

Simulation of Long-Term Impact of Bempedoic Acid and Ezetimibe on Atherosclerotic Cardiovascular Disease Outcomes in Europe

Kausik K. Ray,¹ Aurélie Bardet,² Joris Komen,² Na’ngono Manga,³ Sorrel Wolowacz,³ Daniele Bregantini,³ Christian Becker,² and Alberico L. Catapano,⁴ on behalf of the SANTORINI Investigators

¹Imperial Centre for Cardiovascular Disease Prevention, ICTU-Global, Imperial College London, United Kingdom; ²Daiichi Sankyo Europe, Munich, Germany; ³RTI Health Solutions, Manchester, United Kingdom; ⁴Department of Pharmacological and Biomolecular Sciences, University of Milan and MultiMedica IRCCS, Italy

Background

- Elevated low-density lipoprotein cholesterol (LDL-C) is a causal and modifiable risk factor for atherosclerotic cardiovascular disease (ASCVD) events.
- The 2019 European Society of Cardiology and the European Atherosclerosis Society (ESC/EAS) guidelines endorse the use of lipid-lowering combination therapy to achieve recommended LDL-C levels.
- Bempedoic acid (BA; 180 mg) and its fixed-dose combination (FDC) with ezetimibe (EZE; 10 mg) are available in several European countries for patients with inadequate cholesterol control for their level of ASCVD risk based on the LDL-C-lowering efficacy in phase 3 trials.¹⁻⁴

Objective

- To estimate the long-term (over 10 years) reduction in ASCVD events, which is potentially achievable with the additional use of BA-EZE FDC (versus no additional treatment on top of background therapy with/without EZE and/or maximum-tolerated or low-dose statin) in clinical practice in Europe, using Markov model simulation.

