

Decision-Analytic Modeling on Imaging Modalities in Breast Cancer Staging: A Systematic Literature Review

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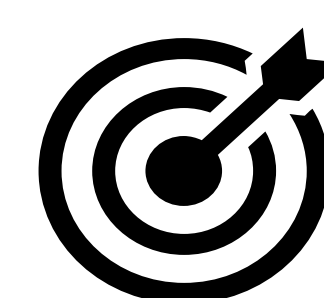
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BACKGROUND

- Breast cancer is the most common cancer in women and a leading cause of cancer-related death.¹
- Accurate tumor staging and response monitoring in metastatic breast cancer remain challenging, impacting treatment decisions, survival, and quality of life.^{2,3}
- An update of clinical guidelines regarding optimal imaging selection for staging is needed.⁴
- Aim of PREMIO COLLAB Project: to prolong overall survival and enhance quality of life in metastatic breast cancer patients by guiding improved treatment response monitoring (see Figure 1).

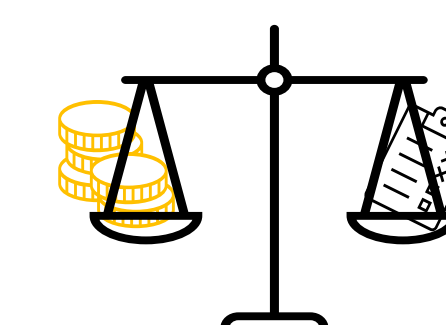
AIM

To synthesize and appraise existing decision-analytic models by evaluating their structure, assumptions, data sources, and clinical as well as health economic relevance.



Research aim

Compare strategies to assess the effect on quality of life, QALYs, survival



Purpose of decision-analytic model

Identify cost-effectiveness tradeoff of innovative imaging modalities

METHODS

Systematic search (PubMed, Embase, International HTA Database) up to March 2025, following PRISMA guideline.⁵

Inclusion and exclusion criteria:

- Population:** Patients with advanced breast cancer
- Intervention:** FDG-PET/CT or PET/CT
- Comparator:** All other imaging modalities used for breast cancer staging
- Outcome:** E.g., QALYs, survival, biopsies avoided
- Study type:** Decision-analytic modeling studies
- Languages:** English, Danish, German, Italian

Screening and extraction by two reviewers; data extracted on populations, interventions, outcomes, model type, and others.

