Porta C¹, Pradelli L¹, Pinciroli M², Monterosso F², Houshmand H²



A Cost-Impact Analysis of a Novel Diagnostic Test to Assess Community-Acquired Pneumonia Etiology in the Emergency Departments: a French Perspective

¹AdRes HE&OR, Turin, Italy, ²DiaSorin SpA, Saluggia, Italy

Objective

Community-Acquired Pneumonia (CAP) is one of the leading causes of mortality worldwide [1].

The identification of the etiologic agent poses a major challenge in the management of CAP patients. Early detection of the causative pathogen can mitigate antibiotic overuse and misuse, leading to reduced healthcare costs and curbing the rise of antimicrobial drug resistance [2].

This analysis aims to estimate the clinical and economic impact of a Host-Response Diagnostic Test (HRDT), able to differentiate bacterial from viral pathogens in CAP patients presenting to the Emergency Department (ED) in France.

Methods

A literature-based cost-impact model was adapted to the French context to evaluate the financial consequences of the introduction of HRDT into the Standard of Care (SOC) diagnostic process [3,4].

- Clinical and economic outcomes associated with treatment guided by SOC and treatment guided by SOC+HRDT in CAP patients presenting to the ED were compared.
- > The population was stratified into four groups according to Pneumonia Severity Index (PSI). Clinical outcomes were simulated through a decision tree model, populated with data from literature searches [3,4]. In both arms, patients receive a bacterial or viral diagnosis based on the diagnostic process and, subsequently, they are either admitted to the hospital or treated in the ED. The accuracy of the diagnosis depends upon the sensitivity and specificity of the applied testing strategy.
 - Early and appropriate therapy can improve patients' prognosis, reducing the risk of Adverse Events (AEs) and Clostridium Difficile Infections (CDIs).
- False positives undergo unnecessary antibiotic treatment and false would negatives remain treatment for a longer duration due to their worsening clinical condition.
- Both Third-Party Payers (TPP) and hospital perspectives were considered.
- Unit cost inputs and resource use data, including the mean values of antibiotic (AB) treatment duration and length of stay (LOS), were collected from French national tariffs, institutional data, and published literature (*Table 1*) [5-12].
- > Four scenarios were considered to evaluate HRDT impact, factoring in different drivers (Table 2).

Table 1. Unit costs (€)

Cost item	Value		
Diagnostics & ED visit			
X-Ray	21.28		
CBC	5.20		
Viral PCR	135.00		
ED visit	340.02		
AB treatment			
Outpatient AB / day	1.53		
Inpatient AB / day	26.07		
Hospital			
Ward cost / day	846.15		
CAP / episode	4,029.29		
Inpatient CDI / episode	7,032.42		
Outpatient CDI / episode	3,816.59		

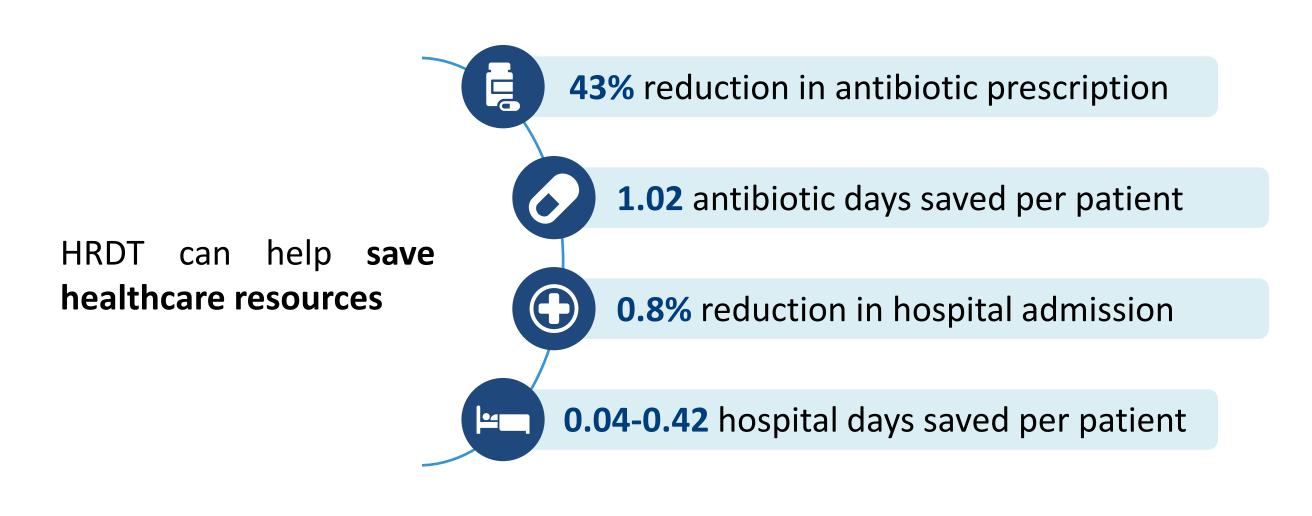
AB cost						
Inpatient and outpa	Inpatient and outpatient antibiotic costs per day were calculated by					
averaging the daily	cost of antibiotics recommended by international					
guidelines [5,11].						
Hospital cost						
Hospital	TPP perspective					
perspective	 Hospital cost per CAP episode was calculated 					
Hospital cost was	by applying the national Diagnosis-Related					
estimated by	Group (DRG) tariffs, adjusted according to the					
multiplying the	number of patient discharges in France.					
LOS by the bed-	 In the case of inpatient CDI, the DRG 					
day cost [12],	associated with the most severe condition was					
factoring in	considered.					
additional	 Cost of outpatient CDI was inferred by 					
hospital days in	applying a weighted average of the DRG tariffs					
case of AE or CDI.	related to gastrointestinal disease.					
	related to gastrollitestillal disease.					

