

Improving healthcare decisions

Forum: Health Preference Research and Value Assessment Frameworks in Digital Health Technologies

Brought to you by the ISPOR Health Preference Research Special Interest Group



### **Discussants**

#### **MODERATOR**

 Axel Muehlbacher, PhD, Hochschule Neubrandenburg, Neubrandenburg, MV, Germany

#### SPEAKERS (30 Min)

- (10 min) Katarzyńa Kolasa, PhD, PAREXEL and Kozminski University, Warsaw, MZ, Poland, will focused on the elicitation and integration of patient preference data in the valuation of DHT.
- (10 min) Panos Kanavos, PhD, London School of Economics and Political Science, London, England, UK, will give insights into a Value Assessment Framework (VAF) employed to evaluate provider-facing Digital Health Technologies (DHTs).
- (10 min) Volker Amelung, PhD, Private Institute of Applied Health Service Research (inav GmbH), Hannover, Germany, will share his experiences from Germany, providing a unique perspective on the valuation and implementation of DHT.

#### **DISCUSSION (20 Min)**

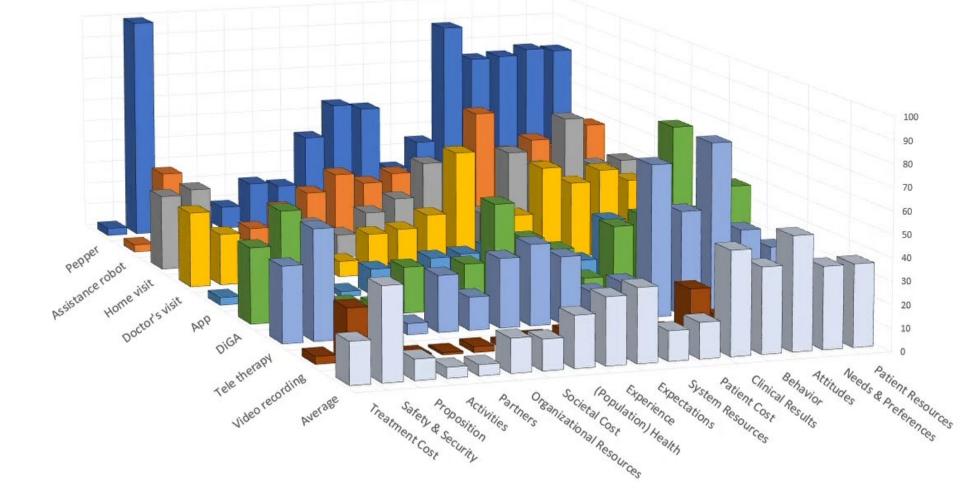






VIDEO

### **Aggregate Simulation Partworth Values**

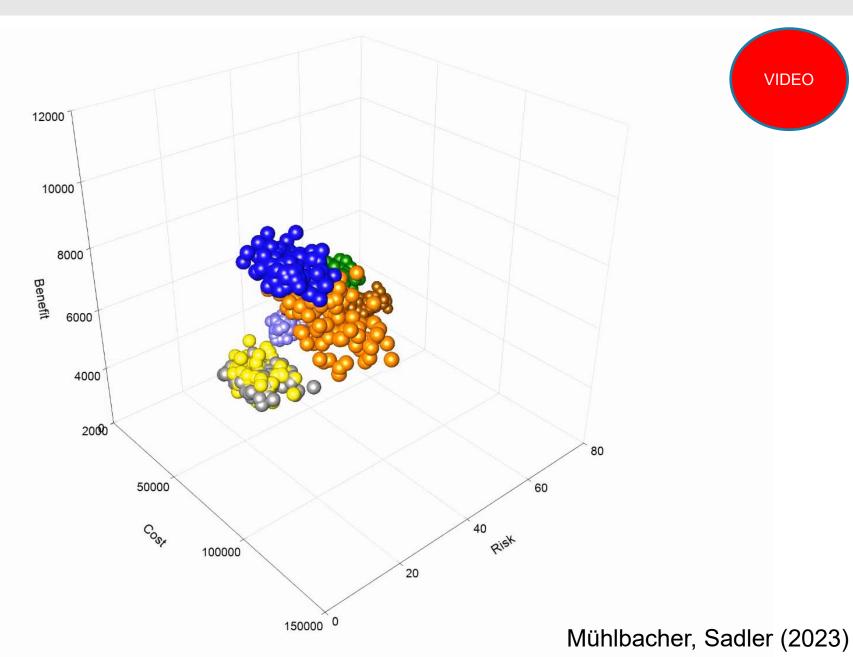


Mühlbacher, Sadler (2023)



## 3D probabilistic model: value assessment





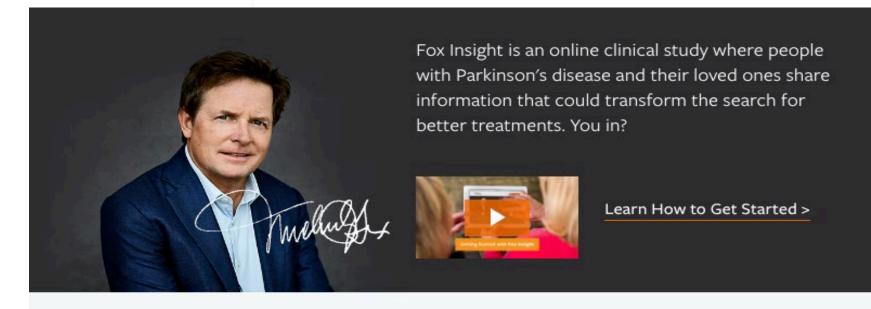


Forum: Health Preference Research and Value Assessment Frameworks in Digital Health Technologies

How to redefine value creation in the era of digital health?

Katarzyna Kolasa, PhD Digital Health Leader Kozminski University

Until Q1'19, over 22,000 people with Parkinson's disease enrolled, making Fox Insight the largest prospectively followed Parkinson's disease cohort worldwide





**Share Your Expertise** 

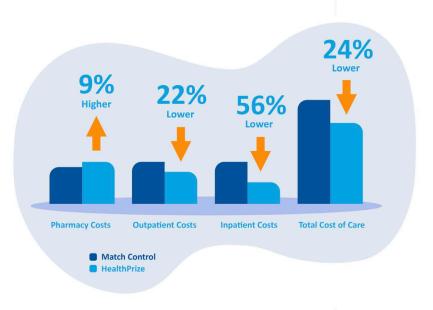
Healthier SG is a national initiative by the Ministry of Health (MOH) that aims to help all Singaporeans take steps towards better health and quality of life in the years to come.

