

GENERATION OF SYNTHETIC PATIENT DATA TO OVERCOME MACHINE LEARNING LIMITATIONS IN HEALTHCARE RESEARCH: A SYSTEMATIC REVIEW OF METHODS, PERFORMANCE, AND USE CASES

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CONTEXT AND OBJECTIVE

The generation of synthetic patient data is an emerging strategy to support the development of machine learning (ML) models in healthcare, particularly in settings with small sample sizes or imbalanced outcomes. By artificially augmenting datasets, it allows improving model robustness and performance. This systematic literature review provides an overview of current methods, identifies common challenges, and explores their real-world applications in healthcare ML.

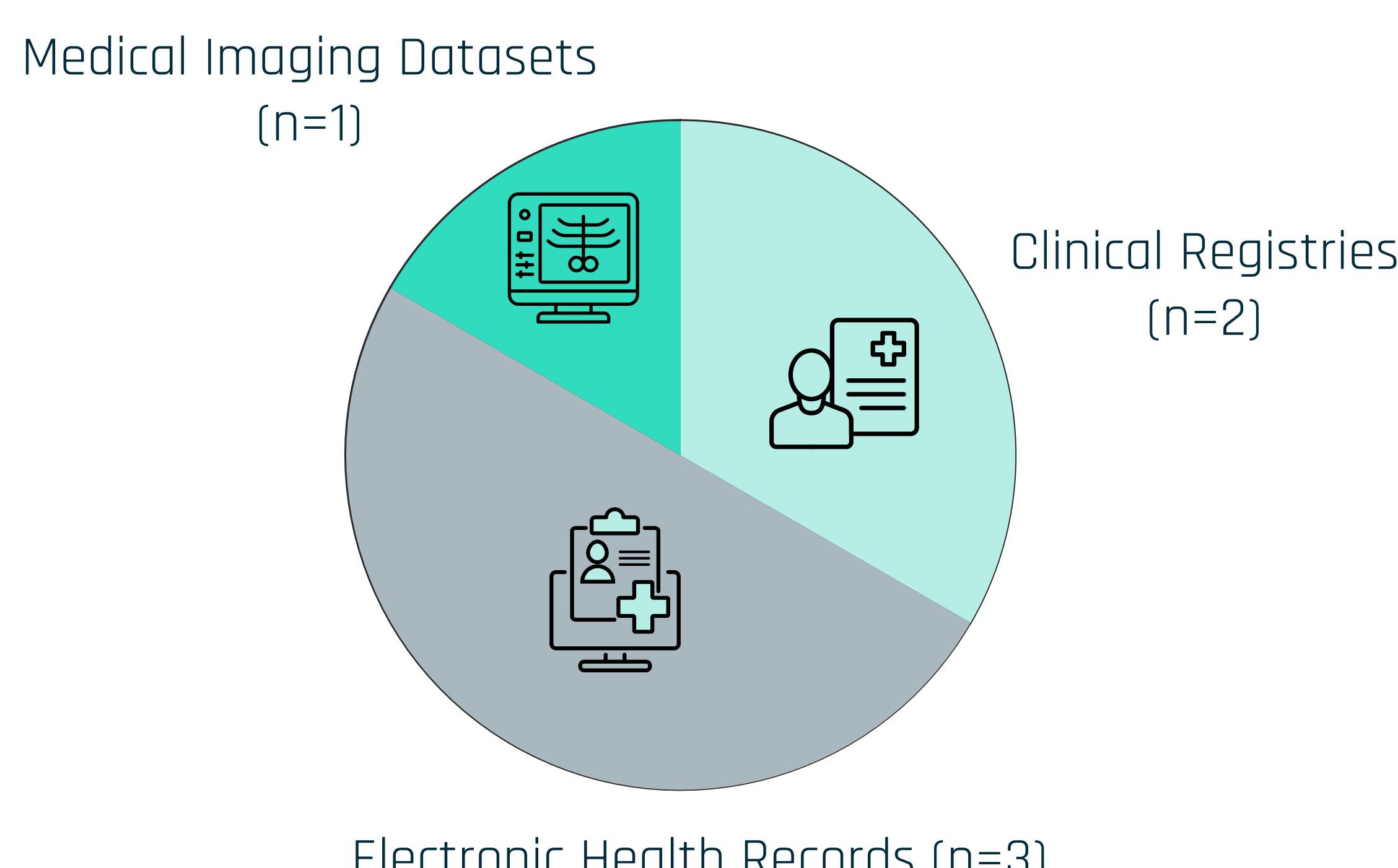
METHODOLOGY

A literature review was conducted on MEDLINE to identify studies published since 2020 on the generation of synthetic patient data for ML applications. Titles and abstracts [Ti/Abs] were screened, followed by full-text review for inclusion.

RESULTS/FINDINGS

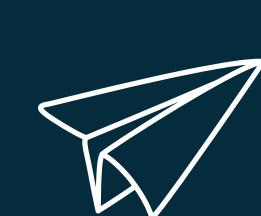
A total of 176 studies were initially selected through title and abstract screening. After full-text review, 6 studies were included.

