

# ISPOR: Spotlight Session 3

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# NATIONAL CENTER FOR CHRONIC DISEASE PREVENTION AND HEALTH PROMOTION

Our mission is to help people and communities **prevent chronic diseases and promote health and wellness for all.**

We work to make our vision of **healthy people living in healthy communities** a reality.



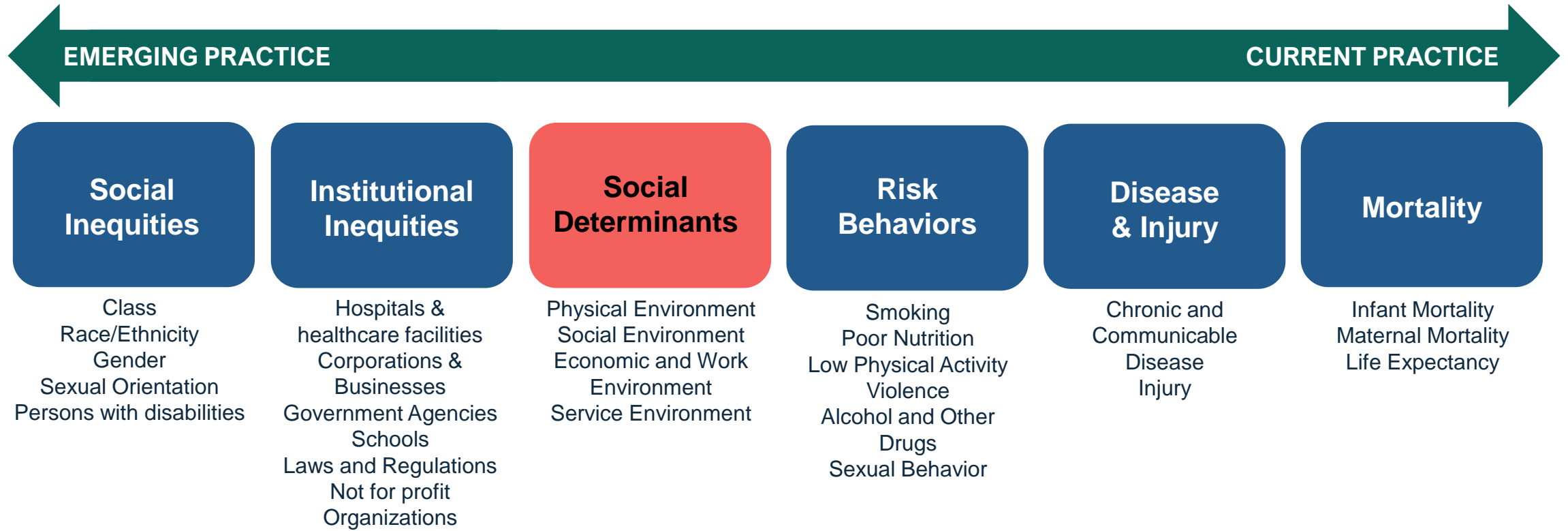


## Health Equity & Social Determinants of Health

**Health equity (HE)** is when everyone has an equal opportunity to be as healthy as possible.

When we refer to **social determinants of health – or SDOH –** we are speaking about the non-medical factors that influence health outcomes.

# Addressing Social Determinants of Health is a Strategic Priority



***Health equity can be achieved by addressing not only SDOH but also the sustained commitment to acknowledge and address root causes of health disparities, such as structural racism, that have hindered all Americans from achieving optimal health.***

# Public Health Plays 4 Key roles in SDOH Work



## Convener

Foster sustainable multi-sectoral, multi-level partnerships



## Integrator

Collect data, evaluate to build the evidence base and determine outcomes, and translate ideas across systems



