

Health Technology Assessment Recommendations for Pharmaceutical Drugs Submitted in Blood Disorders in CDA and INESSS: Focus on Rare Diseases

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INTRODUCTION

- To improve patient equity and access to drugs for rare diseases, the 'National Strategy for Drugs for Rare Diseases (DRDs)' initiative was implemented by the Government of Canada, which is expected to enhance access to existing drugs and new emerging treatments in rare diseases.¹
- As part of the initiatives, CDA has established a non-sponsored review pathway to provide public drug programs with advice on older therapies for rare conditions that were not filed for review by the manufacturer.
- While access to screening and treatments for blood disorders like sickle cell disease have improved, barriers in accessing novel treatments for rare diseases have been a challenge in Canada; in particular, traditional health technology assessment (HTA) processes are often challenged by limitations in clinical evidence and cost-effectiveness associated with DRDs due to small patient populations.²

OBJECTIVES

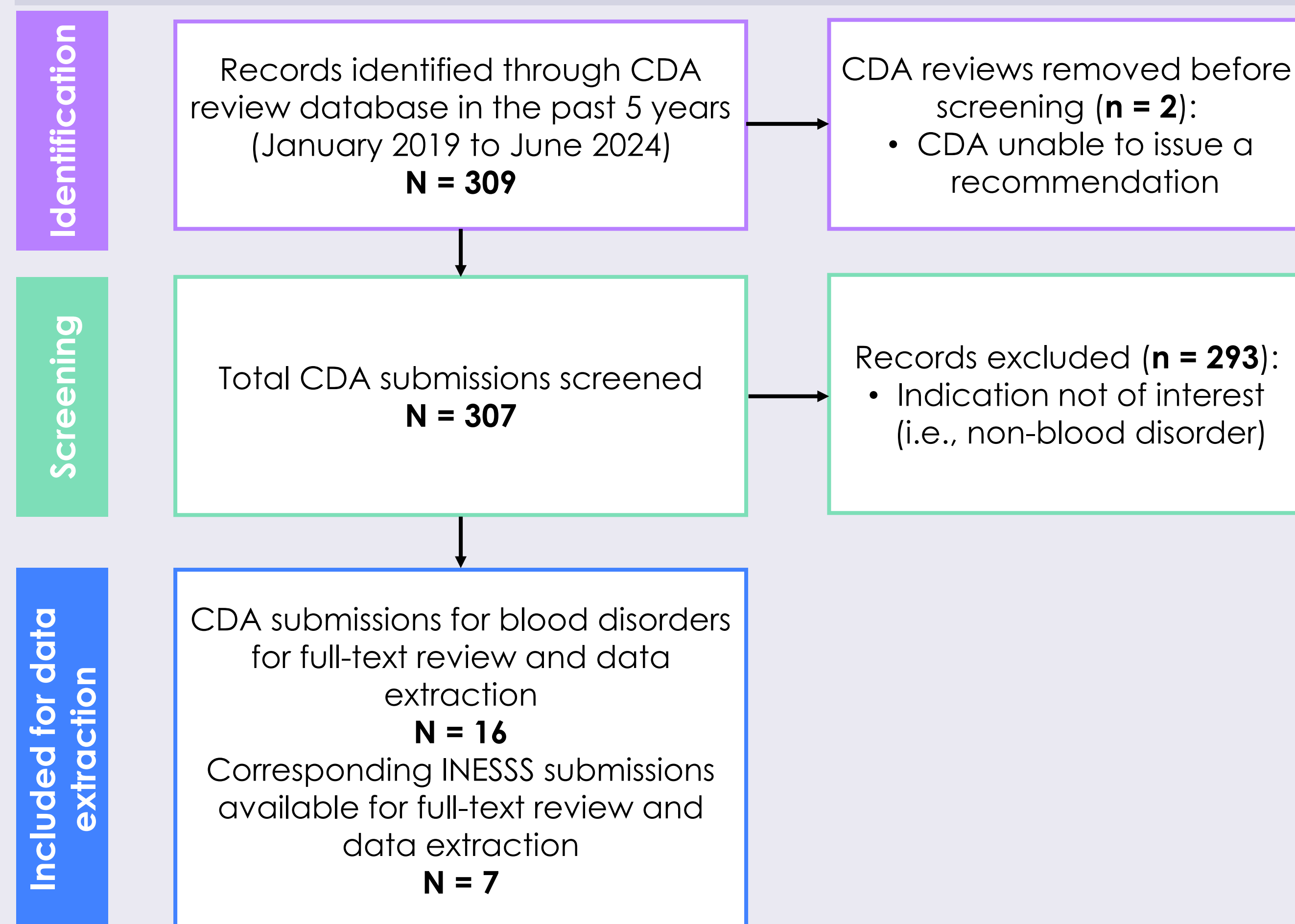
- To gain an understanding of reimbursement decisions in treatments for blood disorders, we reviewed and characterized Canadian HTA submissions with a focus on rare diseases.

