EPH189







# Navigating Methodological Challenges and Informed Consent in Paediatric Unmet Medical Needs Research: a Rapid Literature Review Contact: charlotte.vanisterdael@kuleuven.be

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## Background

Growing importance of unmet medical needs (UMN) in pharmaceutical R&D

Legal basis for informed consent (IC): Clinical trial regulation (Regulation (EU) No 536/2014)

### **Methods**

Rapid literature review following Cochrane guideline on rapid reviews Scientific databases: Pubmed and Embase

Patient centered Supply driven Assent of child Consent by UMN Methodologies healthcare healthcare proxy of ~ age and Unmet needs mental maturity system system parent Paediatric population Blood cancer Eligibility criteria Lack of insight into methodologies for UMN research Investigators lack guidance on how to decide if the in children and related informed consent practices child is mature enough Publication type Higher-income countries **Objectives** Blood cancer in children To study informed consent (IC) models used To investigate methodological challenges 斉 Methodological nature regarding UMN research in paediatric patients in paediatric patients Unmet need assessment **Study participants Descriptive results** Method Nr. of articles 26 Interview

#### Concepts (combined with AND)

Patient +

Parent

Other

After title/abstract screening						parent	
After full text screening	52	Literature review 2		18	17	10	7
		Mixed methods/other 5	studies		Τ/	TO	/

Focus group

Questionnaire

2

16

## Methodological challenges and mitigation

**Difficulties in obtaining an age-representative sample**: majority of participants in adolescent- and young adult (AYA) studies is older than 18 years



Research stage

After de-duplication

After title/abstract screening

#### Limited value of parentproxy alone without



including the patients' view

Include patient with presence of proxy to complement the patients' view

Nr. of articles

2727

111



Increase awareness of situation, for both investigator, patient and parents

## IC models in studies assessing needs of children

patient

<u>IC model</u>			
IC parent	N = 1	N = 11	N = 3
IC parent + assent patient	N = 2	/	N = 1
IC parent + IC patient	N = 4	/	N = 3
IC patient	N = 3	/	/
Not mentioned	N = 5	N = 6	/

Age did not determine the differences in IC models across studies that include the same age groups

## Conclusions



Many researchers still report challenges with conducting research in the pediatric population



There is a lot of variance in IC forms **across** studies involving paediatric patients within the same age ranges



Within a study, a single informed consent model is used, confirming that investigators find it hard to consider the mental maturity of participants

Additional guidance is needed to support researchers in the conduct of studies assessing paediatric unmet needs

- To enhance inclusion of younger participants
- To generate consistency of methodological approaches (including IC)

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## List of abbreviatons

AYA: adolescents and young adults, IC: informed consent, UMN: unmet medical needs