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Current Controversies in Rare Diseases and Evidence-Based Advocacy

ISPOR Rare Disease Special Interest Group Forum

Virtual ISPOR Europe 2021

2nd December 2021

Panelists

Moderator:

- **Jamie O'Hara:** CEO, HCD Economics, UK

Speakers:

- **Sheela Upadhyaya:** Rare Disease & RAPID C-19 Strategic Advisor, NICE, UK
- **Brian O Mahony:** CEO, Irish Haemophilia Society; Ireland
- **Mohit Jain:** Vice President Market Access EMEA, Biomarin, UK
- **Persefoni Kritikou:** RWE Manager, HCD Economics, UK

Agenda

- SECTION 1
 - Introduction to the SIG – [Jamie](#)
- SECTION 2 – Consultation Process
 - Rationale & Description of the Consultation Process – [Sheela](#)
 - Equity – [Sheela](#)
 - Evidence-Based Advocacy – [Brian](#)
 - Regulatory Process – [Brian](#)
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- SECTION 3 – Key Project
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SECTION

1

Introduction to the SIG

Introduction to the ISPOR Rare Disease Special Interest Group (SIG)

[HOME](#) / [MEMBER GROUPS](#) / [SPECIAL INTEREST GROUPS](#)

Rare Disease Special Interest Group

Mission

To identify issues in the rare disease environment so that all stakeholders can effectively address key challenges and more effectively establish the value of new and existing diagnostics and therapeutics.

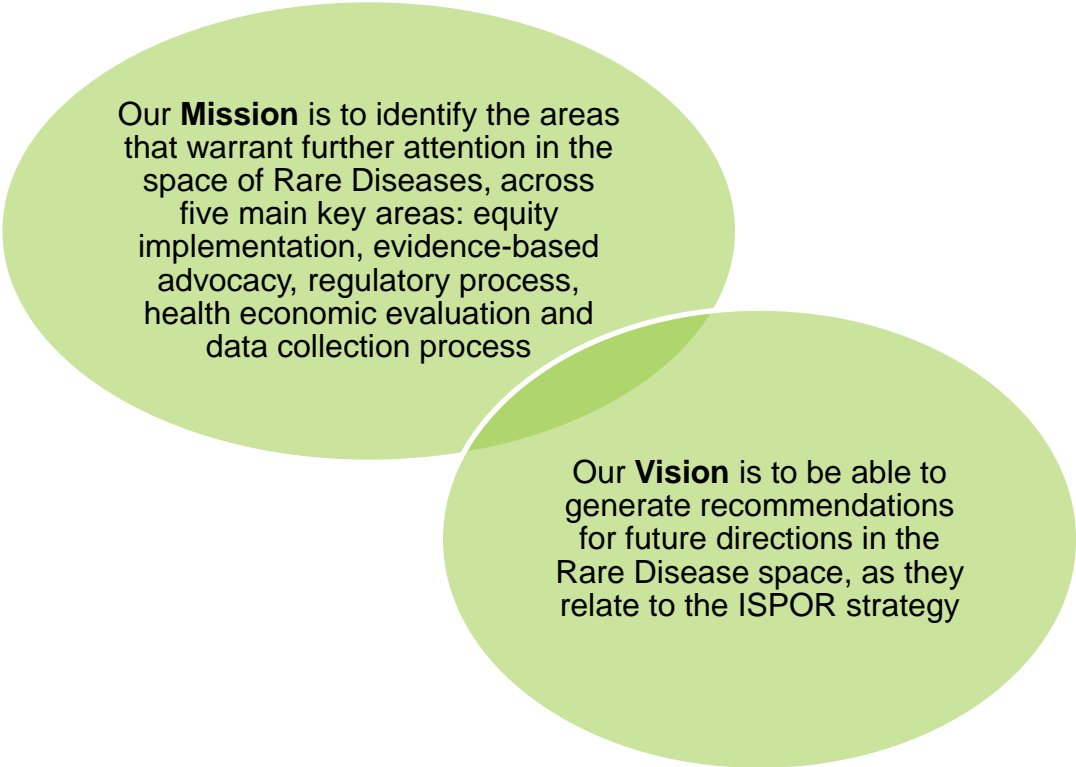
Background

Rare disease is a rapidly expanding area of research and clinical development. Advancements in genetic understanding and other scientific breakthroughs have led to improved identification of rare conditions and possible pathways for improving rare disease diagnosis and treatment, as well as stratifying relatively common diseases into many rarer ones.

As clinicians are better able to diagnose specific rare diseases, new treatments are becoming available for clinical development. However, treatments for rare diseases are typically available at much higher "per patient" cost, which (along with other factors) create challenges to payers, providers and patients.



