Cost of Biomarker Testing Among Patients with Metastatic Lung or Thyroid Cancer in the US: A Real-World Commercial Claims Database Study

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BACKGROUND

- Clinical biomarker testing practices vary widely in patients with lung and thyroid cancers despite guideline-recommended approaches. 1-4
- The study of biomarker testing practices are confounded with practices such as 'code stacking'5
- There is a need to understand how codes are used and the ultimate cost to payers and patients based on these practices

OBJECTIVES

- This retrospective observational study was designed to evaluate the utilization of biomarker codes and to measure the costs of biomarker testing
- Specifically, this study evaluated:
 - Total lifetime costs to the payer and patient associated with biomarker testing
- Costs to the patient and payer by insurance plan type Costs by specific reimbursement code

METHODS

Data source

- IBM Marketscan commercial databases
- A de-identified real-world administrative claims database collected from commercial, employer-based health care plans
- Exempt from IRB review: de-identified data are not considered human subjects research in accordance with 45 CFR 46.102(f)

Eligibility criteria

- Lung cancer cohort
- First of 2+ lung cancer diagnosis codes (C34-C34.92) observed January 1, 2015 - December 31, 2019; no prior cancer codes
- Subgroup: patients with codes for metastatic disease
- Thyroid cancer cohort
- First of 2+ thyroid cancer diagnosis codes (C73) observed January 1, 2015 - December 31, 2019; no prior cancer codes

Thyroid Cancer Cohort

- Two Subgroups: patients with (1) codes for metastatic disease; (2) codes suggestive of medullary thyroid cancer (MTC) (MEN2 or calcitonin codes)
- Cohorts are mutually exclusive

RESULTS

- 23,633 eligible patients were included in the lung cancer cohort and 36,867 in the thyroid cancer cohort (Figure 1)
- The characteristics of these patients are summarized in Table 1
- Most patients in the lung cancer cohorts had claims for biomarker testing after diagnosis (Table 2)
- Comprehensive/NGS testing codes were infrequently observed in any cohort

Table 2. Biomarker testing frequency and lifetime costs of biomarker testing

biomarker testing from diagnosis to end of follow-up; all other costs of care are excluded. Costs are adjusted to 2020 US dollars.

	Lung cancer cohort (n=23,633)	Lung cancer- metastatic disease (n=13,320)	Thyroid cancer cohort (n=36,867)	Thyroid cancer- metastatic disease (n=2,241)	Medullary thyroid cancer cohort (n=164)
Single-gene or comprehensive/next- generation sequencing (NGS) biomarker test code, n (%)	16,100 (68.1)	10,052 (75.5)	6,679 (18.1)	936 (41.8)	74 (45.1)
Comprehensive/NGS test code, n (%)	1,221 (5.2)	897 (6.7)	122 (0.3)	49 (2.2)	0 (0.0)
Median (min-max) total lifetime costs of biomarker testing: payer*	\$393.80 (0-34,468)	\$461.50 (0-34,468)	\$147.60 (0-25,118)	\$231.80 (0-25,118)	\$169.90 (0-1,759)
Median (min-max) total lifetime costs of biomarker testing: patient out-of-pocket*	301011111111111111111111111111111111111	\$0.00 (0-14,003)	\$0.00 (0-5,204)	\$0.00 (0-3,864)	\$0.00 (0-407)

Table 3. Payer cost per biomarker test code*

Single- gene biomarker codes210		Comprehensive/next-generation sequencing (NGS) codes						
Code	Number of claims with code observed	Median (min-max) payer cost	Code	Number of claims with code observed	Median (min-max) payer cost			
81235	3,048	\$249.85 (0-7,218)	81445	255	\$549.98 (0-14,487)			
81288	7	\$324.90 (61-439)	81450	9	\$786.19 (463-9,357)			
81311	805	\$226.46 (0-1,944)	81455	138	\$3,976.50 (0-13,217)			
81301	246	\$267.24 (0-13,023)			, , ,			
81210	1,701	\$122.04 (0-8,850)	0022U	3	\$1,097.21 (395-2,292)			
81275	1,517	\$157.93 (0-5,519)	0037U	186	\$3,145.67 (0-6,007)			
81276	622	\$144.21 (0-1,232)	0013U	0				
88342	31,138	\$66.03 (0-4,291)	0012U	0				
88341	27,019	\$93.12 (0-6,308)	0026U	16	\$2,928.10 (0-5,962)			
88344	920	\$68.11 (0-2,875)	0179U	0	,			
88364	122	\$64.11 (0-520)						
88365	268	\$93.04 (0-725)	0204U	0				
88360	6,339	\$96.85 (0-6,154)	0208U	0				
88377	3,697	\$192.16 (0-7,286)	0048U	0				
88374	1,127	\$150.40 (0-4,341)	0047U	1	\$3,222.94 ()			
88367	58	\$108.78 (0-847)			,			
88368	366	\$133.43 (0-2,103)	*Biomarker test codes used in the entire study population (both lung and thyroid cancer cohorts combined)					
88373	21	\$56.25 (0-1,213)						
88369	116	\$55.98 (0-1,523)						
88366	69	\$127.67 (0-1,475)						
88365	268	\$93.04 (0-725)						
81402	949	\$97.98 (0-\$1,426)						
81403	1,862	\$93.90 (0-7,239)						
81404	1,909	\$181.62 (0-7,141)						
81519	78	\$4,008.94 (317-4,903)						
81228	1	\$1,016.70 ()						
81229	12	\$1,727.58 (256-5,790)						
0018U	2	\$2,047 (1,807-2,288)						