Distribution of Data Sources



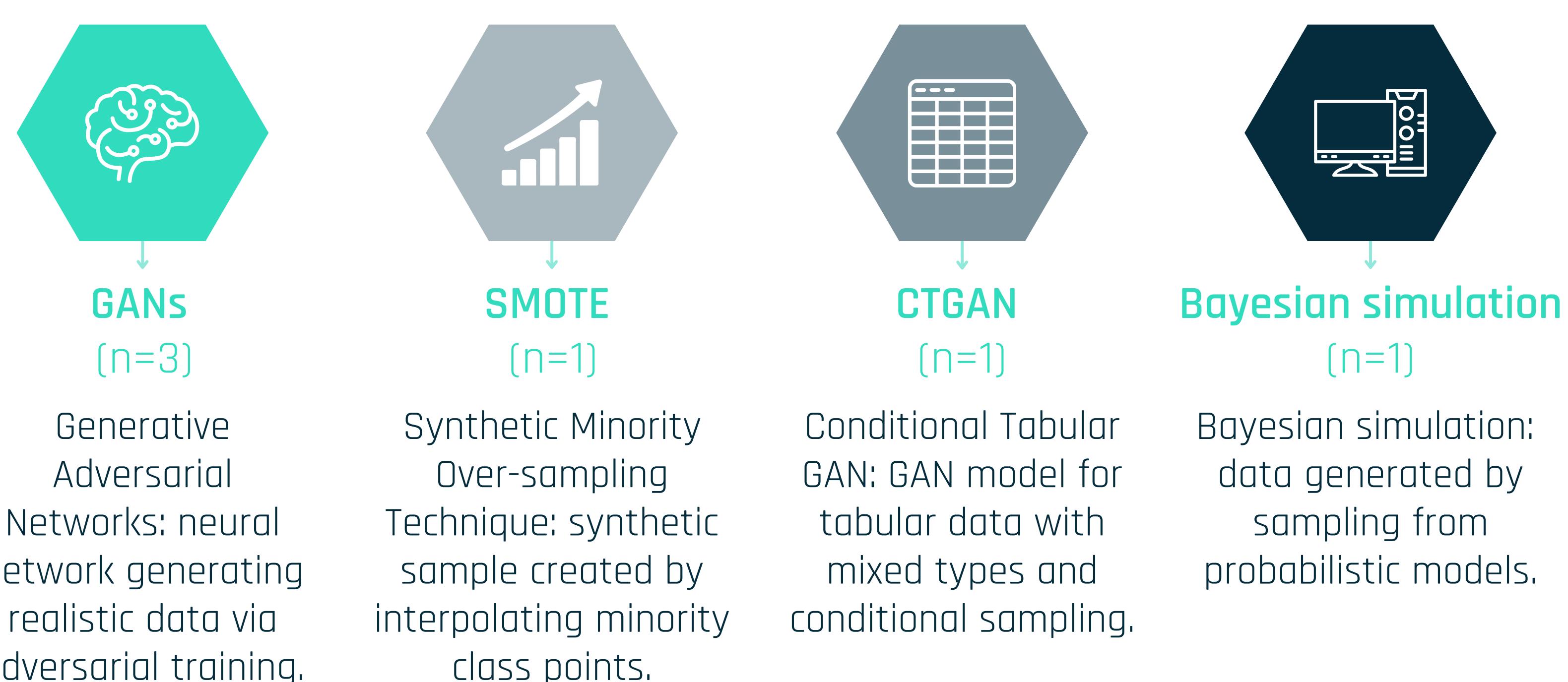
REFERENCES

DuMont Schütte et al., 2021; García-Domínguez et al., 2023; Nelson et al., 2023; Rodriguez-Almeida et al., 2023; Scroggins et al., 2025; Son et al., 2023

