

PREVALENCE AS A DRIVER OF TREATMENT COST FOR DRUGS IN THE RARE DISEASE FIELD IN ITALY

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BACKGROUND AND OBJECTIVE

Since the low prevalence associated with a rare disease (5 per 10,000 people)⁽¹⁾ could be a key factor in the definition of reimbursed drug price, the aim of the study was **to investigate the existence of a correlation between the prevalence of rare diseases and related treatment costs for drugs reimbursed in Italy.**

MATERIALS AND METHODS

A database with **115 EMA-approved drugs/indications for rare diseases** was created and populated in Microsoft Excel. A total of 80 drugs/indications reimbursed in Italy between January 2016 and December 2021 were considered and analyzed. Additional inclusion/exclusion criteria for analysis sample selection, are shown in **Figure 1**. The treatment cost was estimated based on net prices and related dosing regimens for each drug included in the analysis. In the case of weight-dependent posology, assumptions for average patient characteristics were 70 kg weight and 1.72m² BSA. For chronic indications, a treatment duration of 365 days was assumed,

whereas for non-chronic indications (less than 1 year) the duration was commensurate with the treatment cycle length. Data about prevalence were collected from the EMA website and integrated with data from Orphanet. A linear regression analysis was performed to investigate the correlation between prevalence and treatment costs. Subgroup analyses were performed for chronic and orphan indications, ultra-rare diseases ($\leq 1/50,000$)⁽²⁾, innovative indications, and class H/A-PHT drugs.

RESULTS

For the 80 indications considered, a statistically significant inverse correlation was found between the treatment cost and the related prevalence ($r=-0.3036$). Each percentage point increase in prevalence corresponds to an average reduction of about €40,600 in the cost of treatment ($X1= -40,671$; CI95% [-69,435;-11,908]; $p=0.00617$) (**Figure 2**). An even stronger inverse correlation was found by analyzing chronic indications ($n=57$; $r=-0.5011$). In fact, a statistically significant inverse correlation emerged from this subgroup analysis: each percentage point increase in prevalence corresponds to an average reduction in treatment cost of €47,000 ($X1= -47,205$, CI95% [-69,228;-25,180]; $p=0.00007$) (**Figure 3**). Also, the analyses conducted for orphan indications ($n=61$) and drugs in class H/A-PHT ($n=67$) result in an inverse correlation (respectively, $r=-0.2888$ and $r=-0.3946$): each percentage point increase in prevalence corresponds to an average reduction of about €42,800 in the treatment cost ($X1= -42,866$; CI95% [-79,881;-5,850]; $p=0.0239$) (**Figure 4**) for the first, and an average reduction of about €38,000 ($X1= -38,397$; CI95% [-60,543;-16,252]; $p=0.0009$) for the second. A non-significant correlation was observed for ultra-rare indications and innovative drugs.

