

Measuring Treatment Preferences for Patients with Pulmonary Arterial Hypertension (PAH). A Discrete Choice Analysis to Identify Scale Heterogeneity

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OBJECTIVES:

- To investigate the relative importance of various features of a pulmonary arterial hypertension (PAH) treatment regimen using Best-Worst Scaling (BWS) Case 3.
- To assess variation of choice consistency (scale heterogeneity) by groups of interest.

METHODS:

- Adult PAH patients recruited through a German patient organization (March June 2022)
- Online survey, Best-worst scaling case 3 choice tasks (Figure 1)
 - Six attributes, 12 tasks in random order (120 tasks, 10 blocks) plus a dominance task
- Modeling
 - Conditional logit model (CL) was applied to examine main effects
 - Heteroscedastic conditional logit (HCL) was used to assess scale heterogeneity
- Goodness of fit was evaluated using the Akaike information criterion (AIC) and Bayesian information criterion (BIC)

RESULTS:

- Eighty-three patients completed the survey (76% female) (Table 1)
- Physical activity limitations after 3 years & 3-year survival rate were most important attributes, with remaining attributes being relatively less important (Table 2)
- HCL models showed evidence of scale heterogeneity and outperformed CL models on AIC and BIC.
- Low scale parameters suggest that participants exhibited high variance and made less consistent choices.
- Error variance increased with response time <12 minutes, marked limitation of physical activity, the need for daily assistance due to PAH, and older age (>45 years)

CONCLUSION:

- When establishing personalised treatment plans for PAH, it is crucial to consider patient preferences regarding physical activity limitations after 3 years and 3-year survival.
- Differences in scale/choice consistency suggest that some groups have more difficulty in making treatment decisions. Therefore, these groups may benefit from more comprehensive discussion with their treating physician.

Figure 1: BWS-3 example choice task

Imagine: the physician presents you with a choice between PAH treatment regimens A, B, and C. Which do you think is the best and which is the worst?