The ISPOR Rare Disease SIG Mission and Vision



Our **Mission** is to identify the areas that warrant further attention in the space of Rare Diseases, across five main key areas: equity implementation, evidence-based advocacy, regulatory process, health economic evaluation and data collection process

Our **Vision** is to be able to generate recommendations for future directions in the Rare Disease space, as they relate to the ISPOR strategy

Key Milestones in Rare Diseases



Orphan Drug Program
in Australia

1998



2011



THE UK STRATEGY FOR RARE
DISEASES

2018

1972

Outline of
Measures to
Combat
Intractable
Diseases in
Japan

1983

The Orphan Drug
Act in the US



An Act to amend the Federal Food, Drug,
and Cosmetic Act to facilitate the
development of drugs for rare diseases
and conditions, and for other purposes.

1997



2002

The Rare Disease
Act in the US



An Act to amend the Public Health Service
Act to establish an Office of Rare Diseases
at the National Institutes of Health, and for
other purposes.

2017



2020

Health Canada
Special Access
Program



Ongoing Discussions in Rare Diseases



What is the societal view on genetic predisposition vs bad life choices?



To what extent is the rare disease patient voice heard?



Is the social insurance contract met in the space of rare diseases?



How does the disability paradox in rare diseases affect access to new treatments?



What are the society's perception towards payers and pharmaceutical industry when innovative but expensive drugs are denied reimbursement?

