

The impact of high-plex point-of-care diagnostic testing for acute respiratory tract infections in German emergency departments: An early cost-consequence analysis



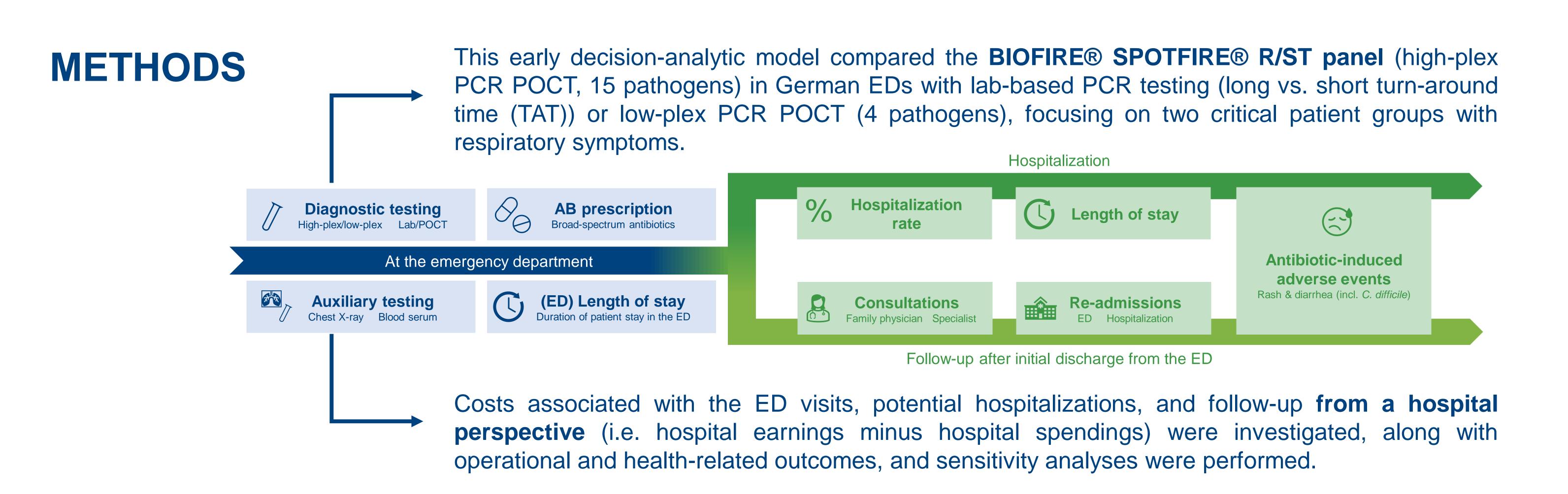
INTRODUCTION



Acute respiratory tract infections (ARTI) can cause serious problems requiring urgent care, especially in vulnerable patients. Emergency departments (EDs) face the challenge of making accurate treatment decisions under time constraints. The absence of comprehensive, rapid and accurate diagnostic tools at the ED can compromise timely and effective patient care, possibly leading to antibiotic misuse and unnecessary hospitalizations.



High-plex polymerase chain reaction (PCR) point-of-care testing (POCT) offers a promising alternative by providing immediate and comprehensive pathogen detection. Our objective was to explore the impact of an innovative high-plex POCT system on cost, operational, and health-related outcomes in the German ED compared to current testing practices.



RESULTS Children< 5 years High-risk adults NET COSTS (+) OR NET SAVINGS (-) Versus lab-based testing with a long TAT (12h+) or **- € 159.2 - € 137.4** High-plex POCT vs. low-plex POCT **low-plex POCT: - € 209.1 - € 197.8** High-plex POCT results in net savings for the High-plex POCT vs. lab-based testing (12h+) hospital. **ANTIBIOTICS PRESCRIPTION RATE (%)** Antibiotic misuse is reduced in high-plex POCT, - 5.1% - 3.5% High-plex POCT vs. low-plex POCT AB-induced consequently reducing adverse events. - 15.0% - 10.2% High-plex POCT vs. lab-based testing (12h+) → Versus lab-based testing with a short TAT (2-3h): REDUCED LENGTH OF STAY ED length of stay is reduced in high-plex POCT, - 67.5 min - 67.5 min High-plex POCT vs. lab-based testing (2-3h) which can impact ED patient flow and operational efficiency.

CONCLUSIONS

Based on our early decision-analytic model, high-plex PCR point-of-care testing for acute respiratory tract infections outperforms low-plex and lab-based PCR alternatives in terms of costs, antibiotic use and/or ED length of stay in the German ED setting for high-risk patients.

- The results of this early health-economic evaluation underscores the value of diagnostic speed and comprehensiveness in highly volatile environments, such as the ED.
- **Real-world data collection** is now required to confirm the potential of immediate and comprehensive diagnostic testing. Based on our findings, it is key that these studies consider the entire patient pathway, during and beyond the ED.



and read our white paper