## Influencer

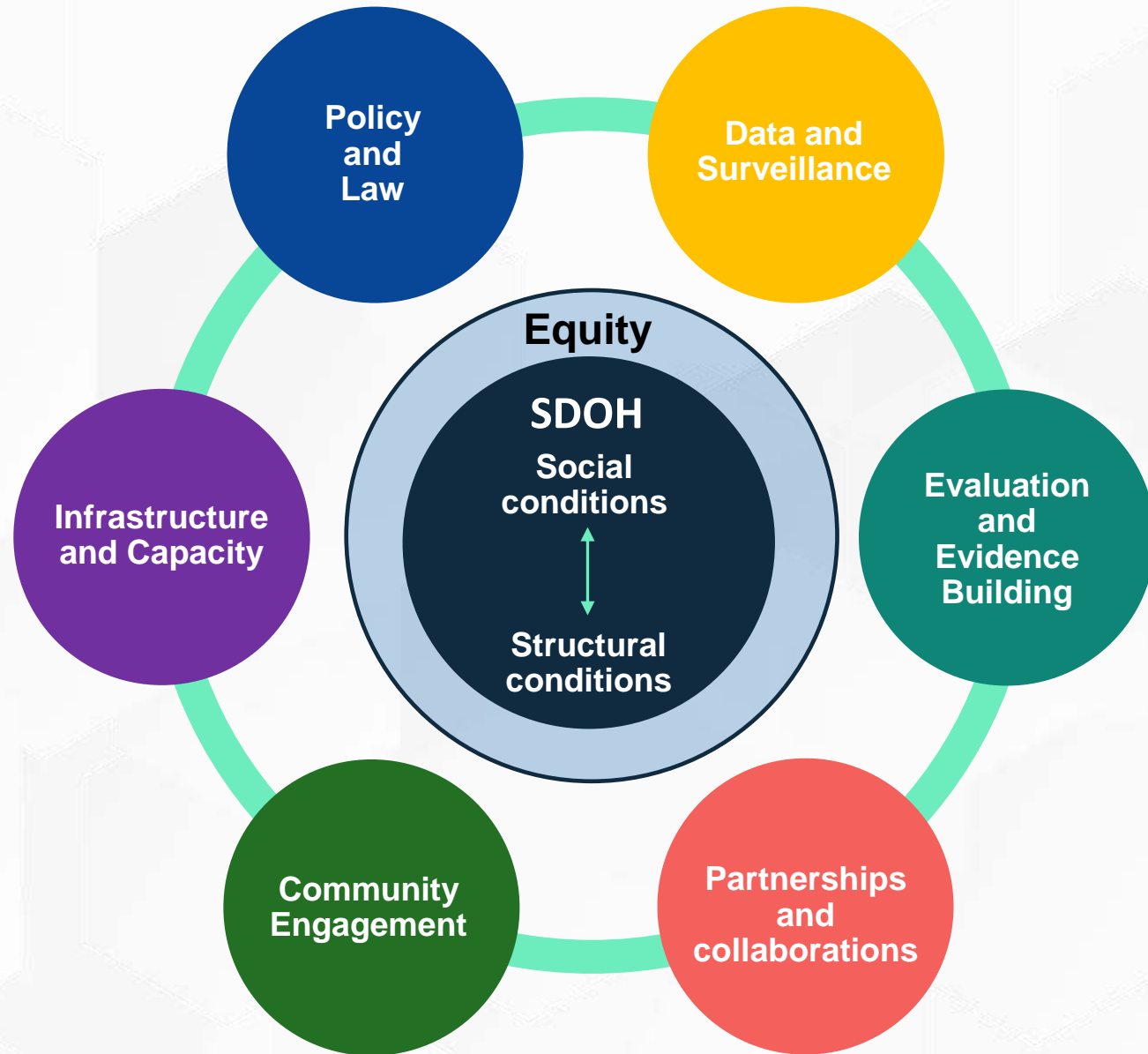
Lead approaches to develop upstream policies and solutions; direct funding to implement and scale up priority actions