•Subsidies of up to 87.5% for a selected chronic medications

•Subsidies of up to \$360 per year for other components such as consultation and lab tests.



# Digital health shifts focus from treatment to prevention

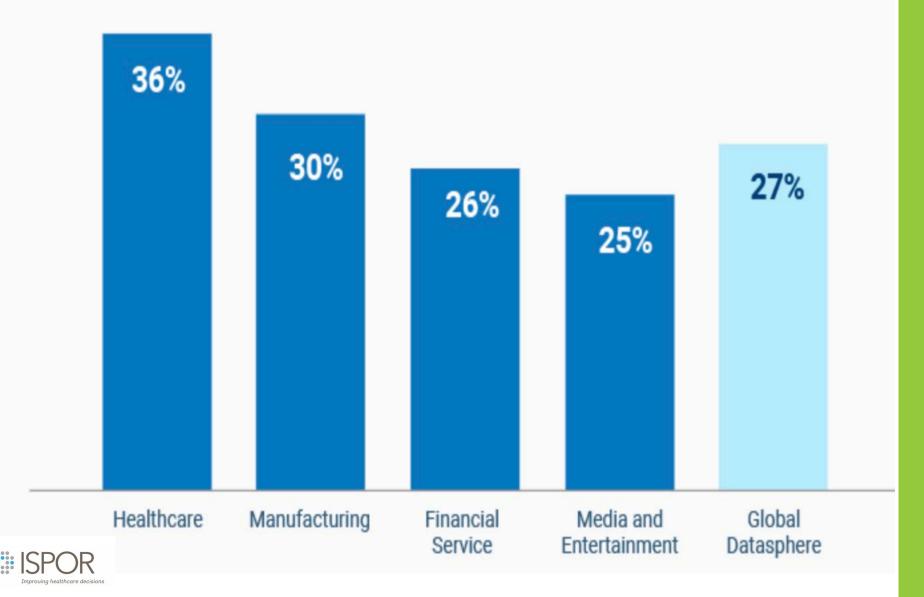


" Participants receive daily prompts via text message or email to check-in to the program to engage with educational content and motivational behavior change" activities.

Participants earn points for engagement and can redeem accumulated points for e-gift cards. "

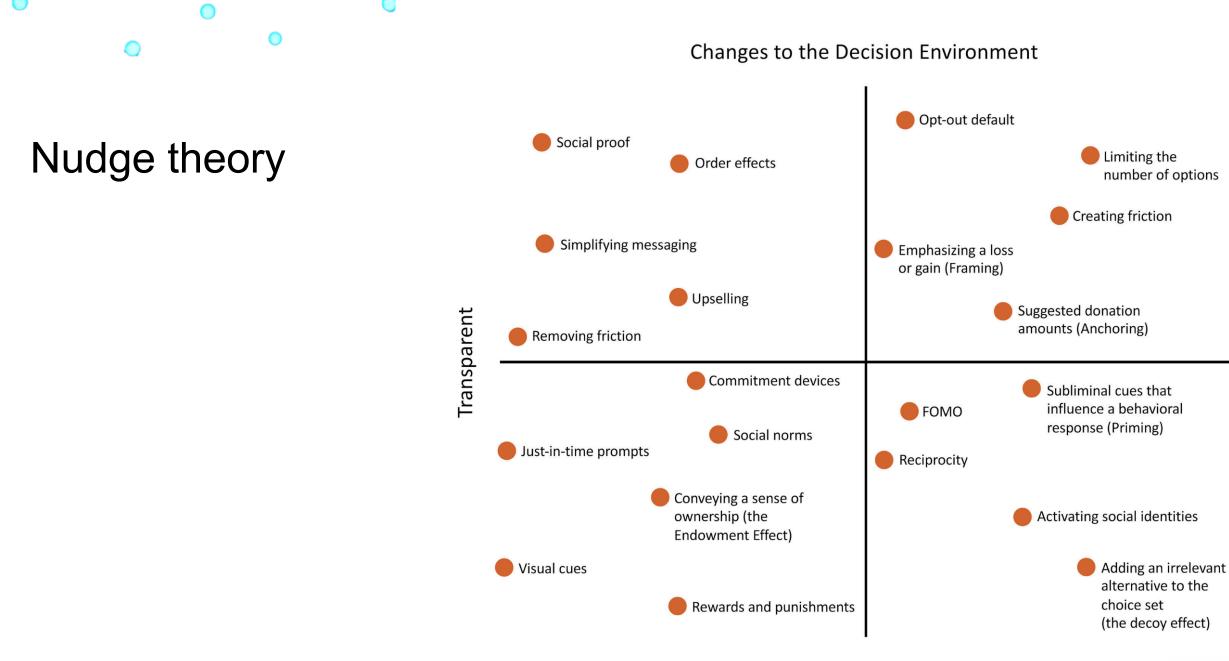


#### 2018-2025 Data – Compound Annual Growth Rate (CAGR)



**APPROXIMAT ELY 30% OF** THE WORLD'S DATA **VOLUME IS** GENERATED **BY THE** HEALTHCAR **E SECTOR TODAY!** 

https://www.rbccm.com/en/gib/healthcare/ episode/the\_healthcare\_data\_explosion The era of digital transformation has arrived...

