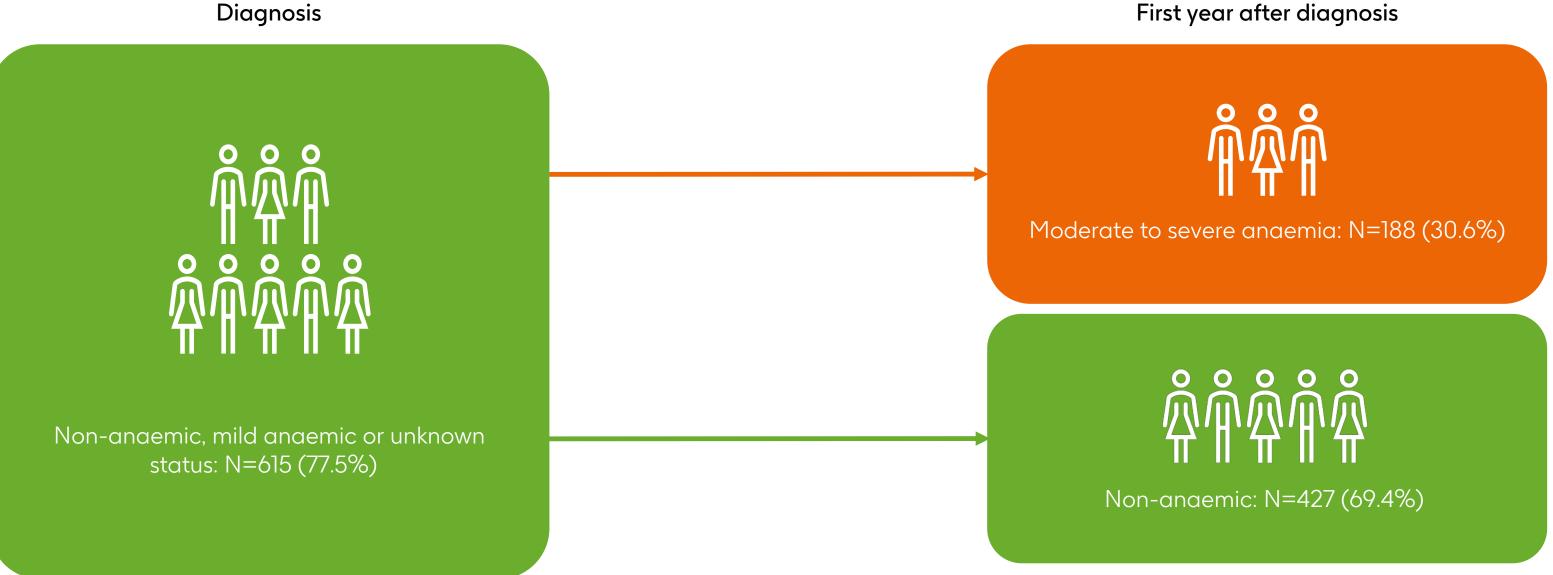
## Mapping of Treatment Patterns and Transfusion Status in Danish and Swedish Myelofibrosis (MF) Patients

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## Supplemental methods Supplementary Figure 1: Algorithm for definition of transfusion status Transfusion independent Hb >10 g/dL Anaemia related Transfusion: 0 treatment\* absent Transfusion: 1 Anaemia related treatment\* present Hb missing Transfusion requiring Transfusion: 0 Anaemia related treatment\* absent Transfusion: 1 Anaemia related treatment\* present Hb ≤10 g/dL Transfusion: ≥2 Transfusion dependent Based on this algorithm, factoring in Hb level, number of transfusions received, and pharmacological treatment for anaemia, patients were assessed on a rolling 12-week period and were categorised into transfusion independent (TI), transfusion requiring (TR) or transfusion dependent (TD), respectively. A patient can switch between these categories within each year of follow-up. \*Defined as: erythropoietin, prednisolone or methylprednisolone, thalidomide and analogues, or danazol. Hb, haemoglobin.

## Supplemental results

Supplementary Figure 2: Anaemia development in Danish patients during Year 1 after MF diagnosis



Of 615 Danish patients with no or mild anaemia, or for whom Hb status was not available at baseline, 188 (31%) had developed moderate to severe anaemia during the first year of MF diagnosis. MF, myelofibrosis.