METHODS

- Submissions for blood disorder drugs (i.e., non-oncological indications such as bleeding and blood cell disorders), with final recommendations published Jan. 2019 to June 2024 were retrieved from the CDA website.³ CDA final recommendation reports were reviewed by two independent investigators to extract information on:
 - Drug under review (e.g., brand and generic name, indication),
 - Submission details (e.g., submission status, final reimbursement decision),
 - Clinical evidence deliberated by CDA (e.g., details of pivotal trial submitted, indirect treatment comparisons included in submission), and
 - Committee commentaries (e.g., rationale for recommendation).
- The corresponding INESSS recommendation reports for these blood disorder submissions were retrieved from the INESSS website⁴ and reviewed to extract information on the final reimbursement decision by INESSS, the Minister of Health and Social Services' decision for listing the medication for reimbursement, and rationale for recommendation.
 - Any discrepancies between INESSS and CDA reimbursement decisions were noted.

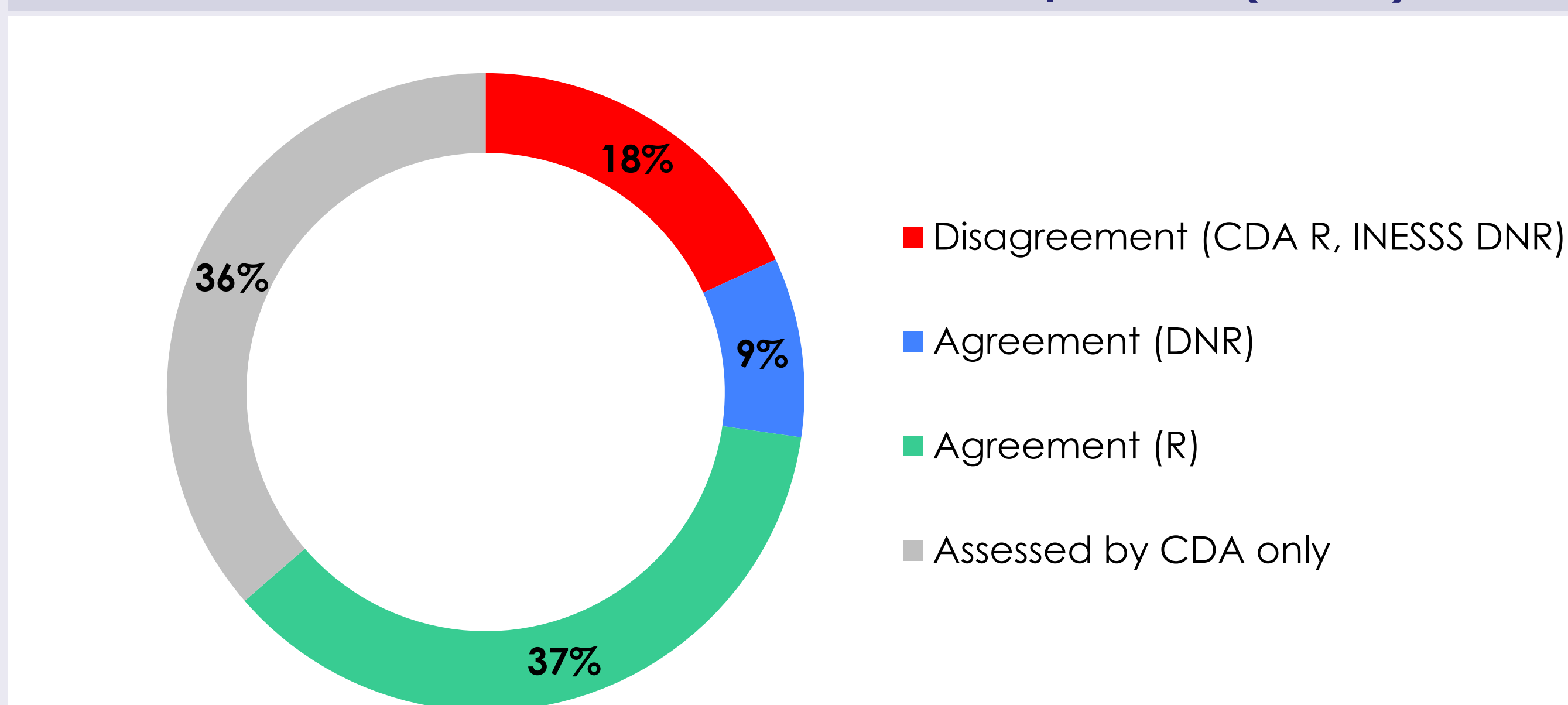
RESULTS

Figure 1. Identification and selection process for inclusion of CDA submissions and corresponding INESSS submissions