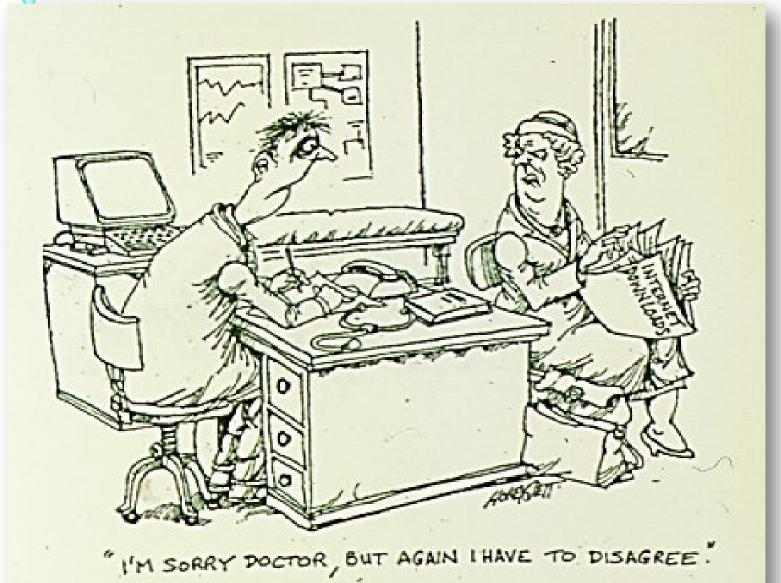


Non-Transparent

Additions to the Decision Environment

https://www.membershipinnovation.com/insights-and-ideas/an-overview-of-the-various-types-of-nudges

## Individual sovereignty is BACK



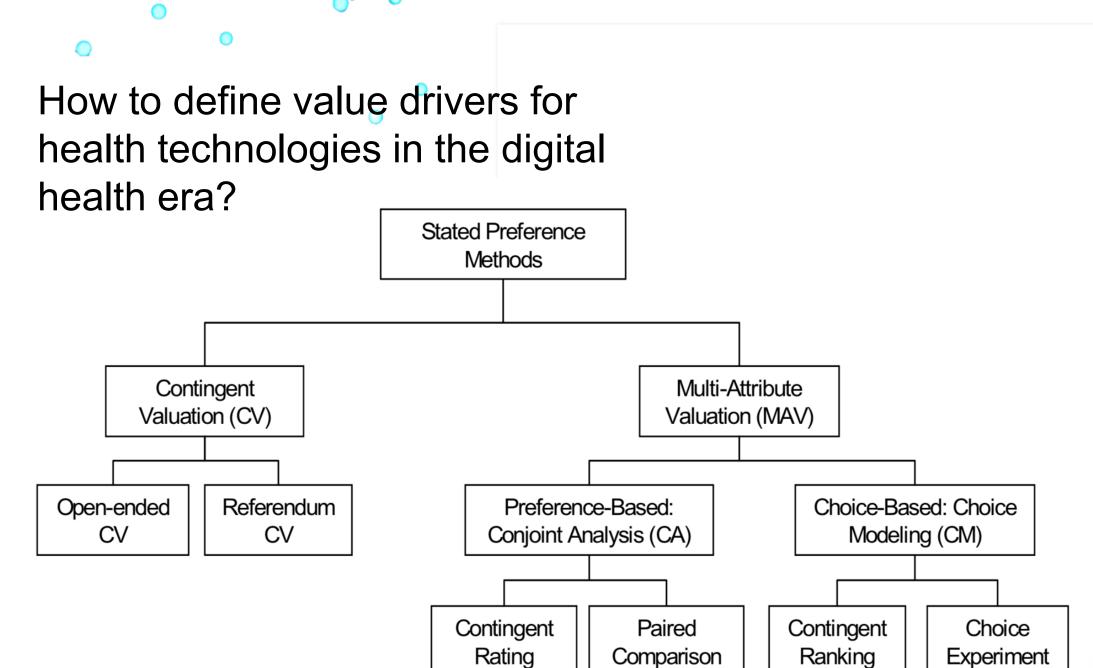




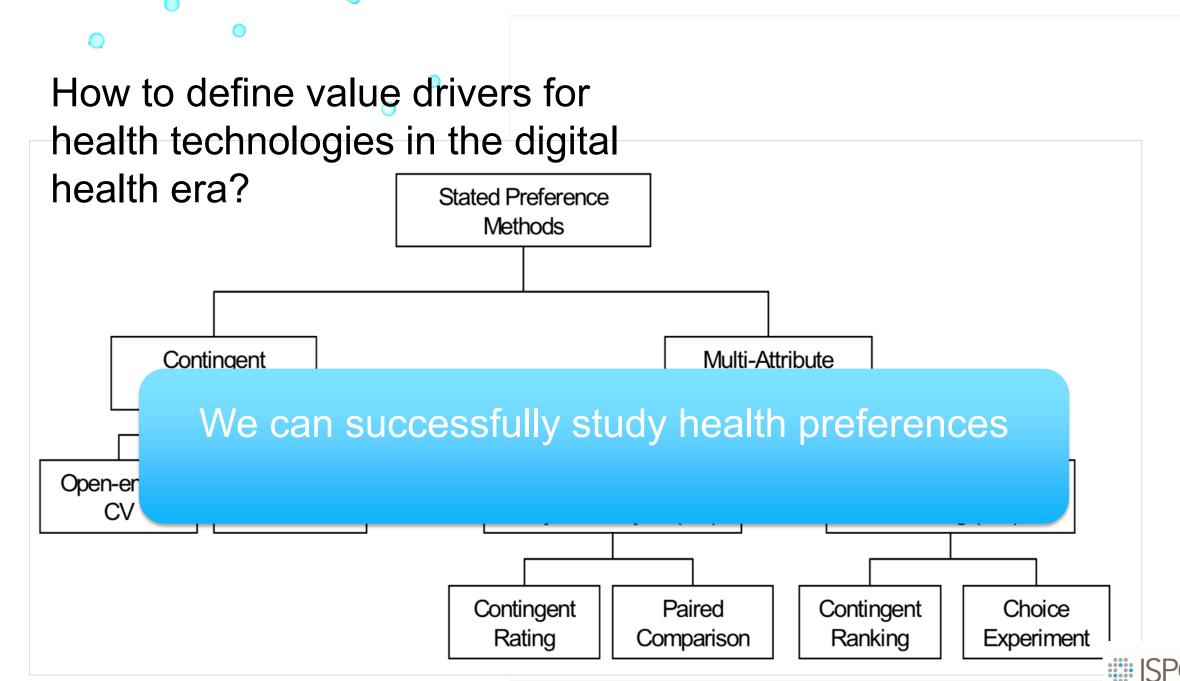
How to define value drivers for health technologies in the digital health era?