2

Consultation Process

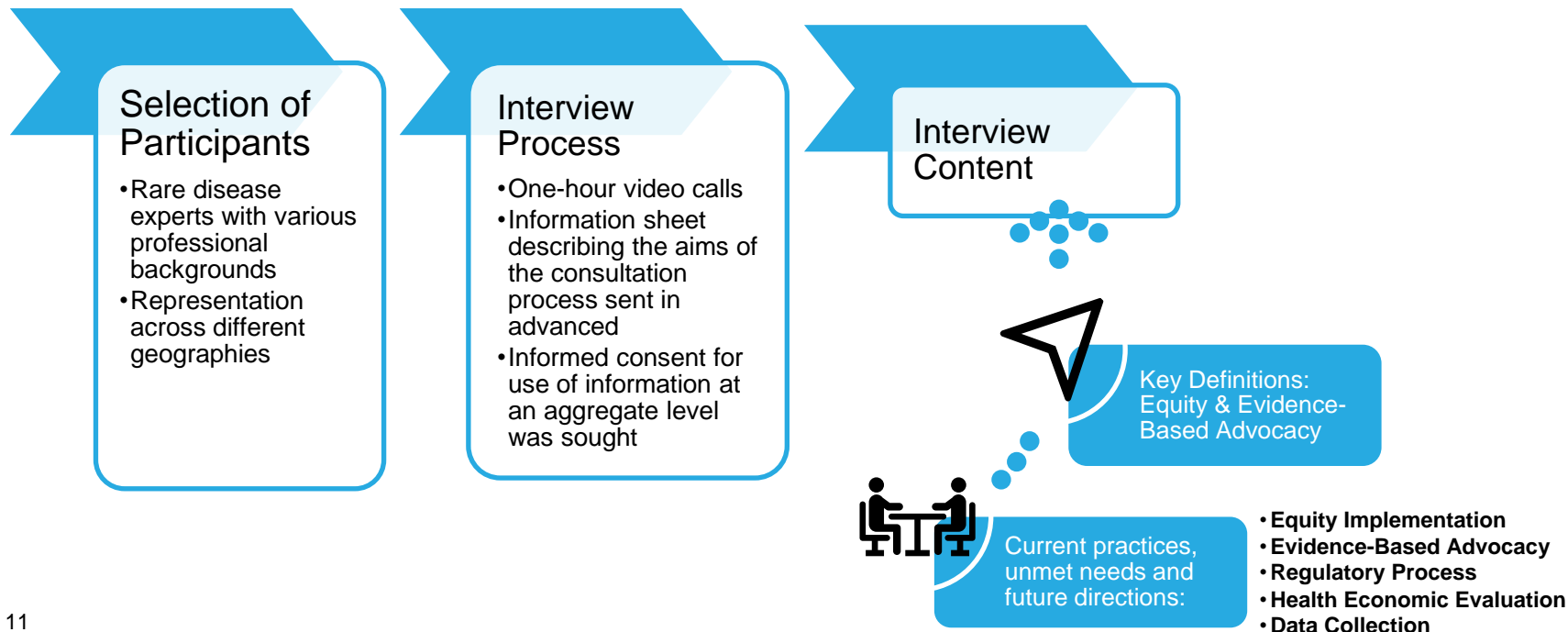


Rationale for the Consultation Process

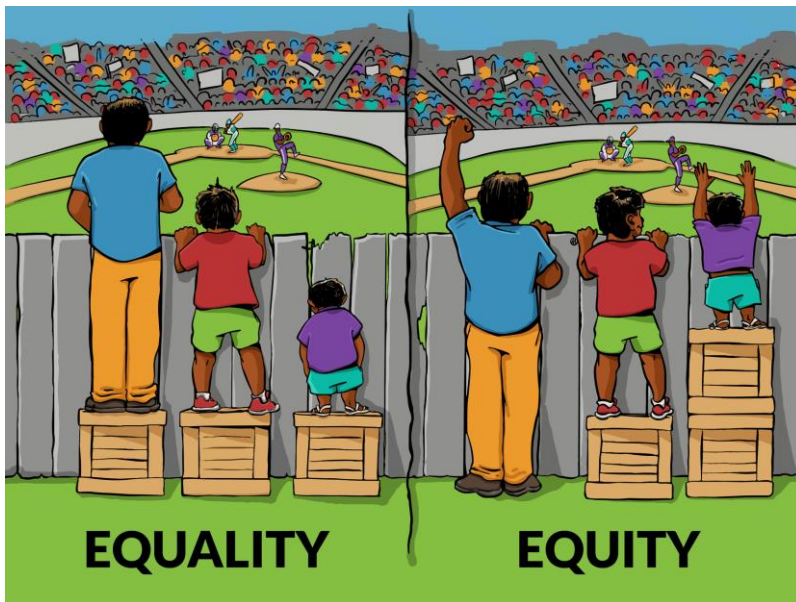
In order to define the future strategic directions of the ISPOR Rare Disease SIG, we performed a consultation process with Rare Disease Experts across 5 key areas.



Description of the Consultation Process



Definition of 'Equity'



Source: Interaction Institute for Social Change | Artist: Angus Maguire [1]

EQUITY: “The situation in which everyone is treated fairly and equally”

Cambridge Advanced Learner's Dictionary & Thesaurus

HEALTH EQUITY: “Equity is the absence of unfair, avoidable or remediable differences among groups of people, whether those groups are defined socially, economically, demographically, or geographically or by other dimensions of inequality (e.g. sex, gender, ethnicity, disability, or sexual orientation). Health is a fundamental human right. **Health equity is achieved when everyone can attain their full potential for health and well-being”.**

World Health Organization (WHO) [2]

Poll Question 1

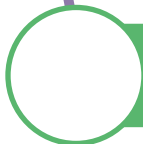
To what extent do you feel that **Equity** is currently implemented in the provision of care for people affected with **Rare Diseases**?

- Only minimally
- To a small extent, under specific circumstances
- To a sufficient extent
- To a great extent, covering almost all cases for Rare Diseases

Consultation Process Outcomes : **Equity**



*We need to define what we mean by equity – a **value-based system** where trade-offs between different diseases are made, or a **humanistic system** where all patients with marginal benefits should be treated?*



*Rare disease therapies are a fragmented world, but we need to **finance and develop rare disease drugs centrally**, to allow economies of scale*



*Current healthcare systems are designed such that everybody receives the same care initially but without accounting for future differentiation based on disease severity. **Need to start at reforming primary care to allow easier access to a specialist/ reference centres.***



“Incentives heavily weighted towards communities that could pay for the relevant research, leaving behind areas with no funding opportunities”

HTA agency

“Geographical differences are also very evident – depending on where you are born you die, or you live if you have muscular dystrophy.”

Patient Association

Definition of ‘Evidence-Based Advocacy’

“Use of verified concrete information as proof to trigger change”

Advocacy using reasoned argument based on best attainable evidence-based data and experiential data, utilizing patient-relevant outcomes, including real-world experience and case studies



Cost of HaEmophilia: a Socioeconomic Survey in China
 CHES China Proposal
 血友病的代价：中国血友病社会经济调查
 CHES “启思” 中国提案

Multicentre retrospective and cross-sectional observational study in China

Pre-Feasibility Patient Questionnaire V0.4 – 20th November 2017

Version for programming – 23rd March 2018

Observational study conducted by the University of Chester in partnership with Haemophilia Home of China



Patient Reported Outcomes Burdens and Experiences Study



Consultation Process Outcomes : Evidence-Based Advocacy

EBA should be integrated across the whole spectrum of rare diseases: equity implementation, regulatory process, health economic evaluation, and data collection process

Translating the patient-provided information into metrics that can be included in the decision-making process

Capture the patient and caregiver perspective outside the healthcare visits, as experienced 7 days per week

Transform the healthcare system to enable the people affected with rare diseases to maneuver through the various settings



“The naïve patient in rare diseases and in cancer is a dead patient”

Patient Association

“Evidence has to guide everything”

Patient Association

“There has been an important shift from patients being objects of medical interventions, to them being subjects”

Academia

The Patient Advocacy Group Perspective on the Implementation of Evidence-Based Advocacy

For rare diseases, randomised control trials not usually feasible



RCTs not the appropriate standard to apply to rare diseases



PAGs can collaborate with health care professionals in the collection of clinical data and can also separately collect QOL and experiential data