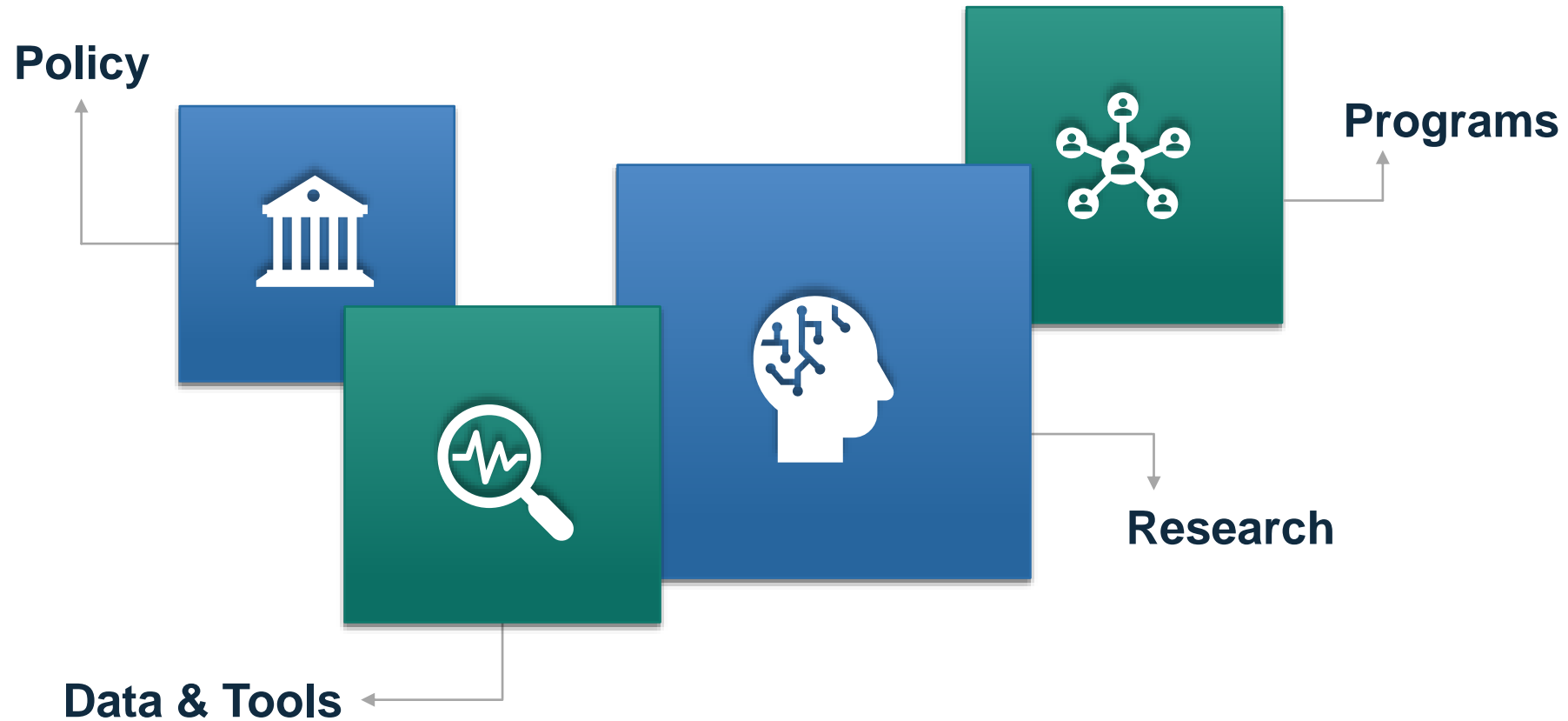
## Change-maker

Generate solutions, take action, and collaborate with others to implement activities