**Revealed preferences** – based on actual consumer's observed market activities.

**Stated preferences** - derived from surveys allowing researchers to control the way in which preferences are elicited.



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# Proposed conceptual framework for health preferences studies

Social Welfare Function distributional issues

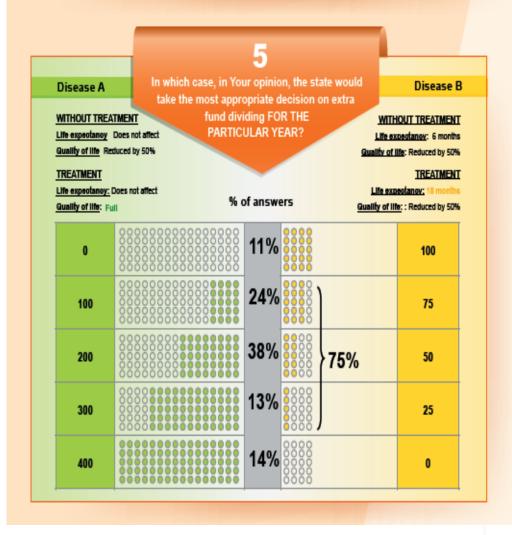
Trade-off between different:

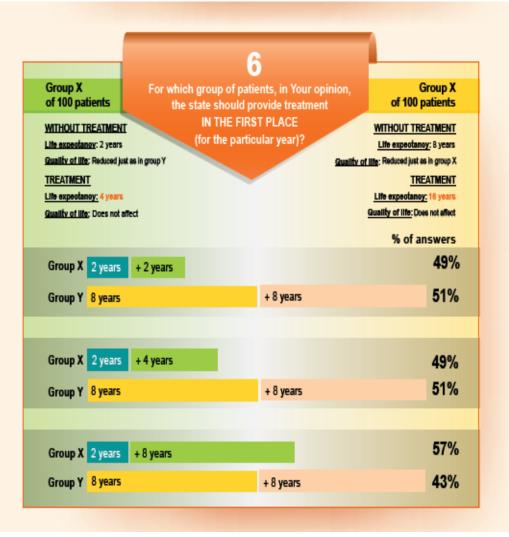
- objectives
- attributes
- course of action

- SWF allows to estimate the trade off between alternative course of actions.
- The intention is to define the importance (weight) to be assigned to potential gains achieved with one course of action relative to another.
- The marginal rate of substitution (MRS) along the relevant welfare curve. **MRS** is the rate at which some amount of one good can be exchanged for another good while maintaining the same level of <u>utility</u> (satisfaction).



# Conflicting objectives in the healthcare sector - efficiency vs equity





Kolasa K, Lees M, Annemans L. Attitudes towards supplementary criteria in the reimbursement process in Poland. Int J Technol Assess Health Care 2013;29(4):443-9

## Are responders willing to accept digital health against the opportunity of greater life expectancy?



 $In \left[ P/(1 - P) \right] = a + b1 * marginal trade-off + b2 * relative difference (1)$ 

P - probability of choosing digital healthcare model

marginal trade-off - difference in minimal life expectancy between both models divided by the difference in maximum life expectancy between both models. relative difference - percentage difference between max and min life expectancy in the digital model

 Cross-sectional study across 320 Polish responders aged 20-39 revealed a strong preference towards digital solutions irrespective of life expectancy's gains



Preferences were mainly driven by past experiences and potentially predefined beliefs less so by the value assessment of the digital solutions (efficiency gains as new value drivers?)

# Are there any specific characteristics of digital health of greatest importance?



#### **HEALTHCARE 5.0**



Majority of responders selected both medical exams and governmental certification for digital solutions

		Communication with the $VA - most$ preferred model				
N		VA is allowed to initiate <del>the</del> contact anytime if health symptoms are required	VA is allowed to connect with you only in pre-agreed time slots	You are only able to connect to VA	Quar	ntity
		43%	26%	31%	100%	320
Model selection (all scenarios	Digital model	49%	28%	23%	100%	186
together)	Analogue model	34%	24%	43%	100%	134
Sex	Female	42%	28%	31%	100%	160
	Male	43%	25%	32%	100%	160
Age	20–29 y	41%	29%	30%	100%	110
-	30–39 y	43%	25%	32%	100%	210
Education	Secondary or lower	41%	29%	29%	100%	150
	Higher	44%	24%	33%	100%	170
Professional status	Employed	42%	27%	32%	100%	259
-	Unemployed	46%	25%	30%	100%	61
Respondent's severe disease	Yes	45%	26%	29%	100%	108
-	No	41%	26%	33%	100%	212
Severe disease in the family	Yes	44%	25%	31%	100%	192
	No	41%	28%	31%	100%	128
Subjective assessment of financial	Low rating – below median	34%	32%	34%	100%	122
independence	High rating – above median	46%	26%	28%	100%	145
Subjective health self-assessment	Low rating – below median	45%	20%	34%	100%	122
	High rating – above median	42%	29%	29%	100%	117
Assessment of the healthcare	Low rating – below median	41%	27%	32%	100%	155
system in Poland	High rating – above median	43%	26%	31%	100%	129



 Under the patronage of the Polish Parliamentary Commission of Innovation and the National Chamber of Physicians, Kozminski University is organizing a public dialog about the role of AI in the healthcare system:

#### So far

- Three systematic literature reviews,
- o Two workshops with experts,
- Two presentations at the Polish Parliament
- Two DCEs based studies about physicians and general public preferences towards AI

# AIValue4Health

 Cross-sectional study across the representative sample of 1000 Polish responders. The hypothetical scenarios with DCE revealed mixed attitudes towards the use of AI in the healthcare



"Which of two visions are closer to yours..." 60% (40 %) chose digital (analog) approach to take care of the health. The preferences did not change significantly even if doctor's safety guarantee or bonus payment were added

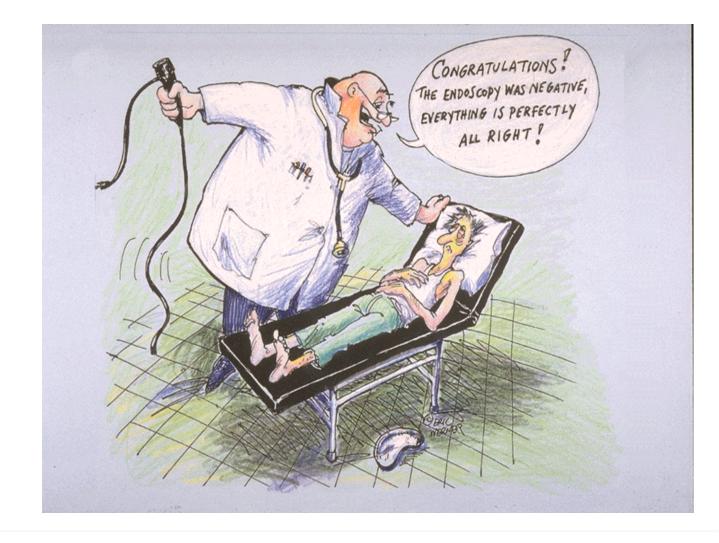
Digital – wearables & apps Analog – direct F2F consultation with physicians



"Would you prefer Virtual Assistant if it is faster and safe..." 50%/50% chose YES/NO and NO was change into YES only for every 4<sup>th</sup> responder provided external validation with doctors and positive feedback from peers

# QALY is always a QALY...really?

- We assume that two people cannot occupy the same health state and yet experience different utilities
- Is it still fair to assume so in the digital health era?



