

Improving healthcare decisions

#### ISPOR Forum Women in HEOR Initiative

Unleashing the Leader Within You

Monday, 4 November 2019 12:30-13:45

At ISPOR Europe 2019



Shelby D. Reed, RPh, PhD ISPOR Past President (2017-2018) and Professor, Duke University

#### **Welcome and Introduction**

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#### **Today's Agenda**

- Welcome and Introduction—The Women in HEOR Vision
- The Evidence for Diversity
- Diversity at ISPOR
- Special Guest Speaker: Sabine Hutchison, CEO, Seuss+
  - "Unleashing the Leader Within You"
- Q&A and Next Steps
- Women in HEOR "Meet the Speakers" Reception—Tuesday, 5 November
  - Join Us in the Exhibit Hall at the ISPOR Booth at 18:00



#### Vision—ISPOR Women in HEOR



- Support the growth, development, and contribution of women in HEOR
- Serve as a catalyst for women's leadership in the field
- Offer a platform for ISPOR women to collaborate, network, share, and mentor each other

www.ispor.org/womeninheor



#### ISPOR Women in HEOR Membership Survey—Mentors and Sponsors

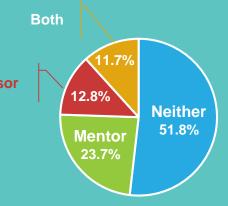


 Lack of mentors/role models noted as #1 career barrier

Sponsor

- Respondents Feel Effort Requires
  - Support of men
  - Organizational support

vww.ispor.org/womeninheorsurvey

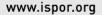


- Neither Mentor or Sponsor
- Have Mentor
- Have Sponsor
- Both Mentor & Sponsor



Olivia Wu, PhD Professor, University of Glasgow

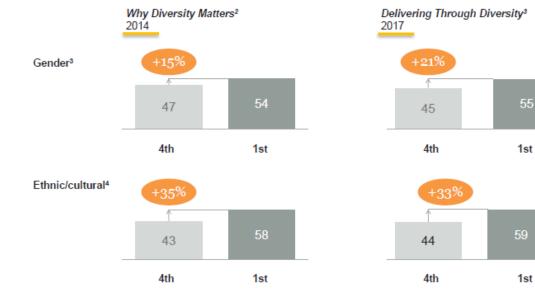
#### The Evidence for Diversity





### Diversity Correlates With Better Financial Performance...

#### Likelihood of financial performance1 above national industry median by diversity quartile





1 Average EBIT margin, 2010–13 in Why Diversity Matters and 2011–15 in Delivering Through Diversity 2 2014 results are statistically significant at p-value <0.1; 2017 results are statistically significant at p-value <0.05 3 Gender executive data: for 2014, N = 383; for 2017, N = 991 A Ethological Uncle ascentive data: for 2014, N = 384; for 2017, N = 589.

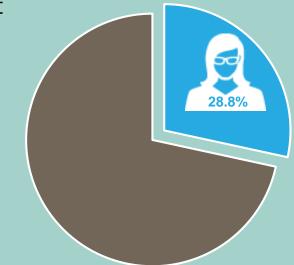
SOURCE: McKinsey Diversity Matters database



#### Women in STEM Women are Scarce in Scientific R&D

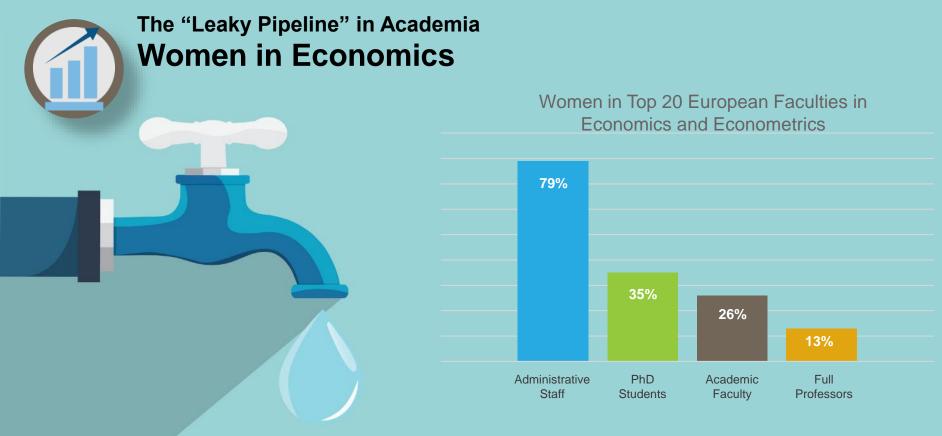
Globally (averaged across regions), women accounted for less than a third (28.8%) of those employed in scientific research and development (R&D) across the world.

