Are Standard Economic Evaluations Suitable for Evaluating Life-Extending Innovations in Kidney Care?

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INTRODUCTION

The high cost of dialysis, coupled with the diminished patient quality of life, often results in the incremental cost-effectiveness ratio being above countries' willingness-to-pay (WTP) thresholds.

Despite this, the life-saving dialysis treatment remains the standard of care globally, indicating an acceptance of these costs by the society.

OBJECTIVE

This study questions whether standard economic evaluations are suitable for assessing life-extending innovations in dialysis.

METHOD

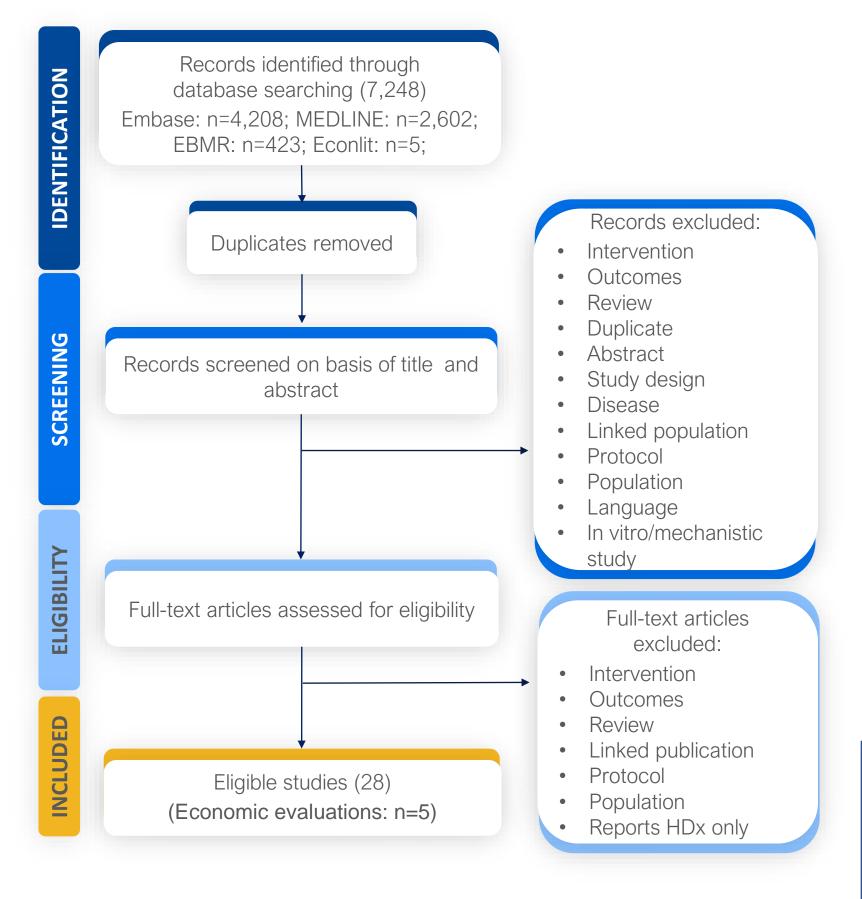
A systematic literature review was performed per the Preferred Reporting Item for Systematic Reviews and Meta-Analyses (PRISMA) guidelines to identify clinical and economic benefits of Hemodiafiltration (HDF) versus Hemodialysis (HD) in in-center patients from 2013 onwards. Databases searched included Embase, MEDLINE, EBM reviews, and EconLit.

Only the economic evaluations identified were analyzed.