# CDC SDOH Approach



# Strong Foundation for Addressing SDOH Across CDC



# NCCDPHP'S Targeted Social Determinants of Health

**Food and Nutrition Security**



**Tobacco-Free Policy**



**Built Environment**



**Social Connectedness**

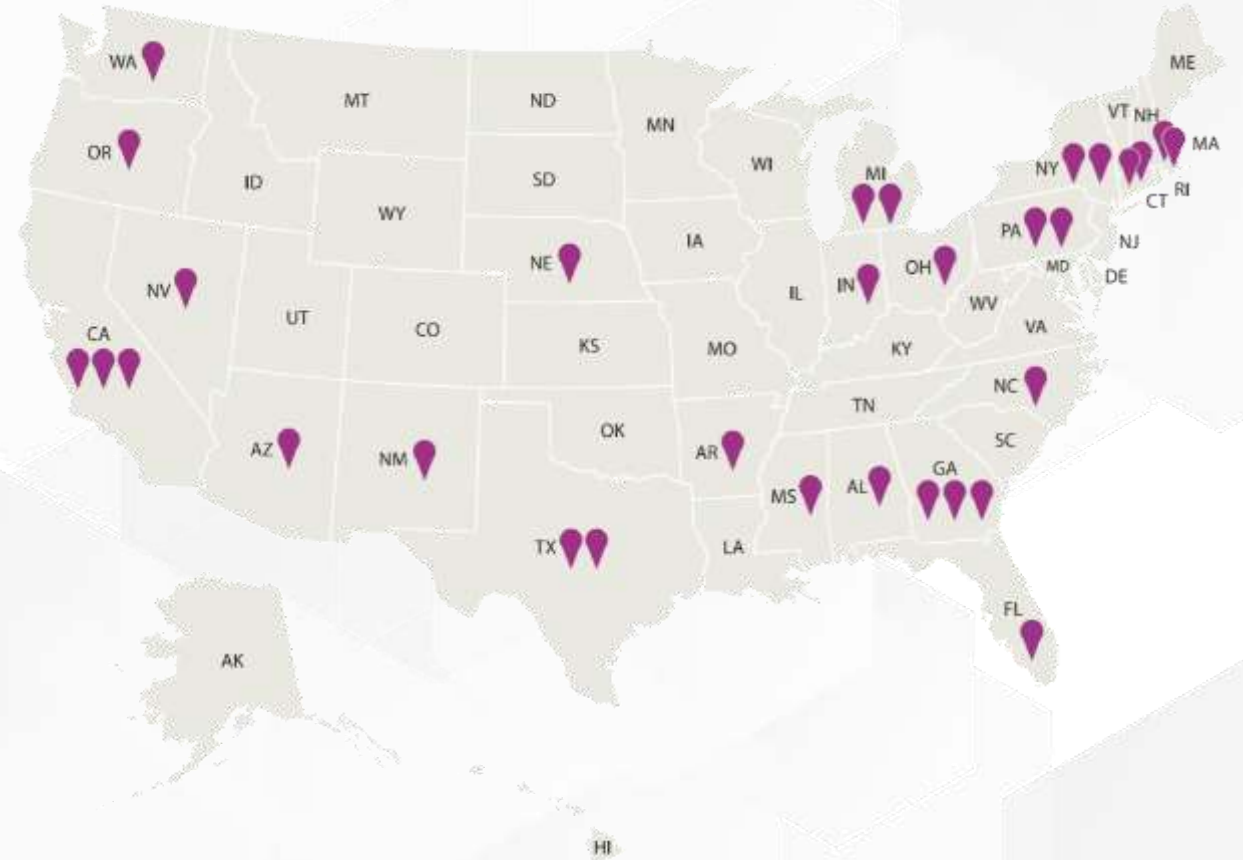


**Community-Clinical Linkages**

# WHAT NCCDPHP IS DOING TO ADDRESS SDOH









- **Over 2.9 million people** have better access to healthy foods and beverages
- **Over 322,000 people** have benefited from smoke-free and tobacco-free interventions
- **Approximately 1.4 million people** have more opportunities to be physically active
- **Over 830,000 people** have access to local chronic disease programs that are linked to clinics