Women in Scientific R&D Globally



From UNESCO Institute for Statistics, US Fact Sheet: Women in Science (June 2018). Available at: http://uis.unesco.org





http://bruegel.org/2018/03/how-many-female-economist-professors-in-top-european-universities/



#### How To Foster Diversity and Inclusion



Swartz T., et al, "The Science and Value of Diversity: Closing the Gaps in Our Understanding of Inclusion and Diversity," *The Journal of Infectious Diseases,* Supplement Article, 2019;220(S2):S33–41



Nancy S. Berg CEO and Executive Director ISPOR

### Women in HEOR and Diversity at ISPOR



#### **Issue of Gender Diversity Is Pervasive and Deeply Entrenched**





#### This Is a Performance Issue



#### **ISPOR Has Been Proactively Addressing Diversity**





#### **ISPOR's Organizational Values**



- We are a science-driven, global society committed to excellence in HEOR and its use in healthcare decision making.
- We demand and promote professional ethical standards in the conduct and application of HEOR.
- We embrace diversity and inclusion in our membership and in all endeavors.
- We seek and utilize the input of global members and stakeholders to make informed decisions.
- We ensure financial sustainability through fiscal responsibility.
- We maintain transparency in our governance and financial practices.
- We recognize the importance of the complementarity of ISPOR members and staff in the success of the organization.
- We take a leadership role in supporting socially responsible principles to put into practice sustainable development and good corporate citizenship.
- We strive for excellence in everything that we do and continuously seek innovative ways to improve our work and measure our progress.

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#### **ISPOR**

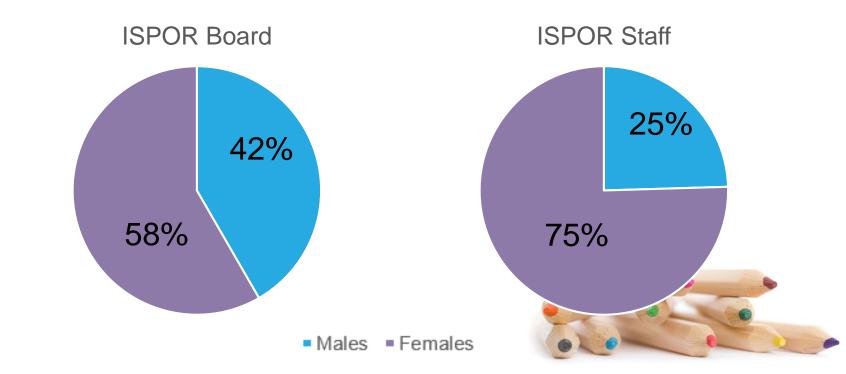
#### **Diversity Themes Are Incorporated Into ISPOR's...**

- Board, councils, working groups, and staff
- Greater attention to conference speakers, plenaries, special accommodations, etc
- Strategic and governance initiatives
  - Board code of conduct
  - Leadership code of conduct
  - Code of ethics
  - Chapter agreements
  - Nominations committee SOPs and guidelines
  - Working group SOPs and guidelines
- New Professionals initiative
- Women in HEOR initiative





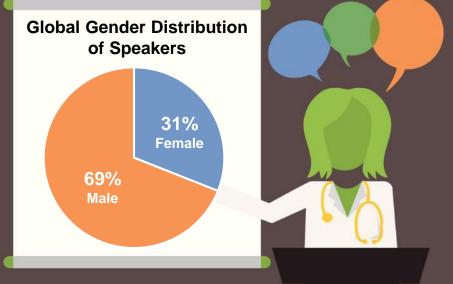
#### **Diversity Metrics—Board of Directors and Staff**





#### Conference Gender Diversity—Bizzabo Study "Diversity and Inclusion in Events Report"

- Bizzabo's "Diversity and Inclusion in Events Report" analyzed gender diversity:
  - Of more than 60,000 event speakers
  - At events across 23 countries
  - Over a 5-year period (from 2013 to 2018)