## Patient centric healthcare

**Usefulness** - product enables user to achieve their goals - the tasks that it was designed to carry out and/or wants needs of user.

**Effectiveness** (ease of use) - quantitatively measured by speed of performance or error rate and is tied to a percentage of users.

**Learnability** - user's ability to operate the system to some defined level of competence after some predetermined period of training. Also, refers to ability for infrequent users to relearn the system.

**Attitude** (likeability) - user's perceptions, feelings and opinions of the product, usually captured through both written and oral communication.

In contrast to clinical value drivers, digital health value drivers rely more on patients' preference

Hackos, J. T. (1995). [Review of HANDBOOK OF USABILITY TESTING; A PRACTICAL GUIDE TO USABILITY TESTING; USABILITY ENGINEERING, by J. Rubin, J. S. Dumas, J. C. Redish, & J. Nielsen]. Technical Communication, 42(2), 364–366. http://www.jstor.org/stable/43087923





### Conclusions

- Digital health re-introduces individual sovereignty (freedom of choice)
- Social and cultural aspects play an important role in the AI technologies implementation
- Conducting more health preference studies is crucial for advancing our understanding of value drivers for health technologies



Creating a Value Framework to assess digital health technologies for chronic disease management

Panos Kanavos, PhD Department of Health Policy & LSE Health - Medical Technology Research Group London School of Economics, London, UK

## **Background & hypotheses**

- Traditional HTA pathways are unsuitable for assessing the value of digital health technologies (DHTs)
  - DHTs must be held to different evidence standards due to the nature of the solution: fastpaced innovation, high volume of solutions, limited ability for RCTs, nature of risk vs. benefits, etc.
  - DHTs pose risks largely unperturbed by health systems due to big data collection and analytics.
- Alternative assessment pathways are need to holistically assess the value of DHTs
  - This involves value assessment domains beyond economic and clinical effectiveness as well as multi-stakeholder involvement.

## ISPOR Overview





## Aim

To understand key stakeholder\* sentiments on where value lies in innovative health technologies used in chronic disease management in the UK, USA and Germany.

To create a value framework for digital health technology (DHT) assessment.

\* Stakeholders: users (patients), healthcare professionals, supply-side actors, decision-makers, influencers

## **Method**

**Secondary research** via a literature review to propose an initial value framework statements and understand key issues surrounding the assessment of DHTs.

#### Primary research via the Delphi method to:

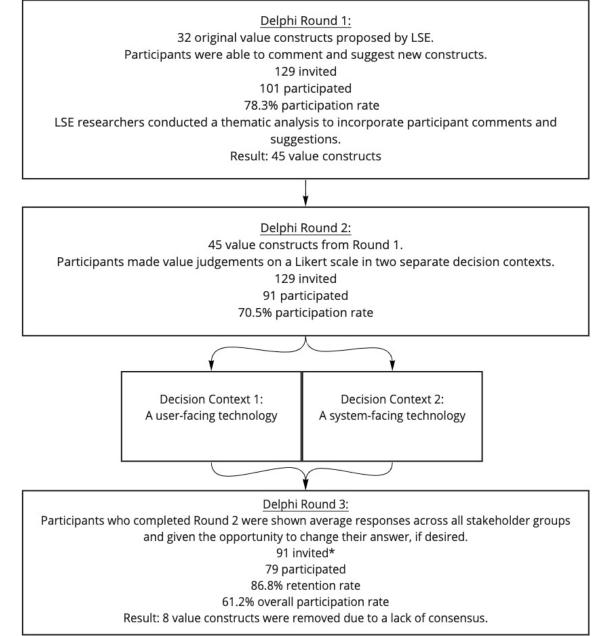
- Validate and create the DHT value framework

- Understand key stakeholder thoughts and opinions on where value lies in **user-facing** and **system-facing DHTs** used in chronic disease management; therefore, 2 Decision Contexts (DCs)



#### Creating the Framework: 5 stakeholder groups in 3 rounds of Delphi

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Participants could only move onto the next round if they completed Likert judgements in both decision contexts.



self-management.<sup>2</sup> DHTs have the capacity to alleviate strains

caused by rising chronic disease prevalence and the associated rise

in costs.<sup>3,4</sup> In doing so, they can contribute to cost optimization.

equity, efficiency and quality of care improvements, population

health management, and improved clinical decision making.5

DHTs also have significant variation in functionality, risk profile,

and value proposition, ranging from patient-facing technologies

# Publications: a value framework for patient-facing DHTs and a value framework for provider-facing DHTs



DHTs struggle to meet the same evidence standards as drugs.

often because of rapid technical innovations and lack of adequate

comparators.6-8 Randomized Controlled Trials (RCTs) are consid-

ered the gold-standard for proving effectiveness; however, they

present several challenges to DHTs including long timelines,

measuring personalized care delivery, and developing adequate

placebos. Traditional health technology assessments (HTAs)

#### References

- Haig, M., Main, C., Chávez, D., & Kanavos, P. (2023). A Value Framework to Assess Patient-Facing Digital Health Technologies That Aim to Improve Chronic Disease Management: A Delphi Approach. Value in Health, 26(10), 1474-1484. https://doi.org/10.1016/j.jval.2023.06.008
- Main, C., Haig, M., Chávez, D., & Kanavos, P. (2023). Assessing value of provider-facing digital health technologies used in chronic disease management: Towards a value framework based on multi-stakeholder perceptions. *Medical Decision Making*. <u>https://doi.org/10.1177/0272989X23120680</u> <u>3</u>



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### **Themes from R1 Qualitative Data**

	Evidence requirements	Effectiveness of care	Efficiency	
Clinical characteristics	Health system improvement	Carer outcomes	Doctor/Patient trust	
	Outcomes	Communication	Quality of life	
	Patient Centeredness	Disease management	Risk Management	
	Access	Purpose	Standards	
Data rights and gavernance	Commercialization of data	Real world evidence	Transparency	
Data rights and governance	Consent	Security		
	Data ownership	Knowledge dissemination		
Economic characteristics	Affordability	Resource use optimization	Incentives	
Economic characteristics	Health system integration	Value-based care	Inequalities	
	Connectivity	Product improvement	Interoperability	
Technical characteristics	Data uploads	Reliability and Trust	Sustainability	
	Data validity	Standards		
User preferences	Convenience	Social integration	Multi-stakeholder input	
	Customization	Support	Patient activation	
	Impact	User experience		
	Wellbeing	User retention		
Health inequalities	Access	Education	Social determinants of health	

#### **Interrater agreement** *within* stakeholder groups: DC1 – User-facing technologies

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#### SO WHAT?

