

HEALTHCARE RESOURCE UTILIZATION IN US CLINICAL PRACTICE AMONG PATIENTS WITH VON WILLEBRAND DISEASE

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INTRODUCTION

-  von Willebrand disease (VWD) is the most common bleeding disorder, affecting up to 1% of the US general population¹
 - Symptomatic VWD that requires treatment is less common, with a prevalence of 1 in 10,000²
-  International guidelines conditionally recommend long-term prophylaxis for patients with VWD and severe or frequent bleeding³
-  In the US, this treatment option has recently become available with the approval of recombinant von Willebrand factor (rVWF) for routine prophylaxis, to reduce the frequency of bleeding episodes in patients with severe VWD type 3 receiving on-demand therapy⁴

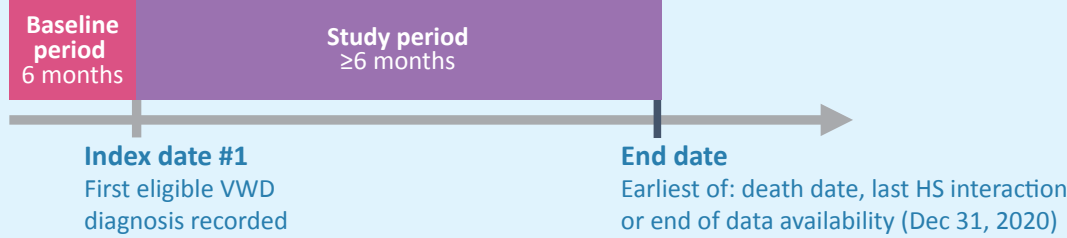
STUDY DESIGN

This retrospective cohort study used de-identified data from a rural integrated US healthcare system containing both electronic medical record data and linked claims data

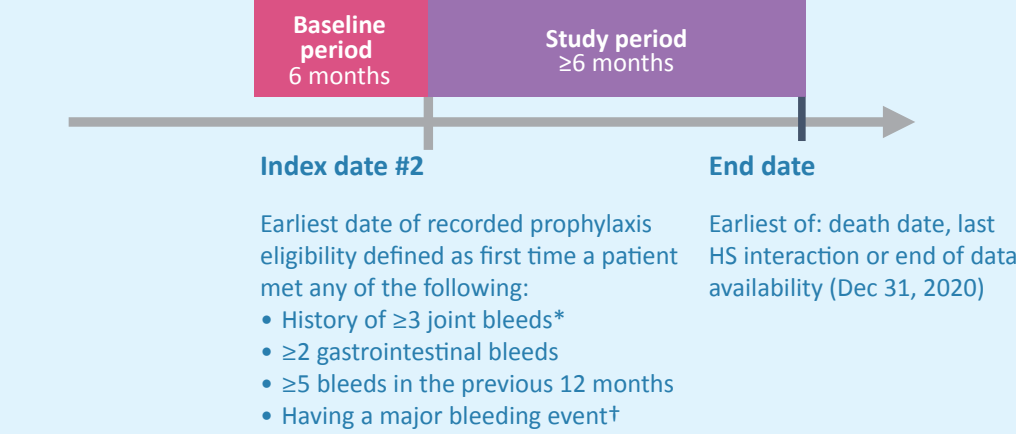
MAIN PATIENT ELIGIBILITY CRITERIA

- ≥2 confirmed VWD diagnoses* on separate days between Jan 2004 – Dec 2020
- No diagnosis of acquired coagulation factor deficiency or hemophilia
- ≥6 months of data before and after a VWD diagnosis

All eligible patients with VWD



Prophylaxis-eligible patients



STUDY OUTCOMES

Healthcare resource utilization



Hospitalizations
Emergency department visits
Outpatient visits



HCRU was assessed for 6 months after the index date in patients with linked claims data

VWD-related HCRU was defined as any visit with an ICD-9 or ICD-10-CM code for VWD or a bleed

DATA ANALYSIS

Statistical analyses were descriptive and explorative in nature and were conducted using R version 3.6.3 and SAS Enterprise Guide 7.1

Linked data were available from 110 patients overall, of whom 23 patients were eligible for prophylaxis therapy (none received long-term prophylaxis)

*Identified using ICD-9 or ICD10-CM
†Defined as a medical claim associated with a diagnosis code for intracranial, gastrointestinal, or eye bleed in a hospital or outpatient setting, or a medical claim for menorrhagia, epistaxis, or joint bleed that required a transfusion with blood products either during hospitalization or on or within 7 days after the date of diagnosis in the outpatient setting
HS, Healthcare system; ICD-9, International Classification of Diseases 9th revision; ICD-10-CM, International Classification of Diseases 10th revision, clinical modification; VWD, von Willebrand disease

STUDY OBJECTIVE



- To identify potential gaps in the current management of VWD in the US and to better inform the use of VWF prophylaxis

