



**PCOR**

Patient-Centered  
Outcomes Research

# Advancing Patient-Centered Outcomes Research through Patient Partnerships

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Value & Evidence

abbvie

# Patient-Centered $\neq$ Patient Engagement

## PATIENT-CENTERED

Broadly means any process, program or decision focused on patients in which patients play an active role as **meaningfully engaged participants**, and the central focus is on optimizing use of patient-provided information.<sup>1</sup>

## PATIENT ENGAGEMENT

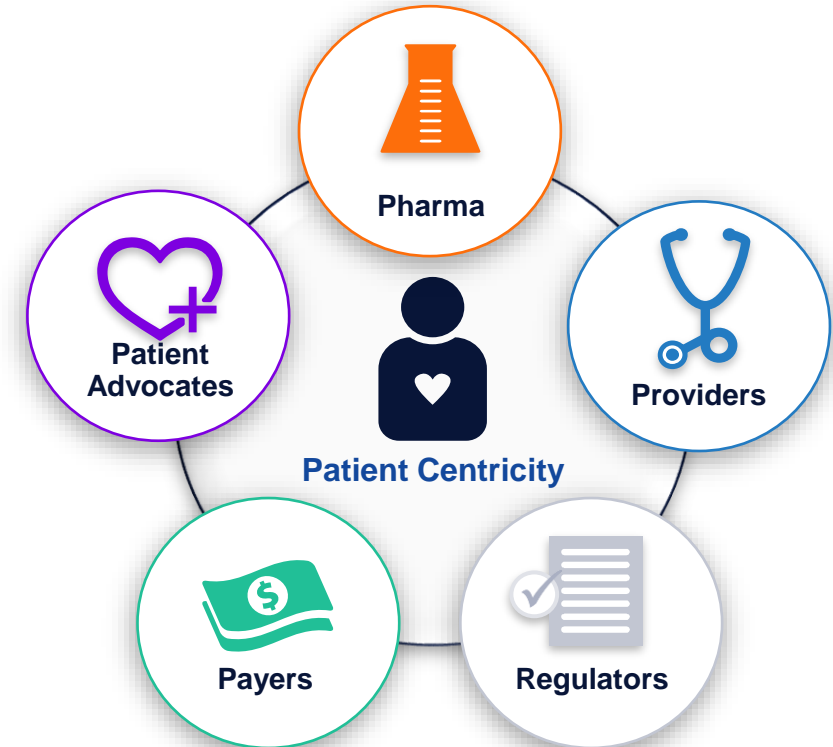
Active, meaningful, authentic, and collaborative interaction between patients and researchers across all stages of the drug development and commercialization process, **where decision-making is guided by patients' contributions as partners, recognizing their unique experiences, values and expertise<sup>2</sup>**

**Patient engagement must be done with patient-centered approach to yield meaningful & reciprocal partnerships that are successful in driving impact for patients**

# Growing Emphasis on Patient-Centricity in Healthcare Ecosystem

## Rapidly Evolving Landscape

- Patients are recognized as the **ultimate decision-makers**
- Regulators are requesting **patient experience data to inform risk-benefit decision-making**
- Payers are demanding **demonstrated value** in cost-constrained environment
- Health care delivery systems are shifting to **value-based outcomes** and pay-for-performance
- **Increasing competition** for innovative drug development with focus on product differentiation



