# Dupilumab Reduces Systemic Corticosteroid Use in Children With Uncontrolled moderate-to-severe Asthma

## DUPILUMAB VIII

### Regardless of Exacerbation History

Lawrence D. Sher¹, Francine M. Ducharme², Eckard Hamelmann³, Ines de Mir⁴, Changming Xia⁵, Rebecca Gall⁵, Olivier Ledanois⁶, Juby A. Jacob-Nara⁶, Harry Sacks⁵, Paul J. Rowe⁶, Yamo Deniz⁵

¹Peninsula Research Associates, Rolling Hills Estates, CA, USA; ²Departments of Pediatrics and of Social and Preventive Medicine, University of Montreal, Montreal, Canada; ³Department of Pediatrics, Children's Center Bethel, University of Bielefeld, Bielefeld, Germany; ⁴Hospital Vall d'Hebron, Barcelona, Spain; ⁵Regeneron Pharmaceuticals, Inc., Tarrytown, NY, USA; ⁶Sanofi, Paris, France; 7Sanofi, Bridgewater, NJ, USA

#### Rationale

- Repeated use of rescue systemic corticosteroids (SCS), both oral or injectable, has long-term adverse effects, particularly as cumulative exposure increases<sup>1,2</sup>
- There is a need to reduce rescue SCS, especially in pediatric asthma population
- Dupilumab is a fully human monoclonal antibody<sup>3,4</sup>, that blocks signalling of interleukin (IL)-4 and IL-13, key and central drivers of type 2 inflammation<sup>5,6</sup>
- VOYAGE, a 52-week randomized, double-blind, placebo-controlled phase 3 study (NCT02948959), evaluated the efficacy and safety of dupilumab in children aged 6 to 11 years with uncontrolled, moderate-to-severe asthma<sup>7</sup>
- Safety was consistent with the known dupilumab safety profile<sup>7</sup>
- EXCURSION (NCT03560466) was a multinational, open-label, single-arm, 52-week extension study that enrolled children with moderate-to-severe asthma who previously completed VOYAGE

#### Methods

#### Study design

- In VOYAGE, children received dupilumab or placebo 100/200 mg every 2 weeks (q2w) by body weight
- In EXCURSION, all children enrolled received dupilumab 100/200 mg q2w or 300 mg every 4 weeks (q4w) by body weight for an additional 52 weeks

#### **Study assessments**

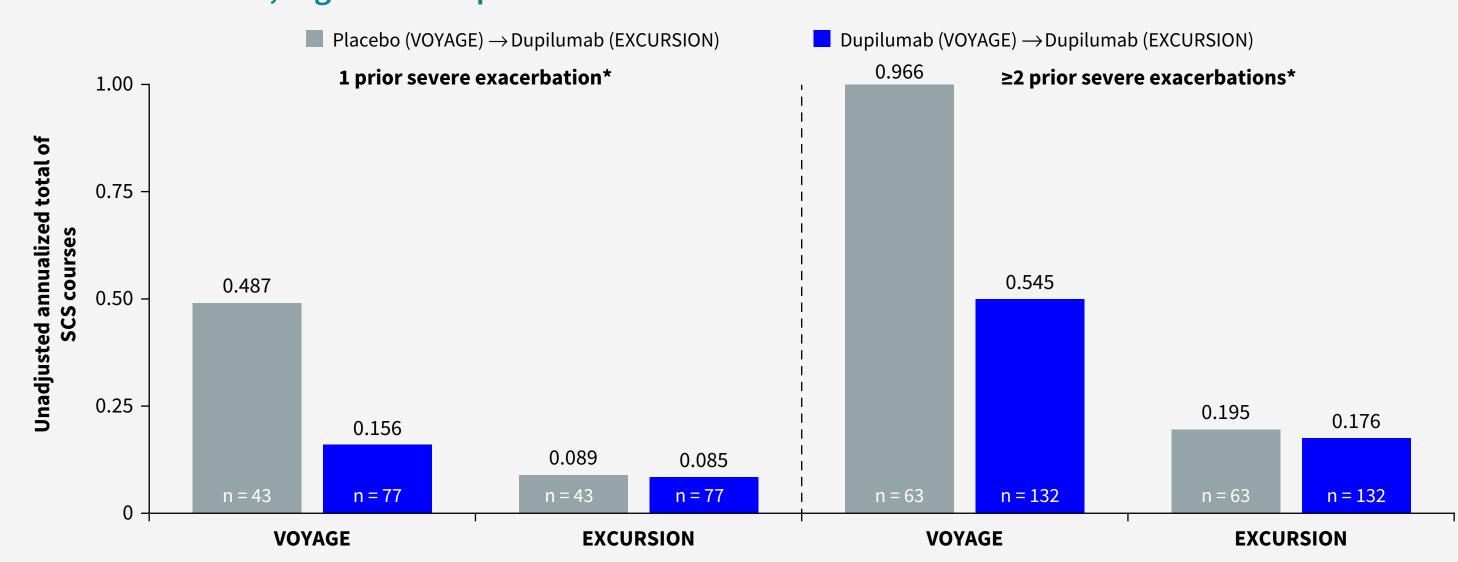
- This post hoc analysis included children with moderate-to-severe type 2 asthma (blood eosinophil count ≥150 cells/µL or fractional exhaled nitric oxide [FeNO] ≥20 ppb) who completed VOYAGE and subsequently enrolled in EXCURSION, stratified by number of exacerbations requiring rescue SCS (1 or ≥2) in the year prior to VOYAGE
- Unadjusted annualized rate of severe exacerbations

