Characteristics of Users and Prescribers of Cyclin-dependent Kinase 4/6 Inhibitors (CDK4/6i) Among Medicare and Non-Medicare Patients with Human Receptor Positive / Human Epidermal Growth Factor 2 Negative (HR+/HER2-) Advanced/ Metastatic Breast Cancer (a/mBC) in the United States (US), 2015-2018

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## Objective

To describe characteristics of female patients with HR+/HER2- Advanced/ Metastatic Breast Cancer (a/mBC) who received CDK4/6i + endocrine therapy (ET) between 2015-2018, across US Medicare and managed care populations, along with characteristics of prescribing oncologists.



## Conclusion

Majority of patients receiving CDK4/6i+ET were managed by providers in high volume practices located in urban/suburban areas. Medicare FFS members receiving CDK4/6i+ET were more commonly treated in hospital clinic setting vs. community setting for managed care members. Additional research is needed to measure the association between insurance coverage, CDK4/6i selection, and patient outcomes.

### Background

- CDK4/6i in combination with hormonal therapies are recommended in the US as 1st line treatment for patients with HR+/HER2- aBC/mBC¹, but little is known about the characteristics of patients receiving CDK therapies and their prescribing physicians.
- A retrospective cohort analysis was conducted to provide a comprehensive real world picture of patient and provider characteristics across multiple payer types in the US.

