Comparison of Methods to Estimate Total Person-Time at Risk for Synthesis Studies of Incidence Rates in Observational Data

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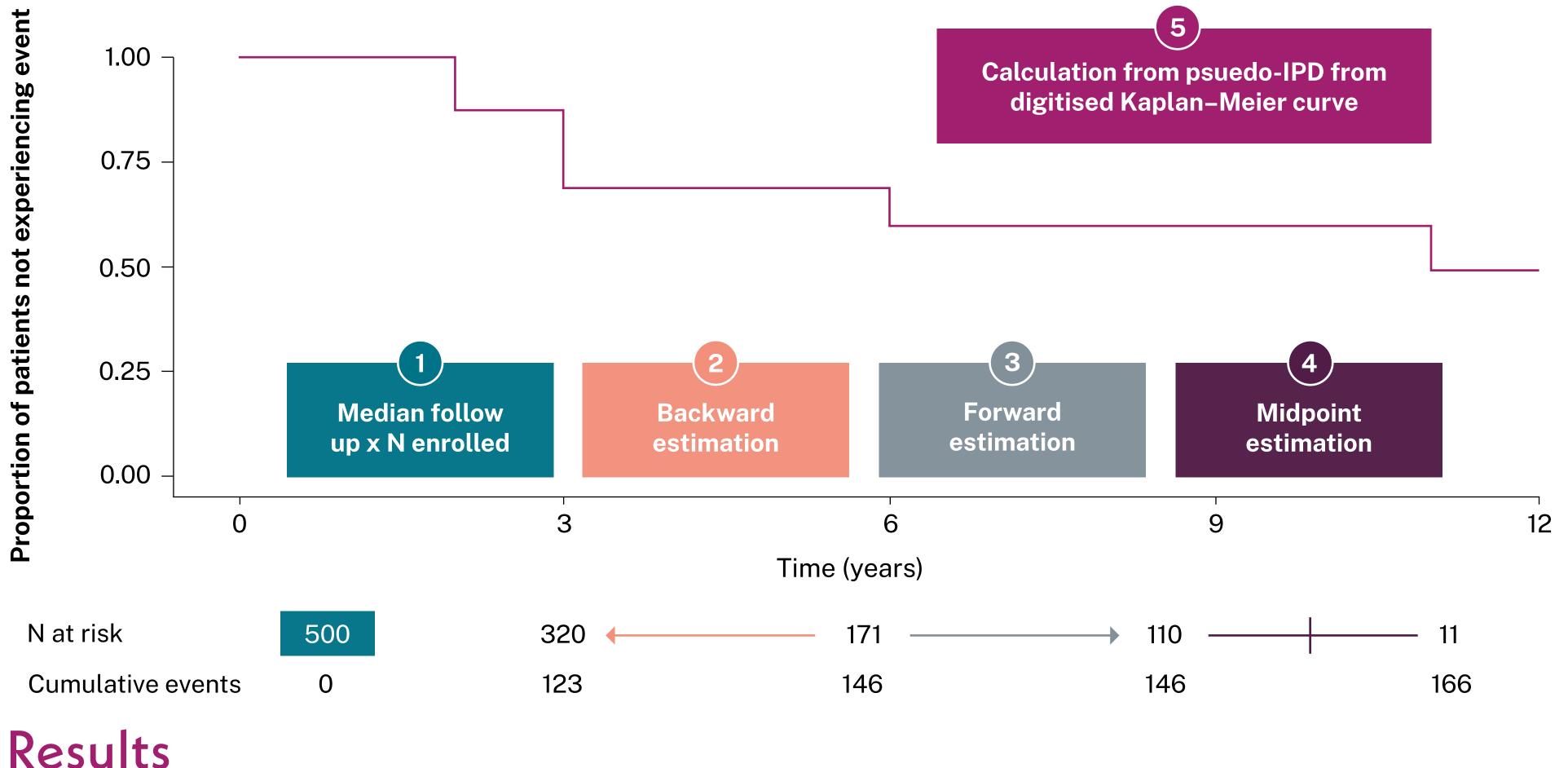
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Objective

- There is no standard recommended method to estimate total person-time at risk, which is required for the meta-analysis of incidence rates.
- Here we compare existing and novel methods to estimate total person-time for observational incidence studies.

