

# COST-EFFECTIVENESS ANALYSIS OF BIOSIMILAR BASED TREATMENT SEQUENCES FOR MODERATE-TO-SEVERE CROHN’S DISEASE IN SPAIN

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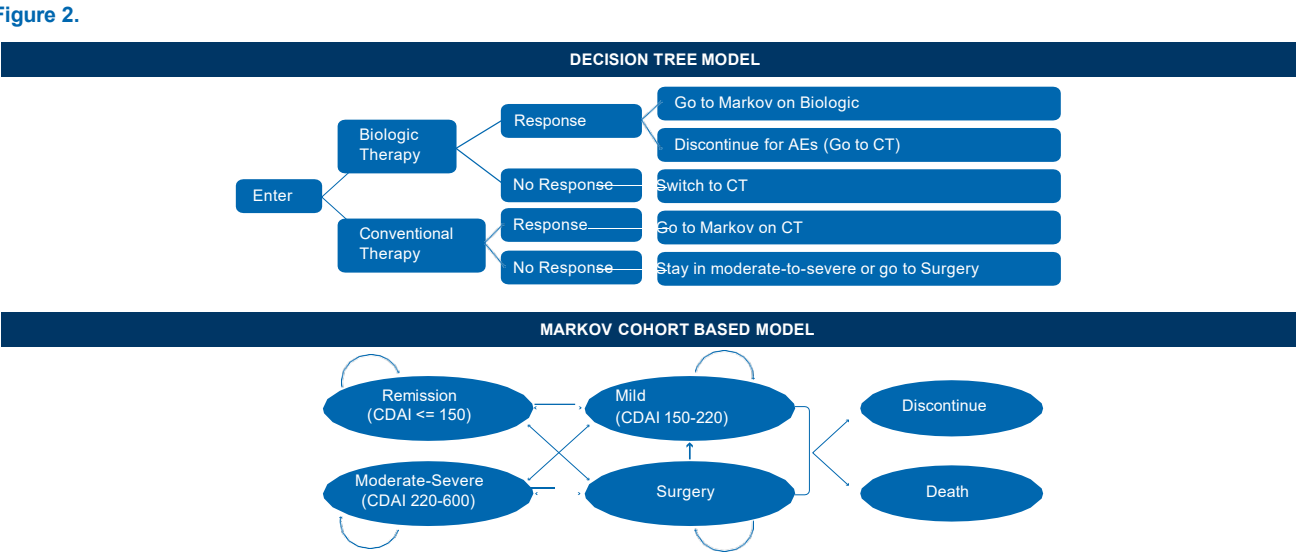
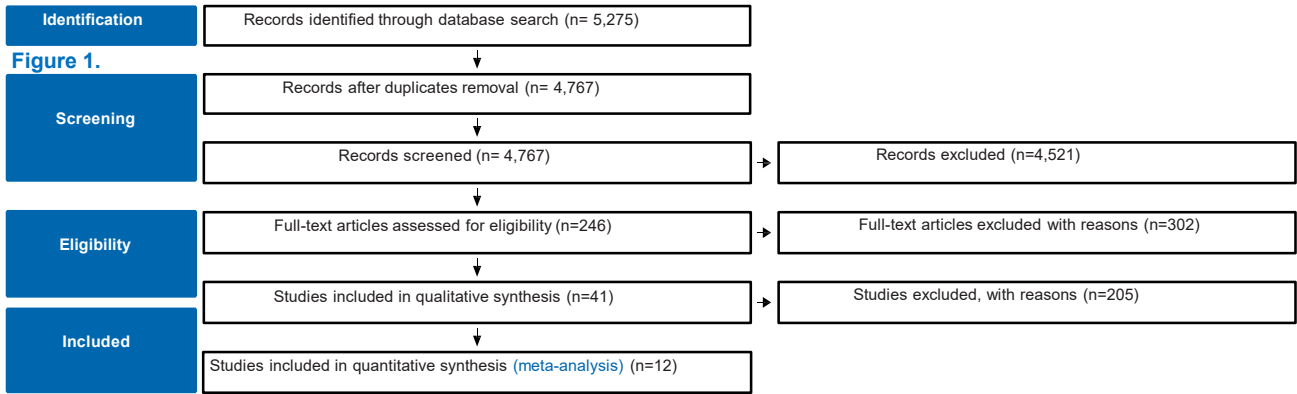
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## INTRODUCTION

