

Dupilumab Reduces Systemic Corticosteroid Use in Children With Uncontrolled moderate-to-severe Asthma Regardless of Exacerbation History



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Rationale

- Repeated use of rescue systemic corticosteroids (SCS), both oral or injectable, has long-term adverse effects, particularly as cumulative exposure increases^{1,2}
- There is a need to reduce rescue SCS, especially in pediatric asthma population
- Dupilumab is a fully human monoclonal antibody^{3,4}, that blocks signalling of interleukin (IL)-4 and IL-13, key and central drivers of type 2 inflammation^{5,6}
- VOYAGE, a 52-week randomized, double-blind, placebo-controlled phase 3 study (NCT02948959), evaluated the efficacy and safety of dupilumab in children aged 6 to 11 years with uncontrolled, moderate-to-severe asthma⁷
 - Safety was consistent with the known dupilumab safety profile⁷
- EXCURSION (NCT03560466) was a multinational, open-label, single-arm, 52-week extension study that enrolled children with moderate-to-severe asthma who previously completed VOYAGE

Methods

Study design

- In VOYAGE, children received dupilumab or placebo 100/200 mg every 2 weeks (q2w) by body weight
- In EXCURSION, all children enrolled received dupilumab 100/200 mg q2w or 300 mg every 4 weeks (q4w) by body weight for an additional 52 weeks

Study assessments

- This post hoc analysis included children with moderate-to-severe type 2 asthma (blood eosinophil count ≥ 150 cells/ μ L or fractional exhaled nitric oxide [FeNO] ≥ 20 ppb) who completed VOYAGE and subsequently enrolled in EXCURSION, stratified by number of exacerbations requiring rescue SCS (1 or ≥ 2) in the year prior to VOYAGE

- Unadjusted annualized rate of severe exacerbations (a deterioration of asthma requiring the use of SCS for ≥ 3 days; or hospitalization or emergency room visit because of asthma, requiring SCS) in VOYAGE and in EXCURSION
- Pre-bronchodilator percent predicted forced expiratory volume in 1 second (ppFEV₁) change from VOYAGE baseline over time through EXCURSION Week 52
- Percentage of patients without OCS use throughout VOYAGE and EXCURSION combined

Objective

- This post hoc analysis of VOYAGE and EXCURSION evaluated the long-term efficacy of dupilumab in reducing rescue SCS exposure in children aged 6 to 11 years with moderate-to-severe uncontrolled asthma

Conclusion

- In VOYAGE and EXCURSION, dupilumab reduces rescue SCS exposure in children with uncontrolled, moderate-to-severe type 2 asthma as a result of reducing severe exacerbations, while improving lung function regardless of the number of prior severe exacerbations

Results

Figure 2. Dupilumab improved pre-bronchodilator ppFEV₁ in children with moderate-to-severe type 2 asthma regardless of the number of severe prior exacerbations*.