As expected, individuals within the same stakeholder groups have similar sentiments to value. When testing for differences between stakeholder groups, the first requirement is to ensure individuals within the same groups are in agreement.

- This table shows the level of agreement within each stakeholder group for each round in DC1.
  - There was substantial agreement for all stakeholder groups in their round 3 responses.

#### Table 2. Interrater agreement within stakeholder groups in Decision Context 1

	Round 2				Round 3			
Stakeholder group	<i>Ky</i> 95% CI		Benchmark Interval	Ky	95%	6 CI	Benchmark Interval	
Users	0.71***	0.67	0.76	Substantial Agreement	0.74***	0.70	0.79	Substantial Agreement
Health care professionals	0.61***	0.57	0.66	Substantial Agreement	0.67***	0.63	0.72	Substantial Agreement
Supply side	0.61***	0.55	0.67	Substantial Agreement	0.69***	0.63	0.74	Substantial Agreement
Decision Makers	0.66***	0.62	0.70	Substantial Agreement	0.70***	0.65	0.74	Substantial Agreement
Influencers	0.57***	0.52	0.63	Moderate Agreement	0.66***	0.60	0.71	Substantial Agreement

Notes: Inter-rater agreement measured by the Gwet's agreement coefficient with linear weights.

Benchmark scale of the level of agreement as suggested by Landis and Koch (1977): Coef. < 0.00 Poor agreement;  $0.00 > \text{Coef.} \le 0.20$  slight agreement;  $0.20 > \text{Coef.} \le 0.40$  Fair agreement;  $0.40 > \text{Coef.} \le 0.60$  Moderate agreement;  $0.60 > \text{Coef.} \le 0.80$  Substantial agreement;  $0.80 > \text{Coef.} \le 1$  Almost perfect agreement [1]. \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

#### **Interrater agreement** *within* stakeholder groups: DC2 – System-facing technologies

#### SO WHAT?

Although there are still relatively good levels of agreement for all stakeholder groups – the lower levels of agreement in comparison to user-facing technologies may indicate that there is less clarity regarding the value of system-facing technologies.

- This table shows the level of agreement within each stakeholder group for each round in DC2.
- Compared to DC1, there are lower levels of agreement within the HCP and Supply Side groups.

		Round 2				Round 3			
Stakeholder group	Ку 95		Benchmark 95% CI Interval		Ky	95% CI		Benchmark Interval	
Users	0.72***	0.68	0.75	Substantial Agreement	0.74***	0.70	0.78	Substantial Agreement	
Health care professionals	0.40***	0.32	0.48	Fair Agreement	0.53***	0.45	0.61	Moderate Agreement	
Supply side	0.52***	0.42	0.63	Moderate Agreement	0.59***	0.49	0.69	Moderate Agreement	
Decision Makers	0.62***	0.56	0.67	Substantial Agreement	0.66***	0.60	0.72	Substantial Agreement	
Influencers	0.58***	0.52	0.65	Moderate Agreement	0.68***	0.61	0.75	Substantial Agreement	

Notes: Inter-rater agreement measured by the Gwet's agreement coefficient with linear weights.

Table 3. Interrater agreement within stakeholder groups in Decision Context 2

Benchmark scale of the level of agreement as suggested by Landis and Koch (1977): Coef. < 0.00 Poor agreement;  $0.00 > \text{Coef.} \le 0.20$  slight agreement;  $0.20 > \text{Coef.} \le 0.40$  Fair agreement;  $0.40 > \text{Coef.} \le 0.60$  Moderate agreement;  $0.60 > \text{Coef.} \le 0.80$  Substantial agreement;  $0.80 > \text{Coef.} \le 1$  Almost perfect agreement [1]. \*p<0.1; \*\*p<0.05; \*\*\*p<0.01

## ISPOR Discussion

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- The policy response required includes a combination of a regulatory approach and aligned incentives through value assessments.
  - Some value indicators are not reflected in regulation or assessment frameworks.
    - Dependent on the decision context: i.e. In the patient-facing context (DC1) "data is user owned" has consensus, but this sentiment is not reflected in any study country's regulations nor frameworks. This indicator has dissensus in DC2, where the patient is not the primary user but is still the data subject.

#### Clear agreement that data privacy is highly valued

- but policy work still needs to be done to define what that privacy looks like in practice.
  Regulations need to be updated to match technological advancements.
- Issues around data custody do not have consensus and need further investigation in multi-stakeholder settings.
- Issues around health inequalities are frequently raised...
  - ... But there is not consensus around the value of DHTs reducing socioeconomic health inequalities.
  - More multi-stakeholder discussions are needed about DHTs and their relationship to health inequalities.

## **ISPOR Discussion (cont.)**

#### New evidence standards must be considered in value frameworks.

- DHTs need RWE to prove value.
- Assessment approaches must shift from the traditional pre-market entry data collection and post-market entry pharmacovigilance towards continual data collection and assessment pre- and post- market entry.
  - This highlights why digital HTA must be different from traditional HTA: the inability to meet traditional evidence standards increases the need to use RWE to prove value; so, whose intellectual property is the collected data?
- This also reinforces the need for a shift in assessment from economic and clinical indicators to a multi-criteria decision making analysis (MCDA) approach.
- There is wide variation in types of DHTs, so multiple assessment approaches are needed.
  - Varying levels of risk and benefit, varying levels of technical innovation, varying abilities to prove value using traditional methodologies, varying impact on the system.

