

C0162

MORE Serbia: MOlnupiravir REal world utilization among COVID-19 patients in Serbia

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Background

Molnupiravir (MOV), an oral antiviral treatment against COVID-19 infection, is available in Serbia for treating mild to moderate coronavirus disease 2019 (COVID-19) in adult patients at high risk of progression to severe disease. It is available under an import license which is approved since the end of 2021 following the conclusion of the Government of the Republic of Serbia (CΠ05:00-566/2021). This study describes the patient profile and health care resource utilization of MOV users in a real-world setting in Serbia.

Methods

In this chart review study, non-hospitalized adults (≥18 years) with COVID-19 who were treated with MOV between January 1 to April 30, 2022, were included from six outpatient health centers. Patients’ characteristics at the time of MOV initiation and clinical outcomes within 28 days after MOV initiation were collected.

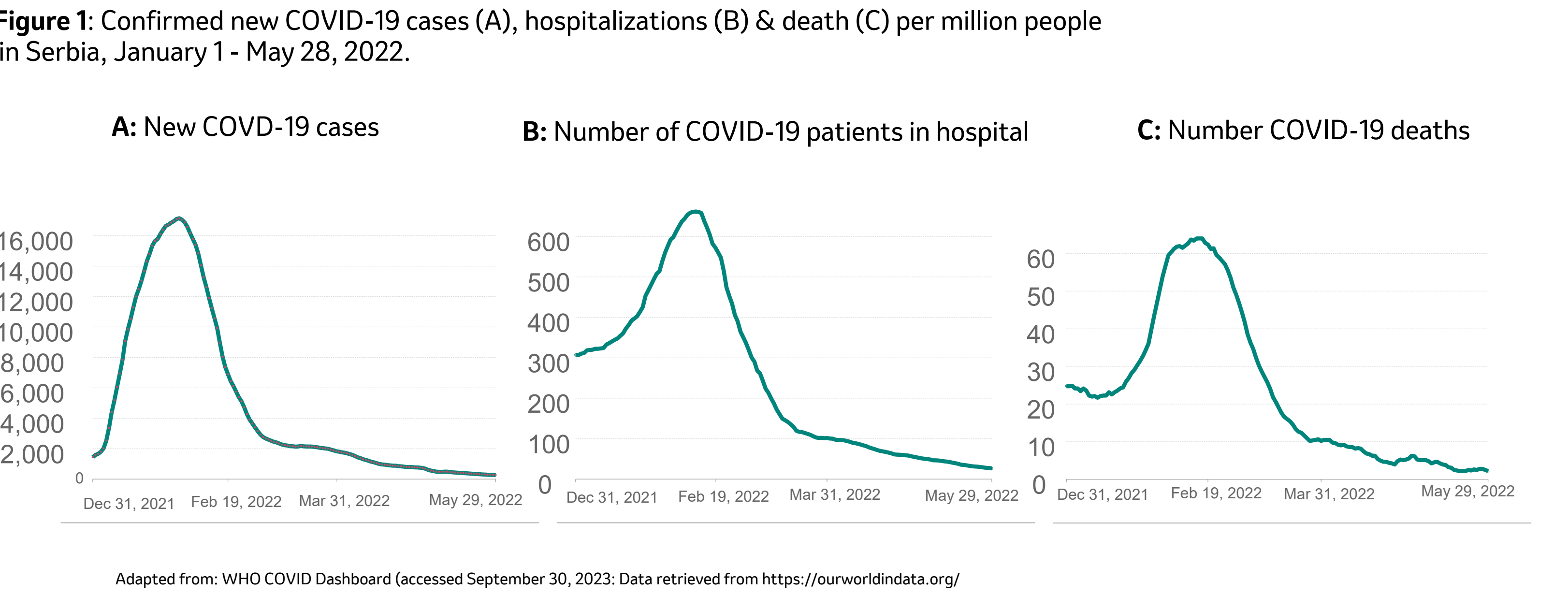


Table 1: Characteristics of patients treated with MOV in Serbia, January 1 - May 28, 2022.