Proactive planning of data and evidence collection before a treatment commences allows for impact of treatment to be measured



Validated quality of life tools, surveys, focusing on PROs



Importance of qualitative data often overlooked- focus groups



A Value Framework Example in Haemophilia

	Key Findings	Evidence Favoring Prophylaxis
Tier 1: Health Status	Prophylaxis favored over on-demand therapy in outcomes of bleeding, musculoskeletal complications, pain, function/activity, and QOL	<ul style="list-style-type: none"> ↓ Missed activities and work/school days ^{a,b} ↓ Annual bleed rate and joint bleeds ^{b-g} ↓ Life-threatening/trauma-related bleeds ^{c-g} ↓ Intracranial hemorrhage ^h ↓ Pain ^{g,i,j} ↓ Joint damage/target joint development ^{b-d,k} ↑ HRQOL ^{b,d,g} <p style="text-align: right;">*No direct comparisons for survival</p>
Tier 2: Recovery	Prophylaxis favored in measures of recovery time, return to normal activities, orthopaedic intervention, and venous access	<ul style="list-style-type: none"> ↓ Missed activities and work/school days ^{a,b} ↓ Joint-related surgeries ^{ij} <p style="text-align: right;">*No differences in inhibitor development ^{b-e,g}; greater risk of infections from indwelling catheters with prophylaxis ^{d,l}</p>
Tier 3: Sustainability	Prophylaxis favored in measures of breakthrough bleeds, joint preservation, sustained productivity, and QOL	<ul style="list-style-type: none"> ↓ Recurrent or spontaneous bleeds ^{e-g,i} ↓ Development of arthropathy ^{c,d} ↑ Normal joint structure ^c ↑ Academic achievement scores ^m ↑ Physical/recreational activity ⁿ ↑ HRQOL over time ^{d,n} <p style="text-align: right;">*Improvement in arthropathy not shown with secondary prophylaxis; data on long-term consequences of therapy NA</p>

^aNoone et al. Haemophilia 2013;19:44; ^bTagliaferri et al. J Thromb Haemost 2015; 114:35; ^cManco-Johnson et al. NEJM 2007; 357:535; ^dGringeri et al. J Thromb.Haemost 2011; 9:700; ^eManco-Johnson et al. J Thromb Haemost 2013; 11:1119; ^fKavakli et al. J Thromb Haemost 2015; 13:360; ^gValentino et al. J Thromb Haemost 2012; 10:359; ^hWitmer et al. BJH 2011; 152:211; ⁱNoone et al. Haemophilia 2011; 17:e831; ^jPocoski et al. Haemophilia 2015; 21:14-94; ^kAledort et al. J. Intern Med 1994; 236:391; ^lManco-Johnson. Haemophilia 2007; 13:4; ^mShapiro et al. Pediatrics 2001; 108:E105; ⁿHong et al. Haemophilia 2014; 20:1-186.

ORIGINAL ARTICLE

WILEY Haemophilia

Patient-centred value framework for haemophilia

B. O'Mahony¹ | G. Dolan² | D. Nugent³ | C. Goodman⁴ | on behalf of the International Haemophilia Access Strategy Council

ORIGINAL ARTICLE

WILEY Haemophilia

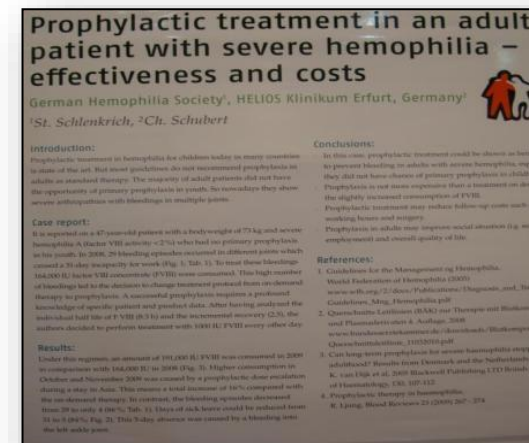
Value of prophylaxis vs on-demand treatment: Application of a value framework in hemophilia

Diane Nugent¹ | Brian O'Mahony² | Gerry Dolan³ | on behalf of the International Haemophilia Access Strategy Council

Experiential Data: PAGs Collaboration

Country	Bleeds p.a.	Days missed	QOL
Sweden	3.2	0.5	1
UK	17.5	6.6	0.73
Ireland	16.5	5	0.76
France	20.1	15	0.73
Poland	30		0.63

Young men from 20-35 years
Sweden – always treated preventatively ^a



Year on preventive treatment: 16% increase in therapy use resulted in 86% decrease in bleeding episodes and 84% decrease in days missed at work ^b

^aNoone, O'Mahony, et al. Haemophilia 2020; ^bSchlenkrich S et al, Haemostasologie

Identifying what's important to patients

Patient Preferences and Priorities for Haemophilia Gene Therapy in the US: A Discrete Choice Experiment