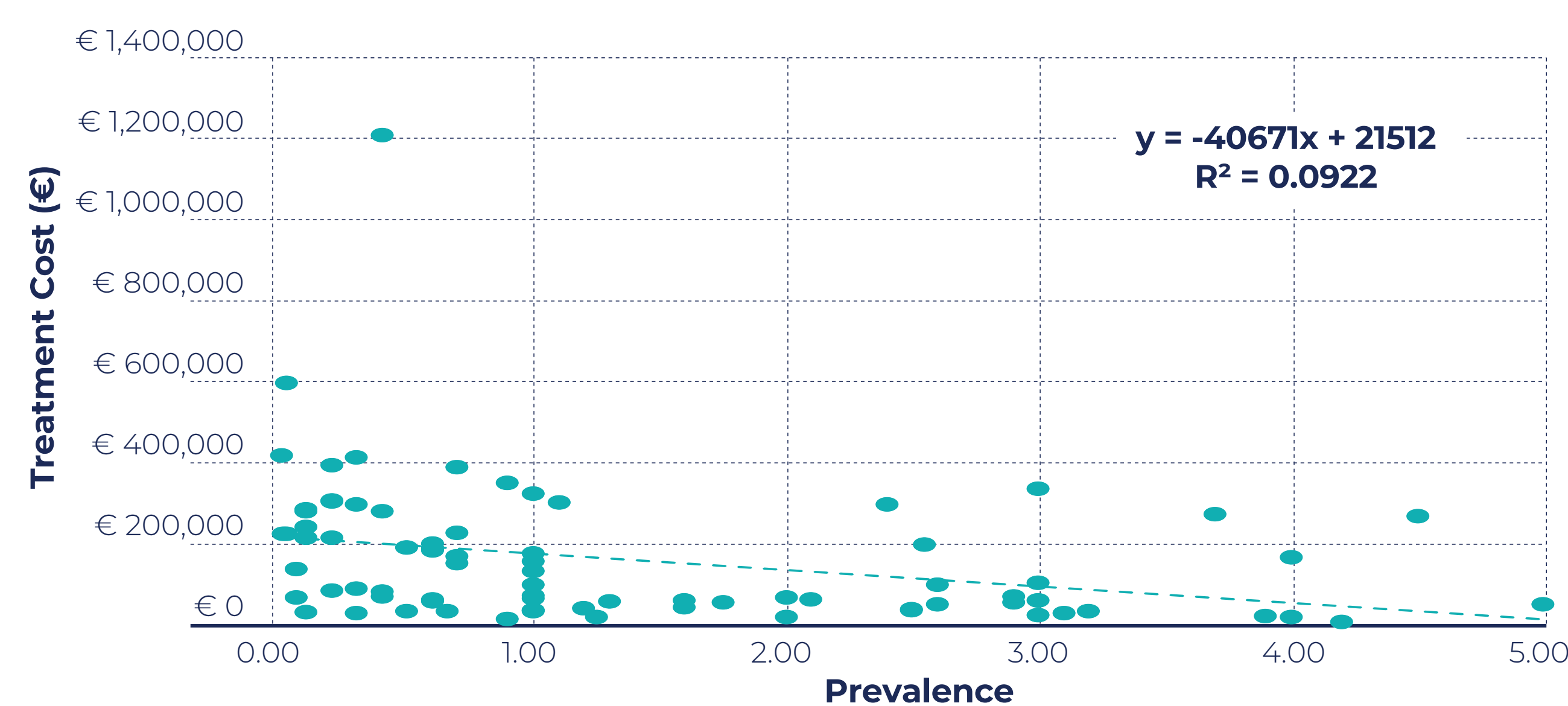


Figure 2. Overall results - Inverse correlation Treatment Cost vs. Prevalence

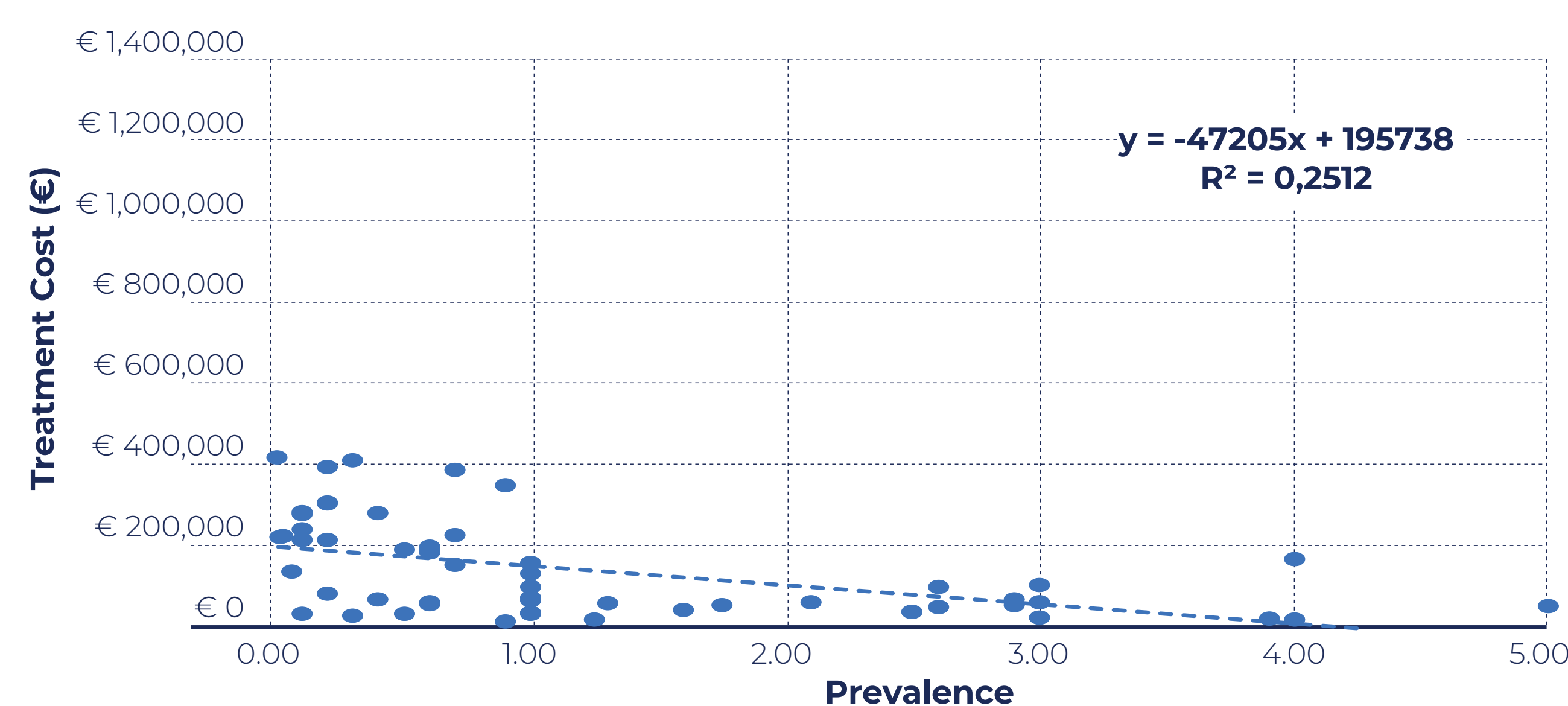


Figure 3. Chronic indications - Inverse correlation Treatment Cost vs. Prevalence

