

# Care-Process Determinants of Healthcare Transition Services among US Adolescents with Special Health Care Needs. National Survey of Children's Health



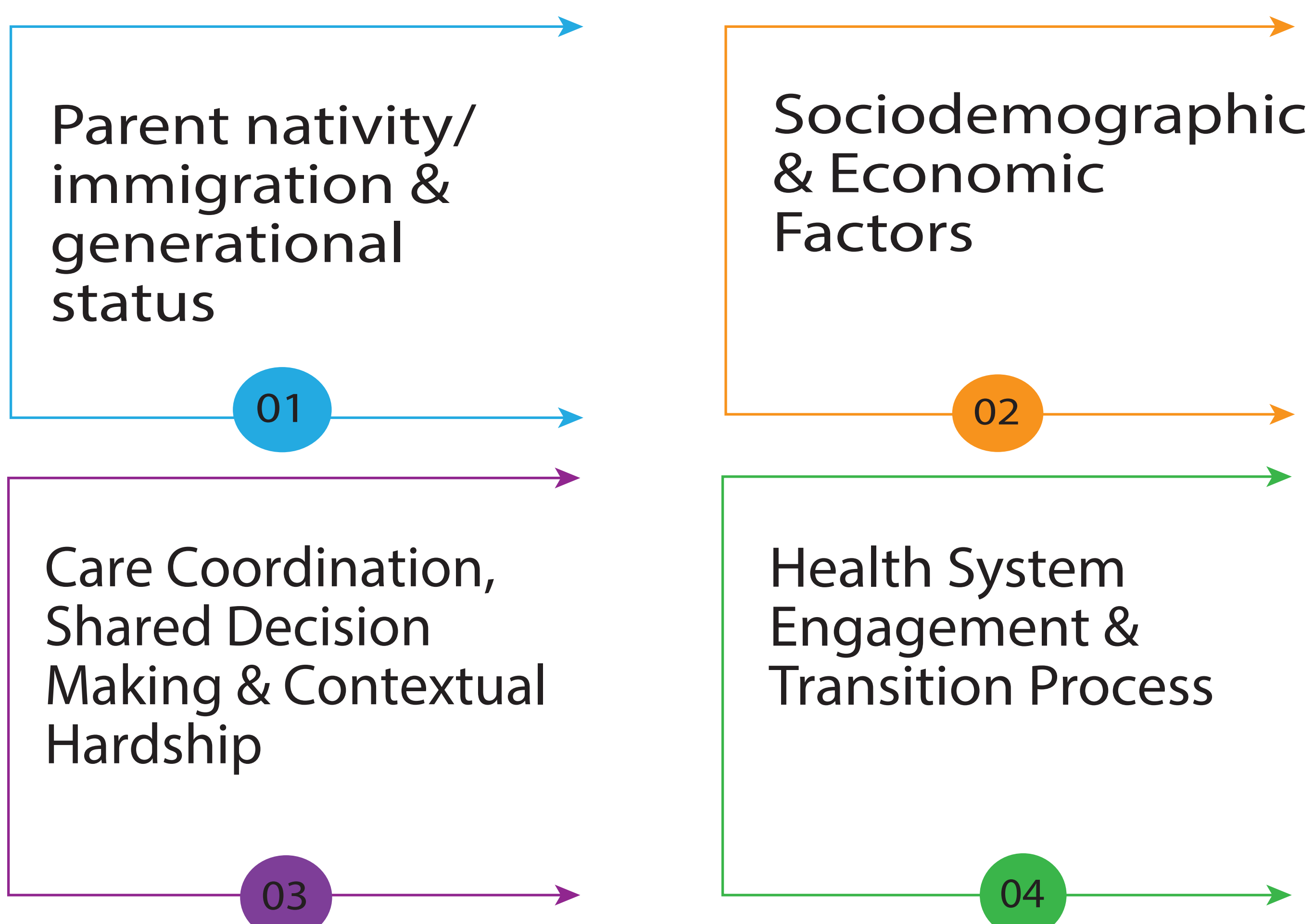
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## Background & Objectives

Healthcare transition (HCT) is recognized as a cornerstone of quality care for adolescents with complex conditions transitioning from pediatric to adult healthcare settings.

