

Decision-Analytic Modeling on Imaging Modalities in Breast Cancer Staging: A Systematic Literature Review

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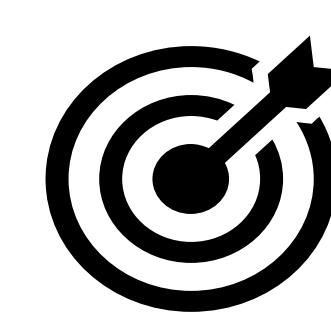
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BACKGROUND

- Breast cancer is the most common cancer in women and a leading cause of cancer-related death.¹
- Accurate tumor staging and response monitoring in metastatic breast cancer remain challenging, impacting treatment decisions, survival, and quality of life.^{2,3}
- An update of clinical guidelines regarding optimal imaging selection for staging is needed.⁴
- Aim of PREMIO COLLAB Project: to prolong overall survival and enhance quality of life in metastatic breast cancer patients by guiding improved treatment response monitoring (see Figure 1).

AIM

To synthesize and appraise existing decision-analytic models by evaluating their structure, assumptions, data sources, and clinical as well as health economic relevance.



Research aim



Purpose of decision-analytic model

Compare strategies to assess the effect on quality of life, QALYs, survival

Identify cost-effectiveness tradeoff of innovative imaging modalities

METHODS

Systematic search (PubMed, Embase, International HTA Database) up to March 2025, following PRISMA guideline.⁵

Inclusion and exclusion criteria:

- Population:** Patients with advanced breast cancer
- Intervention:** FDG-PET/CT or PET/CT
- Comparator:** All other imaging modalities used for breast cancer staging
- Outcome:** E.g., QALYs, survival, biopsies avoided
- Study type:** Decision-analytic modeling studies
- Languages:** English, Danish, German, Italian

Screening and extraction by two reviewers; data extracted on populations, interventions, outcomes, model type, and others.