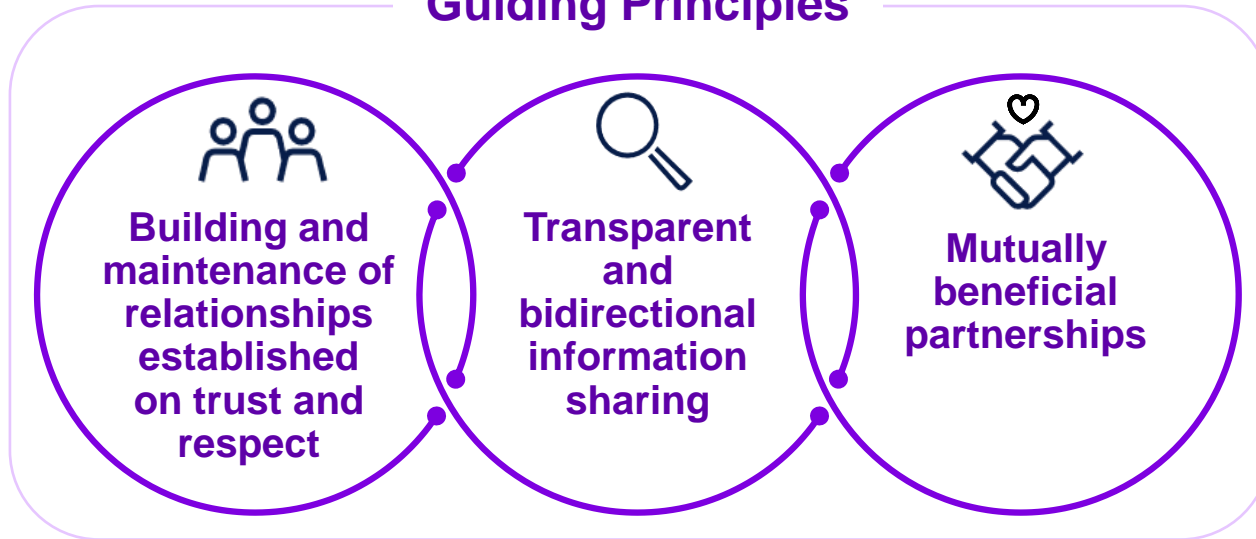
## Aligning Medical Product Development with Patient Needs

Embedding the patient perspective into medical product development **enables comprehensive assessment of unmet needs & treatment benefit to inform healthcare decision-making** across stakeholders

# Patients as Partners in the Drug Development Ecosystem

Evolving the historical model of “Subjects” > “Participants” > “Partners”

## Guiding Principles



## Levels of Engagement



Importantly, *patient engagement* relies on:

People  
+  
Relationships =  
Not one size fits  
all

Relationships require:  
**Time + Effort + Care**  
Possess in finite quantities

openness      understanding  
empathy  
patience      respect      authenticity  
collaboration      honesty

# Initiating Patient Engagement



**What do you want to accomplish with patient engagement?**



**How do I get started and with whom?**



**What considerations should I be mindful of?**



# Potential Goals for Research Partnerships in PED Evidence Generation

## What are you seeking patient engagement/insights for?



### Early Patient Insights

- Understand disease/condition and patient population
- Identify concepts that matter to draft conceptual disease models
- Initial conceptualize of target COA measurement concepts
- Inform study design & protocols for PED research (e.g., interview guides; inclusion/exclusion criteria)