Methods

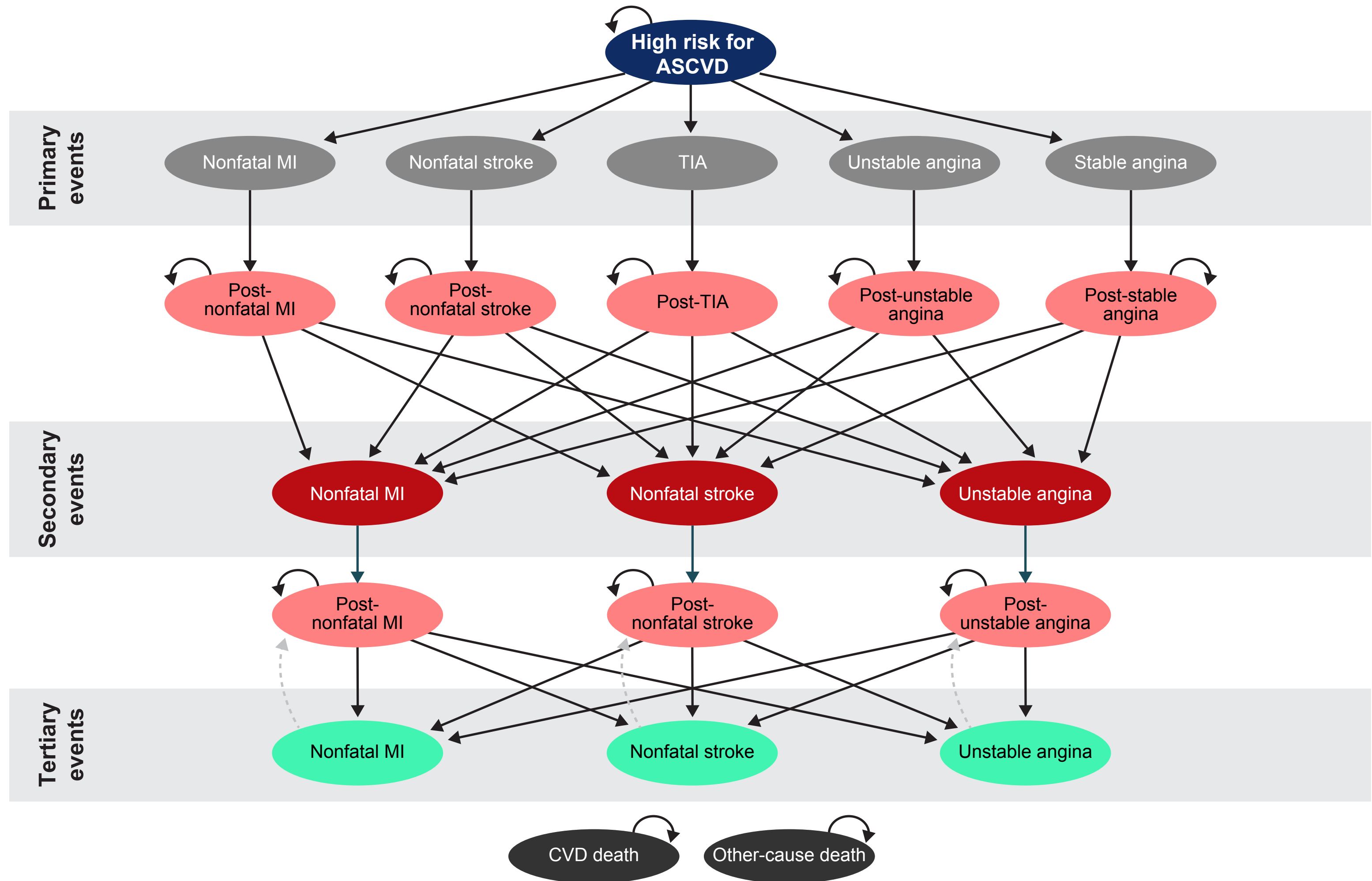
- Baseline LDL-C and other ASCVD risk factors were sourced from observed treatment data with 1-year follow-up in the real-world, observational SANTORINI study (NCT04271280, sponsored by Daiichi Sankyo Europe GmbH)⁵ in patients with hypercholesterolaemia with high/very high ASCVD risk in 14 European countries (Table 1).
- The analysis used a Markov cohort model⁶ (Figure 1) that has been accepted by multiple health technology assessment agencies (e.g., TA694³). The model simulated the natural history of ASCVD events in 4 patient cohorts:
 - Patients with statin intolerance not taking background EZE
 - Patients with statin intolerance taking background EZE
 - Patients on maximum-tolerated statin not taking background EZE
 - Patients on maximum-tolerated statin taking background EZE
- In the model, evidence of LDL-C reduction was drawn from a network meta-analysis that included 5 pivotal BA trials. The LDL-C reduction then was mapped to ASCVD risk reduction using the relationship demonstrated by the widely accepted Cholesterol Treatment Trialists’ Collaboration meta-analysis.⁷⁻⁹ LDL-C reduction with BA-EZE FDC versus EZE plus background therapy was 27.3% in statin-intolerant (SI) patients and 12.4% in patients on maximum-tolerated statin (MTS); versus background therapy without EZE, reduction was 54.1% (SI) and 29.9% (MTS).¹⁰
- The model calculated the expected ASCVD event reduction with BA-EZE FDC for Western Europe overall based on patient characteristics for each treatment cohort from all 14 SANTORINI countries and ESC Atlas prevalence estimates.¹¹

Table 1. Patient Baseline Characteristics for the Pooled 14 SANTORINI Countries Used for the Modelled Population

	Statin intolerant ^a		Maximum-tolerated statin	
	No EZE	With EZE	No EZE	With EZE
Age, mean, years	66.3	66.7	66.5	63.7
Female (%)	37.2	41.3	26.2	25.3
Diabetes (%)	39.3	43.3	41.1	33.5
Heterozygous familial hypercholesterolemia (%)	7.4	8.0	4.4	11.4
Secondary prevention ^b (%)	55.4	72.0	73.9	85.3
Prior unstable angina (%)	7.0	8.0	11.0	13.5
Prior myocardial infarction (%)	21.8	30.7	39.9	53.0
Prior transient ischaemic attack (%)	3.7	7.3	4.6	3.2
Prior ischaemic stroke (%)	4.0	8.0	7.2	5.5
Baseline LDL-C, mean (SD) ^c				
mmol/L	3.23 (0.65)	2.55 (0.51)	2.01 (0.40)	1.77 (0.35)
mg/dL	124.87 (24.97)	98.76 (19.75)	77.59 (15.52)	68.53 (13.71)

SD = standard deviation.
^a Patients on EZE only; patients on low-intensity statin and EZE; patients on no lipid-modifying therapies; patients on low-intensity statin only.
^b Patients with clinically manifest ASCVD, where clinically manifest ASCVD includes: angina pectoris, unstable angina, myocardial infarction, coronary artery bypass grafting, percutaneous transluminal coronary angioplasty, TIA, stroke, carotid artery disease, lower extremity artery disease, retinal vascular disease, abdominal aortic aneurysm, renovascular disease.
^c SD was not used as an input parameter in the model.