   (a deterioration of asthma requiring the use of SCS for ≥3 days;
   or hospitalization or emergency room visit because of asthma,
   requiring SCS) in VOYAGE and in EXCURSION
- Pre-bronchodilator percent predicted forced expiratory volume in 1 second (ppFEV<sub>1</sub>) change from VOYAGE baseline over time through EXCURSION Week 52
- Percentage of patients without OCS use throughout VOYAGE and EXCURSION combined

#### Objective This post hoc analysis of VOYAGE and EXCURSION evaluated the long-term efficacy of dupilumab in reducing rescue SCS exposure in children aged 6 to 11 years with moderate-to-severe uncontrolled asthma Conclusion In VOYAGE and EXCURSION, dupilumab reduces rescue SCS exposure in children with uncontrolled, moderateto-severe type 2 asthma as a result of reducing severe exacerbations, while improving lung function regardless of the number of

Figure 1. Dupilumab reduced total rescue SCS courses<sup>†</sup> in children with moderate-to-severe type 2 asthma, regardless of prior exacerbations.

prior severe exacerbations

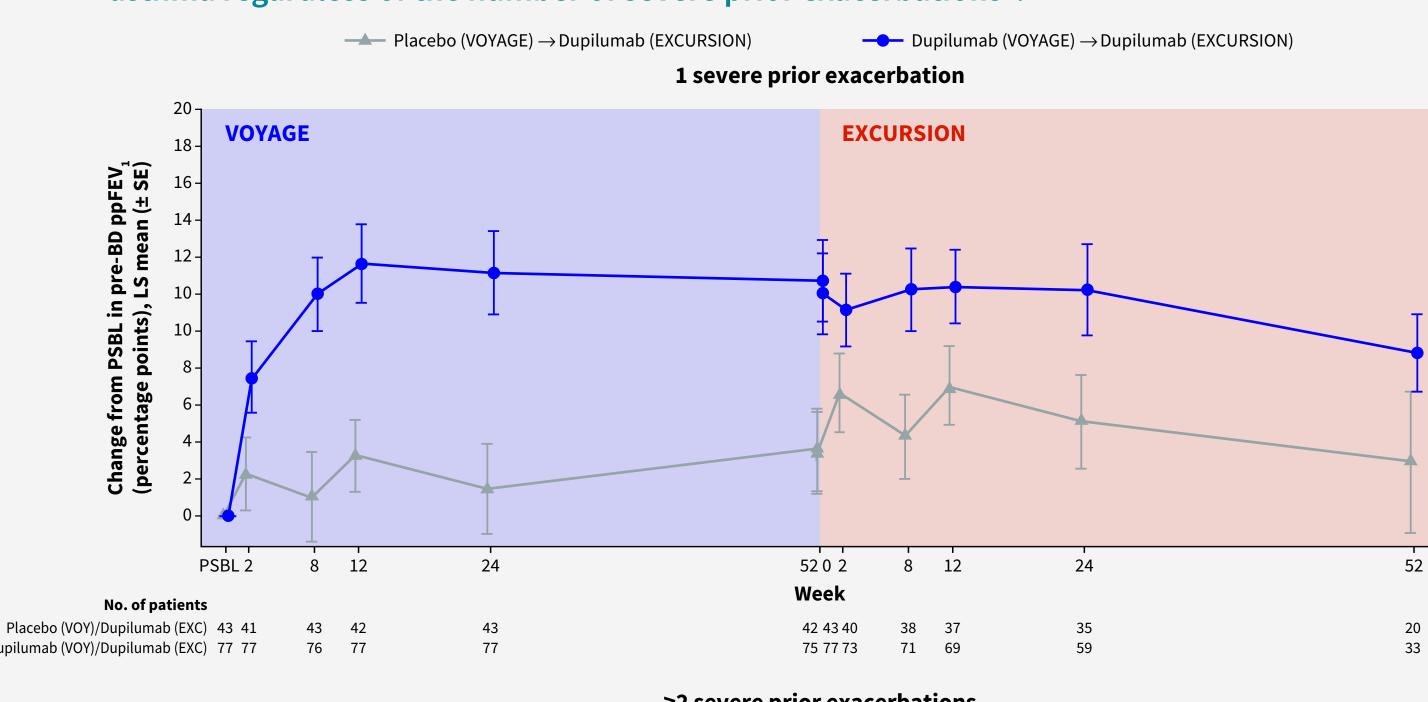


\*Treated with rescue SCS.

