

# AI in Evidence Synthesis: Have We Reached the Promised Land or Are We Still Wandering the Desert?

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## Background and Objective

- Evidence synthesis is a cornerstone of health technology assessment (HTA), market access, and regulatory decision-making. Traditional literature reviews (LRs) are resource-intensive, requiring thousands of hours for screening, data extraction, and quality assessment. Artificial Intelligence (AI) has transformed paradigms in LR, offering potential to automate and accelerate previously manual steps.
- This study evaluates the use of a commercially available AI-enhanced LR tool (Nested Knowledge – AutoLit), adopted by Certara in early 2025. We aimed to assess the tool's effectiveness in reducing workload, improving accuracy, and enabling flexible applications—including both built-in functionalities and innovative 'off-label' uses developed by our team during live projects.

## Methods

- Significant AI updates were implemented over the past year (since July 2024) in the AI LR tool, AutoLit (Nested Knowledge), and tested in real-world projects.
- We systematically assessed Nested Knowledge across several live projects performed in 2025. The evaluation focused on four major domains of literature review work: abstract screening, full-text screening, data extraction, critical appraisal, and reporting. Both baseline (built-in) functionalities and novel extensions (off-label functionalities developed in-house) were considered.
- Performance was benchmarked against manual processes, with outcomes including time savings, accuracy of screening and extracted data, and user flexibility.
- Tool capabilities tested included:
  - Fully automated abstract and full-text screening using Criteria-Based Screening (with Smart Screener).
  - Abstract screening using Robot Screener (AI as a second reviewer).
  - Data extraction via Adaptive Smart Tags (ASTs).
  - Automated Critical Appraisal using validated templates (RoB2, JBI, AMSTAR2, NHLBI).
  - Off-label extensions, including table summarization, safety data monitoring (including Development Safety Update Report [DSUR] preparation), and automated registry/database identification.

## Results

- The most impactful features were Criteria-Based Screening for automated abstracts and full-text screening and the automated extraction of text and tables from publications via Adaptive Smart Tags.
- Criteria-Based Screening in Nested Knowledge provides a structured alternative to traditional exclusion-reason-based screening by aligning decisions with protocol-defined Yes/No criteria. Reviewers can assess abstracts and full texts by answering predefined questions, ensuring consistency, transparency, and traceability throughout the review process, including assessing each criteria on each study rather than solely assigning a final exclusion reason. This functionality is particularly well-suited for protocol-driven systematic reviews that require reproducibility and auditability.

Figure 2. Results snapshot

Automation reduced workload by an average of 85% in key steps, while maintaining or surpassing human-level accuracy.

Figure 4. Flexibility of Nested Knowledge Tool (off-label custom functionalities)

- Automated Critical Appraisal (RoB2, JBL, NHLBI, AMSTAR 2)
- Table Summarization/Results Interpretation
- Automated New Safety Data Identification (eg. DSUR)
- Automated SWOT Analysis
- Automated Databases/Registries Identification
- Publications Inclusion Rate Assessment for Proposals/Contracts