Figure 1. Model Diagram



MI = myocardial infarction; TIA = transient ischaemic attack.
Note: Revascularisations were modelled as an event that can occur within any health state.

Results

- The number of people with high/very high ASCVD risk in Western Europe was estimated to be 39,623,567.
- Over 10 years, and when aggregating the results of our 4 analysed patient cohorts, treatment with BA-EZE FDC would potentially avoid an estimated 1,557,087 ASCVD events (39 per 1,000 patients) versus no additional treatment (Table 2 and Table 3), representing a 7.3% reduction in events.
- The simulated reductions were predominantly in myocardial infarction and ASCVD death, with smaller reductions in ischaemic stroke, unstable angina, and revascularisation.

Table 2. 10-year Incidence and Number of Cardiovascular Events With and Without FDC in Western Europe (All 4 Patient Cohorts Combined)

	10-year incidence of CV events (per 1,000 patients)			Number of CV events over 10 years in Western Europe		
	With FDC	Without FDC	Rate ratio	With FDC	Without FDC	Events avoided
Myocardial infarction	94.3	105.6	0.89	3,738,468	4,183,267	444,798
Unstable angina	47.2	52.9	0.89	1,871,762	2,097,782	226,019
Ischaemic stroke	75.9	82.9	0.92	3,005,844	3,284,446	278,602
Transient ischaemic attack	34.0	34.0	1.00	1,348,248	1,346,187	–2,061
Revascularisations	39.8	44.8	0.89	1,578,901	1,775,476	196,575
Cardiovascular death	204.4	214.9	0.95	8,100,403	8,513,557	413,154
Total	495.8	535.1	0.93	19,643,626	21,200,714	1,557,087

Table 3. Number of Events Avoided in Western Europe by Cohort and Overall

	Statin intolerant		Maximum-tolerated statin		All 4 cohorts combined
	No EZE	With EZE	No EZE	With EZE	
Myocardial infarction	79,405	15,569	288,595	61,229	444,798
Unstable angina	38,940	7,842	147,579	31,658	226,019
Ischaemic stroke	49,782	11,398	184,024	33,398	278,602
Transient ischaemic attack	–642	48	–1,241	–226	–2,061
Revascularisations	38,339	6,891	126,479	24,866	196,575
Cardiovascular death	69,184	14,715	276,453	52,802	413,154
Total	275,009	56,464	1,021,888	203,726	1,557,087

Conclusion

Use of BA-EZE FDC with or without statins in the oral lipid-lowering treatment pathway in Western Europe could lead to a substantial 7.3% reduction in the number of ASCVD events over 10 years in patients at high or very high ASCVD risk.

REFERENCES

- Banach M, et al. JAMA Cardiol. 2020 Oct 1;5(10):1124-35.
- HSE. <https://www.hse.ie/eng/about/who/cspd/medicines-management/managed-access-protocols/bempedoic-acid/>.
- NICE. TA694. 2021.
- SMC. <https://scottishmedicines.org.uk/medicines-advice/bempedoic-acid-nilemdo-resub-smc2363/>.
- Ray KK, et al. Eur J Prev Cardiol. 2024 Jun 11:zwae199.
- Aronsson M, et al. Building a cost-effectiveness model framework from a payer’s perspective to assess novel treatments in primary hypercholesterolaemia and mixed dyslipidaemia: challenges in a world of LDL-C lowering. Poster presented at ISPOR Europe 2020. Value Health. 2020 Dec; 23(S2).
- CTTC; Baigent C, et al. Lancet. 2010 Nov 13;376(9753):1670-81.
- CTTC; Sniderman A, et al. J Clin Lipidol. 2012 Jul-Aug;6(4):303-9.
- CTTC; Fulcher J, et al. Lancet. 2015 Apr;385(9976):1397-405.
- Daiichi Sankyo, data on file.
- Atlas. https://eatlas.escardio.org/Data/Cardiovascular-disease-morbidity/hs_prev_cvd_std_100k_t_r-cvd-prevalence-both.

CONTACT INFORMATION

Kausik K. Ray, FMedSci
Email: k.ray@imperial.ac.uk

Imperial Centre for Cardiovascular Disease and Prevention,
Department of Primary Care & Public Health, Imperial College London