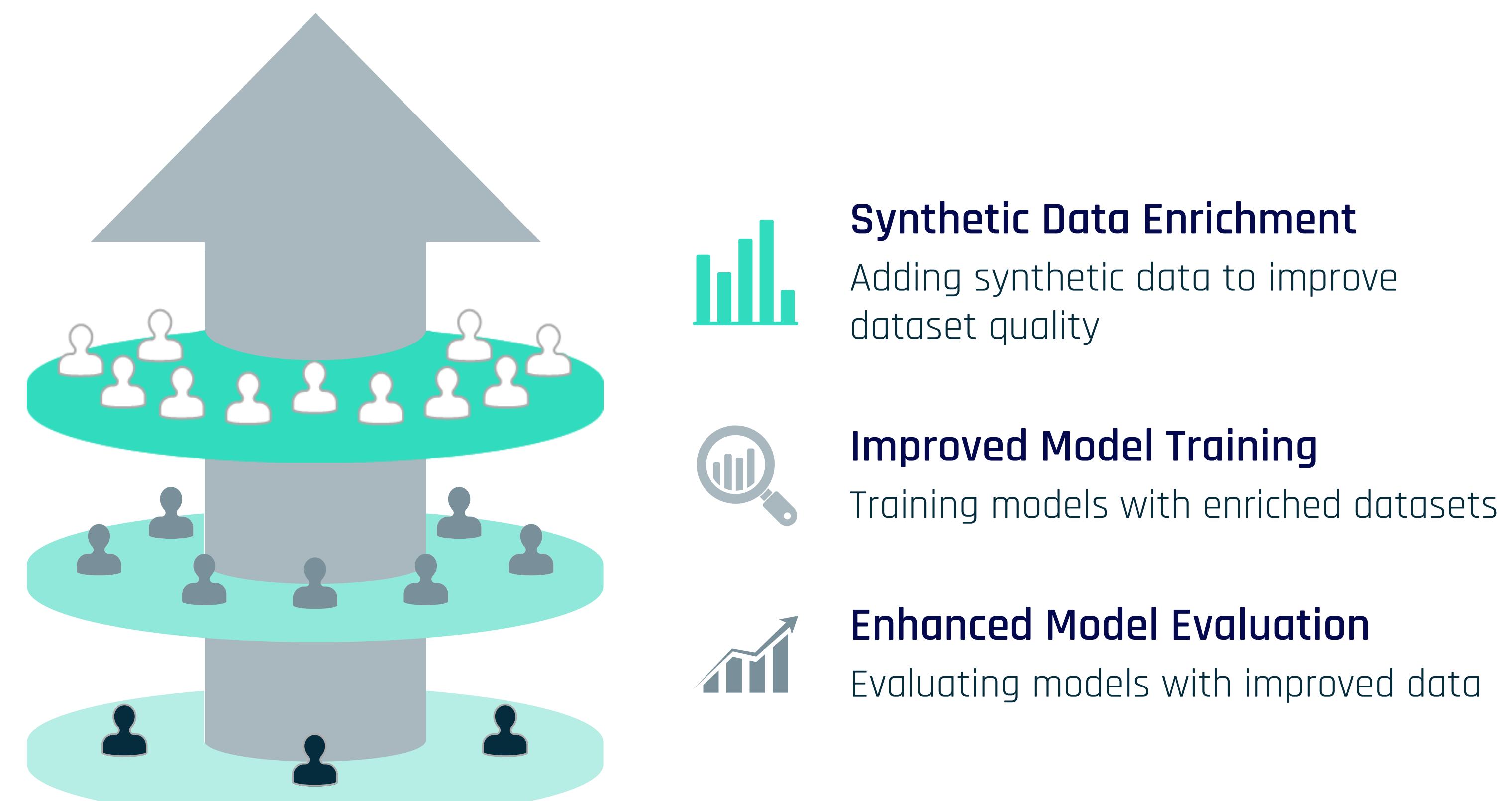


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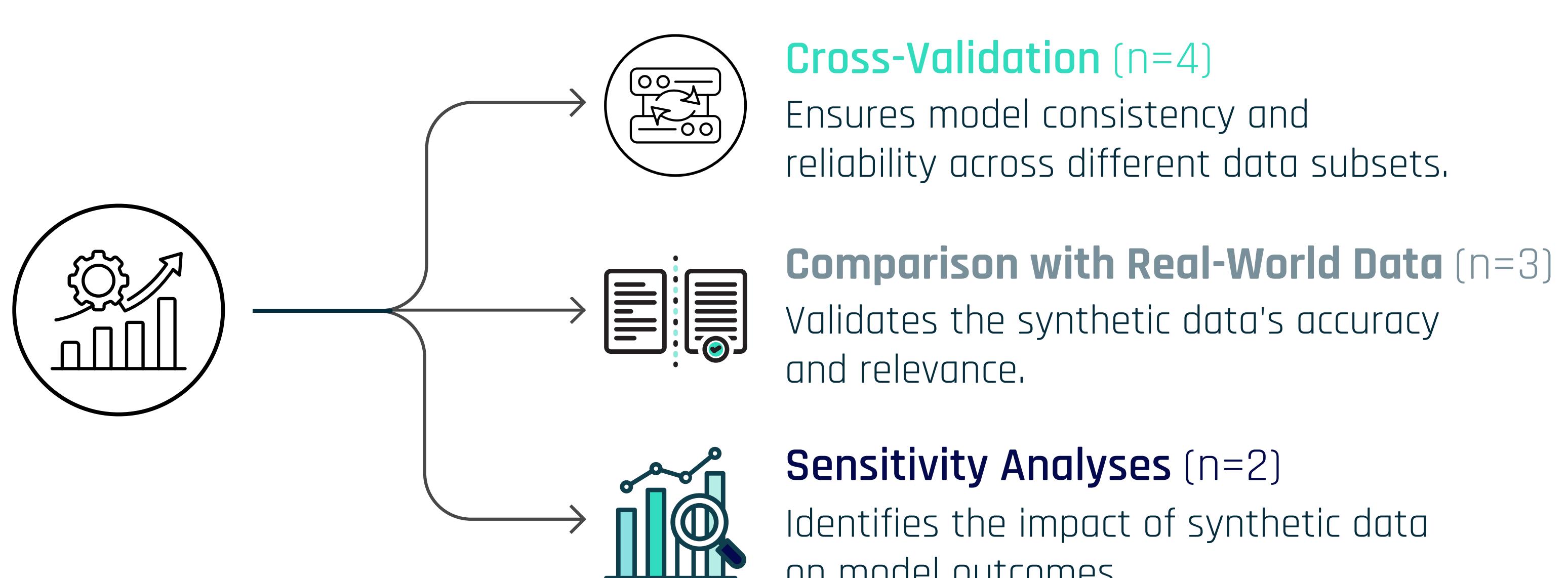
Which models to generate synthetic data?



How synthetic data improved model performance?



How to assess the robustness of synthetic data?



CONCLUSION

Synthetic patient data generation is a promising strategy to improve the performance and robustness of machine learning models in healthcare. The reviewed studies show that synthetic data can effectively address data limitations while supporting privacy-preserving model development. Standardized evaluation frameworks and real-world implementation are needed to fully unlock its potential in clinical decision-making and health technology assessment.