†A small percentage of rescue SCS courses recorded during VOYAGE were either (a) administered for less than three days; or (b) given for an indication other than a severe asthma exacerbation.

#### Results

Figure 2. Dupilumab improved pre-bronchodilator ppFEV<sub>1</sub> in children with moderate-to-severe type 2 asthma regardless of the number of severe prior exacerbations\*.



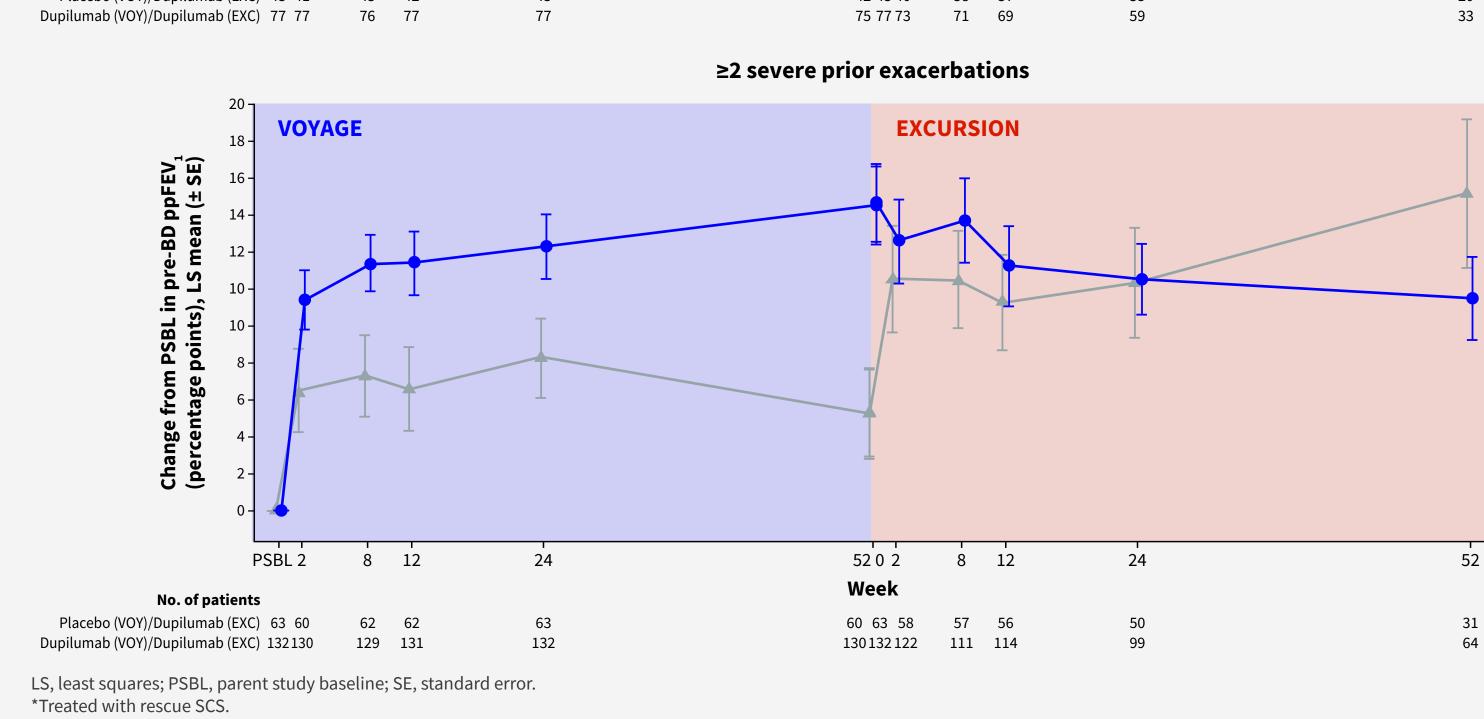
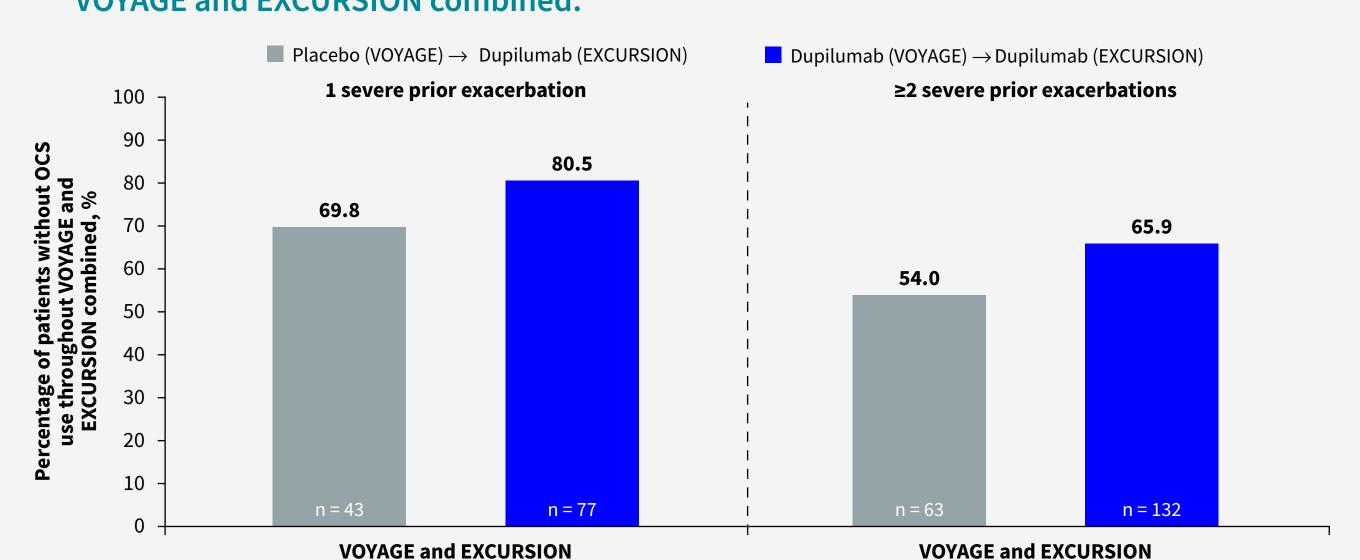