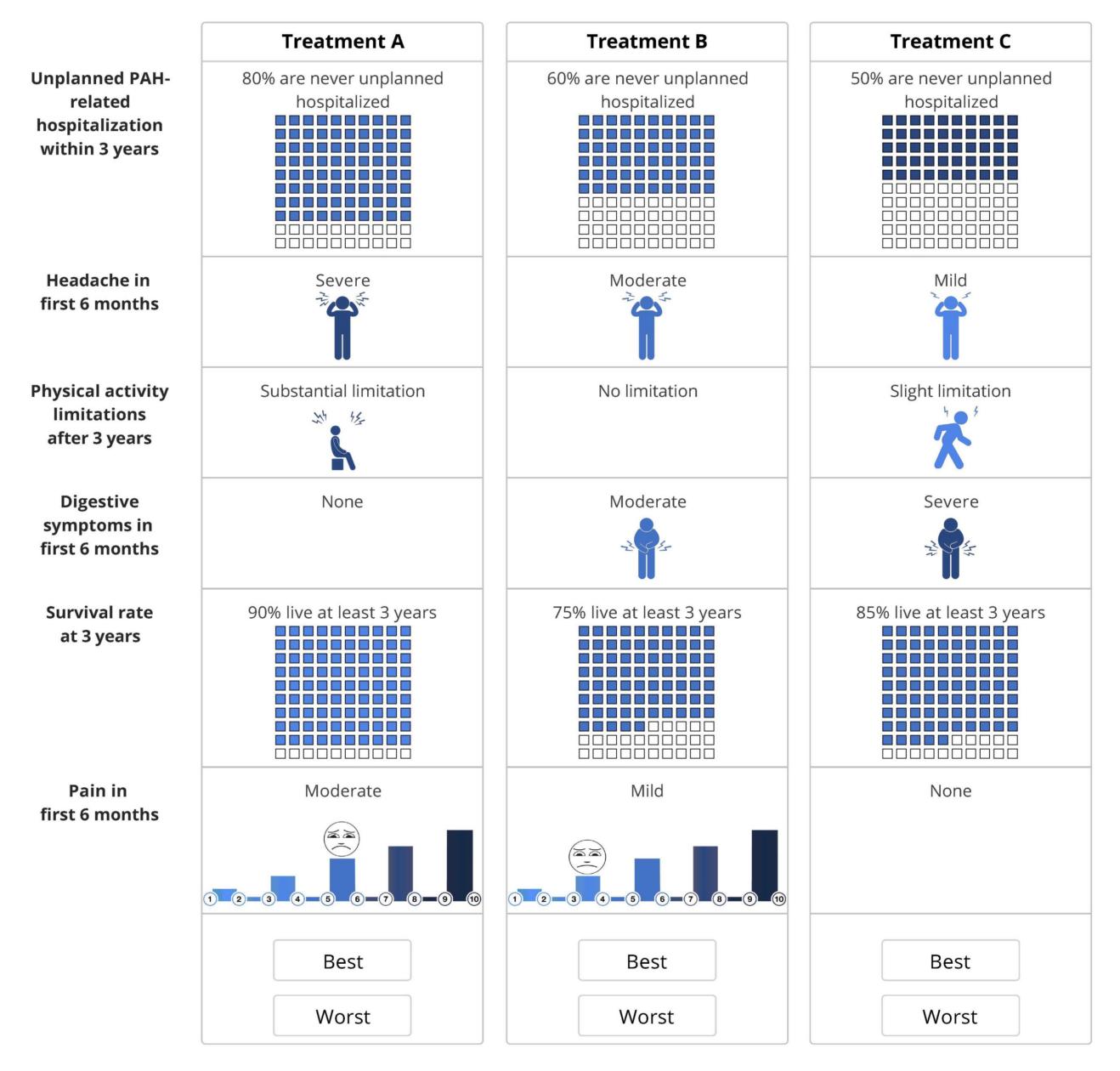


Table 1: Participant characteristics

	Overall n=83
Patient characteristics	%
Age in years (median, range)	59 (27, 91)
Gender (female)	76
WHO Functional Class (FC) ^a	
Slight limitation (FC II)	72
Marked limitation (FC III)	28
Highest level of education	
High school or less	18
Some college but no degree	8
Technical school or associates degree	26
4-year college degree or higher	47
Current employment status	
Employed	31
Retired or pensioner	52
Other	16
General health	
Excellent/Very good	2
Good	38
Fair	48
Poor	12
Normal physical activities (multiple responses allowed)	
Lifting or carrying groceries	72
Climbing several flights of stairs	30
Climbing one flight of stairs	66
Doing the dishes	81
Bathing or dressing yourself	87
Cooking	82
Walking	70
Walking more than one kilometer	48
Walking one block	54
Walking several blocks	40
Current level of physical activity ^b	
Slight limitation	48
Marked limitation	52
Need help in daily life due to PAH	61

Percentages were rounded to the nearest percent. Totals may not add to 100 due to rounding. Levels: slight limitation, marked limitation (levels required to meet entry criteria at screening). Levels: no limitation, slight limitation, marked limitation, substantial limitation.

Table 2: Coefficients and p-values of the conditional logit and heteroscedastic logit models