### **Materials and Methods**

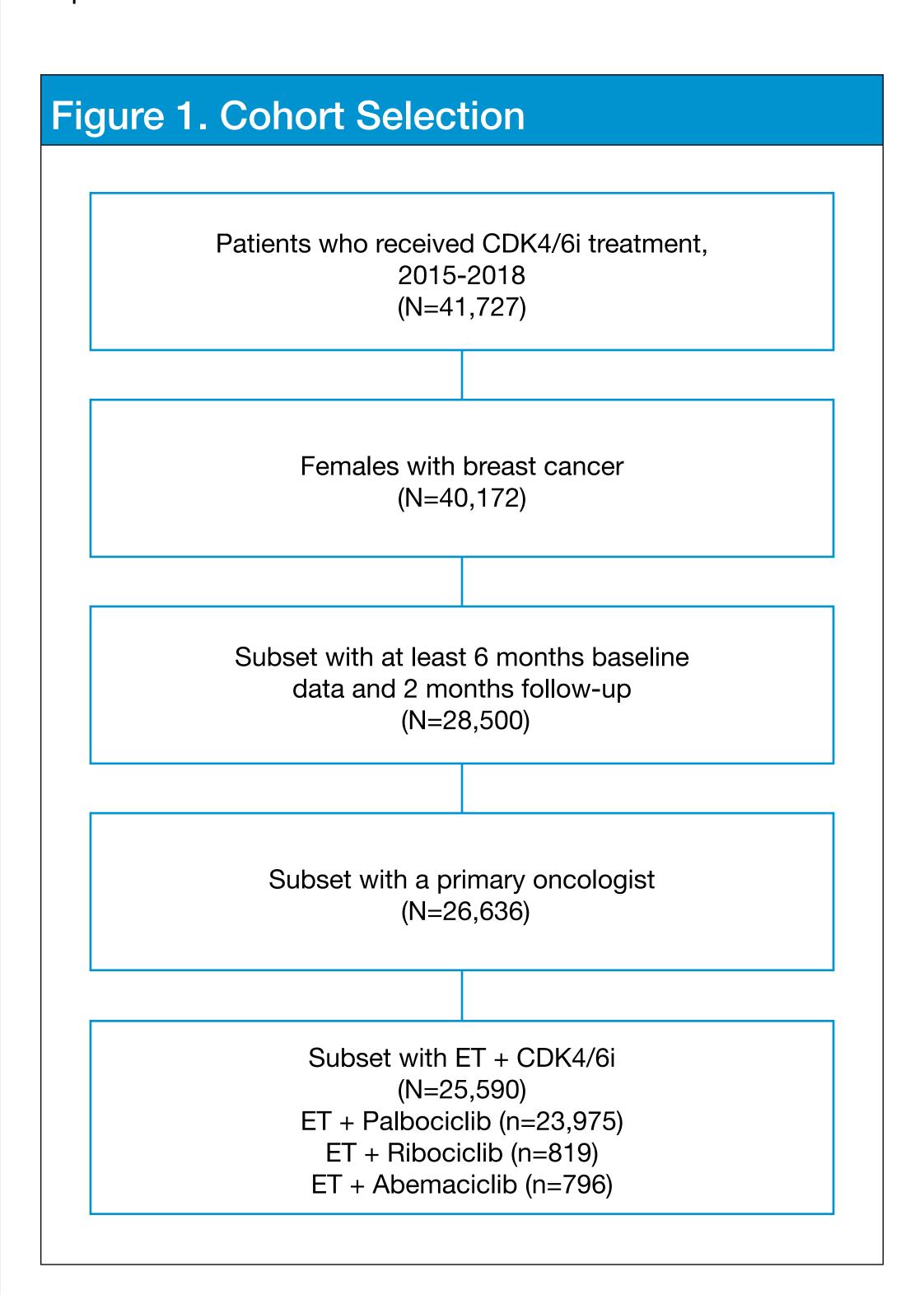
### STUDY DESIGN

- The analysis was conducted using the 100% sample of CMS-sourced Medicare Fee-for-Service (FFS) beneficiaries and a convenience sample of commercially-insured, Medicare Advantage (MA), and Managed Medicaid (MM) plan members from the Inovalon MORE2 Registry®.
- Patient inclusion criteria: diagnosed with a/mBC and treated with a CDK4/6i plus ET anytime between 2015-2018, and ≥6 months of pre/ ≥2 post index health plan enrollment with medical/pharmacy coverage, and mapped to the treating oncologist based on national provider identifiers. Treatment with CDK4/6i plus ET identified using medical and pharmacy claims.
- Baseline characteristics included age, geographic region, and payer type.
- Characteristics of prescribing oncologists included: (1) hospital-based vs. community-based; (2) patient volume during study period (low = < 33rd percentile, medium = 33rd-66th percentile, high > 66th percentile); (3) provider located in metropolitan statistical area (MSA) urban/suburban area vs. non-MSA (rural); (4) socioeconomic status of provider location based on federal poverty limit (FPL) (< 100% FPL, 100-199%, 200-299%, >=300% above FPL); (5) provider years of medical practice (<10, 11- 20, >20 years).
- Descriptive statistics are reported.

## Results

### **COHORT SELECTION**

 A total of 25,590 CDK4/6i users between 2015 - 2018 qualified for analysis (see Figure 1); 23,975 (93.7%) received palbociclib plus ET; remainder received abemaciclib plus ET or ribociclib plus ET



## Figure 2. Distribution of CDK4/6i Users by Community vs Hospital-based Oncologists

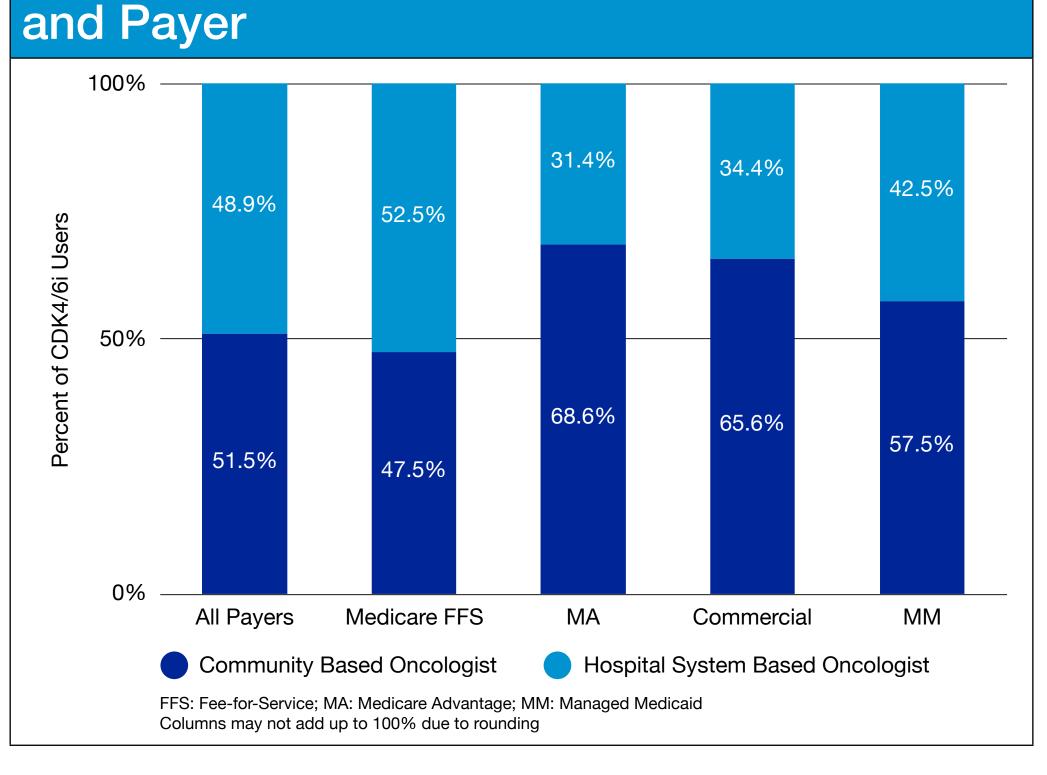
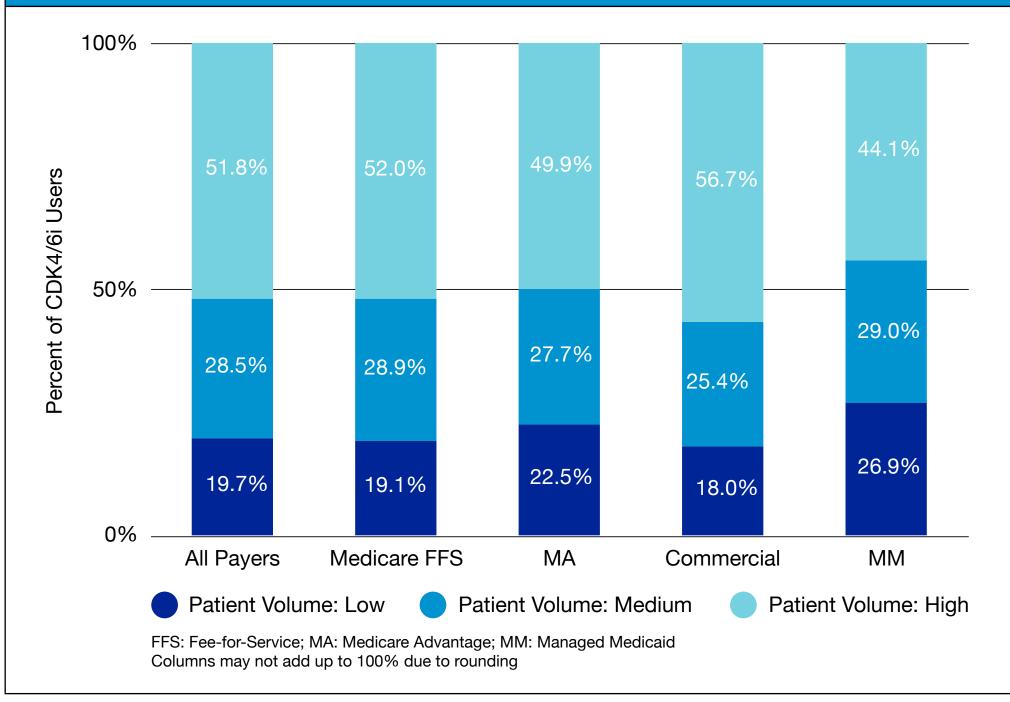