Michelle Wittkop¹, George Morgan², Jamie O'Hara^{2,3}, Michael Reicht^{4,5}, Tyler W. Buckner⁶, Diane Nugent⁷, Randall Curtis⁸, Brian O'Mahony^{8,10}, Mark W. Skinner^{11,12}, Brendan Mulhern¹³, Matthew Cawson², Talaha M. Alti¹⁴, Eileen K Sawyer¹⁴, Narxin Li¹⁴

¹National Hemophilia Foundation, New York, NY, USA; ²HC Economics, Daersbury, UK; ³Faculty of Health and Social Care, University of Chester, Chester, UK; ⁴Creighton Health & Science University, Portland, OR, USA; ⁵American Thrombosis & Hemostasis Network, Rochester, NY, USA; ⁶MHemophilia and Thrombosis Center, University of Colorado School of Medicine, Aurora, CO, USA; ⁷Dopa UK; ⁸Trinity College, Dublin, UK; ⁹Institute for Policy Advancement, Ltd., Y

INTRODUCTION

- Persistent bleeding and associated sequelae impose significant limitations on the daily functionality, mental health, and quality of life for people with moderate or severe haemophilia (PWVH).^{1,2}
- Gene therapy has shown promise in clinical trials for patients with haemophilia A or B, making long-term functional remediation of haemophilia a potential reality.³⁻⁵
- To date, patient preference studies in haemophilia have focused on the attributes of factor replacement therapies, with preferences predominantly related to efficacy, inhibitor development, and treatment administration.⁶⁻⁸
- Few studies have attempted to quantify patient preferences related to gene therapy attributes, and none of those exploring this emerging area have applied a discrete choice experiment design among patients with moderate or severe haemophilia A or B.^{9,10}

AIMS

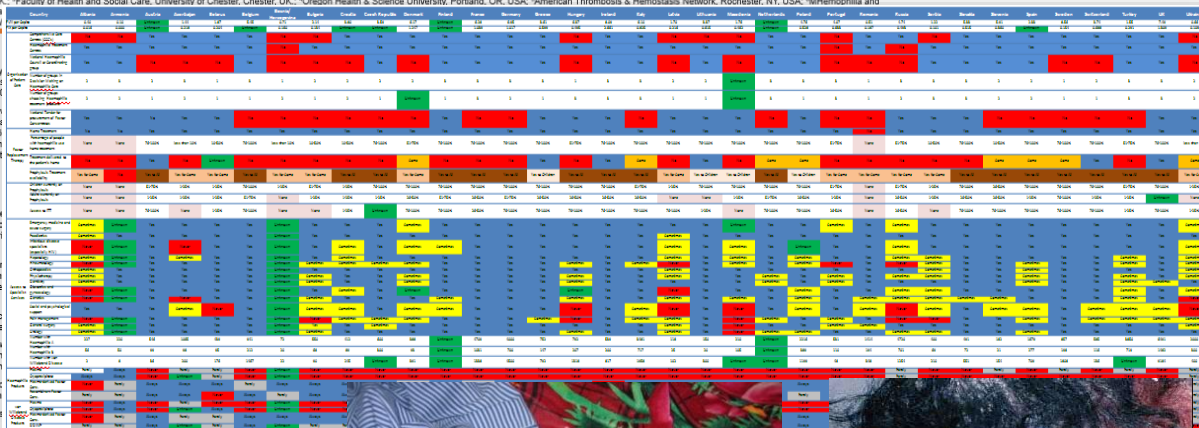
- To examine treatment preferences, including gene therapies, of PWVH using a discrete choice experiment (DCE).
- Analyses were conducted to identify importance given to each attribute.
- To explore whether differences in preferences were identified by haemophilia type.

METHODS

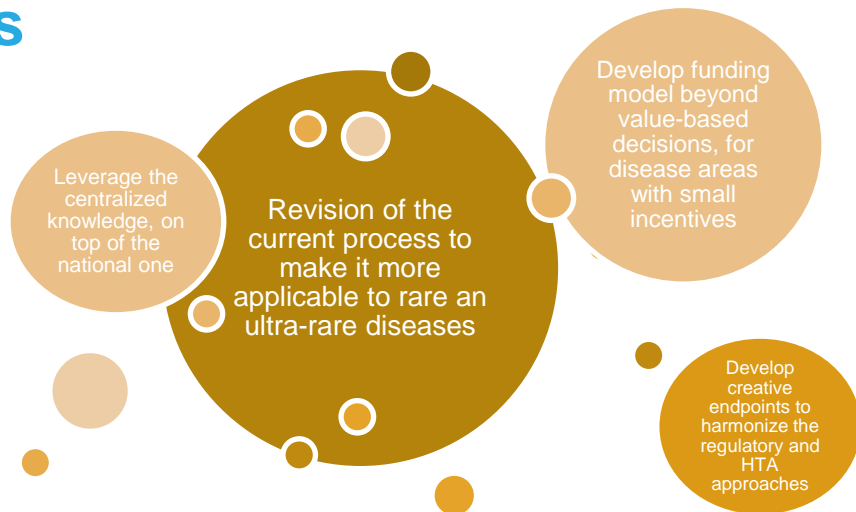
- A DCE was completed by Health State Utility Values November-to-February 2019.
- A systematic literature review attributes and previous patient preferences in haemophilia, were used to inform the DCE. Structured interviews with clinical experts to populate levels.
- The attributes and levels presented in Table 1.
- Each participant completed selecting their preferred pair of treatment scenarios.
- Dominated scenarios were identified and removed from the analysis.
- Descriptive summary of information was conducted.
- Conditional logit models were used to estimate the importance of each attribute.
- Data for PWVH was analyzed.

