

Improving healthcare decisions

# Virtual ISPOR Europe 2021 Women in HEOR Session

"Relationships Matter: How to Leverage Mentoring to Advance Your Career"

Wednesday, 1 December 14:15 – 15:15 CET | 08:15 – 09:15 EST



# An ISPOR Women in HEOR Session: **Relationships Matter:** How to Leverage Mentoring to Advance Your Career

The Program Will Begin Shortly

Virtual ISPOR Europe 2021



Julia Slejko, PhD University of Maryland

# **Moderating:**

#### Women in HEOR Panel

Relationships Matter: How to Leverage Mentoring to Advance Your Career

Virtual ISPOR Europe 2021



### Learn More & Get Involved...

### www.ispor.org/WomenInHEOR

- Initiative Overview and Video
- Upcoming Events
- Resources
- LinkedIn Discussion Group





### Women in HEOR "Relationships Matter" Panel



Jalpa Doshi, PhD University of Pennsylvania



Jan Hansen, PhD Genentech



Brian O'Rourke, PharmD Independent Healthcare Advisor

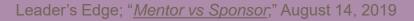
# **ISPOR Definition: Mentor vs Sponsor?**

### **Mentors:**

Advise a mentee

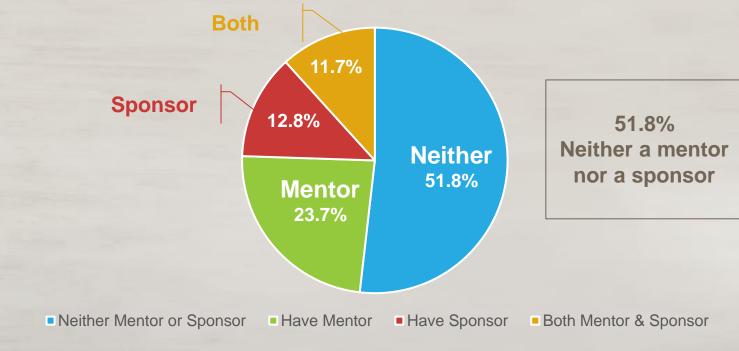
# Sponsors:

Advocate for their protégés





# ISPOR Women in HEOR Member Survey Mentors and Sponsors—"I Have..."



ISPOR Women in HEOR Member Survey, 2018



# **Polling Question**

#### Do you have ...?

- A mentor
- A sponsor
- Neither (a mentor nor a sponsor)

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- Both (a mentor and a sponsor)

# **Panel Discussion**

## **ISPOR Mentoring Resources**

 Chopra, Vaughn, Saint. "<u>The Mentoring</u> <u>Guide: Helping Mentors and Mentees</u> <u>Succeed</u>." Michigan Publishing. 2019

 American College of Healthcare Executives, "<u>ACHE Mentor Guide</u>."

 F. John Reh, "<u>A Guide to Understanding the</u> <u>Role of a Mentor</u>." The Balance Careers. 2019



# **ISPOR Avoid Common Missteps**

#### Mentees:

### The Overcommitter

Frequently says "yes," but often doesn't deliver

### The Ghost

Initially enthusiastic and energetic, then disappears without a trace or notice

### The Doormat

Exhaust energy on things that do not further their career

#### **Mentors:**

# The Exploiter

Assigns tasks that serve the mentor, not the mentee

## The Bottleneck

Is so busy with their own tasks, there are long delays in feedback.

## The Country Clubber

Avoids conflict by not advocating for the mentee, such as negotiating for protected time, authorship.

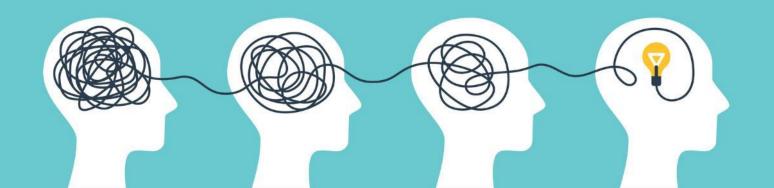
Chopra, Vaughn, Saint. *The Mentoring Guide: Helping Mentors and Mentees Succeed*. Michigan Publishing. 2019. (Available at www.amazon.com)





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# Key Takeaways





### What Next? Questions To Ask Yourself...

- Do I have a mentor/s? Do I have a sponsor?
- What can I do to initiate some "informal" mentoring relationships?
- How can I become a better mentee or mentor?



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## **Continue the Conversation...**

### Women in HEOR Social Hour

Meet the speakers and continue the conversation about mentoring.

- Wednesday, 1 December
- 17:00 18:00 CET

And at: www.ispor.org/WomenInHEOR