CONCLUSIONS

- Real-world data suggest that the lifetime cost of biomarker testing is low for patients with lung or thyroid cancers
 - In the context of other studies that have evaluated cancer costs, this suggests that biomarker testing represents a very small fraction of the total cost of care for patients receiving
 - Estimated total lung cancer cost: \$391,281-\$1,515,997
 - Estimated total thyroid cancer cost: \$112,641-\$251,536
- Most patients with lung cancer undergo biomarker testing, consistent with what is shown in other database studies of electronic medical records; however, the actual number or types of tests conducted cannot be clearly elucidated from these
 - The low rates specifically of comprehensive/NGS biomarker testing codes are not consistent with these studies, suggesting that other coding schemes may be used. This should be investigated in future research
- Future research is needed to compare the coding patterns observed in this study with electronic medical record or chart data to associate these findings with actual biomarker tests

Methods, continued

Codes for biomarker testing and MTC diagnosis



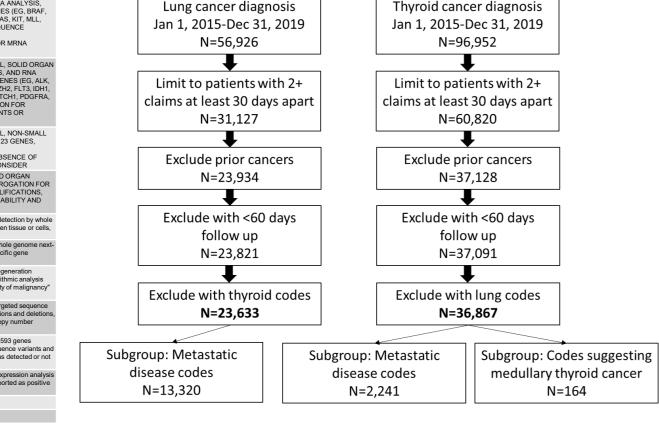
Statistical analysis

- Descriptive statistics were conducted using SAS EG 7.1
- All costs were adjusted to US\$ in 2020 using the medical component of the Consumer Price Index
- No statistical comparisons were made

Results, continued

Figure 1. Study cohorts

Lung Cancer Cohort



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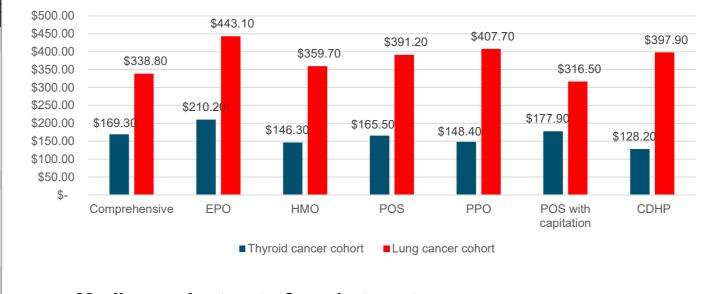
Table 1. Characteristics at diagnosis