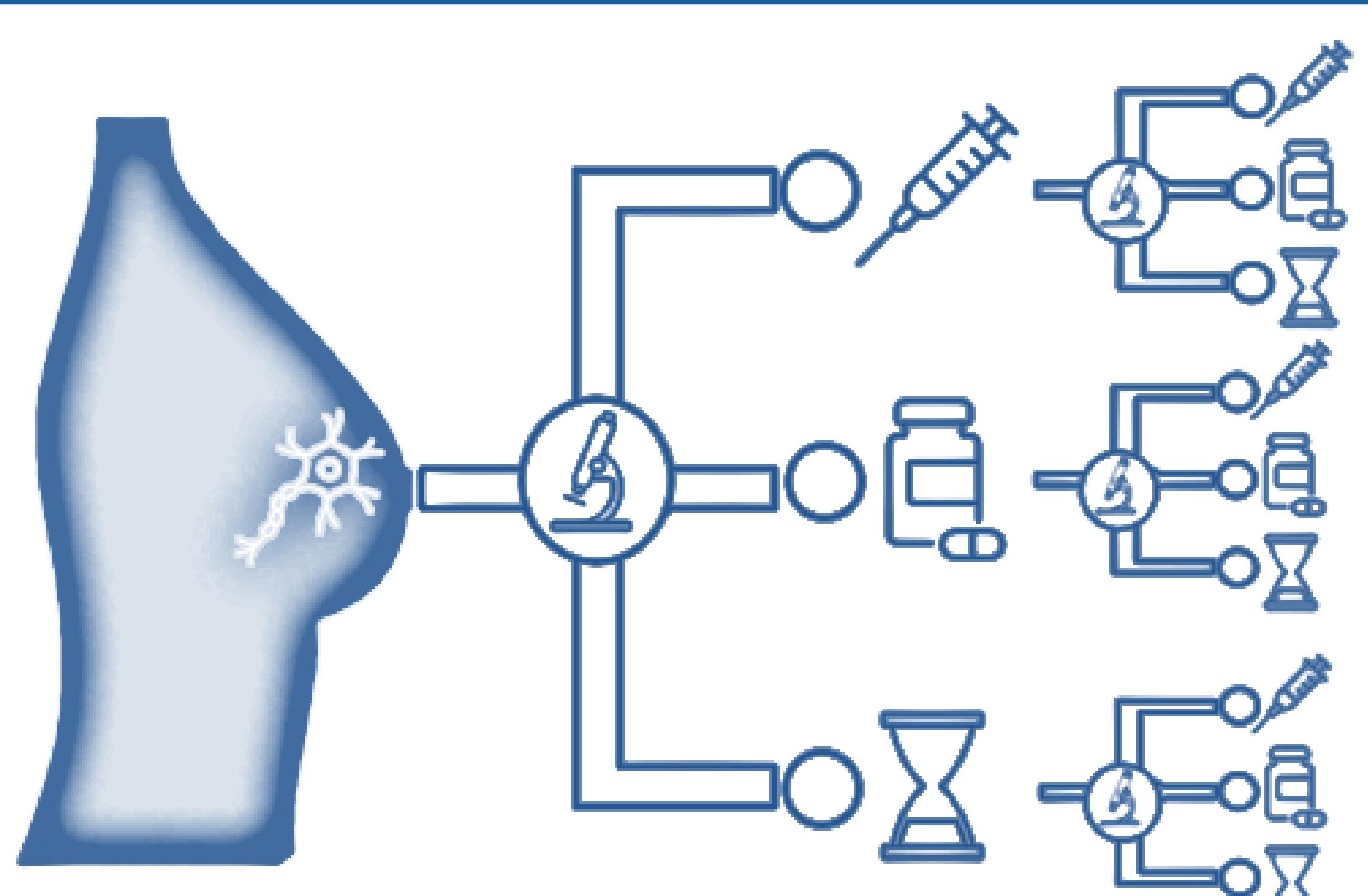


Figure 1: Process of study intervention in PREMIO COLLAB
(The figure is the authors' own illustration)

