Safety and Cost analysis of Image-guided Functional Endoscopic Sinus Surgery in China

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Objectives

Image-guided system (IGS) is a technique used to assist the physician during functional endoscopic sinus surgery (FESS), making FESS more accurate and reducing the complications associated with the procedure. The position and anatomical feature of sphenoid sinus make FESS surgery requiring sphenoid resection a challenge. The study seeks to compare the complications and cost of FESS with and without IGS among patients requiring sphenoid resection.

> Methods

Population

Patient with chronic rhinosinusitis who underwent FESS involving sphenoid sinus

Intervention & Control

- Image-guided system(IGS)
- Non-Image-guided system(Non-IGS)

Outcome

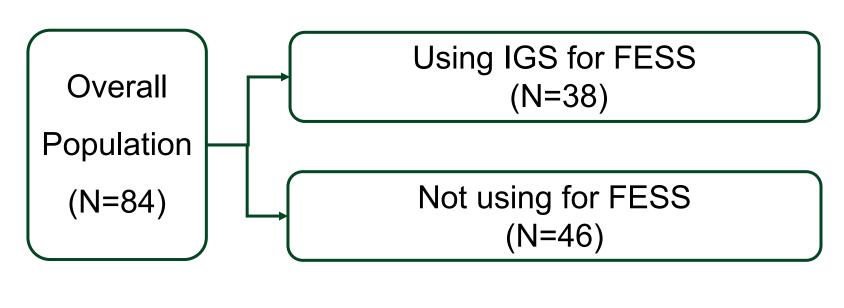
Primary endpoint:

- ✓ Rehospitalization rate due to bleeding
- ✓ Reoperation rate due to bleeding
- Reoperation rate due to recurrence
- Secondary endpoint:
- ✓ Length of stay ✓ Length of stay due to bleeding
- Length of stay after procedure Number of blood transfusion
- ✓ Number of serious adverse event

Study design

Two-center retrospective chart review (At July 1,2018 and December 31,2019)

- Otolaryngology Hospital of Longgang District
- Shenzhen Bao'an People's Hospital



Statistical analysis

R Studio Version 1.3.959 was perform:

- ✓ Student's t-test for continuous variables
- ✓ chi-square test or Fisher's exact test for categorical variables.

All tests were two-sided, and P<0.05 was considered statistically significant.

Inclusion

- 1) Age : 18≤Age<75;
- 2) Date :

July 1, 2018 to December 31, 2019;

3) underwent a FESS, including open frontal sinus;

Exclusion

- 1) involved in skull base surgery;
- 2) malignant tumors;
- 3) patients with bleeding, in the opinion
- of the investigators, that could affect

assessment of clinical endpoints.

> Result

There was no statistical difference in the baseline characteristic between the IGS and non-IGS groups (P>0.05) in Table 1.

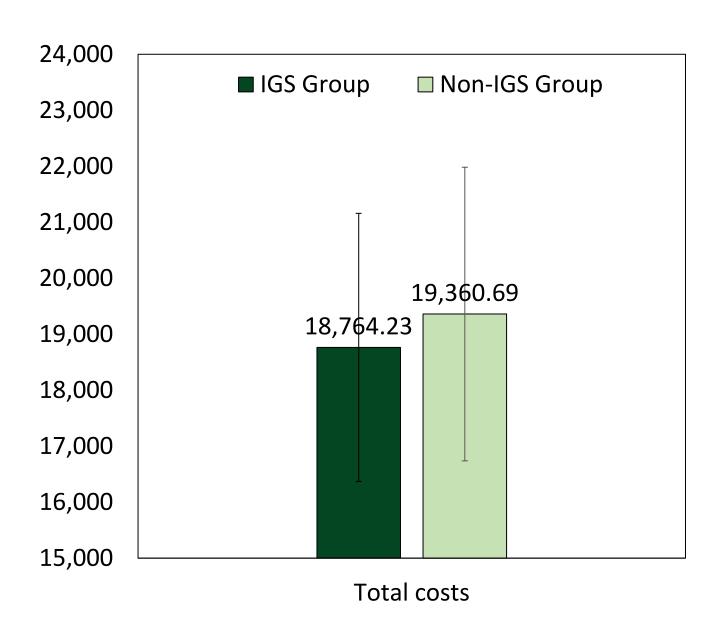
Table 1 Baseline characteristics for patients with functional endoscopic sinus surgery

Variables	IGS (N=38)	Non-IGS (N=46)	P-value
Age			
	41.24 (11.23)	40.98 (11.88)	0.919
	38 [34,39]	33 [40,48]	0.801
Gender			
Male	26 (68.42)	38 (82.61)	0.207
Female	12 (31.58)	8 (17.39)	-
History of previous surgery, n (%)			
Sinus related surgery	8 (21.05)	1 (2.17)	0.015
Functional endoscopic sinus surgery	1 (2.63)	1 (2.17)	1.000
History of disease, n (%)			
Hypertension	1 (2.63)	5 (10.87)	0.301
Diabetes	1 (2.63)	0 (0.00)	0.923
Kidney disease	1 (2.63)	0 (0.00)	0.923
Hepatobiliary disease	3 (7.89)	2 (4.35)	0.825
Gastrointestinal disease	1 (2.63)	2 (4.35)	1.000
Lung disease	5 (13.16)	2 (4.35)	0.290

> Result

In the non-IGS group, there were two cases of rehospitalization due to bleeding; all two patients underwent hemostasis surgery with an incidence of 3.70% (P=0.215). The total hospitalization cost was \pm 18,764.23 CNY in the IGS group and \pm 19,624.92 CNY in the non-IGS group per patient, with no statistical difference between the two groups (P=0.076) in Figure 1.