# Racial & Ethnic Approaches to Community Health (REACH)



# Getting Further Faster Initiative

Outcome	5-Year Results	10-Year Results	20-Year Results
 Coronary heart disease events averted <sup>a</sup>	340	890	2,140
 Strokes averted <sup>a</sup>	250	670	1,650
 Deaths averted <sup>a</sup>	60	250	850
 Medical costs averted <sup>b</sup>	\$6,400,000	\$30,500,000	\$121,000,000
 Productivity costs averted <sup>b</sup>	\$27,000,000	\$122,000,000	\$445,000,000
 Total costs averted <sup>b</sup>	\$33,400,000	\$152,500,000	\$566,000,000

<sup>a</sup>Rounded to nearest ten    <sup>b</sup>Rounded to nearest \$100,000

## Year 1: Retrospective Evaluation Of 42 Communities with Demonstrated SDOH Outcomes to Build Evidence Base

### Organization Type

- 33 Non-profit Community-Based Organizations (CBO)
- 5 Local Health Departments (LHD)
- 1 State Health Department (SHD)
- 3 Non-Profit Academic Institutions

### Focus Areas

- Community-Clinical Linkages – 25%
- Nutrition Security – 25%
- Built Environment – 18%
- Social Connectedness – 18%
- Tobacco-Free Policies – 14%

# Data & Surveillance - PLACES & BRFSS

## PLACES

Health data estimates for a large portion of the nation's population.



**27** measures including:

- 5 unhealthy behaviors
- 9 prevention practices
- 3 health outcomes

## BRFSS

State-based telephone survey of US adults to monitor health-related risk behaviors, chronic health conditions, and use of preventive services



### Social Determinants & Health Equity (SDHE) Module:

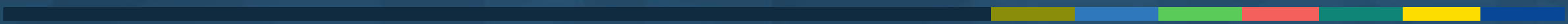
- Optional module in 2022 BRFSS Questionnaire
- 42 states included module in 2022 questionnaire



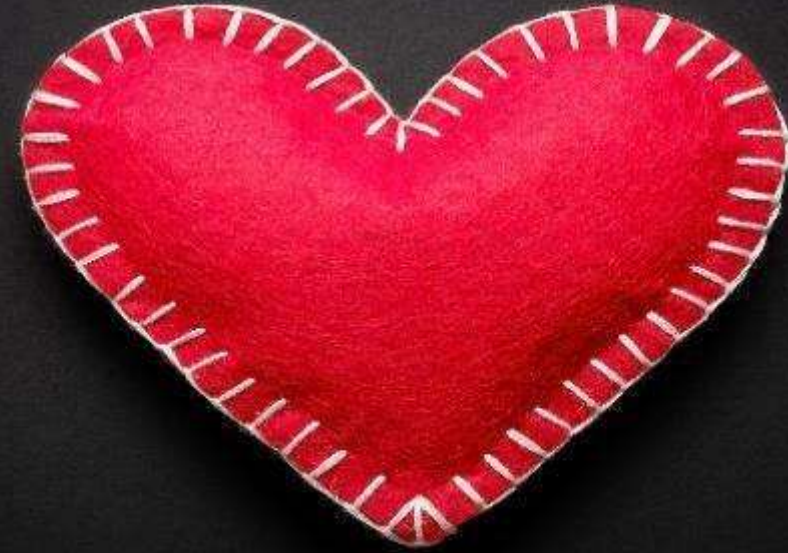
## **Data Modernization: Gravity Project**

- Launched in May 2019 by the Social Interventions Research and Evaluation Network (SIREN)
- National public collaborative effort
- Develop data and exchange standards to represent SDOH data documented in EHRs across four clinical activities: screening, diagnosis, goal setting, and interventions
- NCCDPHP is working with the project to build a national public health use-case for SDOH

# SDOH AND HEALTH CARE SYSTEMS



# Social Needs vs Social Determinants



## Health-related Social Needs



Addressing barriers to individual health:

- How do I get to the doctor?
- I don't have a place to live
- I lost my job
- I can't pay for food