		Conditional logit model		Heterosce				dastic con	ditional l	ogit mode	it model		
		Mod	lel 1	Mod	lel 2	Mod	lel 3	Mod	lel 4	Mod	lel 5	Mod	lel 6
Attributes	Levels	coef	р	coef	р	coef	р	coef	р	coef	р	coef	р
Survival rate at 3 years	90% live at least 3 years	1.044	0.000	1.354	0.000	1.180	0.000	1.256	0.000	1.361	0.000	2.105	0.
	85% live at least 3 years	0.433	0.000	0.567	0.000	0.497	0.000	0.540	0.000	0.558	0.000	0.893	0.
	75% live at least 3 years	-0.420	0.000	-0.540	0.000	-0.463	0.000	-0.492	0.000	-0.535	0.000	-0.795	0.
	70% live at least 3 years	-1.057	0.000	-1.380	0.000	-1.214	0.000	-1.305	0.000	-1.384	0.000	-2.203	0
Unplanned PAH- related hospitalisation within 3 years	90% are never hospitalised	0.405	0.000	0.566	0.000	0.479	0.000	0.494	0.000	0.520	0.000	0.897	0
	80% are never hospitalised	0.024	0.676	0.049	0.499	0.021	0.741	0.035	0.618	0.046	0.529	0.084	0
	60% are never hospitalised	-0.163	0.002	-0.232	0.001	-0.181	0.003	-0.214	0.001	-0.224	0.002	-0.399	0
	50% are never hospitalised	-0.265	0.000	-0.383	0.000	-0.319	0.000	-0.314	0.000	-0.343	0.000	-0.582	0
Physical activity limitations after 3 years	No limitation	0.983	0.000	1.313	0.000	1.152	0.000	1.229	0.000	1.289	0.000	2.118	0
	Slight limitation	0.886	0.000	1.163	0.000	1.018	0.000	1.104	0.000	1.177	0.000	1.880	0
	Marked limitation	-0.473	0.000	-0.617	0.000	-0.548	0.000	-0.594	0.000	-0.638	0.000	-1.019	0
	Substantial limitation	-1.396	0.000	-1.859	0.000	-1.622	0.000	-1.739	0.000	-1.827	0.000	-2.980	0
Digestive symptoms in first 6 months	None	0.404	0.000	0.504	0.000	0.449	0.000	0.515	0.000	0.531	0.000	0.818	0
	Mild	0.309	0.000	0.390	0.000	0.356	0.000	0.375	0.000	0.385	0.000	0.574	C
	Moderate	-0.088	0.100	-0.099	0.148	-0.085	0.168	-0.108	0.101	-0.116	0.098	-0.138	C
	Severe	-0.624	0.000	-0.795	0.000	-0.721	0.000	-0.782	0.000	-0.800	0.000	-1.253	C
Pain in first 6 months	None	0.138	0.012	0.199	0.005	0.159	0.012	0.176	0.010	0.181	0.013	0.327	C
	Mild	0.167	0.003	0.205	0.004	0.175	0.006	0.183	0.007	0.198	0.006	0.251	C
	Moderate	-0.010	0.859	-0.018	0.805	-0.016	0.812	0.004	0.954	0.004	0.960	-0.003	C
	Severe	-0.295	0.000	-0.385	0.000	-0.318	0.000	-0.362	0.000	-0.383	0.000	-0.575	C
Headache in first 6 months	None	0.364	0.000	0.461	0.000	0.418	0.000	0.460	0.000	0.482	0.000	0.762	C
	Mild	0.032	0.565	0.033	0.643	0.032	0.613	0.048	0.473	0.045	0.533	0.065	C
	Moderate	0.057	0.292	0.059	0.390	0.051	0.403	0.059	0.367	0.061	0.378	0.049	C
	Severe	-0.452	0.000	-0.553	0.000	-0.502	0.000	-0.567	0.000	-0.588	0.000	-0.875	C
	Scale parameter												
	Response time < 12 min			-0.430	0.000							-0.472	C
	Marked limitations					-0.260	0.000					-0.108	C
	Requires assistance							-0.330	0.000			-0.285	C
	Age 46 to 65									-0.264	0.012	-0.166	C
	Age 65 plus									-0.382	0.001	-0.319	C
	Akaike's information criterion and Bayesian information criterion												
	LL(model)	-1398.60		-1381.43		-1392.06		-1388.48		-1393.04		-1363	
	AIC	2833.20		2800.86		2822.11		2814.96		2826.07		277	
	BIC	2953.72		2928.07		2949.32		2942.17		2959.98		292	
	df		18		19			19		20			
	LM test for heteroscedasticity			chi2(1) = 36.09 p < 0.000		, ,		chi2(1) = 21.16 p < 0.000		, ,		, ,	

Lagrange multiplier test for heteroskedasticity