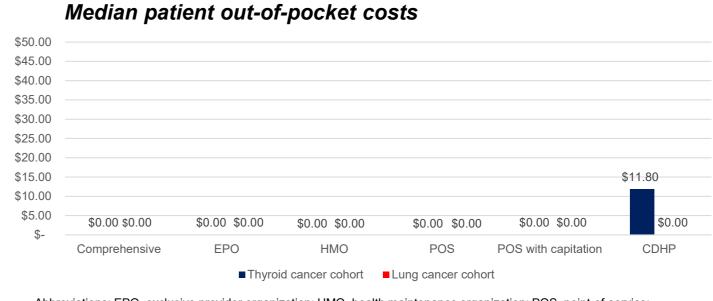
Characteristics	cancer cohort	cancer- metastatic disease	cancer cohort	cancer – metastatic disease	thyroid cancer cohort
Number of patients (n)	23,633	13,320	36,867	2,241	164
Year of diagnosis, n (%)					
2015	5,559 (23.5)	3,373 (25.3)	8,362 (22.7)	593 (26.5)	35 (21.3)
2016	5,138 (21.7)	2,934 (22.0)	8,217 (22.3)	520 (23.2)	34 (20.7)
2017	4,923 (20.8)	2,734 (20.5)	8,272 (22.4)	442 (19.7)	39 (23.8)
2018	5,127 (21.7)	2,764 (20.8)	8,390 (22.8)	480 (21.4)	44 (26.8)
2019	2,886 (12.2)	1,515 (11.4)	3,626 (9.8)	206 (9.2)	12 (7.3)
Age, mean (SD) years	57.0 (6.6)	56.5 (6.7)	45.6 (11.5)	46.0 (12.8)	40.4 (15.2)
Gender, n (%)					
Female	12,781 (54.1)	6,949 (52.2)	28,827 (78.2)	1,458 (65.1)	103 (62.8)
Male	10,830 (45.8)	6,361 (47.8)	8,012 (21.7)	780 (34.8)	60 (36.6)
Unknown/missing	22 (0.1)	10 (0.1)	28 (0.1)	3 (0.1)	1 (0.6)
Region, n (%)					
North Central	5,389 (22.8)	3,086 (23.2)	6,879 (18.7)	427 (19.1)	28 (17.1)
Northeast	4,516 (19.1)	2,434 (18.3)	8,255 (22.4)	520 (23.2)	28 (17.1)
South	11,114 (47.0)	6,265 (47.0)	15,309 (41.5)	907 (40.5)	81 (49.4)
West	2,528 (10.7)	1,492 (11.2)	6,242 (16.9)	377 (16.8)	25 (15.2)
Unknown/missing	86 (0.4)	43 (0.3)	182 (0.5)	10 (0.5)	2 (1.2)
Health care plan type, n (%)					
Comprehensive	1,157 (4.9)	678 (5.1)	750 (2.0)	42 (1.9)	4 (2.4)
EPO	188 (0.8)	104 (0.8)	369 (1.0)	29 (1.3)	1 (0.6)
HMO	2,499 (10.6)	1,375 (10.3)	4,043 (11.0)	242 (10.8)	16 (9.8)
POS	2,059 (8.7)	1,119 (8.4)	3,723 (10.1)	208 (9.3)	12 (7.3)
PPO	13,211 (55.9)	7,474 (56.1)	19,935 (54.1)	1,223 (54.6)	90 (54.9)
POS with capitation	277 (1.2)	146 (1.1)	475 (1.3)	35 (1.6)	4 (2.44%)
CDHP	2,099 (8.9)	1,212 (9.1)	3,147 (8.5)	191 (8.5)	17 (10.4)
Other/missing	2,143 (9.1)	1,212 (9.1)	4,425 (12.0)	271 (12.1)	20 (12.2)
Duration of follow-up, mean					
(SD) months	14.2 (12.0)	12.6 (11.1)	22.8 (14.3)	22.2 (14.9)	24.7 (13.3)

Abbreviaions: SD, standard deviation; EPO, exclusive provider organization; HMO, health maintenance organization; POS, point-of-service;

Figure 2. Median total lifetime costs of biomarker testing by insurance plan type

Median payer costs





Abbreviations: EPO, exclusive provider organization; HMO, health maintenance organization; POS, point-of-service; CDHP, consumer-driven health plan.

Limitations

- Some of the specific biomarker codes identified for study are rarely used; costs associated with codes that have low frequency utilization should be interpreted with caution.
- The infrequent observation of comprehensive/NGS codes suggests that these tests may be submitted for reimbursement using combinations of other single-gene codes, and that the practice of code stacking may persist, but this cannot be directly evaluated in these data that lack information about the actual test performed.
- Data are recorded in this database for reimbursement of health care claims, not for patient care. The coding structures used for biomarker testing reimbursement may not accurately reflect the actual test conducted Therefore, clinical interpretation of specific biomarker tests used in routine practice, particularly for comprehensive/NGS testing, should be avoided.

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