

# Humanistic Burden in Metastatic Triple-Negative Breast Cancer: A Systematic Literature Review

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## Conclusions

- In patients with metastatic triple-negative breast cancer (mTNBC), health-related quality of life (HRQOL) generally decreased as patients progressed to later lines of therapy
- In the second-line (2L) or later setting, sacituzumab govitecan (SG) showed statistically significant improvement in HRQOL vs chemotherapy
- In the first-line (1L) setting, immunotherapy showed mixed results; pembrolizumab demonstrated HRQOL improvement in programmed death ligand 1 (PD-L1)-positive patients vs chemotherapy
- In observational studies of patients with mTNBC, gemcitabine + capecitabine showed significant improvement in HRQOL vs docetaxel + capecitabine, and capecitabine + cytokine-induced killer (CIK) cell therapy significantly improved HRQOL vs capecitabine alone, although sample size was small
- This systematic literature review (SLR) underscores the unmet need for new therapies that can enable improvements or extend maintenance of HRQOL for patients with mTNBC while lengthening survival, especially in the first line setting

## Plain Language Summary

- Recent advancements in breast cancer treatment have resulted in people with metastatic triple-negative breast cancer (mTNBC) living longer. However, it is not clear if longer survival is accompanied by improved quality of life (a measure of a person's sense of well-being and their ability to do daily activities)
- People with mTNBC had improved quality of life if they received a drug called sacituzumab govitecan as second-line or later treatment
- People with mTNBC whose tumors expressed a protein called PD-L1 had improved quality of life from first-line treatment when they received a drug called pembrolizumab, which targets PD-L1
- While current treatments can improve quality of life in people with mTNBC, there is a need for new drugs that further improve or maintain quality of life while also extending survival, especially in the first line of treatment

**References:** 1. International Agency for Research on Cancer. World Health Organization. Global Cancer Observatory. World. <https://gco.iarc.who.int/media/globocan/factsheets/populations/900-world-fact-sheet.pdf>. Accessed April 28, 2025. 2. Howard FM, et al. *Cancer J*. 2021;27:8-16. 3. National Cancer Institute. Surveillance, Epidemiology, and End Results Program. Cancer Stat Facts: Female Breast Cancer Subtypes. <https://seer.cancer.gov/statfacts/html/breast-subtypes.html>. Accessed March 27, 2025. 4. Hsu J, et al. *Sci Rep*. 2022;12:729. 5. Lindman H, et al. *BMC Cancer*. 2022;22:1006. 6. Claris ME, et al. *Cancers (Basel)*. 2021;13:2308. 7. Michael YL, et al. *Cancer*. 2000;89:2176-86. 8. Huppert LA, et al. *Ther Adv Med Oncol*. 2022;14:17588359221086916. 9. Loibl S, et al. *Eur J Cancer*. 2023;178:23-33. 10. Adams S, et al. *Ann Oncol*. 2020;31:582-89. 11. Cussac AL, et al. *ESMO Open*. 2024;9:10320. 12. Schmid P, et al. *Eur J Cancer*. 2023;195:113393. 13. Cescon D, et al. *J Natl Cancer Inst*. 2024;116:717-27. 14. Senkus E, et al. *Int J Cancer*. 2023;153:803-14. 15. Anders C, et al. *Breast Cancer Res Treat*. 2014;146:557-66. 16. Chen S, et al. *J BUON*. 2021;26:734-40. 17. Ndirangu K, et al. *Future Oncol*. 2024;20:1807-24. 18. Popalis ML, et al. *Cancer Res*. 2023;83:P5-07-10. 19. Vadaparampil ST, et al. *Breast Cancer Res Treat*. 2017;163:331-42. 20. Wang Y, et al. *Am J Transl Res*. 2024;16:1945-52. 21. Yamaguchi M, et al. *Value Health*. 2024;27:S252. 22. Loibl S, et al. *Cancer Res*. 2022;82:P5-16-01. 23. Huang M, et al. *Eur J Cancer*. 2022;177:45-52. 24. Benedict Á, et al. *Value Health*. 2022;25:S82.