CONCLUSIONS



- Patients with VWD experienced a substantial healthcare resource utilization (HCRU) burden overall
- Prophylaxis-eligible patients with VWD had higher HCRU than the overall VWD population

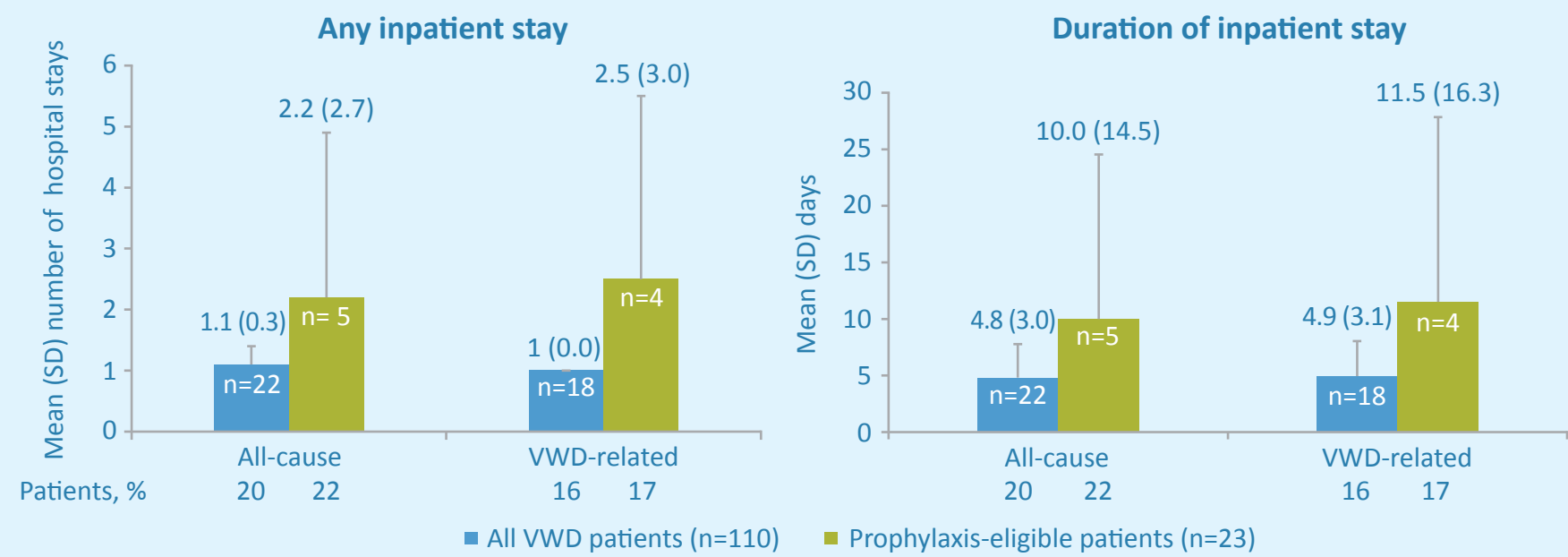


- This retrospective US cohort study suggests a potential benefit of long-term prophylaxis for managing HCRU and improving quality of life in patients with VWD and severe/frequent bleeds, by reducing hospitalizations and emergency department visits

RESULTS

HOSPITALIZATIONS

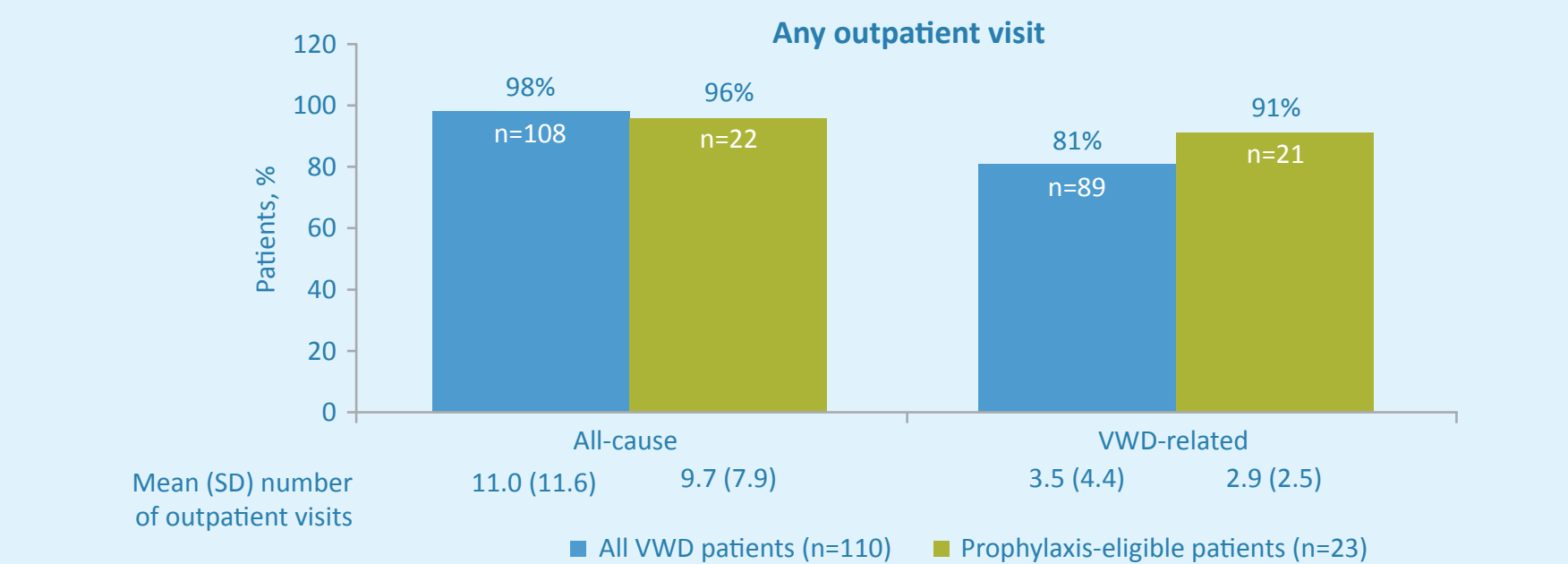
The number and duration of hospital stays were higher in prophylaxis-eligible patients than in the overall population, although the proportion of patients with hospitalizations was similar in both cohorts