Parameter	Total (N=1489)
Age group, n (%)	
<60 years old	758 (50.9%)
≥ 60 years old	731 (49.1%)
Age (years):	
Mean (SD)	57.6 (15.2)
Median (Q1; Q3)	59 (46.0; 70.0)
Range (min; max)	(19.0; 96.0)
Sex, n (%)	
Male	634 (42.6%)
Female	855 (57.4%)
Other	0 (0.0%)
BMI group, n (%)	
Underweight	7 (0.6%)
Healthy weight	380 (30.3%)
Overweight	650 (51.8%)
Obese	217 (17.3%)
Missing	235
Smoking, n (%)	
Yes	258 (29.2%)
No	626 (70.8%)
Missing	605
Time between positive COVID-19 test and MOV start, n (%)	
0-2 days	1474 (99.0%)
3-5 days	15 (1.0%)
Vaccination status, n (%)	
No	454 (30.5%)
Yes ¹	1035 (69.5%)

¹ Definition of vaccination: patient received at least one vaccination shot.

Table 2: Most frequent comorbidities among patients treated with MOV in Serbia study, January 1 - May 28, 2022

Parameter	Total (N=1489)
Comorbidities	
Hypertension	807 (54.2%)
Diabetes mellitus, type 1 and type 2	268 (18.0%)
Obesity	217 (17.3%)
Any respiratory disease	123 (8.3%)
Heart conditions	117 (7.9%)
Asthma	80 (5.4%)
Cancer	76 (5.1%)
Neurological conditions including dementia	31 (2.1%)
Chronic liver disease	12 (0.8%)
Chronic kidney disease	8 (0.5%)
Number of comorbidities, n (%)	
0	469 (31.5%)
1	478 (32.1%)
2	328 (22.0%)
3	151 (10.1%)
4	48 (3.2%)
5 and more	15 (1.0%)
Multimorbidity	
0-1 comorbid condition	947 (63.6%)
≥2 comorbid conditions	542 (36.4%)

Table 3: Most frequent comedications among patients treated with MOV in the Serbia study, January 1 - May 28, 2022

Parameter	Total (N=1489)
10 most frequent prescribed drug groups by ATC 10 codes ¹	
C09 – Agents acting on renin-angiotensin system	620 (41.6%)
C07 – Beta blocking agents	532 (35.7%)
A10 – Drug used in Diabetes	264 (17.7%)
C08 – Calcium channel blockers	218 (14.6%)
C03 - Diuretics	134 (9.0%)
C01 – Cardiac therapy	112 (7.5%)
B01 – Antithrombotic agents	83 (5.6%)
C10 – Lipid modifying agents	74 (5.0%)
G04 – Urologicals	47 (3.2%)
C02 – Antihypertensives (other than above mentioned)	22 (1.5%)
Number of different comedications	
≤1	697 (46.8%)
≥2	792 (53.2%)
Polypharmacy (≥ 5 comedications, n (%))	
Yes	264 (17.7%)
No	1225 (82.3%)

¹ Multiresponse question.

Results

In this analysis, 1,489 patients were included. Mean age was 57.6 (SD: 15.2) years and 57.4 % were female. 36.4% of the patients had co-morbidities, with hypertension (54.2%) being the most common. Out of the total patient population, approximately 69.1% were classified as either overweight (excluding it as a comorbidity factor) or obese. The majority (69.9%) had at least one comedication other than molnupiravir and 17.7% had ≥5 comedications. 69.5% patients received at least one COVID-19 vaccination. In patients <60 years 58.3% of patients were vaccinated (n=758) vs. 81.10% in patients ≥60 years. (p<0.0001).

Figure 2: Number of comorbidities stratified by Age (<60 versus ≥60 years)