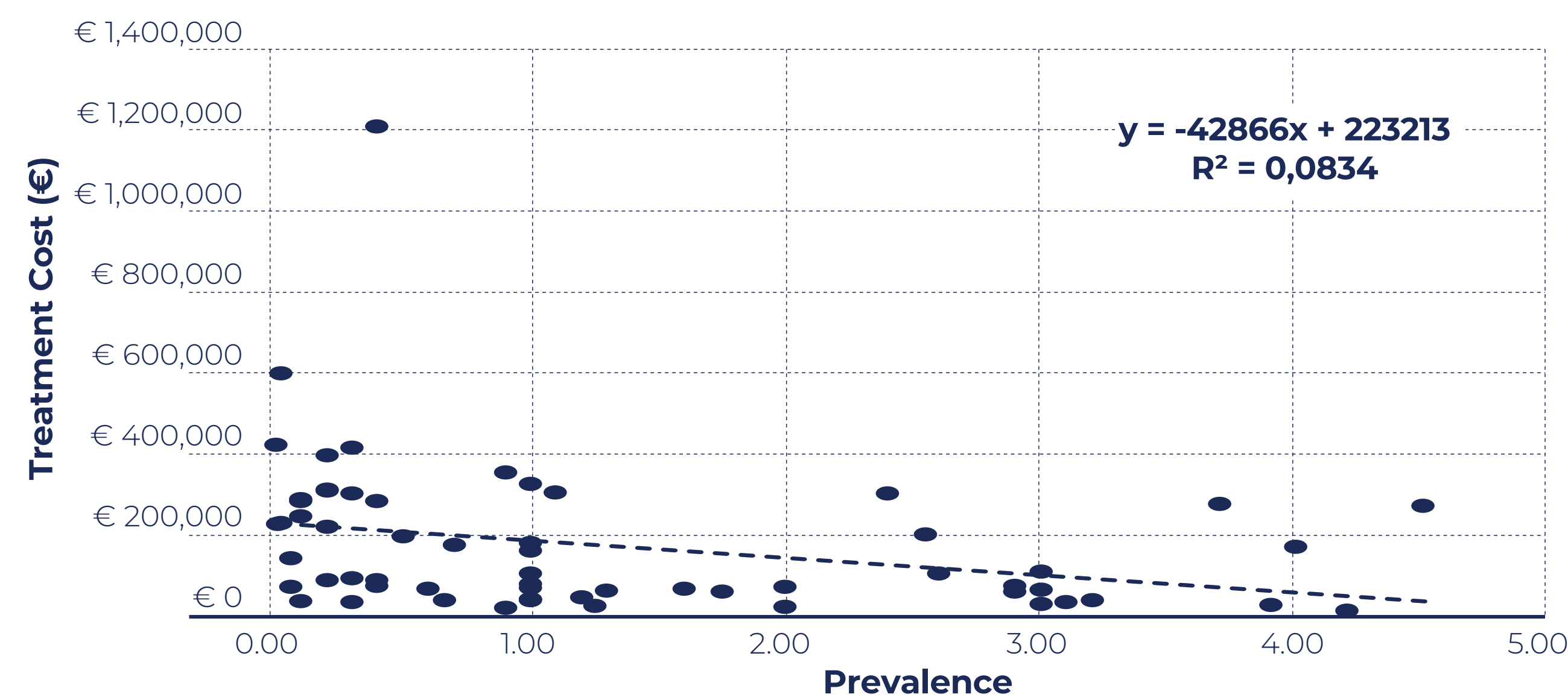


Figure 4. Orphan indications - Inverse correlation Treatment Cost vs. Prevalence

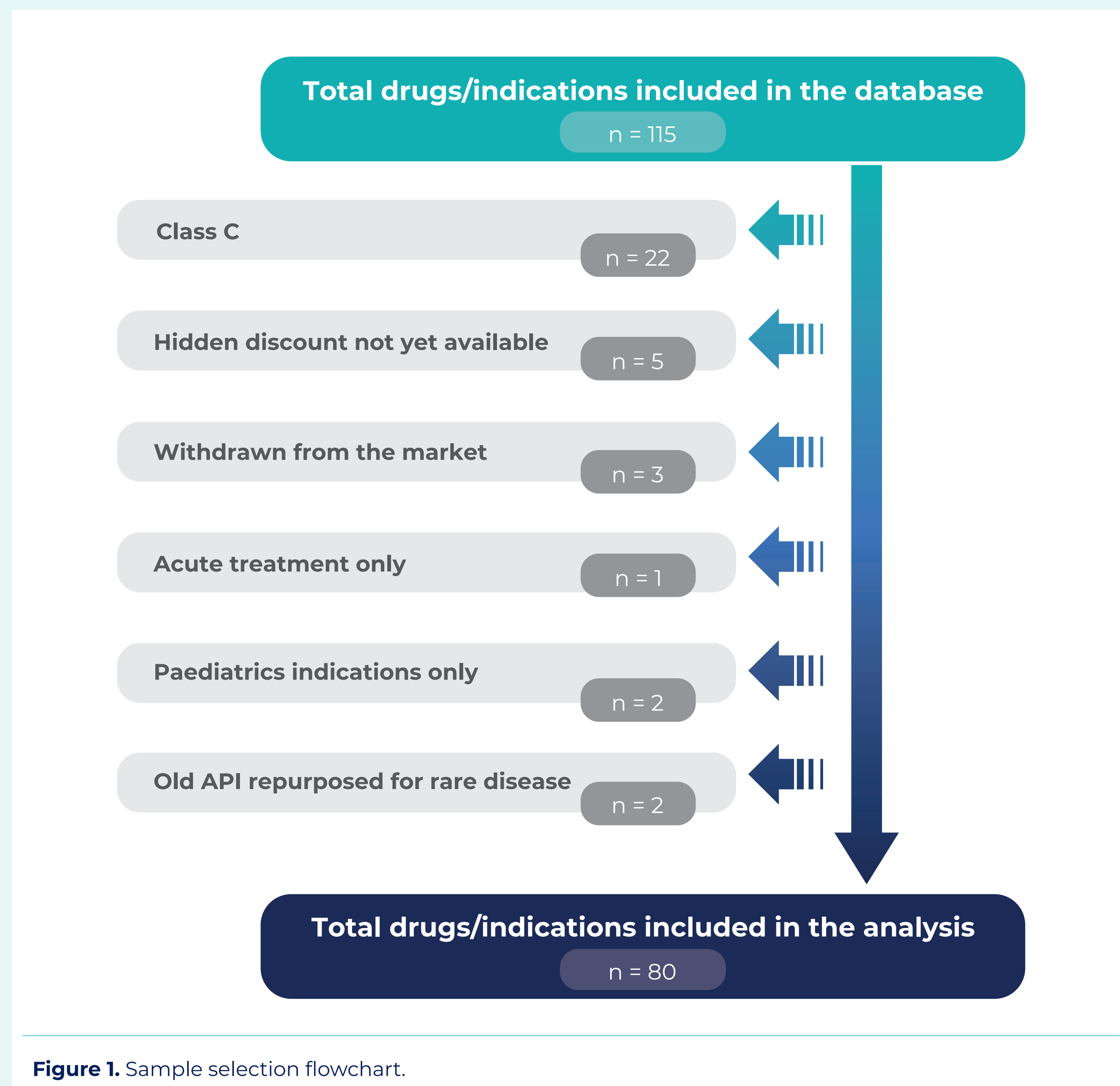


Figure 1. Sample selection flowchart.

CONCLUSIONS

Although pricing outcomes come from a multifactorial process with several determinants, such as *unmet medical needs*, availability of therapeutic alternatives, added value, and P&R policies, **the results of this study show that epidemiology can be also considered one of the drivers in pricing decisions, at least in the field of rare diseases.** However, these results must be read considering some limitations such as the small sample size, especially for subgroup analyses, and the absence of specific prevalence data referring to the Italian context.