RESULTS

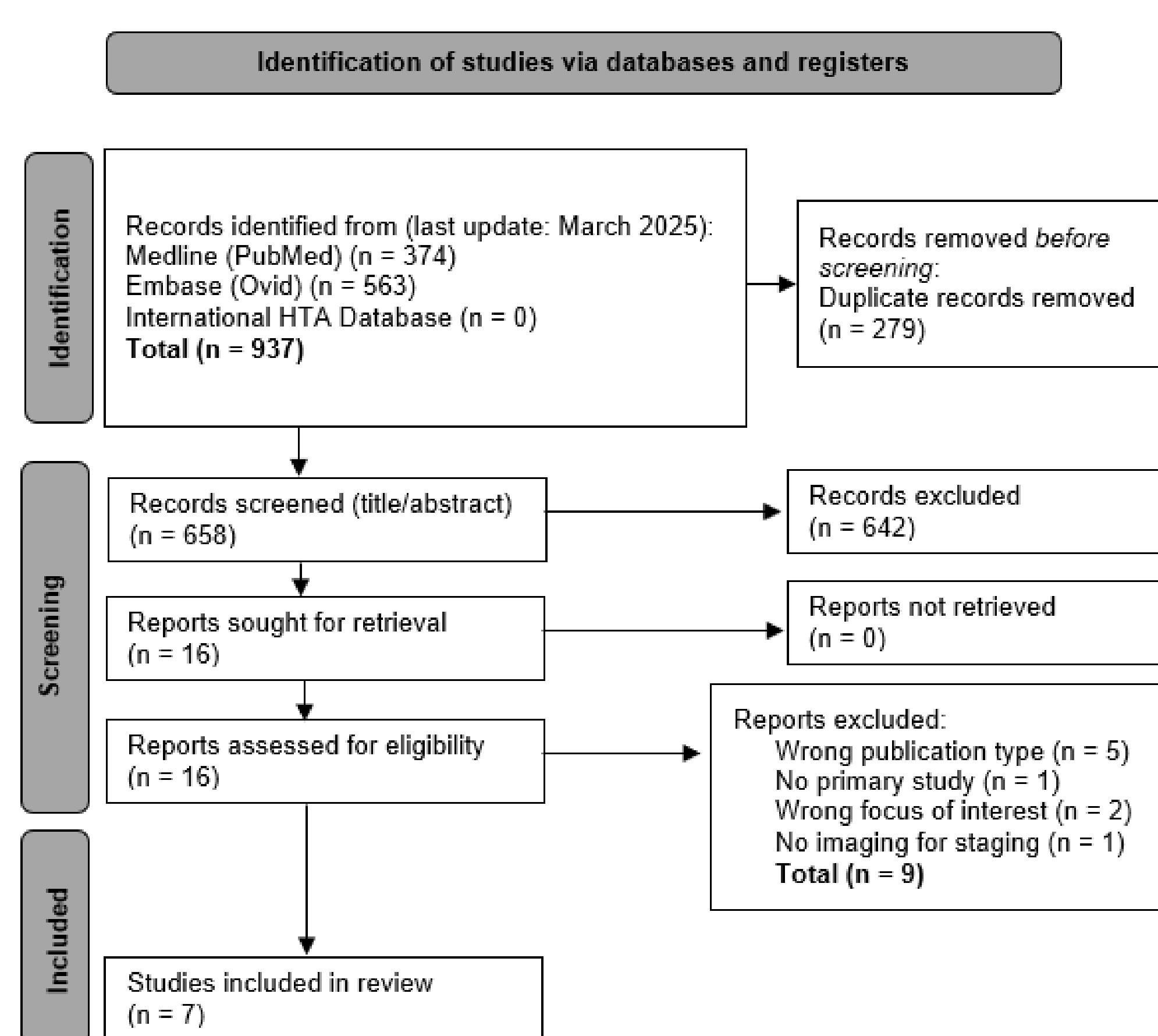


Figure 2: PRISMA 2020 flowchart⁵

Abbreviations: CT: Computed Tomography; FDG-PET/CT: Fluorodeoxyglucose Positron Emission Tomography/Computed Tomography; FES-PET: 16^a-[¹⁸F]fluoroestradiol Positron Emission Tomography / Computed Tomography; MRI: Magnetic Resonance Imaging; PET: Positron Emission Tomography; QALYs: quality-adjusted life years

Aspect	Findings
Countries	Australia, Canada, the Netherlands, United Kingdom, and United States
Model types	Decision trees (n=3), decision tree combined with a Markov state-transition model (n=1), discrete-event simulation (n=2), and a simulation model (not further defined) (n=1)
Evaluated strategies	2-8 strategies; e.g., PET/CT, PET, MRI, four-node sampling, biopsy, FDG-PET/CT, FES-PET/CT, and conventional work-up
Reported outcomes	Diagnostic accuracy (sensitivity/specificity), QALYs, number of re-biopsies, costs, and incremental cost-effectiveness ratios (ICERs)
Findings	Advanced imaging reduced biopsies (5/7) → less adverse events, potentially cost-effective in 2 studies, in 1 study not cost-effective
Limitations	Sparse accuracy data, insufficiently validated models

CONCLUSION

Advanced imaging modalities show potential clinical and cost-effectiveness benefits, especially in specific patient subgroups or diagnostic pathways. However, evidence is limited. High-quality research, including prospective trials and more precise economic evaluations, and robust decision-analytic models are needed to support evidence-based practice.

References: ¹ Arnold M, Morgan E, Rungay H, et al. Current and future burden of breast cancer: Global statistics for 2020 and 2040. *The Breast* 2022;66:15-23. ² Humbert O, Cochet A, Coudert B, et al. Role of Positron Emission Tomography for the Monitoring of Response to Therapy in Breast Cancer. *The Oncologist* 2015;20(2):94-104. ³ Vogsen M, Jensen JD, Christensen IY, et al. FDG-PET/CT in high-risk primary breast cancer—a prospective study of stage migration and clinical impact. *Breast Cancer Research and Treatment* 2021;185(1):145-153. ⁴ Vogsen M, Harbo F, Jakobsen NM, et al. Response Monitoring in Metastatic Breast Cancer: A Prospective Study Comparing (18)F-FDG PET/CT with Conventional CT. *Journal of Nuclear Medicine* 2023;64(3):355-361. ⁵ Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. *BMJ*. 2021;372:n71.

