICD-10 Procedure Description | | | |
| 25 | ODB68ZX | Excision of Stomach, Endo, Diagnostic | | | |
| 17 | ODB98ZX | Excision of Duodenum, Endo, Diagnostic | | | |
| 11 | ODJ08ZZ | Inspection of Upper Intestinal Tract, Endo | | | |
| 11 | 3E0337Z | Intro of Electrolyte into Peripheral Vein | | | |
| 64 | Total procedures with frequency ≥ 10 | | | | |
| 80 | Total procedures with frequency < 10 | | | | |
| 1// | Total innatio | nt procedures | | | |

CONCLUSIONS

- This study documented the costs and procedures utilized in the diagnosis by exclusion approach to CHS including lab work, X-rays, CT scans, and invasive scoping.
- Diagnosis by exclusion is wasteful from both a fiduciary and hospital resource perspective.
- This research provides a baseline for cost-effective analysis to inform the value that could be realized with the development of a CHS diagnostic.

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