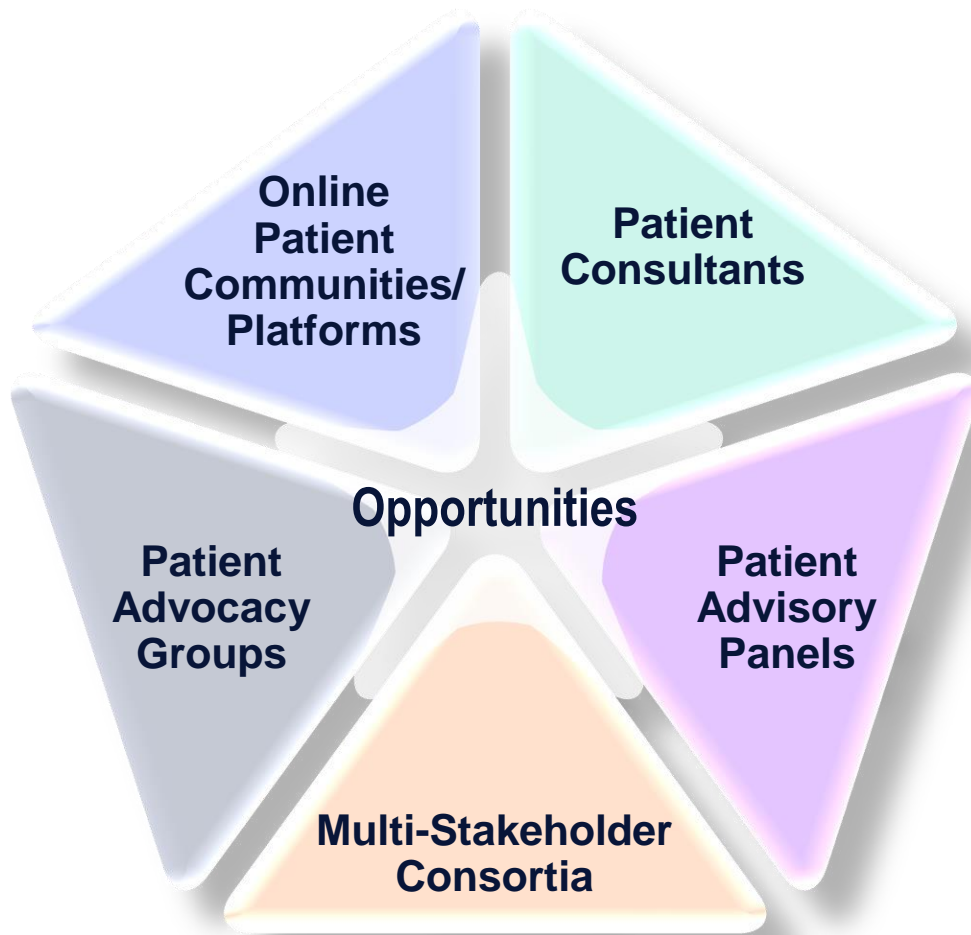


### Patient-Centered Measure & Endpoint Development

- COA development research (e.g., co-creation of study materials; interpretation of results)
- Participation in COA development studies (e.g., CE, CD, exit interviews)
- Core outcome set development
- Recruitment support



# Opportunities for Patient Partnerships in PED Evidence Generation



## Collaborations with Patient Advocacy Groups

- Externally-led PFDD meetings
- Research partnerships and educational opportunities

## Multi-Stakeholder Consortia

- Development of novel COA measures
- Collaborative research to document PED

## Patient Consultants/Patient Advisory Panels

- Input on the concepts that matter most
- Co-creation of trial protocols and PED research protocols and interview guides
- Interpretation of findings

# Incorporating the Patient Voice in Drug Development

Patient engagement enables the identification and elevation of the **concepts that matter** in drug development

2021 & 2023<sup>1</sup>

2022

2022

2022 & 2023<sup>2</sup>

2023

2023

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## Comprehensive Functional Improvements in Migraine

Elevated **Patient Functioning** as Key Differentiator for QULIPTA

**QULIPTA has the power to help patients with migraine do more**

Improvement in function related to daily social and work-related activities, as measured by MSQ-RFR

Higher scores indicate lesser impact of migraine on daily activities, and increases from baseline indicate improvement.

Secondary endpoint: Change from baseline at Week 12 for MSQ-RFR scores<sup>1</sup>

**EPISODIC: +67% QULIPTA 60 mg** (31.3 greater MSQ-RFR score from 46.8 baseline) (n=222; P<0.001) **vs +44% placebo** (20.5 greater MSQ-RFR score from 46.8 baseline) (n=214)<sup>1</sup>

+69% QULIPTA 30 mg (30.5 greater MSQ-RFR score from 44.0 baseline) (n=223; P<0.001)<sup>1</sup>  
+68% QULIPTA 10 mg (30.4 greater MSQ-RFR score from 44.9 baseline) (n=214; P<0.001)<sup>1</sup>