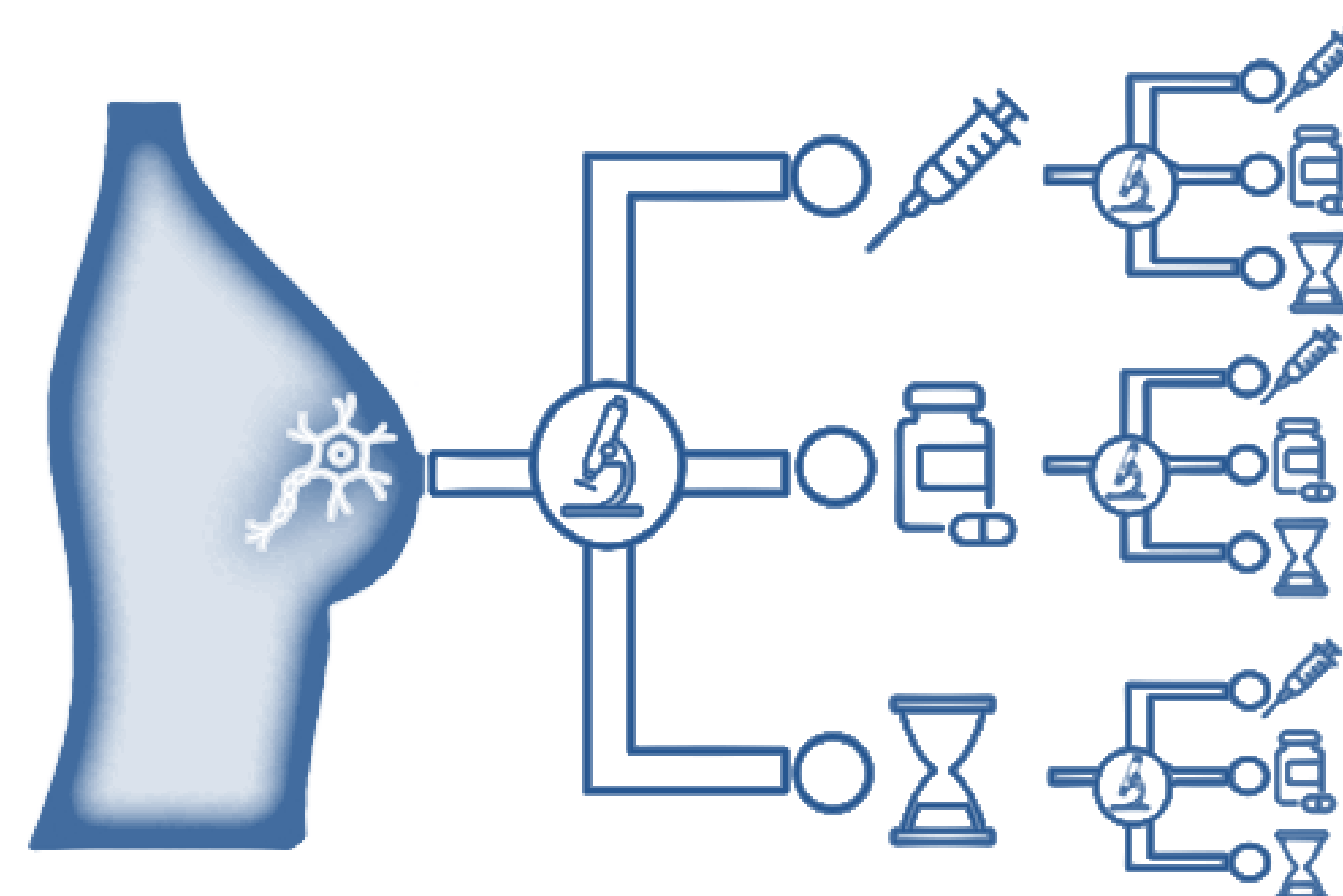


Figure 1: Process of study intervention in PREMIO COLLAB
(The figure is the authors' own illustration)