Figure 2: COST-EFFECTIVESS PLANES

RESULTS

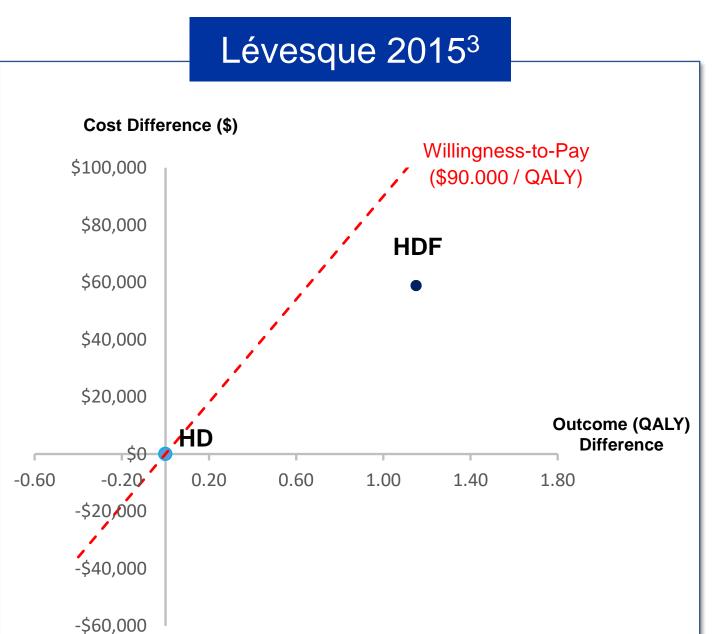
Figure 1: PRISMA FLOW DIAGRAM

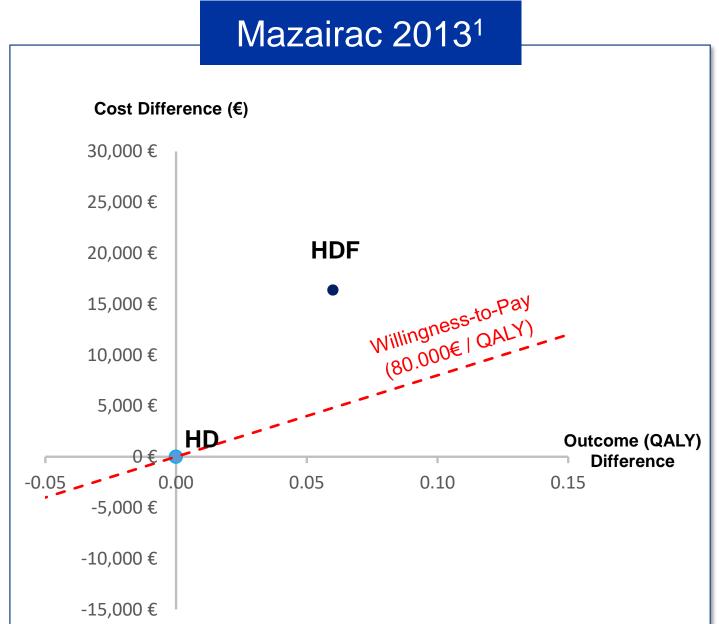


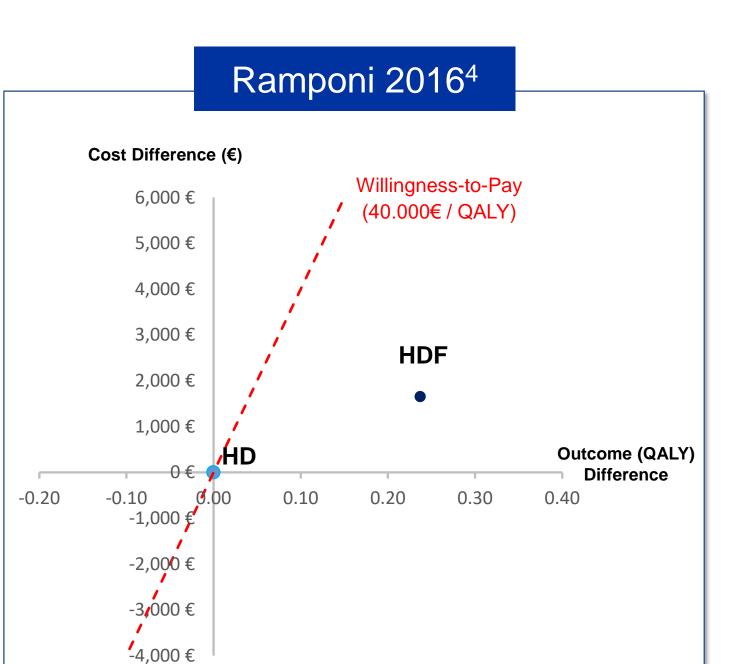
The systematic literature review was able to identify 7,248 publications. Twenty-eight studies were found to be eligible and five economic evaluations were included in this study.