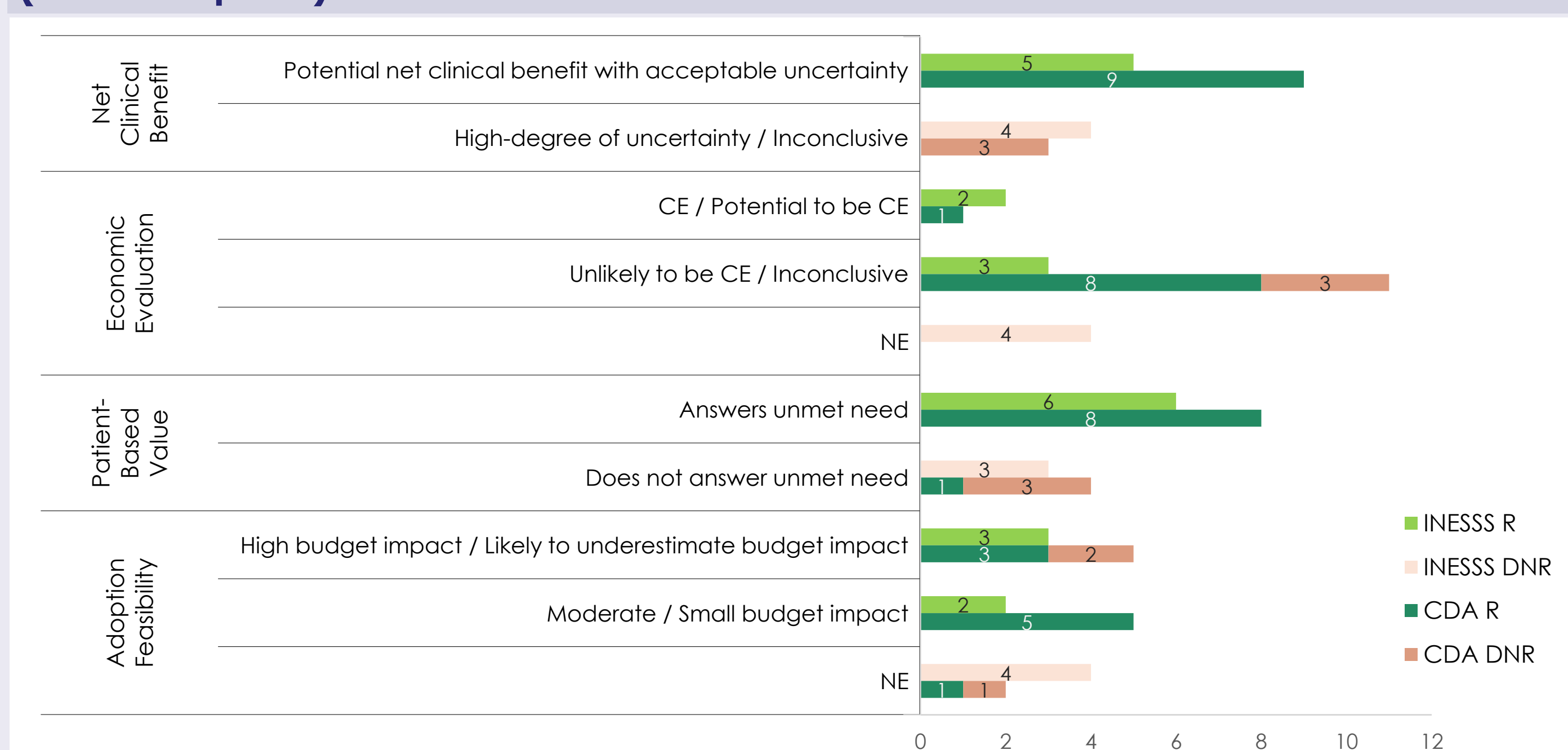
Abbreviations: CDA: Canada's Drug Agency; INESSS: Institut national d'excellence en santé et services sociaux

Figure 2. Agreement and disagreement between CDA and INESSS reimbursement decisions on rare blood disorder products (N = 11)



Abbreviations: CDA: Canada's Drug Agency; DNR: do not reimburse; INESSS: Institut national d'excellence en santé et services sociaux; R: reimburse with conditions

Figure 3. Summary of reasons for CDA/INESSS recommendation and rejection (N = 21 reports)



Abbreviations: CE: cost-effective; CDA: Canada's Drug Agency; DNR: do not reimburse; HE: health economics; INESSS: Institut national d'excellence en santé et services sociaux; NE: not evaluated; R: reimburse with conditions

CONCLUSIONS

- Most therapies assessed for rare blood disorders received positive recommendations from CDA, however, there was moderate agreement in CDA and INESSS decisions.
- Unmet needs and rarity of the conditions were frequently noted in the rationale for positive recommendations by Canadian HTA agencies.
- In contrast with CDA and INESSS, other HTA agencies have specific or modified processes (e.g., NICE, PBAC) that have adopted flexible and pragmatic approaches towards uncertainties around evidence for DRDs.⁵
- Future studies can build on this research by assessing concordance between CDA recommendations and listing decisions of participating drug plans.

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