



Evidence-based Recommendations on the Implementation of Shared Decision Making in Multiple Myeloma

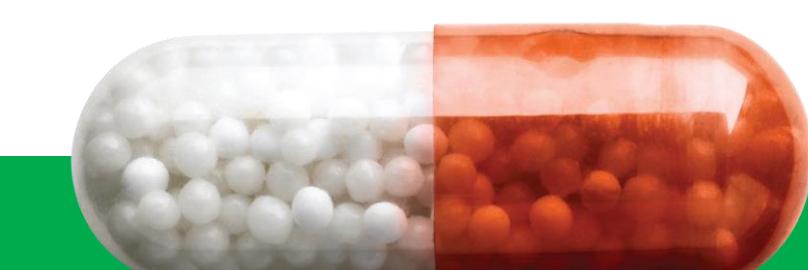
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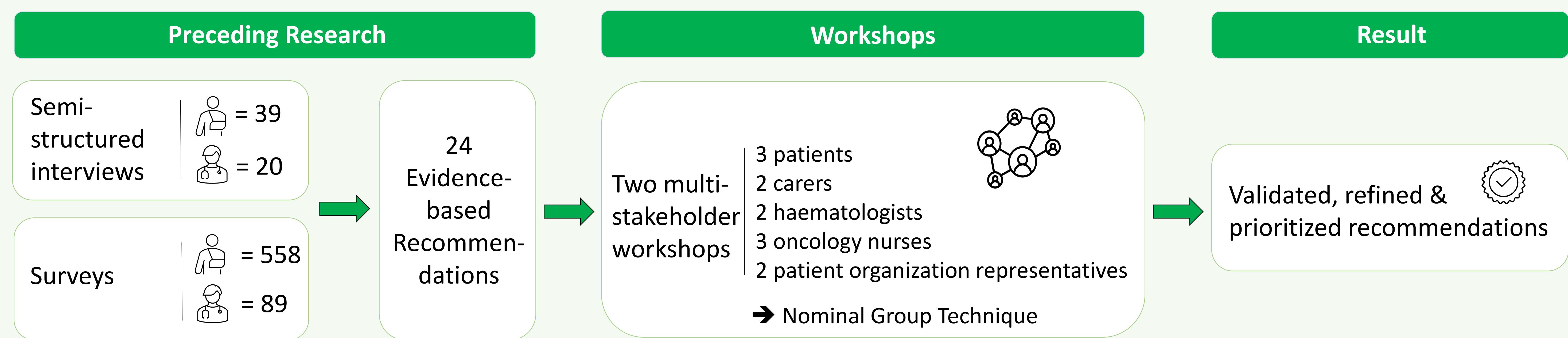
Background

Shared Decision Making (SDM) is vital in oncology, but its **application** in Multiple Myeloma (MM) **clinical practice** is **not well studied** across different countries. We conducted interviews and surveys with patients and healthcare providers (HCPs) to identify **key factors influencing SDM** and **barriers to its effective implementation**. This study offers **actionable solutions** and **recommendations** to enhance SDM integration into MM care.

Objective

To provide evidence-based recommendations to **optimize patient involvement** and **enhance the implementation of SDM** in MM care across Europe.

Methods



Results

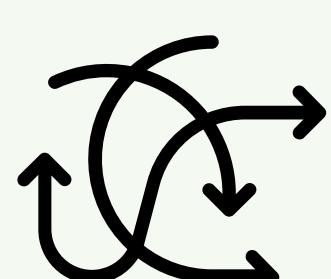
Top 5 Patient & HCP-level*	Score (max. score = 112)**	Top 5 Organizational level*	Score (max. score = 80)**
1 Personalised approach of patient involvement	102	1 Patient empowerment	66
2 Personalised approach of providing information	92	2 Creating awareness	61
3 Patient preparation (for consultations)	83	3 Educational resources	60
4 Shift in mindset of HCPs	66	4 Patient decision aid development	47
5 Shift in patient mindset	60	5 Professional training of HCPs in SDM	42

* Some participants were not present for the entire duration of the workshop, resulting in only 8 participants completing the ranking exercise.

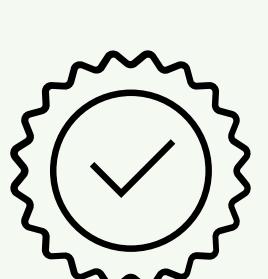
** The maximum score varies between the different levels because there were more recommendations on Patient and HCP-level (14) to rank than on Organizational level (10).

- **Prioritization** of recommendations was perceived as **difficult** by participants
 - General perception of **all** recommendations being **significant**
- Several **influencing factors** on the ranking were mentioned: country, healthcare system, previous experiences
 - Participants based their rankings on **various principles**

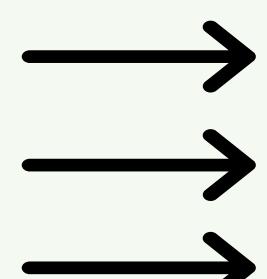
Conclusion



Key challenges in implementing SDM at all levels of MM care



Recommendations coming from this study



Clarity on how to implement SDM and which steps to be taken by relevant stakeholders

Acknowledgments

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Abbreviations

SDM = Shared Decision Making, MM = Multiple Myeloma, HCPs = Healthcare Providers