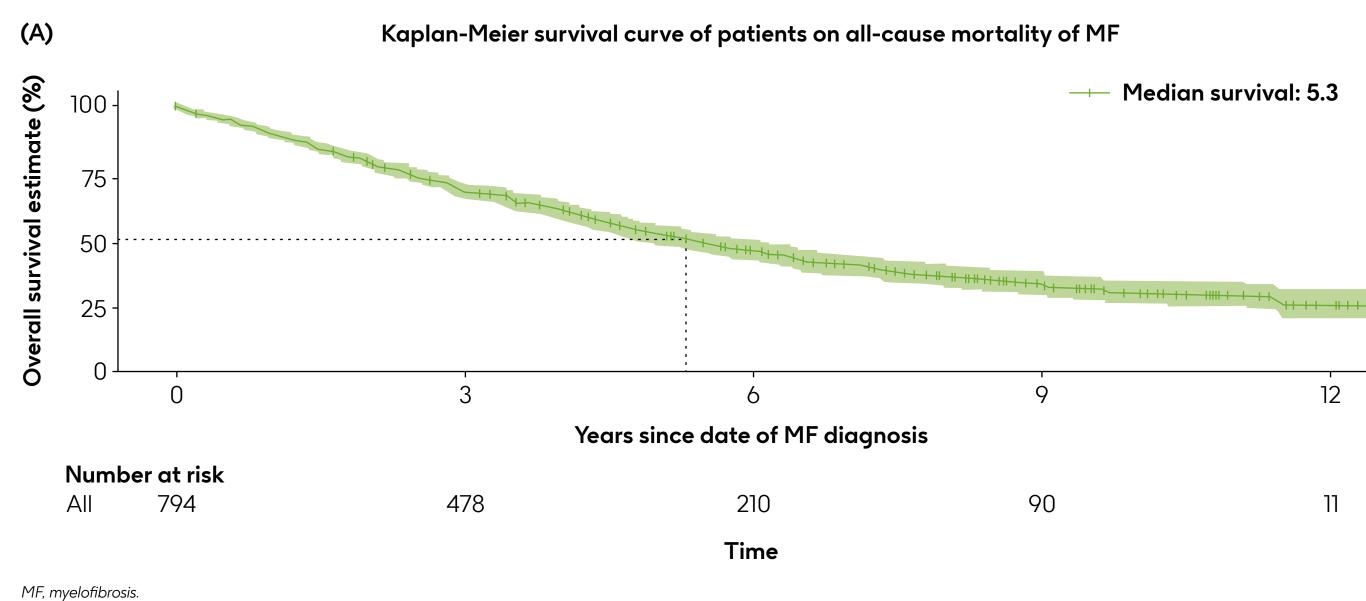
• In both countries, it is clear that the low number of transfusion dependent patients account for nearly all the transfusions. These patients receive nearly four times as many transfusions as the whole myelofibrosis (MF) population in Denmark, while in Sweden, the corresponding number is nearly 10 times higher, generating a total cost per patient nearly as high as the one for Denmark 5 years after diagnosis. Interestingly, the total cost for transfusions in Swedish MF patients is less than one third of the Danish cost during that timepoint (**Supplementary Table 1**). The cost per transfusion in Denmark: €5311 and in Sweden: €719<sup>2</sup>