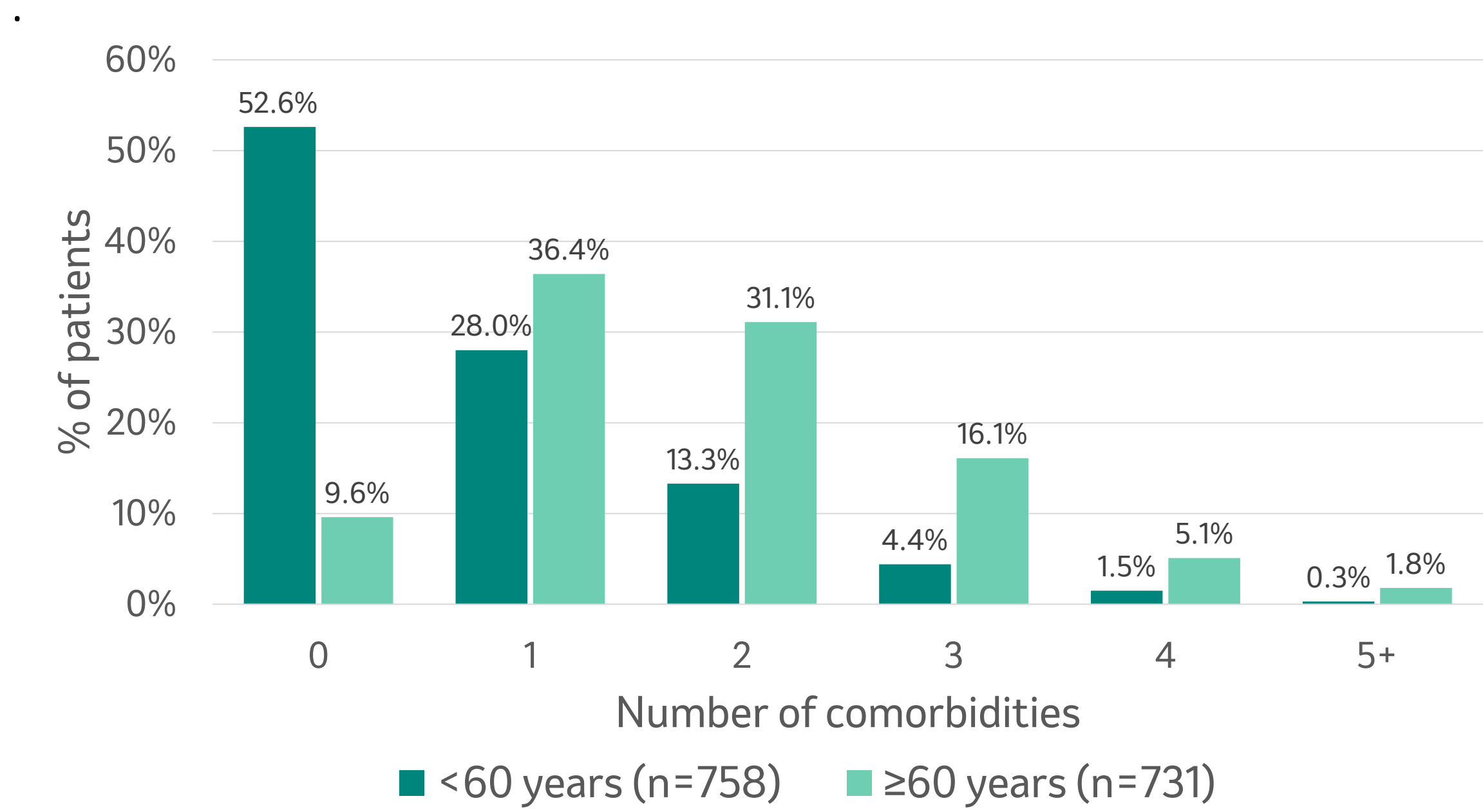
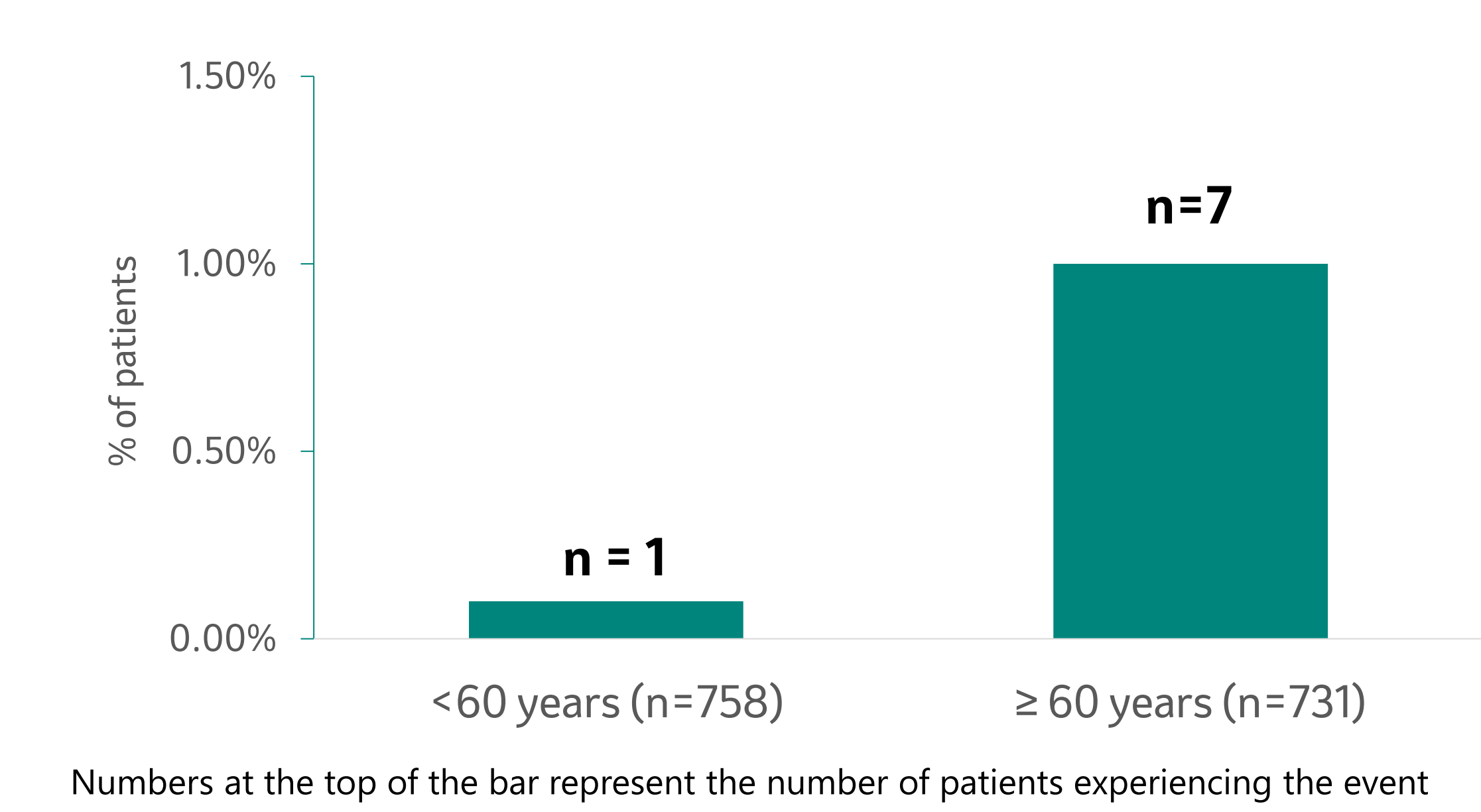