Figure 3. Distribution of CDK4/6i Users by Oncologist Patient Volume during Study Period and Payer



## PATIENT CHARACTERISTICS

• The majority of patients were identified with Medicare FFS coverage (78.2%), the remainder were commercially insured (9.9%), MM (6.4%), and MA (5.5%). CDK4/6i users with Medicare FFS/MA coverage were 14-18 years older than users with commercial or MM coverage (Table 1)

Table 1. Patient Characteristics, by Payer					
Patient Characteristics	All payers (N=25,590)	Medicare FFS (N=20,001)	MA (N=1,410)	Commercial (N=2,544)	MM (N=1,626)
Patient Age					
Mean	69.2	72.1	70.8	55.8	53.8
SD	11.3	9.4	9.2	8.8	9.8
U.S. Census Region					
Northeast	21.3%	21.2%	34.7%	15.4%	19.6%
Midwest	24.2%	23.2%	25.5%	38.9%	11.7%
West	19.2%	18.6%	15.7%	21.0%	27.3%
South	35.0%	36.9%	20.7%	24.8%	40.1%
FFS: Fee-for-Service; MA = Medicare Advantage; MM = Managed Medicaid; SD = standard deviation					

## PROVIDER CHARACTERISTICS

- CDK4/6i users w/ Medicare FFS more commonly treated by hospital-based oncologist whereas non-Medicare population more commonly treated in community setting (Figure 2)
- CDK4/6i most commonly prescribed by high-volume oncologists (Figure 3) with at least 20 years of clinical practice (figure not shown) and located in urban markets above the FPL (Figures 4-5)
- Results were consistent across payer channels