**CHRONIC: +54% QULIPTA 60 mg** (23.3 greater MSQ-RFR score from 43.4 baseline) (n=256; P<0.001) **vs +39% placebo** (17.2 greater MSQ-RFR score from 43.9 baseline) (n=246)<sup>1</sup>



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## CD Abdominal Pain & Stool Frequency

Substantiated SKYRIZI Efficacy in Improving **Patient-Centric Symptoms**

The **FIRST AND ONLY IL-23i** for Crohn's That Can Deliver Both **CLINICAL REMISSION** and **ENDOSCOPIC IMPROVEMENT**

SUZ inhibitor (SUZi) with clinical remission and endoscopic response secondary measures in total at both 12 and 52 weeks.

### RESULTS You Can FEEL

Significant symptom relief as early as 4 weeks, including:

- less abdominal pain
- fewer bowel movements

The majority of people on SKYRIZI achieved **long-lasting remission** at 1 year.<sup>1</sup>

<sup>1</sup>Based on data from the clinical trial.

### And Your Doctor Can SEE

Monitoring endoscopic changes is an important part of managing your Crohn's and reaching your treatment goals. That's because, even if you're feeling better, damaging inflammation may continue to occur in the intestinal lining. Your doctor can see this on an endoscopy.

Endoscopic remission was achieved in **4/10** people on SKYRIZI—meaning little to no visible evidence of active Crohn's at 1 year.<sup>1,2</sup>

<sup>1</sup>Based on data from the clinical trial.

<sup>2</sup>Based on data from the clinical trial.

For more information, visit [www.skyrizi.com](https://www.skyrizi.com) or call 1-800-445-4455.

See your doctor for more information.

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## PsA ClinRO Assessing Fingernail Psoriasis

Differentiated SKYRIZI on Key **Patient-Centric Outcome**



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## UC Abdominal Pain, Urgency & Fatigue

Communicated Treatment Benefits on **Novel Endpoints** with RINVOQ



Once-daily RINVOQ can help people with UC get:

- ✓ **Rapid relief** from UC symptoms\* in as early as 2 weeks  
\*Based on the frequency of bowel movements and the amount of bloody stools.
- ✓ **No bowel urgency and no abdominal pain** in 8 weeks
- ✓ **Steroid-free remission** at 1 year
- ✓ **Visible colon lining repair**<sup>1</sup> even at 1 year  
<sup>1</sup>Areas that were visually assessed may not represent repair of the entire colon lining.

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## Oral Treatment for CD with Fatigue

Elevated Impact of RINVOQ on **Key Patient Symptom**



**RINVOQ is a once-daily pill now approved for Crohn's**

In clinical studies, RINVOQ helped people achieve:

- ✓ **RAPID SYMPTOM RELIEF**, including less abdominal pain and fewer bowel movements in as early as 2 weeks
- ✓ **EARLY REMISSION WITHOUT STEROIDS** at Week 12, and **LASTING STEROID-FREE REMISSION** at 1 year
- ✓ **VISIBLY REDUCED DAMAGE** of the intestinal lining caused by excess inflammation<sup>1</sup>  
<sup>1</sup>Based on endoscopy at 12 weeks and 1 year.
- ✓ **SIGNIFICANTLY REDUCED FATIGUE** at 12 weeks