## **ISPOR Key Takeaways**

- Value domains: clinical characteristics, economic characteristics, health inequalities, data rights and governance, technical and security, user preferences
- **Consensus**: there was Consensus on several/no consensus on other criteria
- Preferences: Different types of stakeholders have considerably different opinions on value.
  - E.g. Users are keen on the ability to own and input their own data while supplyside actors disagree.
- Value judgements: Across all stakeholders, value judgements differ considerably between decision contexts.
  - i.e. The context with *user-facing technologies* was more stable and had more indicators with consensus than the context with *system-facing technologies*.
- Policy-making: Create innovative policies to satisfy value preferences of all stakeholders based on what is important to each

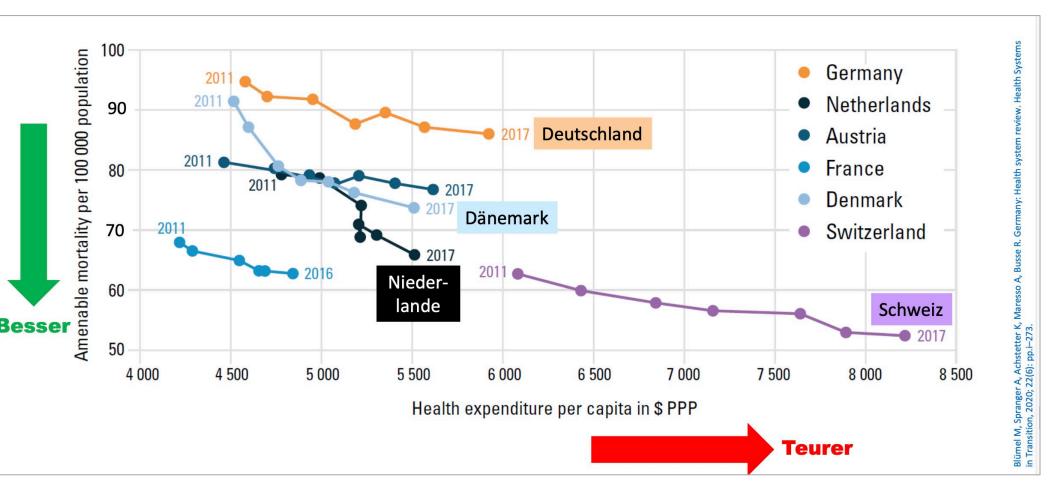


Health Preference Research and Value Assessment Frameworks in Digital Health Interventions – a Political Perspective

Prof. Dr. Volker E. Amelung Medical School Hannover



# **Value for Money**





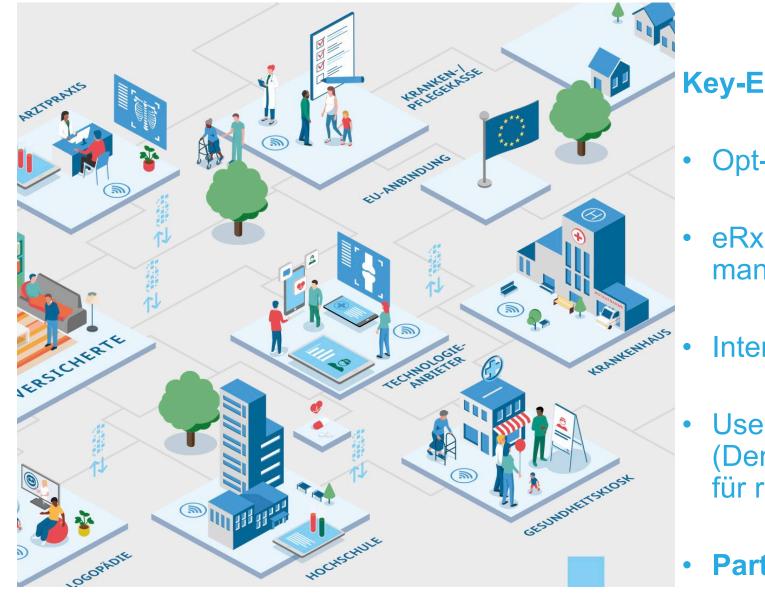




Digitalisierungsstrategie für das Gesundheitswesen und die Pflege

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Key-Elements:

- Opt-out for EHR
- eRx and medication management
- Interoperability
- Use of data (registeries (Denmark), claim data and EHR) für research
- Participatory approach



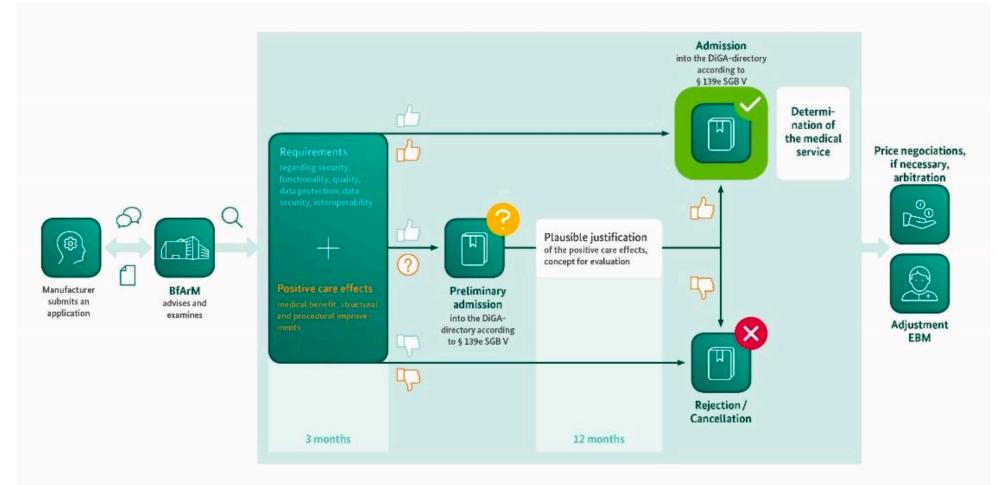
### **Digital Therapeutics (DTx) - Examples ...**