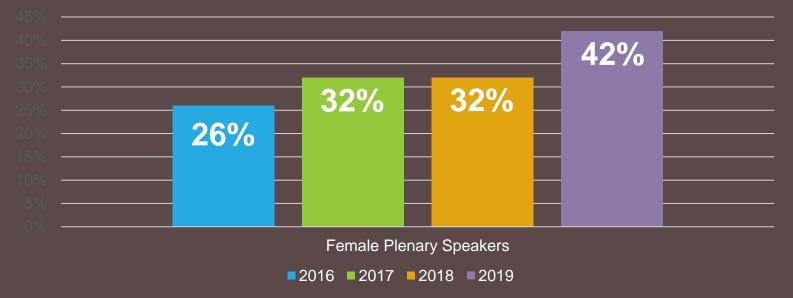
• 31% Female Speakers

"Diversity & Inclusion in Events Report," Bizzabo; October, 2018 <u>https://blog.bizzabo.com/event-gender-diversity-study</u>



#### **ISPOR Conferences—Plenary Speaker Gender Diversity**

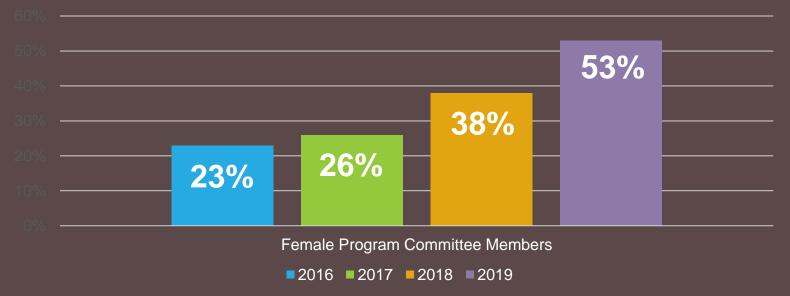
2016-2019 ISPOR Conferences—Female Plenary Speakers/Panelists





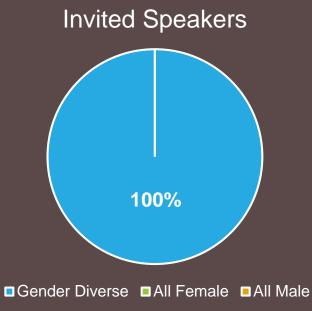
#### **ISPOR Conferences—Program Committee Members**

#### 2016-2019 ISPOR Conferences—Female Program Committee Members

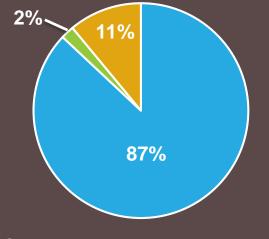




#### **ISPOR Europe 2019—Panel Gender Diversity**



Submitted Sessions



Gender Diverse All Female All Male



#### ISPOR Conferences—Submitted Content More Diverse Submissions Needed

Total Submitted Sessions Gender Diversity: Submissions to Accepted Ratio





#### **ISPOR Has Redoubled Its Efforts**

- Formal Diversity Statement
- Strategic Plan Update
- Conference SOPs Update
- Better Communicate Strong Expectation of Diversity
- Diversity Training
- "Broader Net" Recruitment for Volunteer Leadership Positions





#### For Real Change; It Takes Everyone...



#### Leaders Submitting Abstracts for Conferences...

- Think hard before submitting a "manel"
  - Work to submit diverse speakers/panelists
  - Go outside your network/comfort zone





#### Speakers and Panelists...

- Consider not participating in a "manel"
  - If asked to speak or serve on a panel
    - Ask about the sessions' diversity
    - Offer to help invite diverse speakers





#### Managers...

- Recognize unconscious bias
- Mentor and champion all of your talented employees; help women achieve success and advance in their careers





#### Women in HEOR...

Submit your abstracts to ISPOR conferences!!!!!



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#### This Is a Performance Issue





Sabine Hutchison Chief Executive Officer Seuss+

#### **Unleashing the Leader Within You**

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# Seuss

GROWING LIFE-SCIENCE COMPANIES



Network your way to success with a personal pitch

November 4<sup>th</sup> 2019







Improving healthcare decisions

### Welcome!

We're passionate about individual and professional branding, and about the remarkable impact that it can have in your professional life.