•Amid the autoimmune diseases, Crohn’s disease (CD) is particularly burdensome for the Spanish National Health System (SNS) and disabling for the patients who suffer from it<sup>1,2</sup>. Thanks to the advent of adalimumab and infliximab biosimilars (bADA, bINF), the disease’s financial burden decreased substantially<sup>1,3</sup>. However, a further assessment on additional efficiencies is warranted. Thereby, SNS’s Willingness to Pay (WTP) per additional Quality Adjusted Life Year (QALY) could be considered as a proxy to find out relevant benefits, such is the case of Net Monetary Benefit per Patient (NMB = WTP\* ΔQALY – ΔCosts), and the Incremental Cost Effectiveness Ratio (ICER = ΔCosts / ΔQALY).

## OBJECTIVES

- This study sought to quantify, taking into account actual drug acquisition costs (as of October 2021):
  1. QALYs accrued per patient and ICER when comparing different sequences usually prescribed for moderate-to-severe CD treatment, starting with bADA or bINF or other biologics - vedolizumab (VED), ustekinumab (UST) - following loss of response to initial conventional therapy (CT), the latter comprising, amongst others, immunomodulators and/or corticosteroids.
  2. NMB provided by each of above treatment sequences.



AEs: Adverse events, CT: Conventional therapies, CDAI: Crohn’s Disease Activity Index

## METHODS

- Targeted Literature Review was performed and reported according to the “Preferred Reported Items for Systematic Reviews and Network Meta-analyses” (PRISMA) standards. **(Figure 1).**
- A previous Single Technology Appraisal (STA) model from the National Institute for Clinical Excellence (NICE)<sup>4</sup> was tailored to Spain in terms of both Costs and QALY gains, whilst maintaining the statistical analysis and structure. WTP, in accordance to local guidelines was set to €20,000 per QALY gained.
- In line with the above, and in order to keep consistency, the model structure, itself, was a hybrid of a decision tree –to accommodate the induction phase- and a Cohort Based (Semi-Markov) model, to simulate the maintenance phase. Both induction and maintenance stages mirror actual CD’s Clinical Practice with biologics. **(Figure 2).**
- Transition probabilities between different Health States were derived from (4) and (5), to cover all treatments and different lines (biologic naïve and biologic experienced patients).
- Both Costs and Benefits were discounted at an annual rate of 3%, in line with current SNS guidelines<sup>6</sup>.
- Actual drug acquisition costs in 2021 were obtained from a Public Procurement database<sup>7</sup>.
- Different treatment sequences were simulated according to standard clinical practice, treatment guidelines<sup>8</sup>; whilst using currently licensed dosages in Spain<sup>9</sup>.
- Deterministic and Probabilistic Sensitivity Analyses were performed with 95% Confidence Intervals (95% CI).

## RESULTS

- Over a 10-year time horizon, a treatment sequence commencing with two biosimilars -cycling- remain the most cost-effective choice for the SNS. Treatment sequence starting with bADA followed by bINF provides with additional 0.06 QALYs, and €2,045 NMB versus UST followed by bADA, becoming dominant too (less expensive and more effective; **Table 1**). Shortening the time horizon to 5 years, results were 0.07 and €6,532 respectively, while maintaining the dominance(**Table 2**).
- In general, sequences commencing by either biosimilar –bADA, bINF- topped those starting with other biologics; both in terms of costs and accrued QALYs.
- Costs seemed to be accrued mostly within the first half (5 years) of the time horizon, likely as a result of rapid and sustained clinical improvement across time –and potential drug optimizations-; and so the QALY gains.
- With a fixed budget (10 year time frame) compared with the most expensive treatment sequence, up to a roughly 33% additional patients could be treated –assuming similar efficacy and disease condition- (Table 1).