Figure 3. All-cause hospitalization stratified by age over 28 days of follow-up after MOV treatment.



Within 28 days of initiating molnupiravir, 8 (0.5%) patients were hospitalized due to COVID-19. Of the 8 hospitalized patients, 7 were 60 years or older, 2 were admitted to an intensive care unit, and one required mechanical ventilation. The median length of hospital days was 16.0 days (min-max: 4-22 days). Of those hospitalized, 3 (0.7%) were unvaccinated and 5 (0.5%) were vaccinated.

1097 (73.7%) patients had at least one COVID related health care center/outpatient center visit during the follow-up period; on average 1.7 (1.0) visits have been registered. Elderly patients (≥ 60 years) had more all-cause visits (2.6 [2.2]) than the younger patients (2.3 (1.8)). However, COVID-related visits were similar in both groups (1.8 (1.2) vs 1.7 (0.9)).

Limitation and Bias

This is a retrospective, single arm patient chart study, where from Jan 01, 2022, consecutive patients meeting inclusion/exclusion criteria were included until the agreed sample size per site was met. Patients with incomplete patient chart (e.g., number of comorbidities and co medications) were not enrolled

Conclusion

The study investigated the outcomes of patients in Serbia who were treated with MOV in a real-world setting. The average age of the patients was 57 years, and most had fewer than 2 co-morbidities. Over half of the patients received more than two comedications. There were very few hospitalizations and no deaths during the study period. These findings suggest that MOV is a valuable treatment choice, particularly for patients who are not suitable for other COVID-19 therapeutic options.

Disclosure

Funding for this study was provided by Merck Sharp & Dohme LLC, a subsidiary of Merck & Co., Inc., Rahway, NJ, USA, known as MSD outside of the USA and Canada..

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