Yet HCT rates remain low among adolescents with special healthcare needs.

## Analytical Framework for Healthcare Transition



## Methods

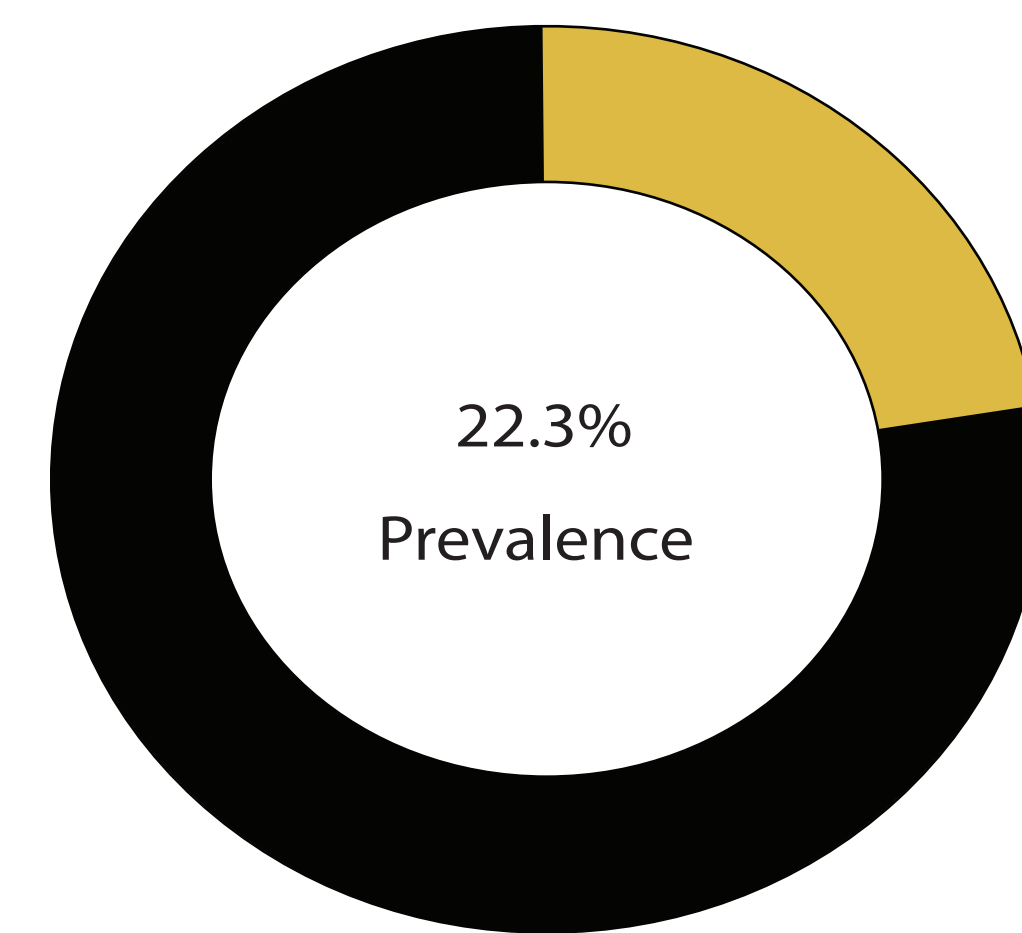
**Data and Source:** 2022-2023 National Survey of Children's Health, by Health Resources and Services Administration (MCHB-HRSA)

