# A Review of Oncology Submissions to NICE to See How Often Disease-Specific Quality of Life Data Have Been Accepted

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#### Introduction

- The National Institute for Health and Care Excellence (NICE) makes recommendations at a national level for oncology drugs in England as part of their technology appraisals program
- To enable consistency across evaluations, NICE states a preference for the EQ-5D instrument, a generic quality of life (QoL) measure (1). When EQ-5D data are not available, the NICE manual recommends mapping other health-related QoL (HRQoL) measures (e.g. disease-specific measures) to EQ-5D (1)
- NICE acknowledges that, in some circumstances, the EQ-5D may not be the most appropriate

#### Results

A total of 50 NICE STAs of oncology treatments were identified via a review of NICE's log of cancer appraisal recommendations (2); 36 appraisals met the inclusion criteria for data extraction.



measure. In such circumstances, other generic or disease-specific preference-based measures may be used, as long as sufficient evidence is provided regarding their appropriateness

#### Objectives

- To explore how often disease-specific QoL measures have been used in manufacturers' economic analyses in recent oncology submissions to NICE
- To understand approaches taken by manufacturers when using disease-specific QoL measures, and how these approaches have been received by NICE

### Methodology

- All NICE single technology appraisals (STAs) for oncology products published between 1<sup>st</sup> April 2021 – 31<sup>st</sup> March 2022 were reviewed
- The following information was extracted from relevant committee papers and final appraisal documents:

Of the 36 appraisals meeting the inclusion criteria for the review:



Six leveraged disease-specific QoL data to inform their economic analyses

#### Appraisals using disease-specific QoL measures

- Two appraisals in multiple myeloma and cholangiocarcinoma (TA695 and TA722) used disease-specific QoL data from clinical trials mapped to EQ-5D-3L utility scores using published mapping algorithms (3,4), as suggested in the NICE methods (1). In both instances the **EORTC-QLQ-C30** instrument was mapped to EQ-5D-3L
- A third appraisal in non-small cell lung cancer (TA760) mapped **EORTC-QLQ-C30** values to EQ-5D-3L using a published algorithm by Khan et al (5). However, the manufacturer concluded that mapped values lacked clinical plausibility, and utility values were ultimately derived from the literature
- In an appraisal in thyroid cancer (TA742), the manufacturer searched for a mapping algorithm to map **EORTC-QLQ-C30** to EQ-5D-3L, but, in the absence of a suitable algorithm, leveraged utility values from past appraisals
- In an appraisal in chronic lymphocytic leukaemia (TA689), the manufacturer deemed that EQ-5D data collected for progressed disease were limited and lacked face validity. As a result,
- **EORTC-QLQ-C30** and **FACIT** utility values from literature, and used in previous appraisals, were used for progressed disease utility in the model's base case
- In appraisal TA756, NICE accepted the use of a disease-specific preference-based measure, the **MF-8D**. This was justified due to the inadequate psychometric properties of the EQ-5D in myelofibrosis (MF) and concerns that EQ-5D could not detect clinically meaningful changes in HRQoL in patients with MF

#### Appraisal outcome

# 2

Source of QoL data



Mapping techniques applied to HRQoL

#### Conclusion

- In most recent oncology STAs, manufacturers have leveraged data collected using the generic EQ-5D instrument, in line with NICE preferences
- Where data collected via disease-specific instruments have been used, mapping to EQ-5D-3L via published algorithms has been accepted in the absence of collected EQ-5D data. However, manufacturers should carefully consider the clinical plausibility of resulting utility values. Where no mapping algorithms exist, or where mapped values lack plausibility, literature-based values may be acceptable alternatives

- Mukuria et al (2015) developed the MF-8D to overcome concerns related to using EQ-5D and EORTC QLQ-C30 in the MF population (6)
- MF-8D is derived by combining data from the MF-SAF and EORTC QLQ-C30 to generate utility scores
- Although the EORTC QLQ-C30 can capture functioning and generic symptoms associated with MF, it is less able to capture MF-specific symptoms and is not as responsive over time as the MF-SAF

#### Table 1: Overview of appraisals using disease-specific utility measures

BD to The 8 dimensions of the MF-8D are:

- 1. Physical functioning (from EORTC QLQ-C30)
- 2. Emotional functioning (from EORTC

QLQ-C30)

- 3. Fatigue (from EORTC QLQ-C30)
- 4. Itchiness (from MF-SAF)
- 5. Pain under ribs on the left side (from

MF-SAF)

- 6. Abdominal discomfort (from MF-SAF)
- 7. Bone or muscle pain (from MF-SAF)
- 8. Night sweats (from MF-SAF)

Recommended Recommended (CDF)

ТА	Drug	Indication	Disease-specific utility measure(s)	Mapping algorithm used to map to EQ-5D
TA689	Acalabrutinib	Chronic lymphocytic leukaemia	EORTC QLQ-C30, FACIT	Observed EQ-5D data from trial were limited; therefore, disease-specific measures from literature, and used in previous appraisals, were used with no additional mapping
TA695	Carfilzomib with dexamethasone and lenalidomide	Multiple myeloma	EORTC QLQ-C30	Proskorovsky et al (2014) (3) ordinary least squares mapping algorithm model
TA722	Pemigatinib	Relapsed or refractory advanced cholangiocarcinoma with FGFR2 alterations	EORTC-QLQ-C30	'Response mapping' technique by Longworth et al (2014) (4)
TA742	Selpercatinib	Advanced thyroid cancer with RET alterations	EORTC-QLQ-C30	No mapping conducted due to lack of published mapping algorithm. Attempts to map values resulted in implausible utility values. Base case utilities were sourced from literature
TA756	Fedratinib	Disease-related splenomegaly and symptoms in myelofibrosis	MF-8D	No mapping conducted due to concerns with EQ-5D's ability to detect changes in QoL. MF-8D accepted by the ERG
TA760	Selpercatinib	RET fusion-positive advanced non-small cell lung cancer	EORTC-QLQ-C30	Mapped values lacked clinical plausibility; therefore, utility values were sourced from the literature

# • Our research identified one appraisal where a disease-specific preference-based instrument was accepted, illustrating that NICE is willing to deviate from its preference for EQ-5D data where a case can be made for its unsuitability

Abbreviations: CDR, Cancer Drug Fund; ERG, Evidence Review Group; QoL, quality of life; RET, rearranged during transfection.

Four of the six appraisals using disease-specific QoL measures were ultimately recommended

The remaining two appraisals received an optimised recommendation meaning they were recommended for a smaller group of patients than the original scope of the appraisal

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#### Abbreviations

CDF, Cancer Drug Fund; EA, Evidence assessment group; EORTC, European Organization for Research and Treatment of Cancer; EQ-5D, EuroQol-5-dimension; FACIT, Functional Assessment of Cancer Therapy; HRQoL, Health-related quality of life; MF, Myelofibrosis; MF-8D, Myelofibrosis-Symptom Assessment Form 8-dimension; NICE, National Institute for Health and Care Excellence; QoL, Quality of life; QLQ-C30, Quality of life questionnaire-C30; TA, Technology appraisal

Optimised recommendation

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