

# Improving Finite-Sample Efficiency in Causal Inference: A Regularized Stabilized IPTW Estimator

Hwanseok W. Choi, PhD<sup>1</sup>, Fengxia Yan, MD, MS<sup>1</sup>, Daniel Parks, PhD<sup>1, 2</sup>

1. Department of Community Health & Preventive Medicine, Morehouse School of Medicine, 2. Corresponding Author

## Introduction

- **Problem:** sIPTW estimates of the ATE suffer from variance inflation when propensity scores near 0 or 1 — without a good fix that preserves the full-population estimand
- **Gap:** Trimming and overlap weighting resolve instability but at the cost of shifting the target estimand away from the full-population ATE
- **Method:** Reg-sIPTW was developed by applying a data-adaptive power transformation to weights, tuning parameter  $\alpha$  to minimize robust variance under strict covariate balance constraints
- **Result:** Regularization is applied only as needed — preserving ATE consistency while delivering better precision and robustness in finite samples with limited overlap

## Backgrounds

- **RCT:** randomization eliminates confounding by design → no adjustment needed
- **Observational studies:** non-random treatment assignment → systematic confounding bias
- **Propensity Score Matching:** widely used but loses sample size, is caliper-sensitive, and underutilizes the propensity score
- **IPTW / sIPTW:** Standard Inverse Probability of Treatment Weighting creates a pseudo-population where treatment  $\perp$  covariates; stabilized weights (sIPTW =  $P(A) / P(A|L)$ ) are the current standard
- **However, when propensity scores approach 0 or 1, extreme weights destabilize the estimator**
- **ATE** — effect on the whole population
- **ATT** — effect on those who received treatment
- **ATO** — effect on the clinically equiposed "overlap" population; naturally avoids positivity issues
- **OW** — Overlap Weighting
- **MSE** — Mean Squared Error

## References

The full list of references will be provided by request.

## Regularized Stabilized IPTW (Reg-sIPTW)

1. **Objective**
  - **Problem:** sIPTW suffers from high volatility and noise when covariate overlap is limited.
  - **Solution:** The Reg-sIPTW method introduces a data-adaptive shrinkage parameter to reduce the influence of extreme weights while preserving the Average Treatment Effect (ATE).

### 2. Mathematical Formulation

$$W_i^{sIPTW} = \frac{T_i \Pr(T=1)}{\hat{\pi}(X_i)} + \frac{(1-T_i) \Pr(T=0)}{1 - \hat{\pi}(X_i)}$$

$$W_i^{Reg}(f) = (W_i^{sIPTW})^{1-f}$$

### 3. Optimization Process

The optimal regularization factor ( $f$ ) is selected via a two-step constrained optimization approach:

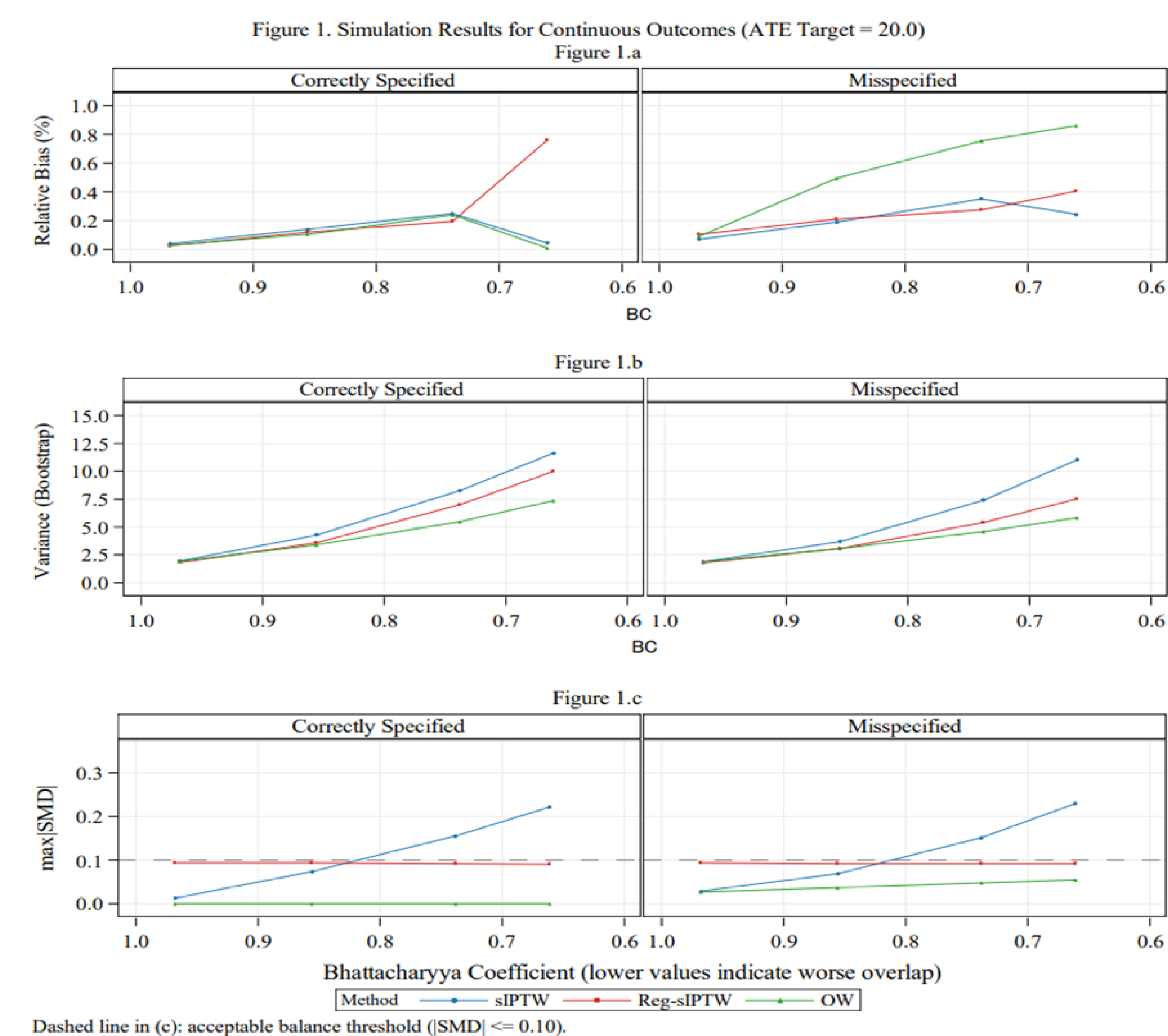
- 1) **Baseline Feasibility:** The balance-feasible set is determined using standardized mean difference (SMD) thresholds ( $\delta \in \{0.05, 0.10, 0.15, 0.20\}$ ). Note: If the threshold is not met, the design is structurally infeasible (indicating severe lack of overlap).
  - 2) **Variance Minimization:** Bootstrap resampling is used to find the value of  $f$  that minimizes variance while satisfying the balance constraint.
4. **Statistical Inference**
    - **Issue:** Data-adaptive selection of  $f$  makes standard model-based errors underestimate sampling variability.
    - **Solution:** Bootstrap Resampling is used for inference.
    - **Implementation:** The entire estimation process including propensity score estimation, selection of  $f$ , and treatment effect calculation, is repeated within each replicate to ensure accurate standard errors and confidence intervals.

### 5. Why Reg-sIPTW Has Negligible Bias?

- Hájek form → bias-resistant
- Asymptotically unbiased / consistency, Proved
- Tiny bias, large variance reduction, supported by simulations

## Simulation Results

- **Design:** Evaluated sIPTW, Reg-sIPTW, and OW across varying overlap and model misspecification scenarios using 5,000 Monte Carlo replicates.
- **Continuous Outcomes:** Reg-sIPTW reduces variance and improves covariate balance relative to sIPTW while preserving the ATE estimand.
- **Binary Outcomes:** Reg-sIPTW adaptively shrinks extreme weights to control variance and numerical instability in low-overlap settings.
- **Estimand Trade-off:** While OW minimizes variance and achieves exact balance by targeting the ATO, Reg-sIPTW successfully preserves the full-sample ATE.



## Conclusions

- **Methodology:** Uses adaptive regularization to minimize variance while preserving the ATE.
- **Performance:** Reduces MSE relative to standard sIPTW without distorting point estimates.
- **Robustness:** Restores balance and increases effective sample size when facing extreme weights.