We can't wait to share our insights with you.

Ready? Let's get started

## The Impact of Personal Branding



# Personal Branding is **the how and the why** people remember you

It's your values and the characteristics that describe who you are and guide your choices in life. It's not about creating an image but **communicating your authentic self** effectively.



It's how you present yourself online and offline to potential clients, employers, colleagues and your community. Your individual brand can help build a business, **but it still centers around you as an individual.** 



# Key moments to see the impact of personal branding

Getting buy-in from others for a new initiative

Becoming a leader who people trust and are willing to follow as they believe in you

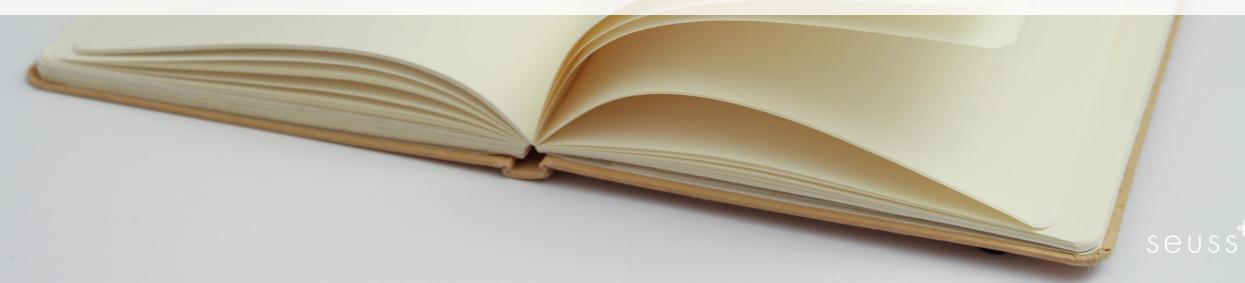
Being able to lean on your network

During a job interview

Building rapport with colleagues (your team or senior management) Asking for a promotion or salary raise

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## Building your Personal Brand



## How to get started

#### DEFINE YOUR BRAND

- Use pen + paper: write down words people use to describe you
- Write **a short bio** to reflect your brand
- Practice your personal pitch – you never know when you may need it!

GET THE WORD OUT

- Update your social networks so that it speaks to your stakeholders
- Build your network both in & out of the office
- Use LinkedIn + social media
- Create a blog or personal website / digital portfolio

#### LIVE YOUR VALUES

- Your work and actions speak volumes about your individual brand
- Be consistent in what you say and do – let actions embody your values
- Don't be afraid to say "No" in order to protect your brand – even if this means turning down opportunities

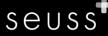
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## Your Career Movie Trailer





### Your Trailer

Be the architect of a powerful story, reflecting your core values, while flexing your possibilitythinking muscles.



## Lights, camera, action!

#### Tailor your Trailer

- Make your Trailer
  relevant to your
  audience and key
  stakeholders
- Engage by including what you've done and why you've done it.

#### Keep it Simple

- Keep it brief; no more than 1-2 minutes.
- Articulate clearly (show off your communication skills)
- Have a thoughtful conclusion/question (avoiding "and that's pretty much it/me")

#### **Practice Aloud**

- Have someone listen to your Trailer
- Ask for feedback and tweak accordingly.
- Practice and tweak until your story unfolds naturally and effortlessly



## Example for a Content Writer

Presidents don't write their own speeches. Pop stars rarely write their own songs. Even most "autobiographies" and memoirs these days are written by someone else. I am Kate, and my passion is to tell stories. I have helped a variety of companies from different industries tell their stories, engaging with their potential clients through their websites. Business owners can spend their time running their business while new website content gets written in a timely fashion manner. Tell me about your company, what makes it different? 77

## Growing your Network: Online + Offline Presence





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## How to grow your Me Inc.

Write Blog Posts

(CP

Join groups & share your views/insights **7 F** Attend events & share your experiences

Be intentional on content strategy, be an authentic storyteller.



## Offline Presence

"It's about human interaction, it's about real conversations.

What we need is more handshake conversations.

What we need is more handshake discussion, more handshake debate, more handshake friends, more handshake leadership."