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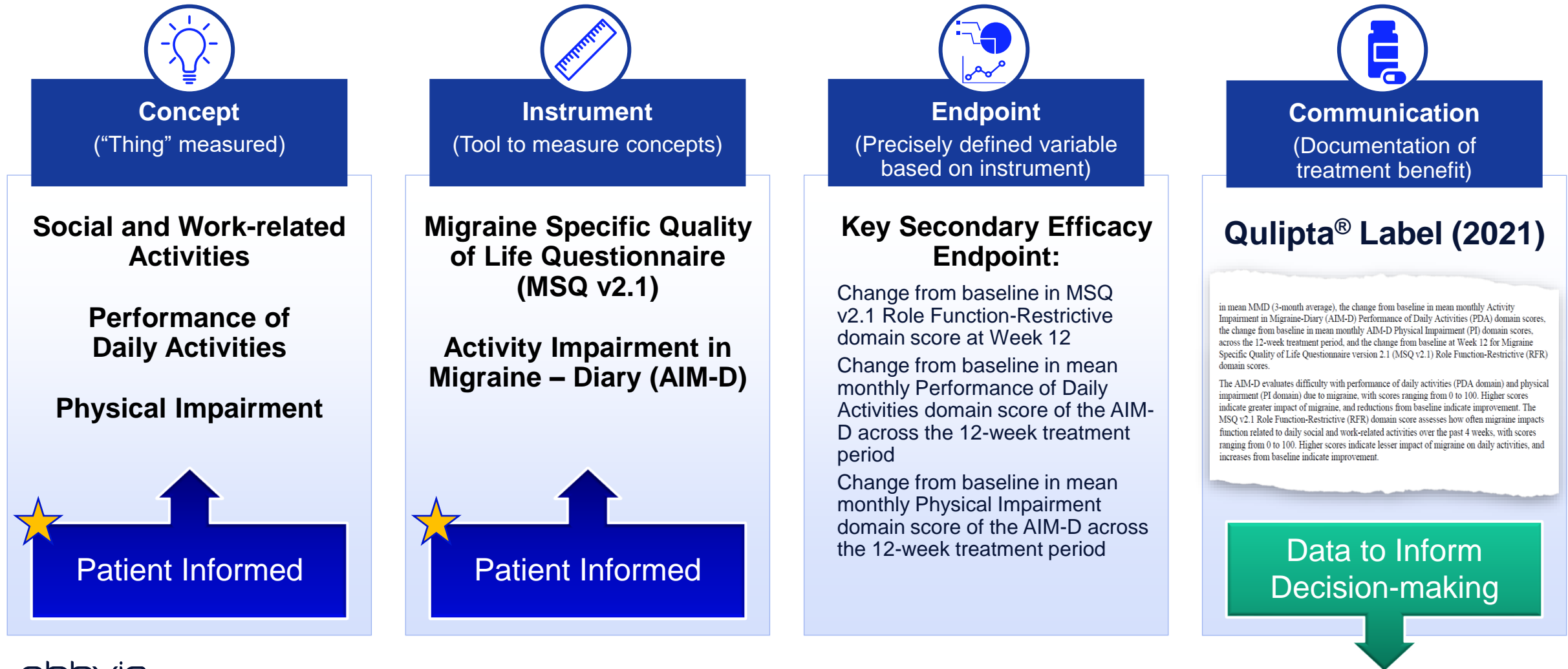
## PRO Endpoints Support Approval for Pediatric FC Patients