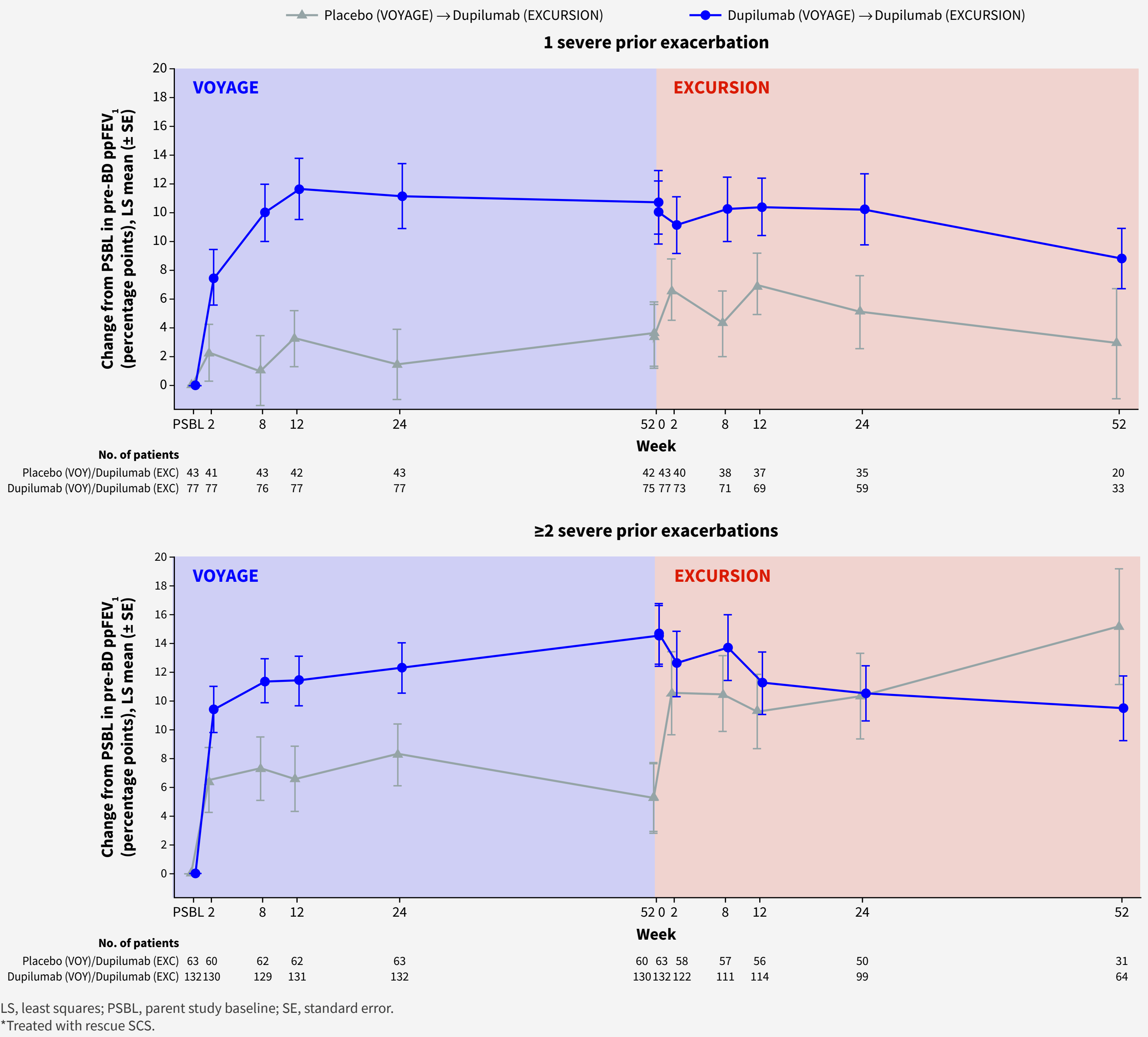


Figure 1. Dupilumab reduced total rescue SCS courses[†] in children with moderate-to-severe type 2 asthma, regardless of prior exacerbations.

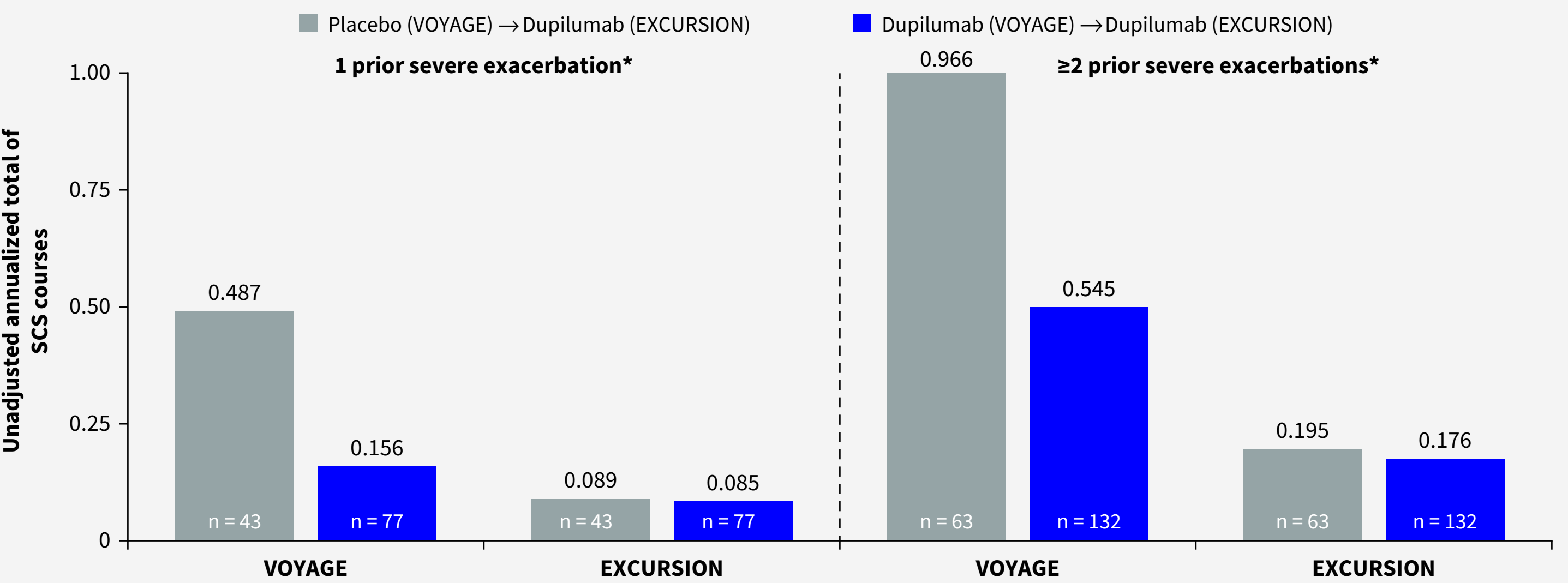


Figure 3. Dupilumab reduced the percentage of patients using oral corticosteroids (OCS) throughout VOYAGE and EXCURSION combined.