In the case of no difference in the length of stay, although the procedure-related medical costs of IGS group were increased by \pm 833.11 CNY compared with the non-IGS group, this was more than offset by drug costs and antibacterial drug costs in Figure 2,3.



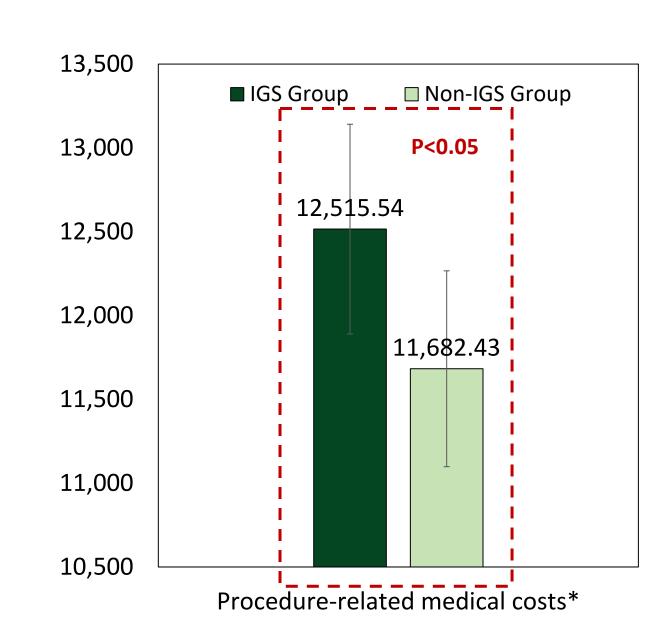


Figure 1 Total cost of sphenoid sinus in IGS and Non-IGS Group

Figure 2 Procedure-related medical costs in IGS and Non-IGS Group

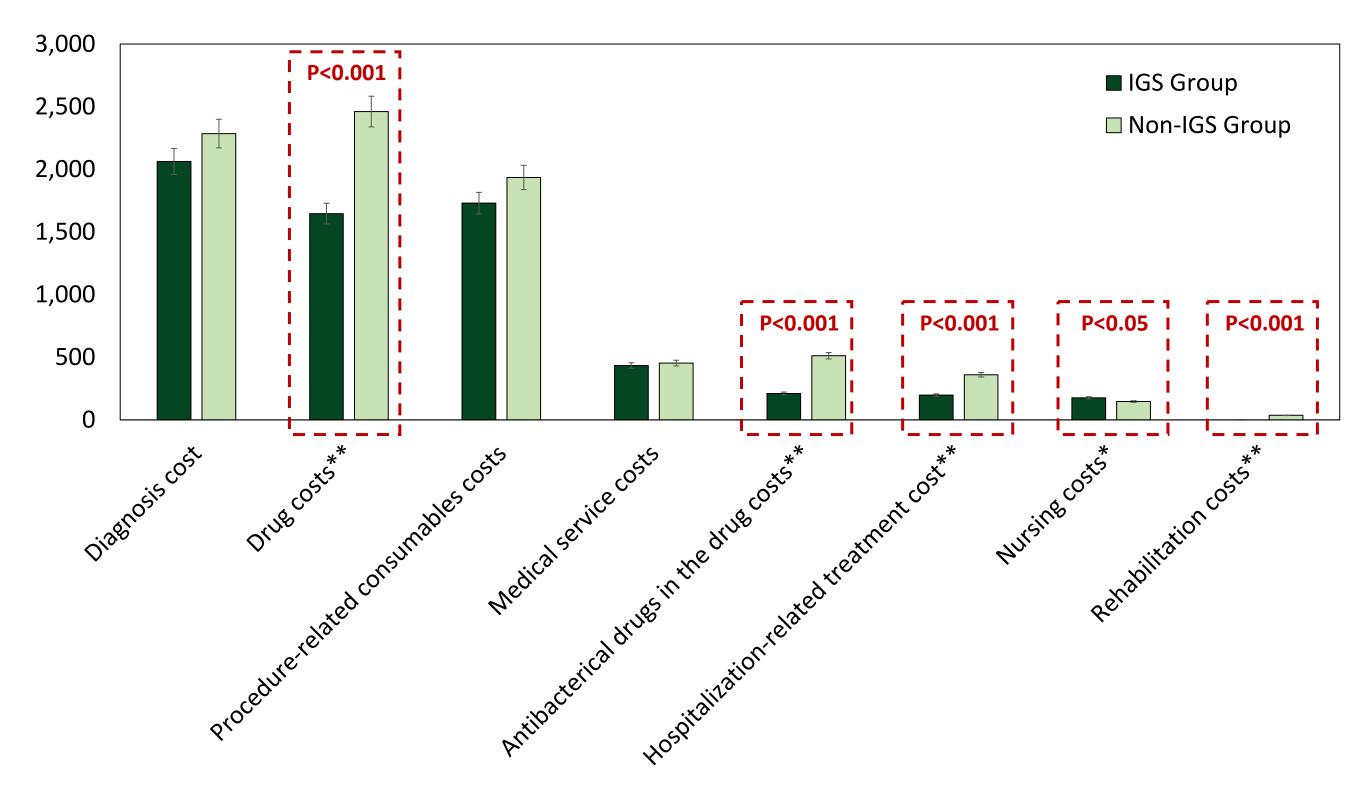


Figure 3 Others costs in IGS and Non-IGS Group

> Conclusions

IGS appears to serve as a valuable adjunct in safe intraoperative dissection. The use of an IGS for FESS involving sphenoid sinus may reduce the complications associated with the procedure and allow for a potentially cost-effectiveness operation.

Reference

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