Expanded LINZESS Indication to **Pediatric Population**



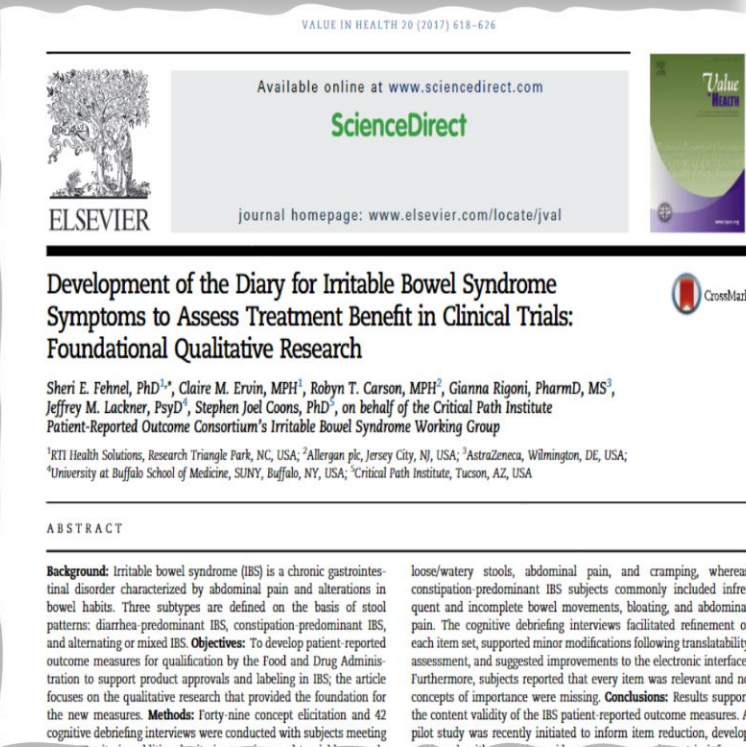


# QULIPTA: Assessing Treatment Benefit on Functional Improvement in Episodic & Chronic Migraine



# Elevating the Patient Perspective in Development of Qualified COA: Critical Path Institute PRO Consortium IBS Working Group

## Elevating the Patient Voice through Identification of Concepts that Matter



## Updated PROs on Label

Trial 6 (NCT03573908) was a randomized, double-blind, placebo-controlled, parallel-group trial that evaluated the safety and efficacy of LINZESS in patients with IBS-C over a 12-week treatment period followed by a 4-week randomized withdrawal period. A total of 614 patients [mean age of 47 years (range 18 to 85 years), 81% female, 63% white, 24% black, and 27% Hispanic] received treatment with LINZESS 290 mcg or placebo once daily and all patients met Rome III criteria for IBS-C.

The efficacy of LINZESS was assessed using a primary endpoint based on the mean abdominal score (composite of abdominal bloating, abdominal discomfort, and abdominal pain) across 12 weeks. The secondary endpoint was a responder analysis based on at least a 2.5-point improvement in the abdominal score from baseline for at least 6 out of 12 weeks. See results in Table 5 and empirical Cumulative Distribution Function (CDF) plot in Figure 1.

Table 5: Efficacy Endpoints in IBS-C Trial 6: Overall Change from Baseline in Abdominal Score and Responder Rates for at Least 6 Out of 12 Weeks

	Trial 6		
	LINZESS 290 mcg (N=306)	Placebo (N=308)	Treatment Difference [95% CI]
Baseline Abdominal Score	6.4	6.5	
Least Squares 12-week Mean Change from Baseline in Abdominal Score*	-1.9	-1.2	-0.7 [-1.0, -0.4]
Abdominal Score 6 of 12-Week Responder**	33.3%	17.9%	15.5% [8.7%, 22.3%]


\* Primary Endpoint, \*\* Secondary Endpoint  
Each abdominal symptom was rated on a 0-to-10-point numeric rating scale where 0=no [symptom] and 10=worst possible [symptom].  
CI = Confidence Interval

## Amplifying the Patient Voice to Communicate Treatment Benefit

- 1 Patient Input for COA Development Activities
- 2 Multi-stakeholder Effort including Patient Advocacy
- 3 Engagement & Alignment with FDA

Diary of IBS Symptoms for Constipation qualified in Dec 2020, measuring key patient-relevant bowel & abdominal symptoms

# Key Takeaways

- 
- ✓ Meaningful patient engagement enhances the relevance & impact of patient-centered outcomes research; patients are the experts in their condition
  - ✓ Direct engagement with patients is necessary to ensure:
    - Treatments that we develop directly address the outcomes that matter most to patients
    - Patient-relevant outcomes data are included as core evidence in regulatory & reimbursement decision-making
    - There is adequate information available for individuals to make informed treatment decisions for themselves & their families
  - ✓ Be intentional & adaptable as every situation is unique