# What Is the Level of Agreement between Family Caregivers and Their Children Living with Rheumatic Disease in Reporting Health-Related Quality of Life?



Duke University School of Medicine

Ya-Ning Chan, PhD, RN<sup>1</sup>; Kaveh Ardalan, MD, MS<sup>2</sup>; Li Lin, MS<sup>1</sup>; Dandan Chen, PhD<sup>3</sup>; Laura E. Schanberg, MD<sup>2, 4</sup>; Richard K. Vehe, MD<sup>5</sup>; Bryce B. Reeve, PhD<sup>1,4</sup>; for the CARRA Registry Investigators <sup>1</sup>Department of Population Health Sciences, Duke University; <sup>2</sup>Department of Pediatrics, Division of Pediatrics, Division of Pediatrics, Division of Pediatrics, Division of Pediatric Rheumatology, University of Minnesota

## BACKGROUND

- Children with juvenile idiopathic arthritis (JIA) and systemic lupus erythematosus (SLE) experience lower health-related quality of life (HRQOL) than healthy general pediatric population.
- Child self-report is considered the gold standard for understanding their HRQOL; however, when obtaining child self-report is not feasible, caregiverreport is needed.
- Limited studies on the relationship between child self-report and caregiver-report on HRQOL measures; mixed findings were identified in associated factors.

## Objectives

- Determine agreement between child self-report and caregiver-report HRQOL in JIA and SLE.
- Identify factors (demographic and clinical) associated with the level of agreement.

### METHODS

- Data source: The Pediatric Patient Reported
   Outcomes in Chronic Diseases (PEPR) study using
   CARRA Registry
- Time points of assessment: Baseline, 6 months, and 12 months
- Measures: The NIH Patient-Reported Outcomes Measurement Information System® (PROMIS®)
  Pediatric Self-Report and Parent-Proxy Measures
- Statistical methods:
- Level of agreement: One-way random-effects model for intraclass correlation coefficient (ICC) estimation
- Associated factors: Multivariable mixed-effect models
- (Child self-report measure score) (Parentproxy measure score)

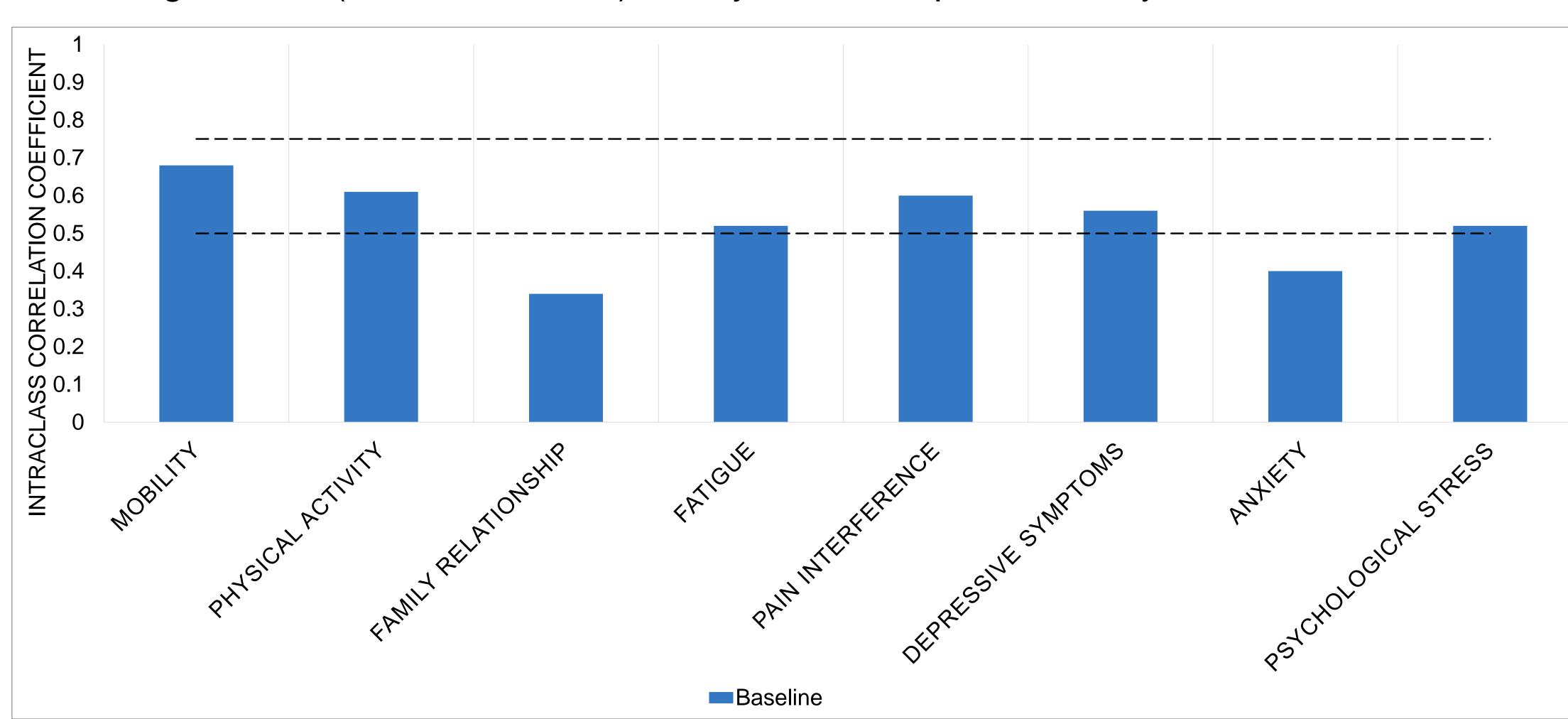
## RESULTS

Sample Characteristics (451 child-caregiver dyads)

- Child mean age 13.8 years, 87.1% JIA, 71.4% female, 74.3% White, 90.5% non-Hispanic
- Caregiver 55% with a high school degree or above, 29.4% with an annual household income >100k

### Levels of agreement across HRQOL domains over time

- ICC remains stable over time across HRQOL domains.
- Strong agreement (ICC=0.50—0.68): mobility, physical activity, fatigue, and pain interference.
- Mild agreement (ICC=0.34—0.42): family relationship and anxiety.



### Factors associated with levels of agreement across HRQOL domains

Caregivers tended to give lower scores for their children's functioning and higher scores for their children's symptom burden.

- Older (vs. younger) child: better agreement on mobility, fatigue, pain interference, anxiety, psychological distress, and depressive symptoms.
- Female (vs. male) child: better agreement on psychological distress and depressive symptoms.
- No significant findings on disease types (SLE vs. JIA), disease duration, and body mass index.

## LIMITATIONS

- Limited caregiver information and homogeneous sample (non-Hispanic, White, English speaking)
- All HRQOL domains were not assessed at all three time points.
  - Physical activity: baseline & 6 months
  - Family relationship: baseline & 12 months
  - Psychological stress: baseline

### CONCLUSIONS

- Levels of agreement are stable over time but vary based on HRQOL domains.
- Caregivers can provide complementary information on physical aspects of HRQOL but child self-report remains as the ultimate source.

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**Disclaimer:** This study utilized data and/or biospecimens collected in the Childhood Arthritis and Rheumatology Research Alliance (CARRA) Registry. The views expressed are the authors' and do not necessarily represent the view of CARRA.

#### CONTACT

Ya-Ning Chan, PhD, RN <u>ya-ning.chan@duke.edu</u>