RESULTS

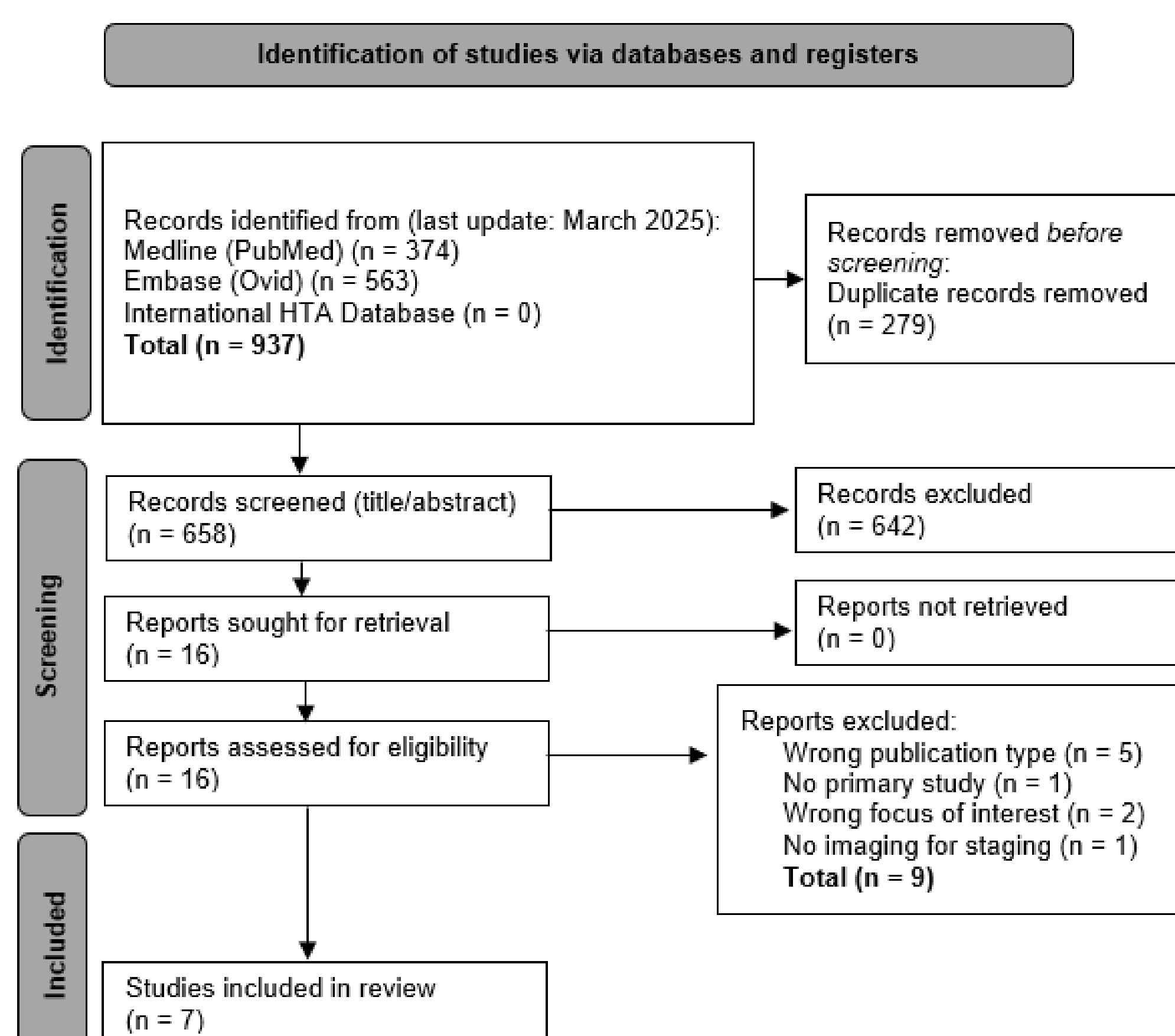


Figure 2: PRISMA 2020 flowchart ⁵

Abbreviations: CT: Computed Tomography; FDG-PET/CT: Fluorodeoxyglucose Positron Emission Tomography/Computed Tomography; FES-PET: 16α-[¹⁸F]fluoroestradiol Positron Emission Tomography / Computed Tomography; MRI: Magnetic Resonance Imaging; PET: Positron Emission Tomography; QALYs: quality-adjusted life years

References: ¹ Arnold M, Morgan E, Rumgay H, et al. Current and future burden of breast cancer: Global statistics for 2020 and 2040. *The Breast* 2022;66:15-23. ² Humbert O, Cochet A, Coudert B, et al. Role of Positron Emission Tomography for the Monitoring of Response to Therapy in Breast Cancer. *The Oncologist* 2015;20(2):94-104. ³ Vogsen M, Jensen JD, Christensen IY, et al. FDG-PET/CT in high-risk primary breast cancer—a prospective study of stage migration and clinical impact. *Breast Cancer Research and Treatment* 2021;185(1):145-153. ⁴ Vogsen M, Harbo F, Jakobsen NM, et al. Response Monitoring in Metastatic Breast Cancer: A Prospective Study Comparing (18)F-FDG PET/CT with Conventional CT. *Journal of Nuclear Medicine* 2023;64(3):355-361. ⁵ Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ*. 2021;372:n71.

Aspect	Findings
Countries	Australia, Canada, the Netherlands, United Kingdom, and United States
Model types	Decision trees (n=3), decision tree combined with a Markov state-transition model (n=1), discrete-event simulation (n=2), and a simulation model (not further defined) (n=1)
Evaluated strategies	2-8 strategies; e.g., PET/CT, PET, MRI, four-node sampling, biopsy, FDG-PET/CT, FES-PET/CT, and conventional work-up
Reported outcomes	Diagnostic accuracy (sensitivity/specificity), QALYs, number of re-biopsies, costs, and incremental cost-effectiveness ratios (ICERs)
Findings	Advanced imaging reduced biopsies (5/7) → less adverse events, potentially cost-effective in 2 studies, in 1 study not cost-effective
Limitations	Sparse accuracy data, insufficiently validated models

CONCLUSION

Advanced imaging modalities show potential clinical and cost-effectiveness benefits, especially in specific patient subgroups or diagnostic pathways. However, evidence is limited. High-quality research, including prospective trials and more precise economic evaluations, and robust decision-analytic models are needed to support evidence-based practice.