Error bars show SD
SD, standard deviation; VWD, von Willebrand disease

OUTPATIENT VISITS

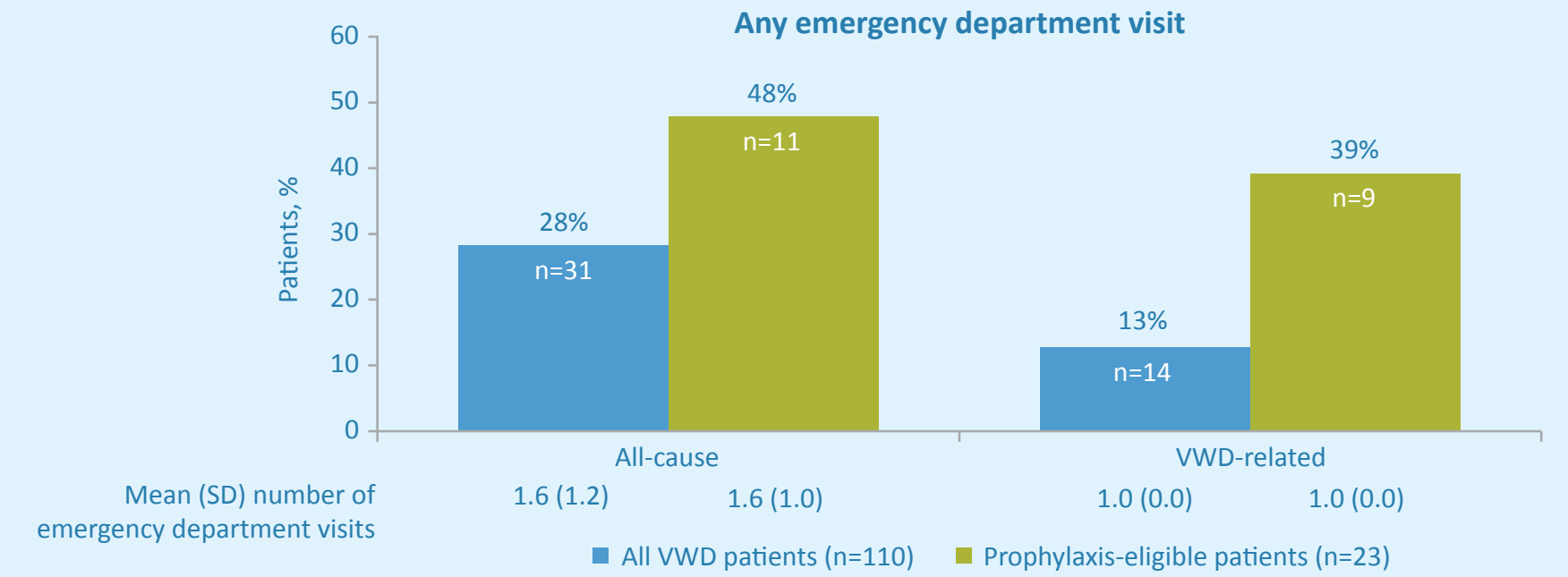
Almost all patients had ≥1 outpatient visit



SD, standard deviation; VWD, von Willebrand disease

EMERGENCY DEPARTMENT VISITS

Higher proportions of prophylaxis-eligible patients required emergency department visits compared with the overall population



SD, standard deviation; VWD, von Willebrand disease

LIMITATIONS

- Medical visits that occurred outside of the claims database were not captured
- The claims data were only available for a subset of patients included in the electronic medical record, and the small sample with claims data may not be representative of the overall sample

REFERENCES

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DISCLOSURES

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