FIGURE 1

Diagram of methods used to estimate total person-time



Background

- Synthesis, such as meta-analysis, of event incidence rates from observational studies requires both the number of events and the total person-time at risk.
- Total person-time at risk is the sum of time each patient is followed-up before censoring or an event.
- While total person-time can be calculated from individual participant data (IPD), person-time is frequently unreported for published aggregate data and requires estimation from the more commonly reported mean/median follow-up duration or Kaplan-Meier curves.

Methods

Targeted Literature Search

• Brief targeted literature searches identified incidence studies investigating prostate cancer mortality that fully reported all of Kaplan–Meier curves, number at risk tables, median follow-up duration, and total person-time.

Estimations of Person-Time

- Five methods to estimate total person-time (Figure 1) were compared using these studies:
- Multiplication of median follow-up by the number of patients enrolled.

Targeted Literature Search

- Few studies of prostate cancer mortality reported the required data, highlighting the expected challenges in meta-analysing incidence rates from such studies.
- Three studies reporting the required data with different follow-up durations (14, 25 and 5 years, respectively) were identified and evaluated (Mehtälä [2020], Rompay [2019] and Seraphin [2021]).²⁻⁴

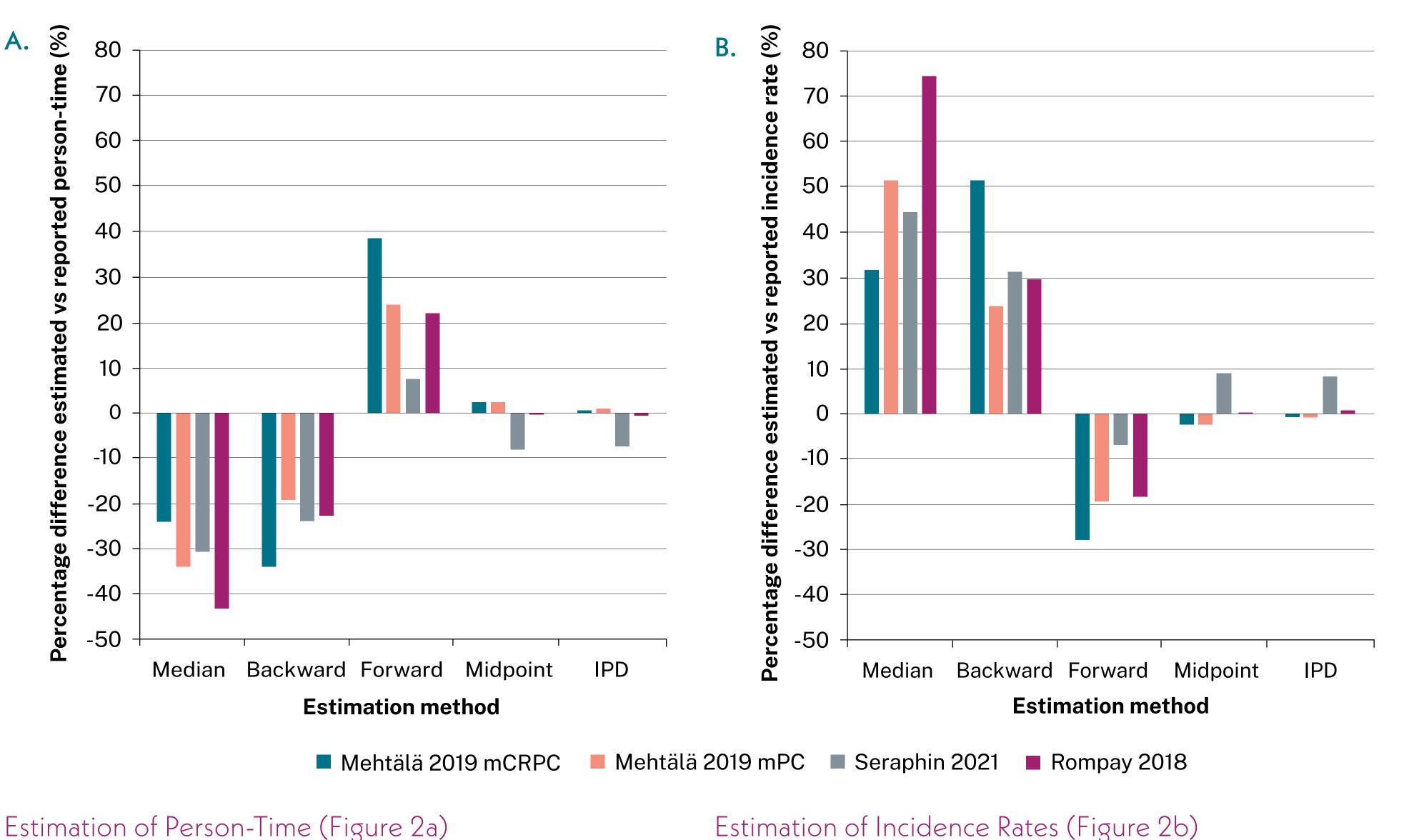
FIGURE 2

Percentage difference of estimated versus reported (A) total person-time and (B) incidence rate

- 2. 'Backward' estimation, whereby the reported number of patients at risk at the end of each interval is multiplied by the duration of the interval, then summed.
- 3. 'Forward' estimation, whereby the reported number of patients at risk at the beginning of each interval is multiplied by the duration of the interval. then summed.
- 4. 'Midpoint' estimation, whereby the reported number of patients at risk in each interval is multiplied by the midpoint between the previous and succeeding timepoints, then summed.
- 5. Calculation from pseudo-IPD reconstructed using the Guyot algorithm on digitised Kaplan–Meier curves.¹

Conclusion

- Midpoint and pseudo-IPD methods gave the closest estimates to the reported person-time and incidence rates, suggesting these are the most appropriate methods where data availability permits.
