



# Use of Clinical Outcomes Assessments (COAS) By Hospitals in the USA, UK, France and Sweden: Multi-Stakeholder Viewpoints

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## Background

Clinical Outcome Assessment (COA) tools have the potential to be used as quality measures in Value-based Health Care (VBHC).

## Objective

Clinical Outcome Assessment (COA) tools have been lately the topic of much interest in medical community as tools to capture patinets’ perspective on their disease and quality of life. Besides routine application of COAs as clinical diagnostic and monitoring tools, there is frequent use of COAs across settings to improve quality of care and patient experience, as well as novel applications in Value-based Health Care (VBHC). However, due to the complexity of healthcare systems in different countries and differences in approaches, it is not clear if COAs are used similarly, and what factors facilitate or reduce use of COAs across hospitals in various countries. Interviews with hospital and payer representatives and COA developers were conducted to understand how stakeholders view hospital use of COAs in general and with respect to VBHC. This research is part of a Mapi research study on the subject and will be used to identify key themes in development of a hospital provider survey across US, UK, France and Sweden.

## Methods

Stakeholder interviews were conducted to elicit key concepts regarding use of COAs in hospitals across 4 countries: US, UK, France and Sweden. Interviewees were selected from hospital and payer organizations (private and public sectors) in each country. In order to obtain a high-level view of COA in the care system with focus on VBHC, we recruited interviewees at directorial or executive positions in organizations with a large patient cohort, informed by the context and structure of the healthcare system in each country. Seven hospital and 10 payer representatives were recruited (*table 1*).

**Table 1:** Interviewees across private and public sector in US, UK, France and Sweden.

Stakeholder	Planned interview	Completed
Hospitals	1 private	
	1 public	
Payers	2 private	
	2 public	

Structured interviews were carried out with open-ended questions. This was designed based on *a priori* framework of use of COAs in clinical practice. All interviews were carried out in English and recorded. Interviews were transcribed and thematic analysis was carried out by 3 different analysis and reviewed and summarized by the lead investigator.

## Findings

Hospitals use COAs in a variety of different ways. When asked specifically about individual patient care, understanding patient experience and treatment monitoring, responders indicated a variety of indications e.g. cardiology, neurology, sleep medicine. **Purpose of use** (table-2): Key themes mentioned by participants from all 4 countries. All groups mentioned use of COAs in hospital quality improvement and all, but French responders mentioned VBHC. Half of the interviewees from the USA mentioned VBHC. **Facilitators** (table-3): We identified 8 high-level themes and several as facilitators of use of COAs. Drivers for use of COAs in VBHC included encouragement from public/national payer and health authorities. Provision of COA via health authorities and within NHS guidelines promotes use of these instruments and recognized as recommendations for high-value care. There are multiple institutional factors in the US that incentivize use of COAs, many related to the affiliation and organizational structure of hospital. **Obstacles** (table-4): Responders from France and UK mentioned that there are no incentives for hospitals to adopt COAs at large scale. Barriers to use of COAs in hospitals included lack of IT structure and resources, and inadequacy of evidence of validity, usefulness and interpretation. We were not able to identify differences in adoption or use of COAs by private/public sector..

## Conclusion

The use of COAs by hospitals in quality assessment and VBHC is limited/fragmented. Endorsement by medical authorities and incentivization by payers may promote use of COAs in VBHC. Interview findings will be used to develop a survey of approximately 3000 hospitals and medical practices to gain a broader understanding of if/how COAs are used including VBHC.

**Table 2 - Purpose of use of COAs in hospitals**

Medical research	
Regulatory requirements (gov, regional health authorities)	
Improve quality in hospital setting	
Public health surveillance (national surveys)	
Business decision (mostly to meet underlying non-clinical goal)	
Payment and contracting (VBP)	
Patient's voice (experience, surrounding, big picture)	
VBHC and cost-effectiveness	
Routine patient care (screening, diagnosis, treatment decisions, monitoring, etc.)	
System improvement (healthcare network/system)	
Accountability and compliance	
Payer mandate	
Help reduce cost	
Reduction of medical errors	

**Table 3 - Facilitators of use (high-level themes marked in dark shades)**

Technical/operational facilitators	License being free or purchased by authorities/payers	
Technical/operational facilitators	Ease of use	
Payers using COAs		
Technical/operational facilitators	COA is used in OTHER care settings (outside hospitals)	
Professional factors	Regulatory requirements (gov, regional health authorities)	
Technical/operational facilitators	Self-entry by patients	
Education helps future use of COAs		
Professional factors	Use in patient registries	
Professional factors	Use in research protocol	
Technical/operational facilitators	Nurses administering COAs	
Technical/operational facilitators	Use in clinical apps	
Institutional factors	Affiliation with university	
Technical/operational facilitators	Data collection/handling and analysis by third party	
underlying non-clinical goal)	Payer mandate	
Technical/operational facilitators	Future technology	
Professional factors	Priority areas	
Professional factors	Recommended by professional societies / really deemed necessary	
underlying non-clinical goal)	aligned with digital maturity agenda	
Technical/operational facilitators	Competition in marketplace	
Institutional factors	Centralized data	
Institutional factors	Accountable Care Organization, centers of excellence	
Institutional factors	Endowment supporting these efforts	
Institutional factors	Employer coalitions	
Institutional factors	Having a healthplan with multiple settings (hospital system)	
Institutional factors	Payer owning the hospital system	
Forward-thinking leadership		
Business decision (mostly to meet underlying non-clinical goal)	misc. (alignment public/private payers, partnership with profit sharing, bundled services, alignment with pharmaceutical research)	

**Table 4 - Purpose of use (high-level themes marked in dark shades)**

Doubt in scientific soundness of COAs or data capture in clinic	[COAs] not backed by adequate & sound methodology	
Burden (cost, time, effort)		
Inadequate operational and data infrastructure	paper-based	
Inadequate operational and data infrastructure	response rate (from patients)	
Doubt in scientific soundness of COAs or data capture in clinic	not convinced it is worth using or how to take action	
Inadequate operational and data infrastructure	interoperability	
Access to COAs is not free		
Lack of technical knowledge by hospital staff (administration of COA)		
Scarcity of resources		
Inadequate operational and data infrastructure	the system does not work this way	
Inadequate operational and data infrastructure	low number of cases in each institution	
Inadequate operational and data infrastructure	Very slow uptake of COA	
Inadequate operational and data infrastructure	translation	
No incentive to use COAs		
Requirement of author permission		
Additional reimbursement for administering COA DOES NOT facilitate their use		
Inadequate operational and data infrastructure	compatibility of data systems	
Inadequate operational and data infrastructure	data linkage	
Inadequate operational and data infrastructure	delay for the data to be available	
Inadequate operational and data infrastructure	errors in data capture	
Inadequate operational and data infrastructure	not coded into the system	
Inadequate operational and data infrastructure	patchy data (not systematically collected)	
Inadequate operational and data infrastructure	unavailability of data	
Hospitals do not proactively use COAs		

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