- Simon Sinek

### This is what trust is, TRUST IS HUMAN



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## Seeking Opportunities

#### Internal Opportunities:

- Reach out to mentors or sponsors within your organisation
- Join/give trainings, network, and **reach out internally**
- Small moments also allow you to make a difference e.g.
  speaking up in a meeting

#### **External Opportunities in the HBA:**

- Webinars: Career Conversation with well known industry leaders
- Mentors: Career and/or professional experience, providing growth opportunities for both parties
- Volunteer: There are opportunities to fit every career, every level, and every schedule





## Leveraging Your Network







### Superpower Your Network

- ✓ Do your research in advance
- ✓ Make your presence noticeable
- ✓ Know it's all about giving and taking
- ✓ Be a good listener and ask your critical questions
- ✓ Remain genuine and authentic
- ✓ Don't forget to **follow up**





### Your Strategy To Excel



**Strategy** to connect with them

## Reasons for connecting





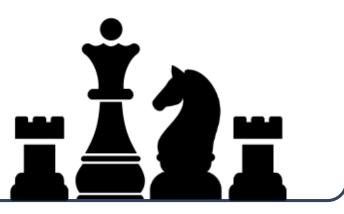
Overcoming obstacles to excel



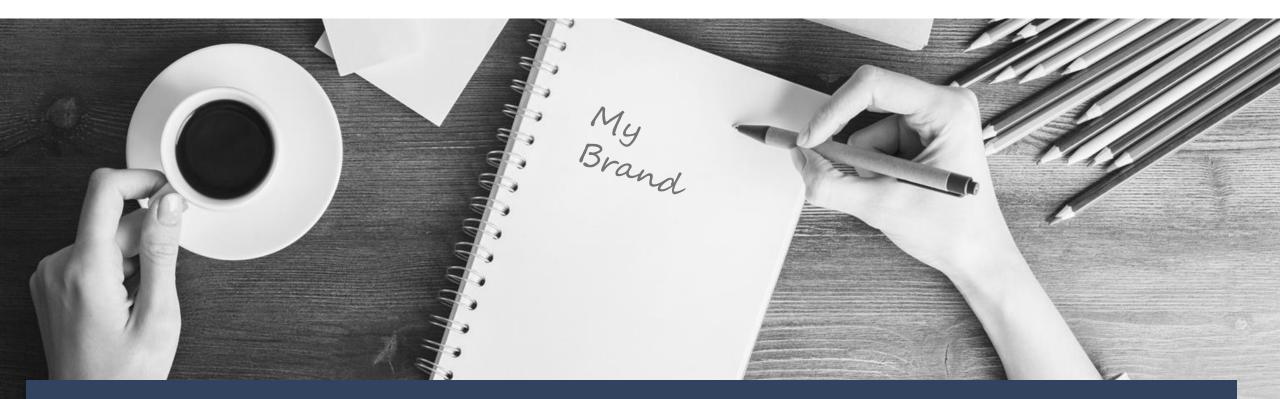
## Planning for the Future

- **1.** Set your own goals and priorities
- 2. Classify the gap(s) in your strategy
- 3. Recognize who can help you achieve your goals
- 4. Pinpoint your obstacles and identify how to overcome them
- 5. Rely on your root network and reach out beyond it
- 6. Build a realistic plan and stick to your strategy

### HOLD YOURSELF ACCOUNTABLE







What is ONE ACTION you commit to during the next week to build your brand?



### If you are not telling your story, who is telling it for you?



## Seuss

GROWING LIFE-SCIENCE COMPANIES

#### Together with you, we are a force to be reckoned with.

#### Sabine Hutchison

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#### **Q&A and Next Steps**

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Shelby D. Reed, RPh, PhD Olivia Wu, PhD Sabine Hutchison Nancy S. Berg



#### ISPOR Women in HEOR How to Get Involved: ispor.org/womeninheor



- Women in HEOR Webpage
  www.ispor.org/womeninheor
  - Upcoming events and resources posted
  - Links to upcoming events
  - Link to new Women in HEOR LinkedIn Discussion Group…
- Women in HEOR LinkedIn Group
  - Link on Women in HEOR webpage
  - Search "Women in HEOR" on LinkedIn



#### Women in HEOR...

Submit your abstracts to ISPOR conferences!!!!!