#### **Structured Market Access ...**

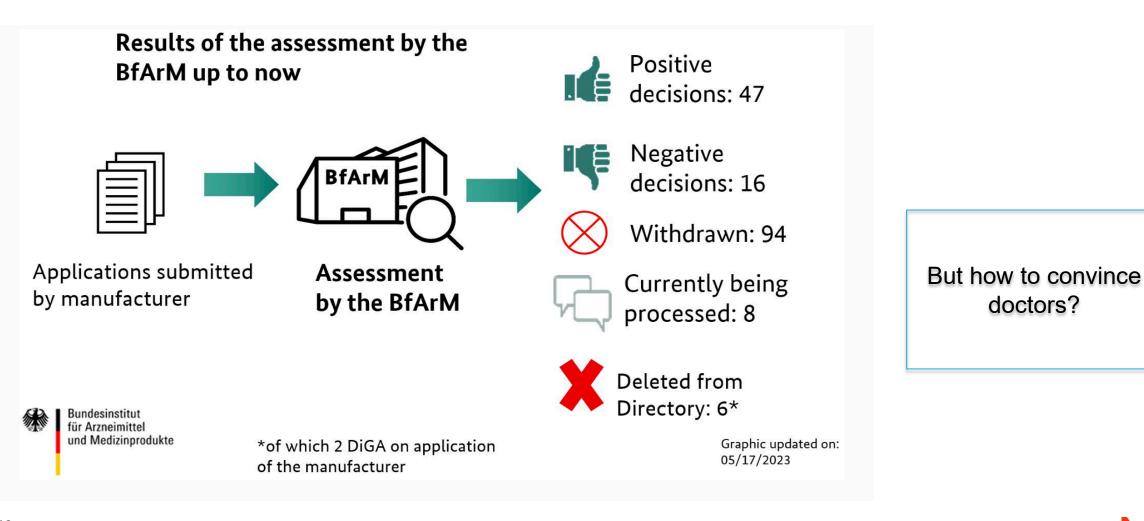


M<sub>H</sub>H

doctors?



#### ... First Results ...

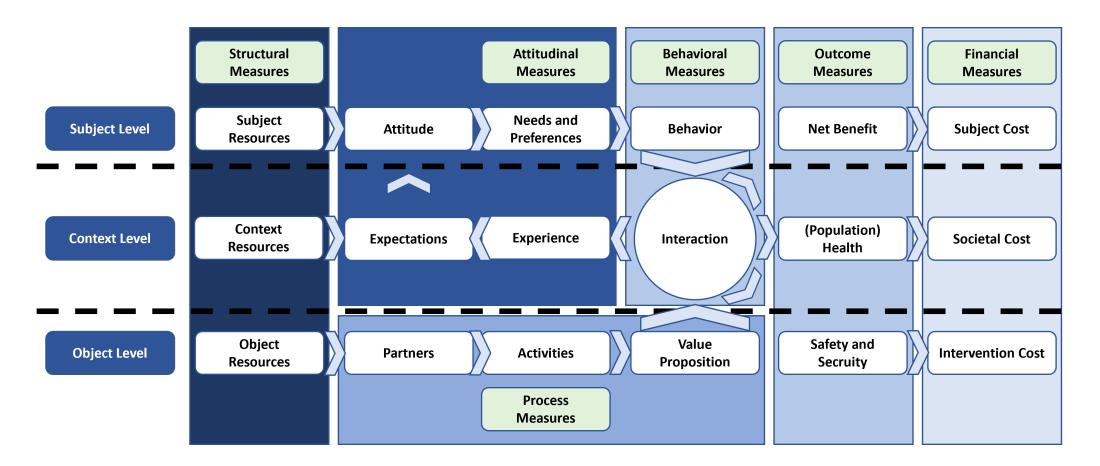




# Discussion or Questions & Answers section (pick)



### **Value Equation**



#### Mühlbacher, Fischer, Jordan (2023)



### It's time for a Poll! ... again

- In your opinion, what specific outcomes or benefits should be included in the assessment of value for digital health interventions? (e.g., improved health outcomes, enhanced patient experience, reduced healthcare costs, increased convenience)
- What factors influence your acceptance and willingness to engage with digital health interventions? (e.g., ease of use, privacy and security, integration with existing healthcare services, trust in the technology)
- In your experience, what barriers or challenges do you face when adopting or using digital health interventions? (e.g., technical difficulties, lack of support or guidance, concerns about privacy)
- What recommendations would you give to improve the assessment and evaluation of value dimensions in digital health interventions?







Special Interest

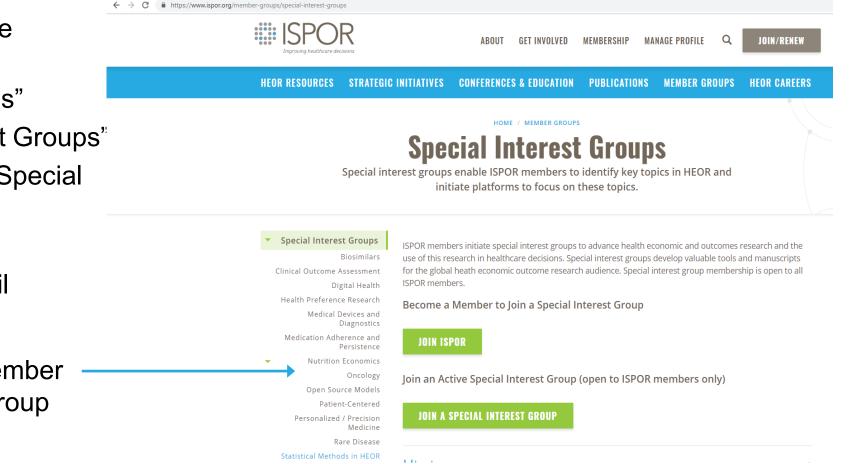
Group

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### **Special Interest Group Activities**

- Join to stay up to date with SIG and related activities at ISPOR conferences.
- Note: All publications, webinars and conference presentations are available on SIG webpages.



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- Nutrition Economics
- Oncology
- Open-Source Models
- Patient-Centered
- Precision Medicine & Advanced Therapies
- Rare Disease
- Real World Evidence (RWE)
- Statistical Methods in HEOR



# Health Preference Research SESSIONS



### Health Preference Sessions Later Today

#### 13:45 - 14:45

 Workshop 227: Every Patient Matters: Introduction to Multi-Dimensional Thresholding in Health Preference Research

### 17:00 - 18:00

 Issue Panel 250: How to Assess Patient Preferences for Use in Decision-Making Along the Medical Product Life Cycle? Learnings from Patient Preference Studies across Diverse Disease Domains



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# Thank you!

*For questions:* 

healthpreferencesig@ispor.org