**Sample:** Adolescents with Special Needs (12-17 Yrs) n = 12,257

**Analysis:** Multivariable Logistic Regression

## Key Findings

**Key finding 1:** Only 22.3% received HCT services

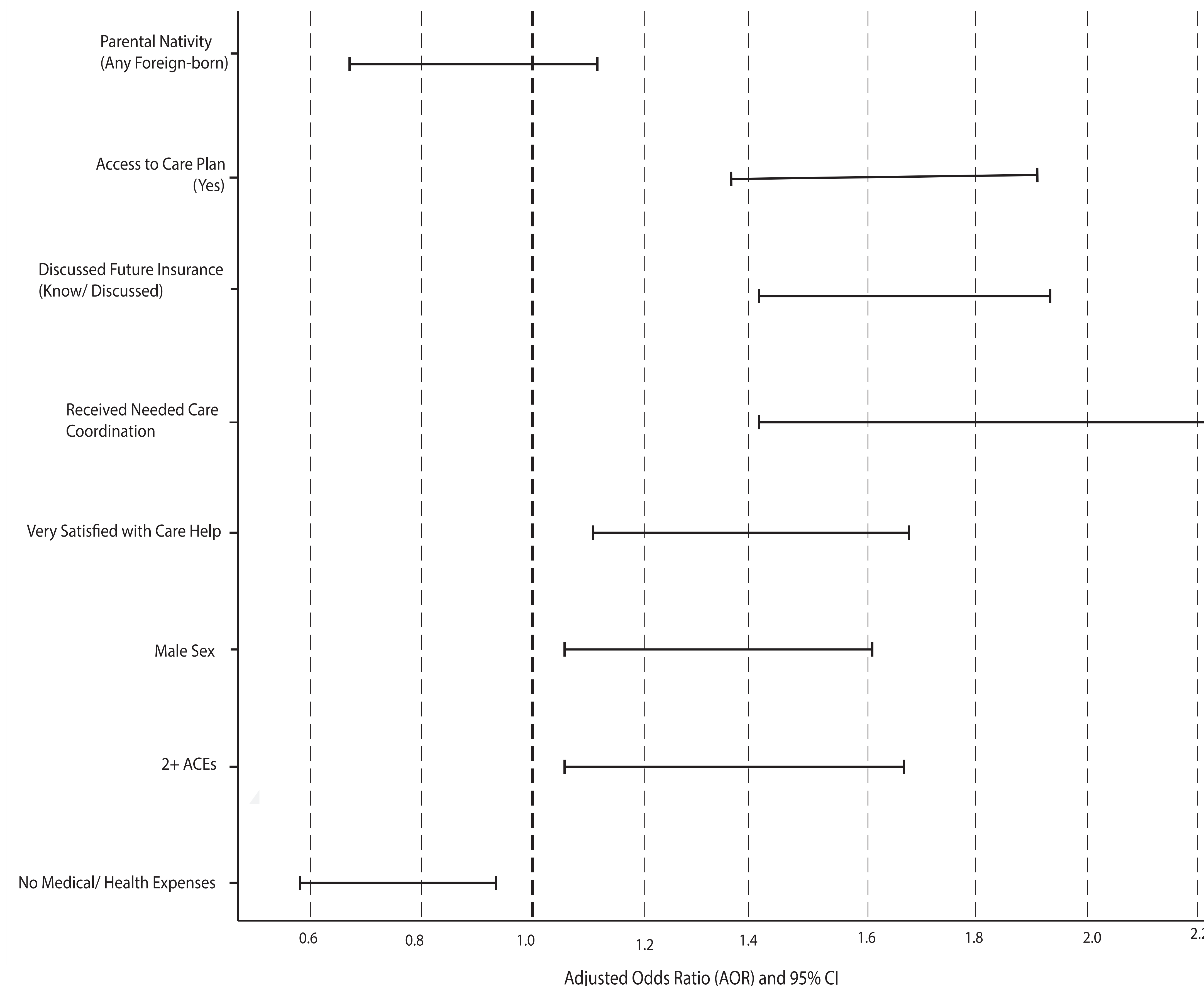


Approx. 1 in 5 receive guideline-consistent HCT services

**Key finding 2:** Parental nativity was not associated after adjustment

**Key finding 3:** Care plan access, insurance discussion, and effective care coordination were the strongest actionable predictors.