Table 1: Attribute and levels used in the DCE design A or B

Attributes and Levels	Effect on overall annual bleeding rate
Dose frequency and durability	0 bleeds per year
Administration multiple times per week	1 bleed per year
Administration every 2-4 weeks	2 bleeds per year
One-time treatment, 10-year durability then return to standard of care at that time	5 or more bleeds per year
One-time treatment, lifetime durability	Impact on activity of daily life/physical activity
Uncertainty regarding short-term or long-term significant safety issues	Freedom to undertake daily activities, travel, and physical activity
Very low risk of short-term OR long-term significant safety issue	Some planning required to undertake daily activities, travel, and physical activity
Potential risk of short-term safety issue	A lot of planning required to undertake daily activities, travel, and physical activity
Potential risk of long-term safety issue	Post treatment, possibility to undergo minor surgery without need for factor therapy
Potential risk of short-term AND long-term significant safety issue	Factor therapy generally NOT needed
Transformative/mental health impact	Factor therapy may or may not be needed, depending on the situation
Freedom from thinking and worrying about haemophilia or the treatment most days	Factor therapy always needed
Thinking and worrying about haemophilia or the treatment some days	
Thinking and worrying about haemophilia or the treatment most days	



Consultation Process Outcomes : Regulatory Process



“Current processes are standardised, and the rare diseases need to adapt to these”

Patient Association

“It is quite frustrating to get regulatory approval but no reimbursement”

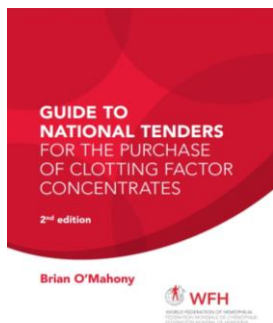
Pharma

“With the increasing number of trials patients have more options on which one to join, and they usually prefer one that has no placebo arm”

Pharma

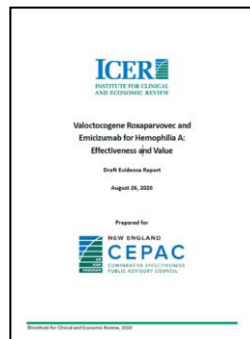
The Patient Advocacy Group Perspective on the Implementation of the **Regulatory Process**

- Need for different QALY limits for rare and ultra rare diseases
- Work with clinicians, payers and regulators to define optimal access and reimbursement methods for rare diseases
- Ensure the patient voice is formally included via the PAGs



Coagulation factor concentrates (CFCs) tender and procurement procedures in 38 European countries

Brian O'Mahony
Declan Noone
Lucia Prihodova



“One interesting feature about hemophilia: It has one of the most organized and sophisticated patient groups, and they’ve spent a lot of time thinking about quality of life and how to create comprehensive measures of outcomes for patients. These patient groups will help fill in the gaps [in our assessments]”.

Steve Pearson, ICER, USA 2021

Consultation Process Outcomes : **Health Economic Evaluation**

Rare disease therapies often deliver significant value for patients and society that go beyond traditional HTA frameworks such as cost/QALY

Rare disease therapies often have a more limited/uncertain evidence base at the time of launch that cannot meet traditional evidence frameworks such as GRADE

*Many rare disease therapies are **highly innovative**, meaning R&D costs can be high [3]. At the same time these therapies have a **limited patient population** so cost per patient can be high to cover the cost of investment*



“Cost effectiveness is a given, but we should also assess drugs in another level – e.g. rarity. QALYs are not designed for rare diseases”

Patient Association

“MCDA still not integrated”

HTA agency

“This again relates to equity and what is fair”

HTA agency

The Industry Perspective on the Implementation of Health Economic Evaluation

There has been progress on the development of rare disease therapies in recent years, thanks in part to regulatory incentives [3], however 'access' remains a hurdle since HTA methods struggle to capture the full value of rare disease therapies [4]



Include totality of evidence (real world evidence, pragmatic trial designs, indirect comparable data, societal & patient evidence)



Formally integrate evidence-based advocacy and deliberation into HTA process decision making with transparency



Adopt broad-based approaches to health economics including elements of value beyond the healthcare perspective (e.g. disease severity, insurance value, equity, scientific spillovers etc...)