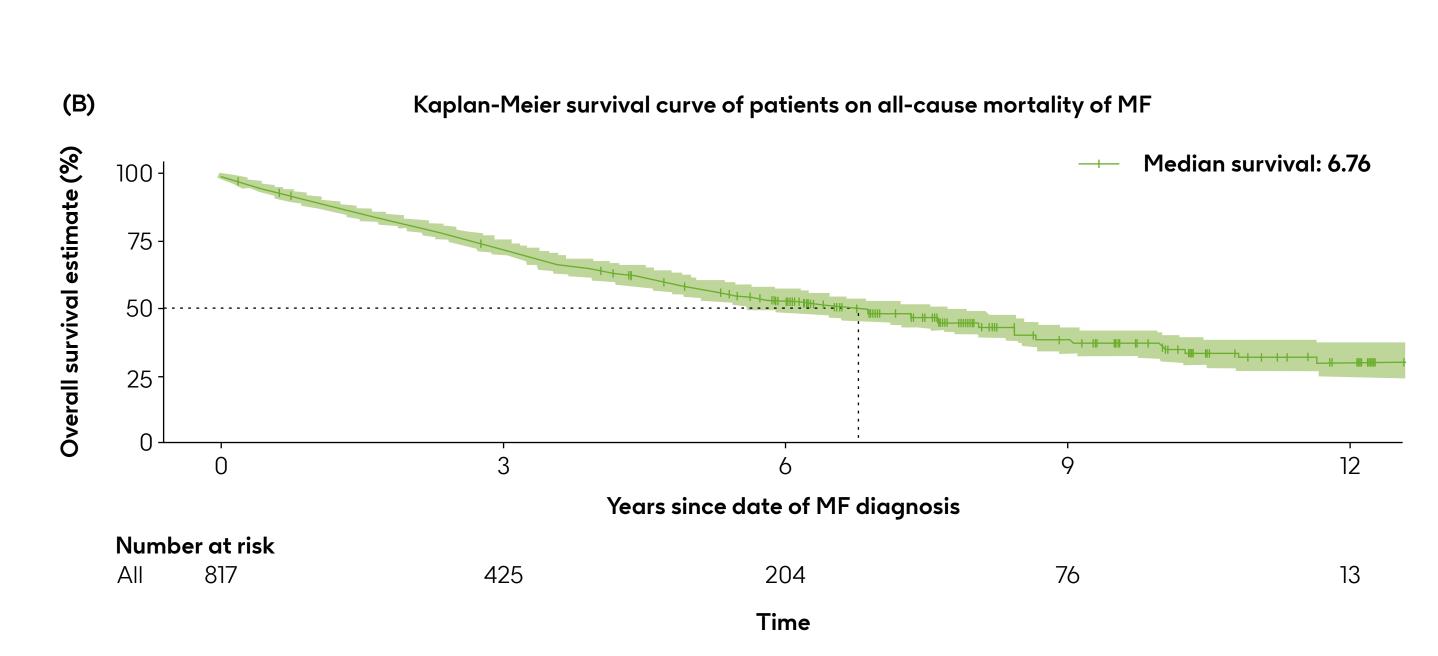
Supplementary Table 1: Cost for blood transfusions for all MF patients, and stratified by transfusion dependency in Denmark and Sweden

	Year 1					Year 3					Year 5				
	Blood tansfusions (N)	MF patients (N)	Transfusions per patient	Total cost (€)	Average cost per patient (€)	Blood tansfusions (N)	MF patients (N)	Transfusions per patient	Total cost (€)	Average cost per patient (€)	Blood tansfusions (N)	MF patients (N)	Transfusions per patient	Total cost (€)	Average cost per patient (€)
Denmark															
All MF patients	1467	794	1.8	779,578	981	985	607	1.6	523,438	862	740	372	2.0	393,243	1,056
Per transfusion dependency - worst case															
Transfusion independent	5	437	0	2,657	-	81	367	0.2	43,044	117	23	211	0.1	12,222	58
Transfusion requiring	42	200	0.2	22,319	112	20	137	0.1	10,628	78	11	95	0.1	5,846	61
Transfusion dependent	1420	157	7.1	754,601	3,770	884	103	7.0	469,766	3,696	706	66	7.4	375,175	3,946
Sweden															
All MF patients	442	817	0.5	316,610	389	298	572	0.5	213,461	375	186	327	0.6	133,234	409
Per transfusion dependency - worst case															
Transfusion independent	0	536	0	0	-	<5	387	0	<3 582	-	0	229	0	0	-
Transfusion requiring	62	176	0.4	44,411	253	35-38	129	0.3	27,220	195	17	66	0.3	12,177	185
Transfusion dependent	380	105	3.6	272,199	2,602	259	56	4.6	185,525	3,325	169	32	5.3	121,057	3,797

MF, myelofibrosis

Supplementary Figure 3: Survival of patients with MF in (A) Denmark and (B) Sweden





- There was a slight difference in acute myeloid leukaemia (AML) transformation where approximately 10% of patients had transformed within 5 years in Denmark, remaining at 10% for the remainder of the study period
- In Sweden, 10% of patients had transformed to AML within 2 years and the rate steadily increased to reach 20% at ~10 years, before stabilising (not shown)

## **Abbreviations**

AML, acute myeloid leukaemia; MF, myelofibrosis.

References

Accessed 30 October 2025.

1. Gjerstorff. Scand J Public Health 2011;39(7 Suppl):42-45 2. Nationellt kvalitetsregister för MPN – Validering 2023. Available at: https://cancercentrum.se/inenglish.763.html