Predictors of Healthcare Transition (HCT) Service Receipt



## Conclusion & Implications

The Actionable Solutions "THE BIG THREE"

**Written Care Plan**  
+60% Odds

**Insurance Discussion**  
+64% Odds

**Care Coordination**  
+74% Odds

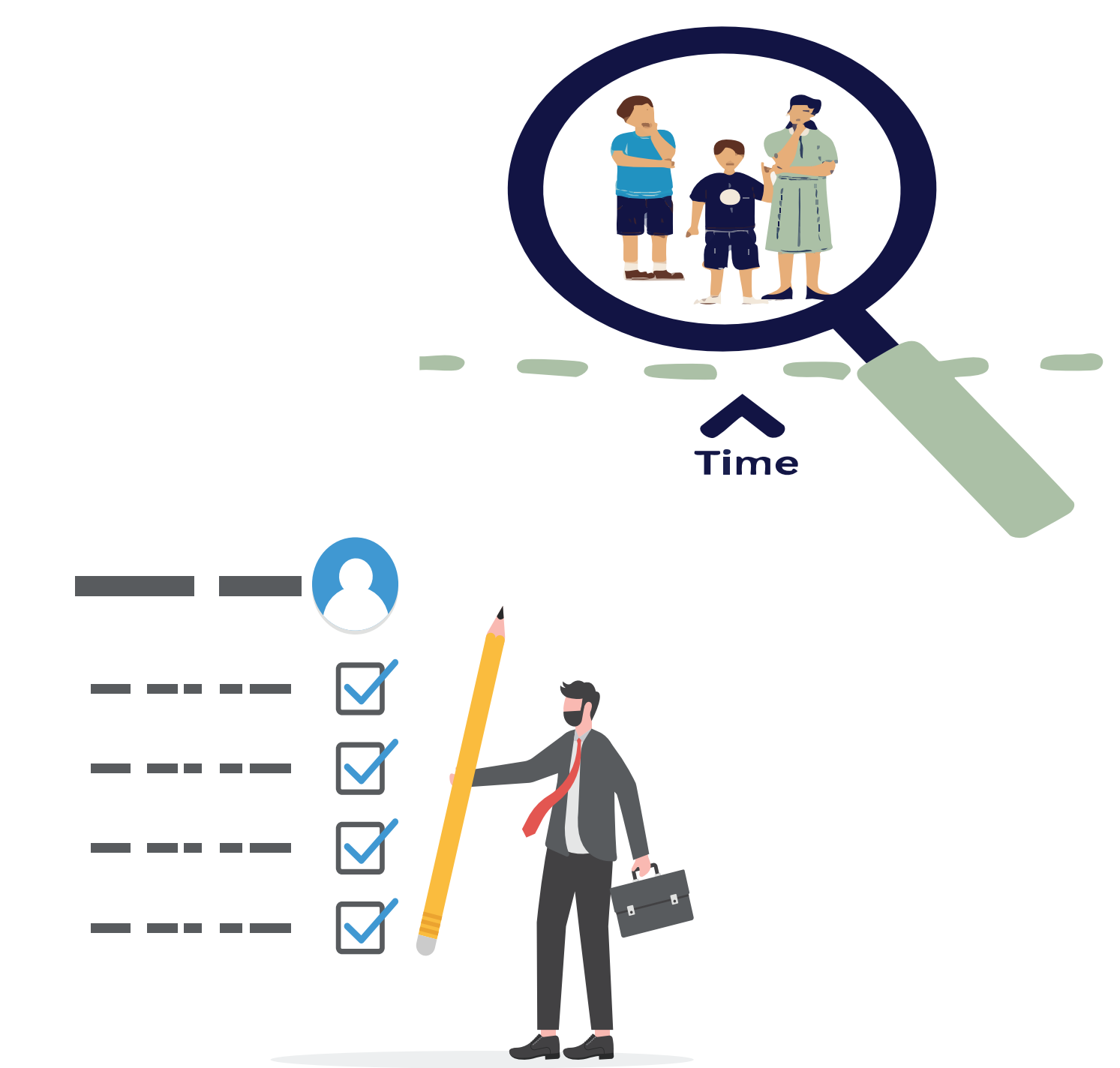
Provider-level implementation of transition guidelines and system-level tracking of transition milestones for improving outcomes.

Reinforce national calls from GOT Transition, HRSA, and the AAP/AAFP/ACP clinical reports.

## Limitations

Cross-sectional study

Self-reported data



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