Consultation Process Outcomes : Data Collection Process

Developing treatments for rare diseases is more challenging and complex, than for common diseases [5]

Rare diseases

- ✓ Limited disease understanding and existing natural history data
- ✓ Limited number of experienced clinicians/specialised centres
- ✓ Challenges in diagnosis/identifying patients
- ✓ Small patient numbers and need to establish multiple clinical sites for only a few patients

Common diseases

- ✓ Often large body of evidence on disease and existing registries/natural history data
- ✓ Clinical experience
- ✓ Established diagnostic pathways
- ✓ Large patient numbers globally



“Heterogeneity is a huge issue around data collection in rare diseases”

Patient Association

“For rarer diseases the registries are unable to provide enough data”

Academia

“Patients not being treated in reference centers face different quality of care”

Pharma

The Industry Perspective on the Implementation of the **Data Collection Process**

Evidence-based advocacy and deliberation are critical in rare disease to fill some of the gaps

- Evidence-based advocacy can inform **broader methods of assessing value** to integrate the **patient perspective** providing important **insights** into the **disease burden and treatment value**
- Although evidence-based advocacy and deliberative processes are not new to HTAs, they are **not fully integrated** into HTA processes, there is a **need for more transparency, inclusivity and impartiality**
- **Important** to integrate methods for **data collection** to support evidence-based advocacy into **HTA processes**; e.g. Discrete Choice Experiments, patient surveys, disability paradox

3

Key Project: Evidence-Based Advocacy

The Importance of Patient Advocacy in Rare Diseases

The importance of the 'Patient Voice' has been widely recognized in the health care sector, and even more so in the case of Rare Diseases [6].

REGULATORY PROCESS

A common reason for inability to get regulatory and reimbursement approval for new rare disease medications is the lack of demonstration of improvement in meaningful health outcomes for patients [7,8].

HEALTH TECHNOLOGY ASSESSMENT

The uncertainty surrounding the HTA process in rare diseases (due to lack of sufficient and robust clinical data, or insufficient knowledge of the natural history of the disease) can only be mitigated through a collective approach, including clinical researchers, industry, HTA agencies, policy makers and patients [9].

Why a Key Project on Evidence-Based Advocacy is Needed

Background

- **Evidence-Based Medicine** and **Evidence-Based Reimbursement** have been well recognized and integrated into the regular medical/ economic practice.
- There is **no consensus, however, on the definition and implementation of Evidence-Based Advocacy.**

Audience

- The audience for this project includes a **variety of stakeholders** in the rare disease area, ranging from Patient Advocacy Groups (PAGs), including caregivers; clinicians; the industry; regulatory authorities; health technology assessment bodies; health care decision makers; and health economic and outcomes research scientists

ISPOR Science Strategy

- **Patient-centered research**
- **Special Population and Technologies**

Contribution to HEOR Science

- Develop a **consensus** on the definition of EBA in Rare Diseases, within the HEOR remit
- Identify the **current use and importance** of EBA implementation across all HEOR tasks

Suggested Outline of the Key Project on Evidence-Based Advocacy

Performing a Targeted Literature Review on the existing understanding/ use of EBA in Rare Diseases

Developing a Definition for EBA in Rare Diseases

- Survey within key ISPOR SIGs
- Focus Group Exercise with Rare Disease Experts

Manuscript describing the ISPOR Rare Disease SIG Definition, Importance, and Applications of EBA in Rare Diseases

Next Steps

- Call for people to help!
- Please provide your comments to the chat box
- Let us know of any thoughts/ suggestions to the ISPOR Rare Disease SIG
 - Contact us at: rarediseasesig@ispor.org
 - Or contact Theresa Tesoro, MSN, Associate Director, Scientific and Health Policy Initiatives, at: ttesoro@ispor.org

4

Q&A



Poll Question 2

Which research area do you think the ISPOR Rare Disease SIG should prioritize in the future?