Table 2. Impacts considered in each scenario

Scenario	Antibiotic prescription	Hospital admission	LOS/DRG reallocation*
Main Analysis (MA)	•		
Scenario 1 (S1)	•	•	
Scenario 2 (S2)	•		•
Scenario 3 (S3)	•	•	•

*SOC + HRDT was assumed to decrease the portion of patients allocated to more severe DRG classifications due to less severe patient cases.

Results



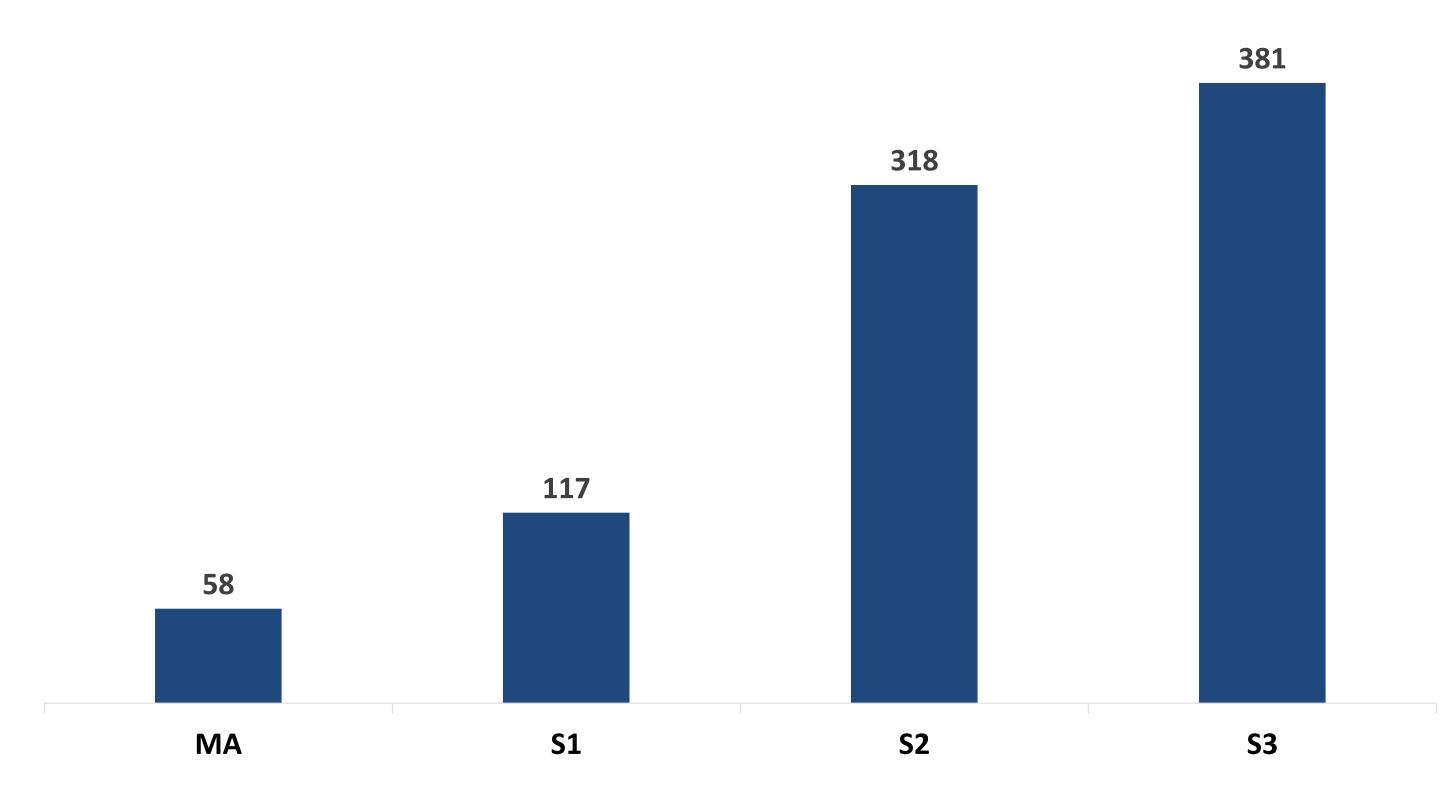
The cost of the hospital stay was the key determinant of results (*Table 3*).

Table 3. Savinas breakdown per patient (€) – Hospital perspective

Tuble 5. Savings breakdown per patient (e) – Hospital perspective							
Cost drivers	MA	S1	S2	S 3			
Inpatient AB	25.6	28.0	25.6	28.0			
Adverse events	1.0	1.1	1.0	1.1			
Inpatient CDI	17.3	19.1	17.3	19.1			
Outpatient CDI	14.0	18.2	14.0	18.2			
Hospital stay	_	50.5	260.2	314.3			
Total savings	57.9	116.9	318.1	380.7			

The adoption of HRDT (omitting its cost) would result in cost savings per patient in the range **€58-€381** for **hospitals**, depending on which of the saving drivers are factored in (*Figure 1*). Considering the TPP perspective, savings per patient would be as follows: €19 (MA), €51 (S1), €92 (S2), and €126 (S3).

Figure 1. Savings per patient across scenarios (€) – Hospital perspective



MA (Main Analysis), S1 (Scenario 1), S2 (Scenario 2), S3 (Scenario 3)

Conclusions

In CAP patients presenting to the ED in France, SOC+HRDT results as a cost-saving alternative for both payers and hospitals, whilst providing substantial clinical benefits.

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