# Figure 4. Distribution of CDK4/6i Users by Oncologist Geographic Location during Study Period and Payer

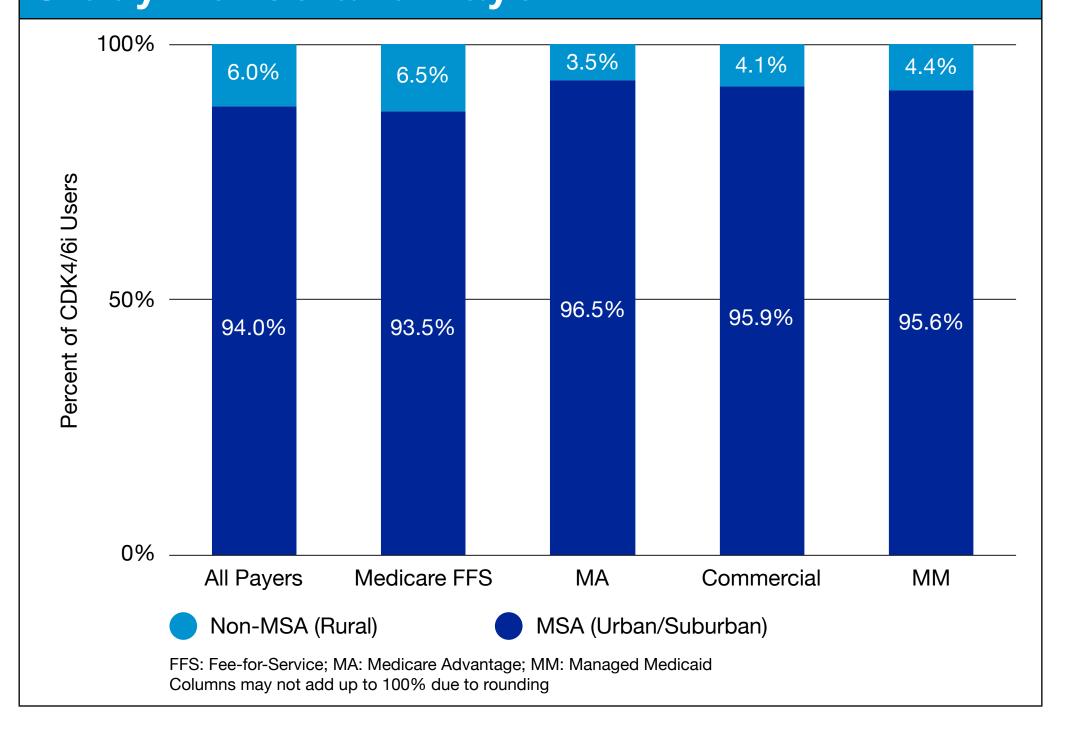
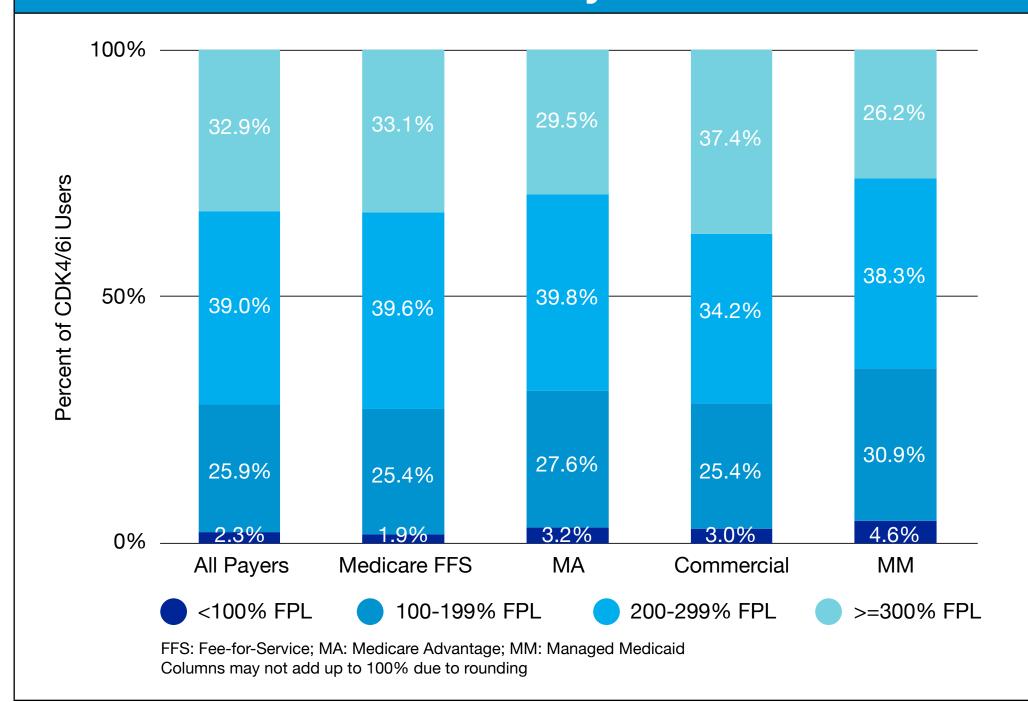


Figure 5. Distribution of CDK4/6i Users by Mean Federal Poverty Level in Oncologist Practice Location and Payer



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References: 1. NCCN Guidelines® for Breast Cancer. Version 3.2019 – September 6, 2019.5.

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