- **Incentivizing research:** suggestions for new funding models that better fit rare and ultra-rare diseases
- **Revision of regulatory processes for rare diseases:** e.g. developing a set of guidelines specific to rare diseases and especially for pediatric patients; or an addendum to the GDPR for rare diseases
- **Health policy issues:** suggestions for centralization of rare disease research and development, including the long-term effects of the introduction of innovative treatments
- **Review of data requirements:** combining clinical trials with synthetic data and real-world evidence for capturing prevalence
- **Economic evaluation of rare diseases:** integrating the social impact of the diseases, including the cost of not treating a person affected by a rare disease

Q&A Section

- Any Questions?
- Call for people to help!
- Please provide your comments to the chat box
- Let us know of any thoughts/ suggestions to the ISPOR Rare Disease SIG
 - Contact us at: rarediseasesig@ispor.org
 - Or contact Theresa Tesoro, MSN, Associate Director, Scientific and Health Policy Initiatives, at: ttesoro@ispor.org

Sign up to join our Special Interest Group

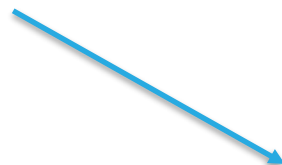
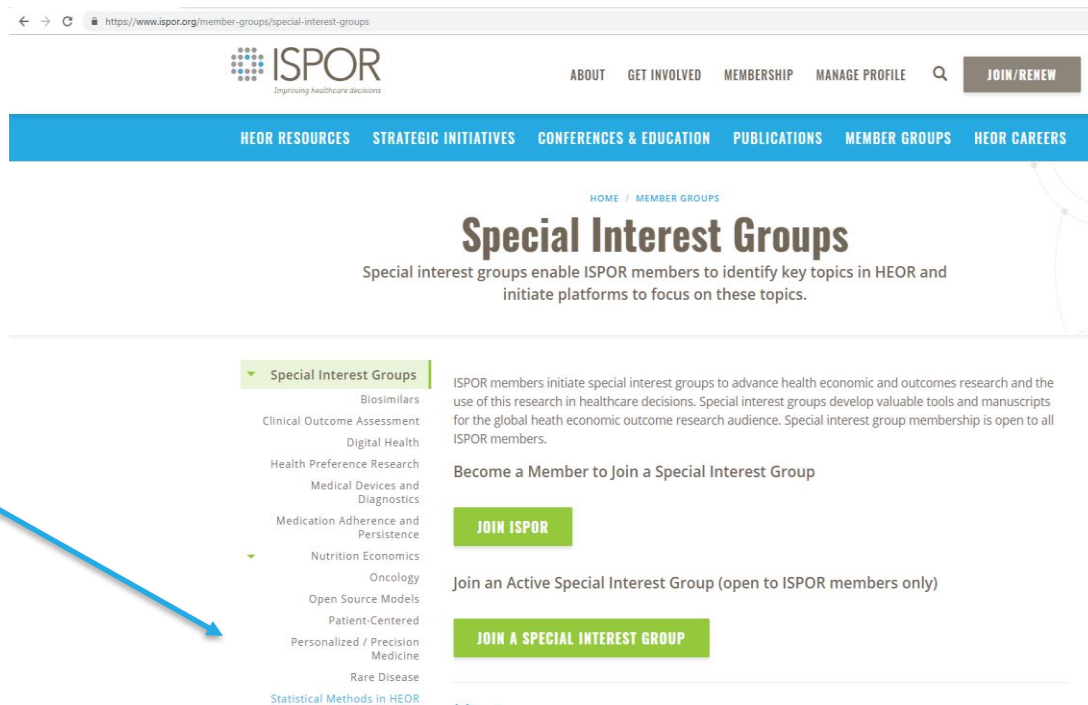


1. Visit ISPOR home page www.ispor.org
2. Select “Member Groups”
3. Select “Special Interest Groups”
4. Click button to “Join A Special Interest Group”

For more information about the Rare Disease Special Interest Group email

raredisease@ISPOR.org

You must be an ISPOR member to join a Special Interest Group

The screenshot shows the ISPOR website's 'Special Interest Groups' page. At the top, there is a navigation bar with links for 'ABOUT', 'GET INVOLVED', 'MEMBERSHIP', 'MANAGE PROFILE', and a 'JOIN/RENEW' button. Below this is a blue navigation bar with links for 'HEOR RESOURCES', 'STRATEGIC INITIATIVES', 'CONFERENCES & EDUCATION', 'PUBLICATIONS', 'MEMBER GROUPS', and 'HEOR CAREERS'. The main content area features the heading 'Special Interest Groups' and a sub-heading 'Special interest groups enable ISPOR members to identify key topics in HEOR and initiate platforms to focus on these topics.' A sidebar on the left lists various Special Interest Groups, including 'Biosimilars', 'Clinical Outcome Assessment', 'Digital Health', 'Health Preference Research', 'Medical Devices and Diagnostics', 'Medication Adherence and Persistence', 'Nutrition Economics', 'Oncology', 'Open Source Models', 'Patient-Centered', 'Personalized / Precision Medicine', 'Rare Disease', and 'Statistical Methods in HEOR'. A green button labeled 'JOIN ISPOR' is prominently displayed, and a blue arrow points from the text 'You must be an ISPOR member to join a Special Interest Group' to this button.

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9. Nestler-Parr S, Korhagina D, Toumi M, et al (2018) Challenges in Research and Health Technology Assessment of Rare Disease Technologies: Report of the ISPOR Rare Disease Special Interest Group, *Value in Health*, 21:493-500