Figure 3. Dupilumab reduced the percentage of patients using oral corticosteroids (OCS) throughout VOYAGE and EXCURSION combined.



References: 1. Seale JP, et al. Med J Aust. 1986;144:139-142. 2. Nesbitt LT. Dermatol Clin. 1995;13:925-939. 3. Macdonald LE, et al. Proc Natl Acad Sci U S A. 2014;111:5147-52. 4. Murphy AJ, et al. Proc Natl Acad Sci U S A. 2014;111:5153-8. 5. Gandhi NA, et al. Expert Rev Clin Immunol. 2017;13:425-37. 6. Le Floc'h A, et al. Allergy. 2020;75:1188-204. 7. Bacharier LB, et al. N Engl J Med. 2021;385:2230-40.

Acknowledgments and funding sources: Research sponsored by Sanofi and Regeneron Pharmaceuticals Inc. ClinicalTrials.gov Identifiers: NCT02948959 and NCT03560466. Medical writing/editorial assistance was provided by Sylvia Nkoula, PhD of Excerpta Medica, and was funded by Sanofi and Regeneron Pharmaceuticals Inc. according to the Good Publication Practice guideline.

Conflicts of interest: Hamelmann E: Aimmune Therapeutics, ALK, AstraZeneca, Boehringer Ingelheim, GSK, HAL Allergy, Novartis, Nutricia, Sanofi, Stallergenes Greer – speaker, advisory board member. Deschildre A: Aimmune Therapeutics, ALK, AstraZeneca, Boehringer Ingelheim, Chiesi, DBV Technologies, GSK, Nestlé, Novartis, Nutricia, Sanofi, Teva, Zambon – speaker/consulting fees. Ducharme P: Sanofi – advisory board member; AstraZeneca, Covis Pharma, Sanofi, Thorasys – consultant; Covis Pharma, FMOQ, FMSQ, GSK, Sanofi – speaker; Covis Pharma, GSK, Jamieson, Thorasys/MEDTEQ – research grant funding. Sher L: Aimmune Therapeutics, Optinose, Regeneron Pharmaceuticals Inc., Sanofi – speaker fees; Aimmune Therapeutics, Amgen, AstraZeneca, Circassia, DBV Technologies, Galderma, GSK, Lupin, Merck, Mylan, Novartis, Novo Nordisk, Optinose, Pearl Pharmaceuticals, Pfizer, Pulmagen, Roxane, Sanofi, Spirometrix, Teva, Vectura, Watson Pharmaceuticals Incide trials funding. de Mir I: GSK – personal fees for lectures and boards; Novartis – conference registration and travel fees; Aldo-Unión – conference registration fees. Ledanois O, Jacob-Nara JA, Rowe PJ: Sanofi – employees, may hold stock and/or stock options in the company. Sacks H: Regeneron Pharmaceuticals Inc., – employees and shareholders.