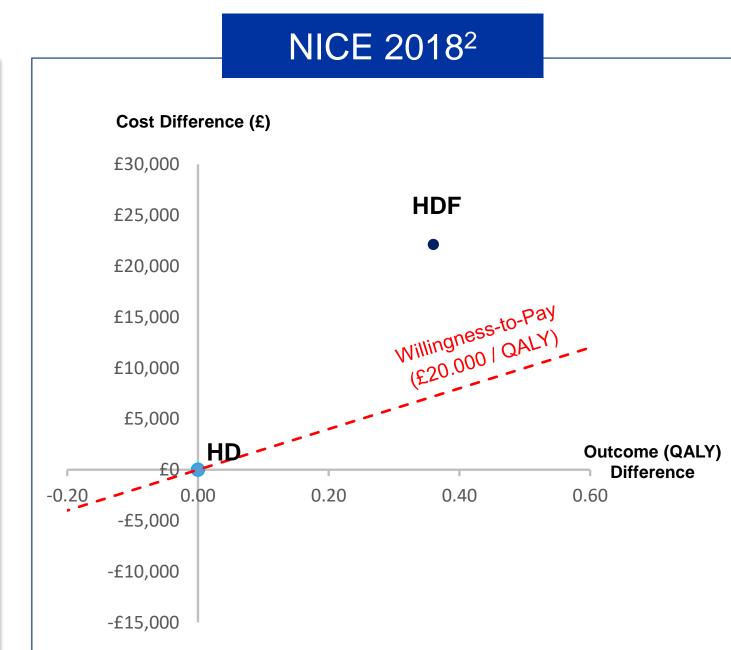
Two studies (1,2) concluded HDF to be not cost-effective. One of these two studies (1) did consider additional lifeyear costs in a secondary analysis; however, the analysis' time-horizon was set to 5 years.

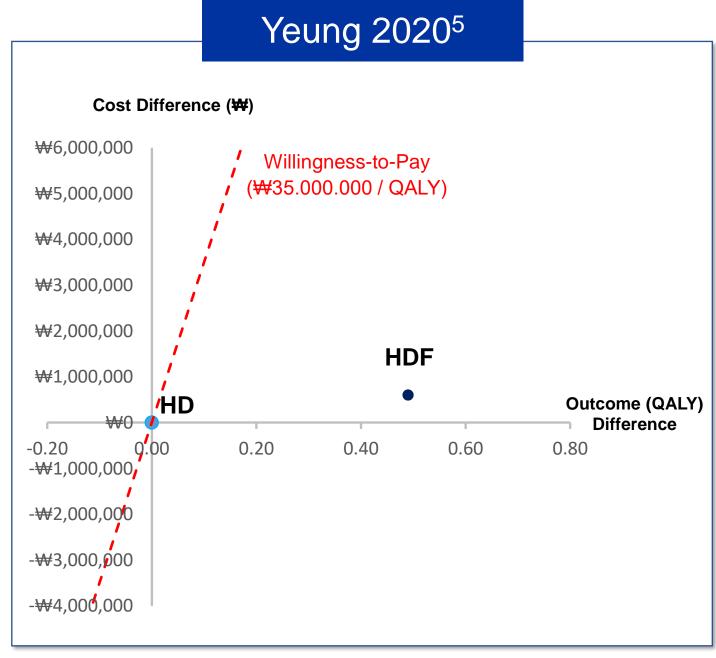
Three studies (3,4,5) found HDF costeffective but only when excluding life extension-related dialysis costs.











CONCLUSIONS

Standard economic evaluations may not be suitable for assessing life-extending innovations in dialysis. Due to the inherently high cost of dialysis, treatments with survival benefits incur significant general dialysis-related costs over the additional life years gained. If these costs are not excluded, such interventions are unlikely to show cost-effectiveness with a lifetime horizon at country-specific WTP thresholds (e.g., UK at £20–30,000).

Since the determination of cost-effectiveness heavily depends on the WTP threshold, the question arises whether the WTP should be increased, or costs excluded from the analysis while keeping the WTP constant.

To incentivize innovation, expanded cost-effectiveness analysis or multi-criteria decision analysis might offer a more comprehensive assessment of high-cost treatments, however more research is needed.

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