Figure 3. Accuracy of Automated AI Tasks in Nested Knowledge

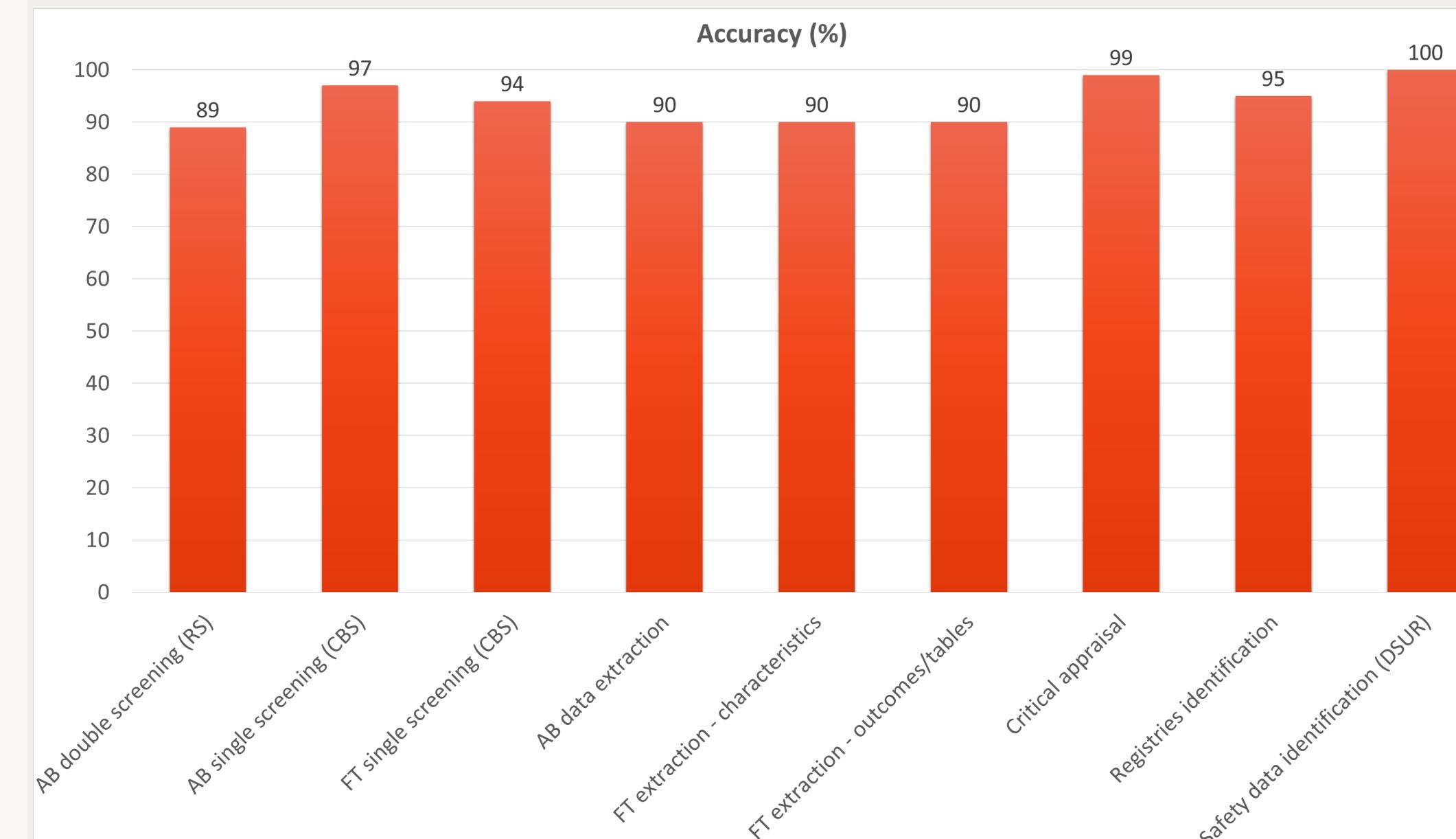
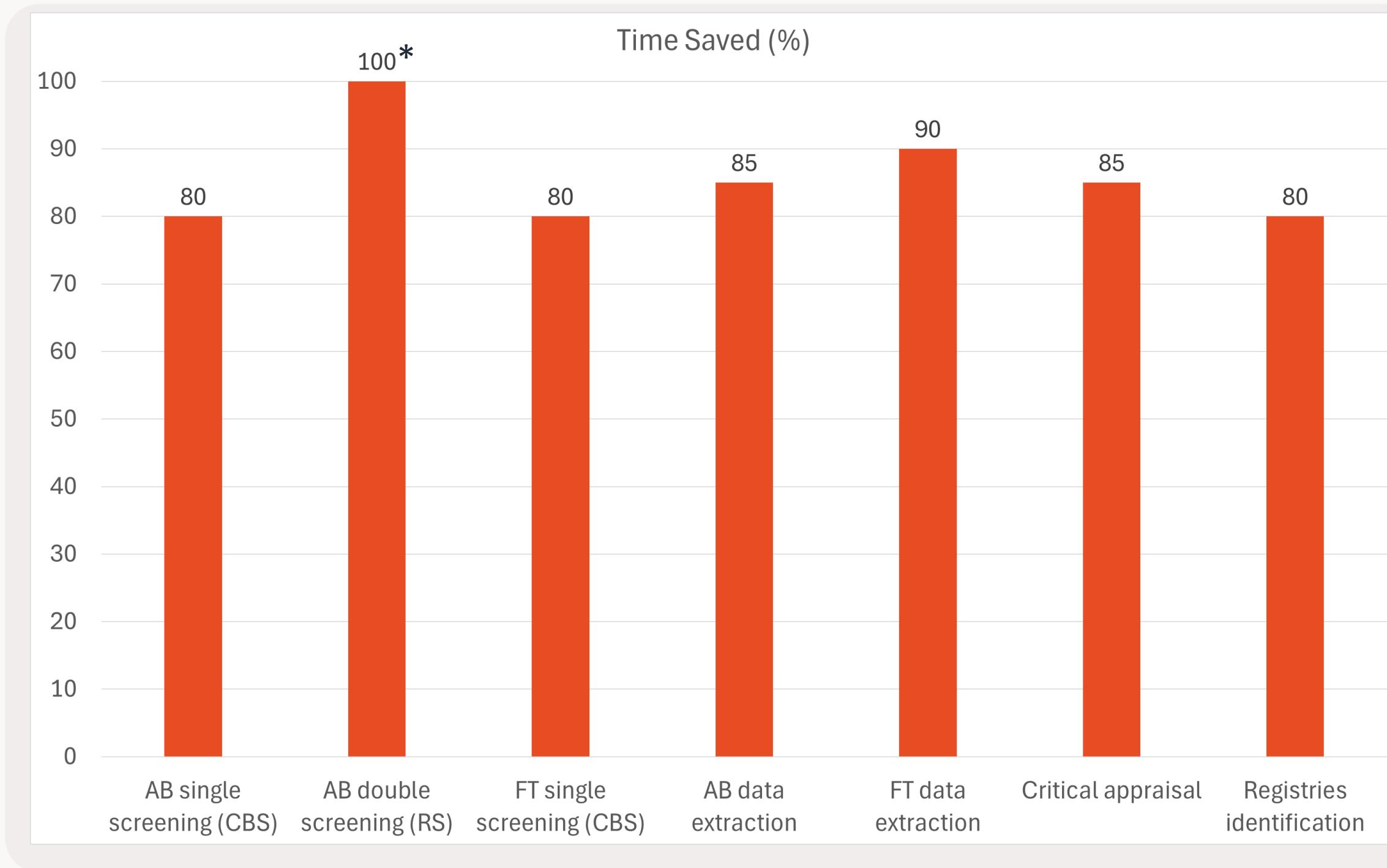


Figure 1. Average Time Savings Achieved with Nested Knowledge AI



Critical Appraisal - measured on JBI  
\* - 100% of screening time saved for one of the reviewer

## Legend

- AB – Abstract
- CBS – Criteria-Based Screening
- DSUR – Development Safety Update Report
- FT – Full text
- RS – Robot Screener
- SWOT – Strengths, Weaknesses, Opportunities, and Threats



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