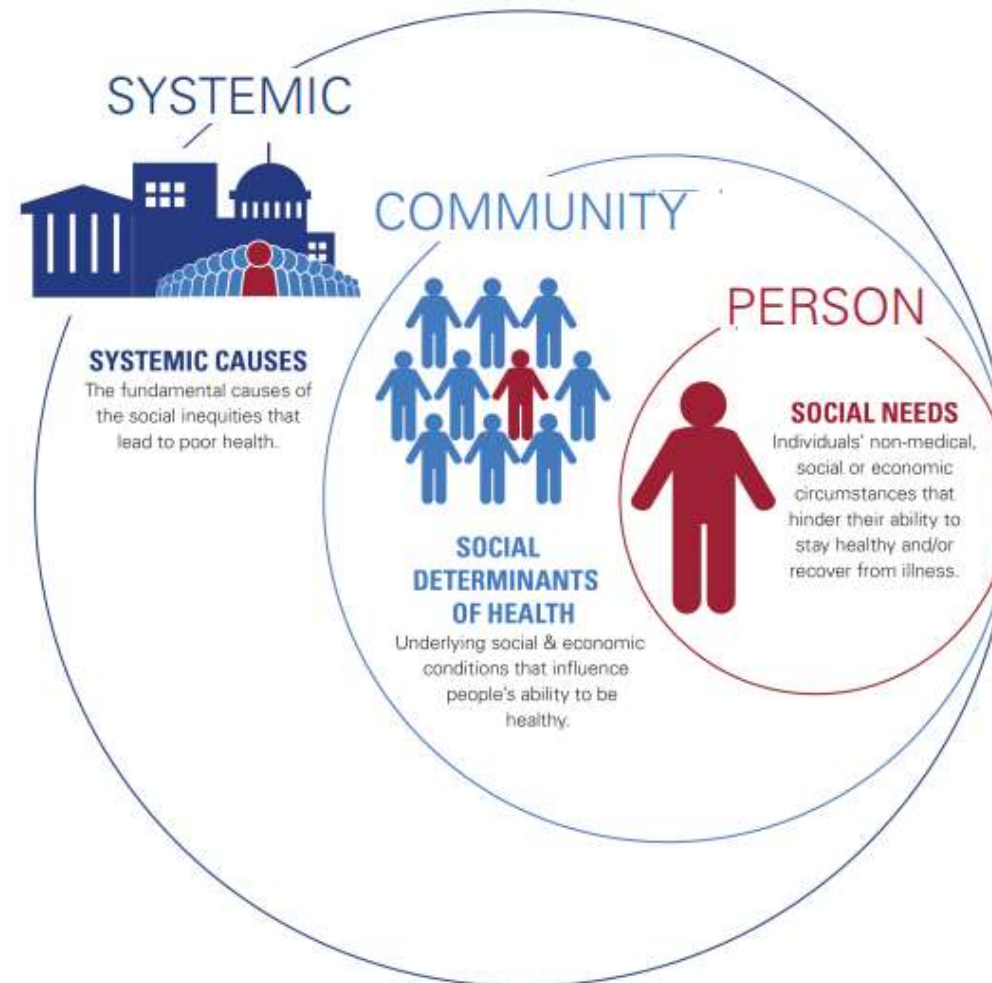


## Social Determinants

Addressing policy, system, and environmental change to create healthy communities:

- Economic stability
- Education access and quality
- Neighborhood and built environment
- Health care access and quality
- Social and community context
- Historical context/trauma
- Racism

# Societal Factors that Influence Health: A Framework for Hospitals



# Role of Health Care Systems in Addressing Social Needs & SDOH

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- Developing and fostering relationships with public health departments and community-based organizations
- Investing in addressing social needs and SDOH
- Screening for social needs and SDOH



# Social Needs Screening

- Universal screenings for social needs
- Identify and address specific, unmet social needs of patients
- Clinical-community linkages and health system referrals
- Proposed CMS rule: FY 2023 Inpatient Prospective Payment System (IPPS) and Long-Term Care Hospital (LTCH) Prospective Payment System (PPS)





**Together, We Can...**

# Thank You

**Centers for Disease Control and Prevention**  
National Center for Chronic Disease Prevention and Health Promotion



The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

