

# Supplementary Material

**Poster Title:**

A Balancing Act: Low-dose Atropine Significantly Slows Pediatric Myopia Progression Without A Clinically Meaningful Risk of Rebound

**Authors:**

J. JOVANOVIĆ<sup>1</sup>, M. ZACHARIOUDAKI<sup>2</sup>, G. PAPADAKIS<sup>3</sup>, M. KALATZI<sup>3</sup>, N. MULKALAPALLI<sup>4</sup>, F. ERNST<sup>5</sup>, T. DE MILLIANO<sup>6</sup>

**Affiliations:**

<sup>1</sup>IQVIA, London, United Kingdom; <sup>2</sup>IQVIA, Munich, Germany; <sup>3</sup>IQVIA, Athens, Greece; <sup>4</sup>IQVIA, Gurugram, India; <sup>5</sup>Santen Pharmaceuticals, Munich, Germany;

<sup>6</sup>Santen, Geneva, Switzerland

**Conference:**

ISPOR Europe 2025, Glasgow, November 10

**Presented at:**

ISPOR Europe 2025, Glasgow, November 10

# Contents

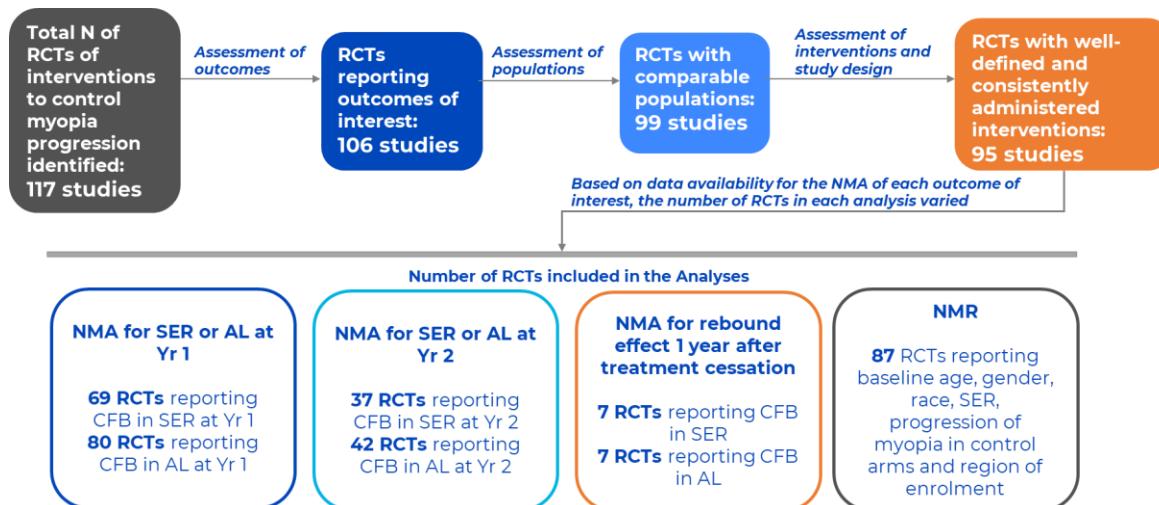
Process for the selection of RCTs for evidence synthesis by means of a network meta-analysis.....	3
Supplementary Figure .....	3
References.....	4

# Process for the selection of RCTs for evidence synthesis by means of a network meta-analysis

A systematic literature review identified 117 unique randomised control trials. The database search for the systematic literature review was performed on the 13 September 2024. Evidence connectivity was assessed after grouping treatments evaluated in each RCT based on the type of intervention (optical, pharmacological, light-based or combination) into 24 different types of pediatric myopia control interventions. The feasibility of ITCs was evaluated by qualitatively examining between-study heterogeneity in study designs, patient populations, interventions, outcome definitions and assessments. Twenty-two RCTs were considered sources of significant clinical or methodological heterogeneity and were therefore excluded from the quantitative synthesis. Examples of methodological heterogeneity included dose-switching before the first annual outcome assessment (1, 2), loss of randomization after year one of treatment administration (3) or potential efficacy bias as some RCTs evaluating atropine therapy permitted the concurrent use of undercorrected or multifocal spectacles in both intervention and control arms but have not monitored or enforced it. (4,5). RCTs involving myopic children with esophoria, high accommodative lag or other near phorias were also excluded from the analytic sample. Their exclusion was based on clinical heterogeneity, as evidence indicates that these conditions interact with myopia treatment efficacy (6-9).

## Supplementary Figure

*Figure 1. Decision tree summarizing the network meta-analysis feasibility assessment process and findings*



## References

1. Hansen, N.C., et al., *Safety and efficacy of 0.01% and 0.1% low-dose atropine eye drop regimens for reduction of myopia progression in Danish children: a randomized clinical trial examining one-year effect and safety*. BMC ophthalmology, 2023. **23**(1): p. 438.
2. Medghalchi, A., et al., *The preventive role of atropine eye drops on myopia progression: a double-blind randomized clinical trial*. International Journal of Preventive Medicine, 2023. **14**(1): p. 45.
3. Jiang, Y., et al., *Effect of repeated low-level red-light therapy for myopia control in children: a multicenter randomized controlled trial*. Ophthalmology, 2022. **129**(5): p. 509-519.
4. Shih, Y.-F., et al., *Effects of different concentrations of atropine on controlling myopia in myopic children*. Journal of ocular pharmacology and therapeutics, 1999. **15**(1): p. 85-90.
5. Yen, M.Y., et al., *Comparison of the effect of atropine and cyclopentolate on myopia*. Ann Ophthalmol, 1989. **21**(5): p. 180-2, 187
6. Berntsen, D.A., et al., *A randomized trial using progressive addition lenses to evaluate theories of myopia progression in children with a high lag of accommodation*. Invest Ophthalmol Vis Sci, 2012. **53**(2): p. 640-9.
7. Correction of Myopia Evaluation Trial 2 Study Group for the Pediatric Eye Disease Investigator, G., *Progressive-addition lenses versus single-vision lenses for slowing progression of myopia in children with high accommodative lag and near esophoria*. Invest Ophthalmol Vis Sci, 2011. **52**(5): p. 2749-57.
8. Fulk, G.W., L.A. Cyert, and D.E. Parker, *A randomized clinical trial of bifocal glasses for myopic children with esophoria: results after 54 months*. Optometry, 2002. **73**(8): p. 470-6.
9. H., J., *Myopia progression in young school children. A prospective study of myopia progression and the effect of a trial with bifocal lenses and beta blocker eye drops*. Acta Ophthalmologica, 1991. **69**(S200): p. 1-79.