- Estimation from median follow-up (the most commonly used method) yielded substantial and consistent under-estimates of person-time (therefore inflating incidence rate estimates), likely as this crude method cannot account for complex patterns of loss-to-follow-up.
- This initial research suggests that when estimates of person-time and incidence rates are required (e.g. for



- meta-analysis), estimation from median follow-up is unsuitable or at best with limitation; however, for many studies this may be the only feasible method due to limited data reporting.
- Studies should better report data required for incidence rate meta-analysis. Where data are limited, further research is required to assess whether it would be best to use median follow-up as a unified method across studies so all are similarly biased, or to utilise the most accurate method possible per study.
- Future meta-analyses should acknowledge the potential biases of method choice for estimating person-time and explore these via sensitivity analyses.

- Compared to reported total person-time, median follow-up and backward estimation yielded under-estimates (percentage difference estimated vs reported person-time ranged from -43.23 to -24.07 and -34.04 to -19.17, respectively), while forward estimation yielded over-estimates (range: 7.45 to 38.99).
- Midpoint and pseudo-IPD estimation gave closer estimates to reported person-time (range: -8.19 to 2.47 and -7.70 to 0.83, respectively).
- As expected, methods producing under-estimates of total person-time gave over-estimates of incidence rates, and vice versa.
- Compared to reported incidence rates, estimation from median follow-up and backward estimation yielded over-estimates (percentage difference estimated vs reported incidence rate ranged from 31.69 to 76.15 and 23.71 to 51.62, respectively), while forward estimation yielded under-estimates (range: -28.05 to -6.93).
- Midpoint and pseudo-IPD estimation gave closer estimates to reported incidence rates (range: -2.41 to 8.92 and -0.82 to 8.34, respectively).

Abbreviations: IPD: individual participant data; mPC: metastatic prostate cancer; mCRPC: metastatic castration-resistant prostate cancer.

References: ¹Guyot P. et al. BMC Med Res Methodol 2012;12:9; ²Mehtälä J. et al. PLOS ONE 2020;15(2):e0227552; ³Rompay M. et al. Eur J Cancer 2019;112:118–126; ⁴Seraphin T. et al. Cancer Causes Control 2021;32:1001–1019. Acknowledgements: The authors thank Ben James, Costello Medical, for graphic design assistance.

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