Table 1.

| Treatment Sequence  | Costs       | QALYs | ΔCosts     | ΔQALYs    | ICER vs REFERENCE | NMB (REFERENCE) |
|---------------------|-------------|-------|------------|-----------|-------------------|-----------------|
| bADA->bINF->UST->CT | € 88,570.7  | 5.082 | REFERENCE  | REFERENCE | REFERENCE         | REFERENCE       |
| bADA->UST->bINF->CT | € 89,675.0  | 5.082 | € 1,104.4  | 0.000     | € 27,236,612      | € 1,104         |
| UST->bADA->INF->CT  | € 89,328.5  | 5.018 | € 757.8    | -0.064    | dominated         | € 2,045         |
| bINF->bADA->VED->CT | € 90,555.5  | 4.859 | € 1,984.8  | -0.223    | dominated         | € 6,445         |
| bINF->VED->bADA->CT | € 93,503.4  | 4.859 | € 4,932.7  | -0.223    | dominated         | € 9,402         |
| bADA->UST->VED->CT  | € 106,541.3 | 5.047 | € 17,970.6 | -0.035    | dominated         | € 18,666        |
| UST->bADA->VED->CT  | € 107,131.4 | 4.981 | € 18,560.7 | -0.101    | dominated         | € 20,575        |
| bADA->VED->UST->CT  | € 107,987.7 | 5.043 | € 19,417.0 | -0.039    | dominated         | € 20,207        |
| UST->VED->bADA->CT  | € 109,921.3 | 4.981 | € 21,350.6 | -0.101    | dominated         | € 23,375        |
| bINF->UST->VED->CT  | € 114,802.9 | 4.902 | € 26,232.2 | -0.180    | dominated         | € 29,830        |
| bINF->VED->UST->CT  | € 116,316.2 | 4.897 | € 27,745.5 | -0.185    | dominated         | € 31,441        |

Note: CT= Conventional Therapy, bADA= Adalimumab biosimilar, bINF= Infliximab biosimilar, VED= Vedolizumab, UST= Ustekinumab, QALY= Quality Adjusted Life Year, ICER= Incremental Cost-Effectiveness Ratio, NMB= Net Monetary Benefit, Dominated= More Costly and Less Effective

Table 2.

| Treatment Sequence  | Costs      | QALYs | ΔCosts     | ΔQALYs    | ICER vs REFERENCE | NMB (REFERENCE) |
|---------------------|------------|-------|------------|-----------|-------------------|-----------------|
| bADA->bINF->UST->CT | € 53,725.5 | 2.847 | REFERENCE  | REFERENCE | REFERENCE         | REFERENCE       |
| bADA->UST->bINF->CT | € 56,237.3 | 2.845 | € 2,511.8  | -0.002    | dominated         | € 2,555         |
| bINF->bADA->VED->CT | € 55,023.1 | 2.695 | € 1,297.6  | -0.152    | dominated         | € 4,338         |
| UST->bADA->INF->CT  | € 59,015.7 | 2.785 | € 5,290.2  | -0.062    | dominated         | € 6,532         |
| bINF->VED->bADA->CT | € 61,989.3 | 2.695 | € 8,263.8  | -0.152    | dominated         | € 11,308        |
| bADA->UST->VED->CT  | € 67,191.9 | 2.822 | € 13,466.4 | -0.025    | dominated         | € 13,964        |
| bADA->VED->UST->CT  | € 70,408.6 | 2.812 | € 16,683.0 | -0.035    | dominated         | € 17,380        |
| UST->bADA->VED->CT  | € 71,261.9 | 2.759 | € 17,536.4 | -0.088    | dominated         | € 19,289        |
| bINF->UST->VED->CT  | € 73,711.8 | 2.726 | € 19,986.3 | -0.121    | dominated         | € 22,398        |
| bINF->VED->UST->CT  | € 76,896.4 | 2.716 | € 23,170.9 | -0.130    | dominated         | € 25,779        |
| UST->VED->bADA->CT  | € 78,426.5 | 2.759 | € 24,701.0 | -0.088    | dominated         | € 26,458        |

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## CONCLUSIONS

- In the context of moderate-to-severe CD’s management, it has been previously shown that early introduction of biologic treatments might become cost-effective<sup>1</sup>. The present study adds up value, by reporting that a biosimilar cycling (bADA then bINF) yield better outcomes (NMB) and QALYs for both the SNS and patients.
- Models such as the one employed here, which incrementally compare treatment strategies, are useful to support decision-making since are in line with routine clinical practice where a broad choice of interventions exists. Results warrant further research.