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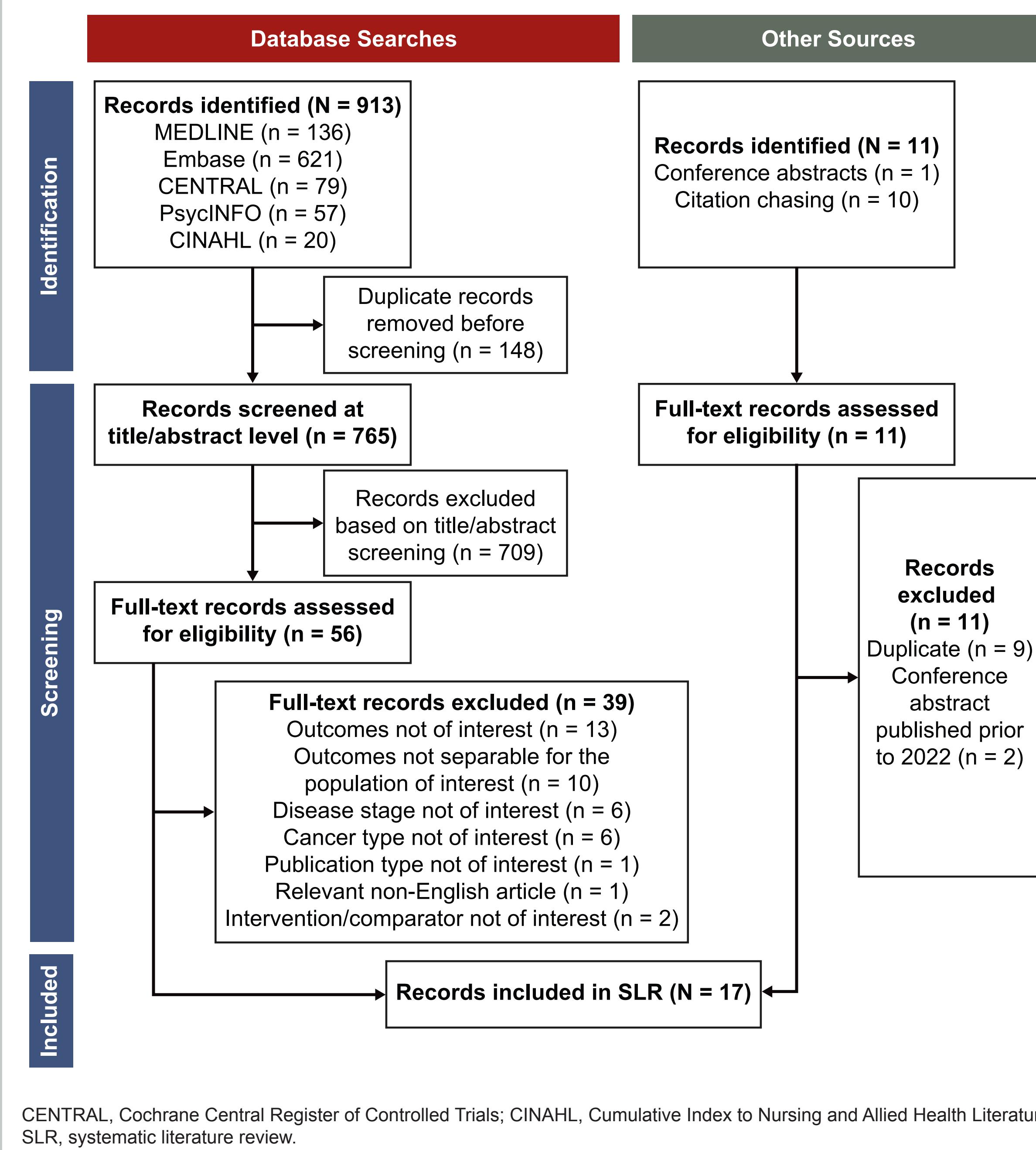
## Introduction

- Breast cancer is the most common cancer in women,<sup>1</sup> and triple-negative breast cancer (TNBC) accounts for approximately 11% of breast cancer cases<sup>2,3</sup>
- Prognosis for mTNBC remains poor, with 5-year overall survival rates of 7% to 14% across countries,<sup>3-5</sup> and a substantial reduction in HRQOL<sup>6-7</sup>
- Recent advances in mTNBC treatment, such as the introduction of PD-(L)1 inhibitors (targeting programmed cell death protein-1 [PD-1] or PD-L1), have improved clinical outcomes in PD-L1 positive patients<sup>8</sup>; however, these advances have not necessarily been accompanied by significant improvements in HRQOL
- We present an SLR of HRQOL and utility/disutility values in patients with mTNBC, divided by PD-L1 status, with the goal of better understanding how recent advances in treatment options may affect HRQOL

## Methods

- An SLR was conducted according to Cochrane methodologies; searches were conducted across Embase, MEDLINE and MEDLINE In-Process, APA PsycINFO, Cochrane Central Register of Controlled Trials (CENTRAL), Cochrane Database of Systematic Reviews (CDSR), and Cumulative Index to Nursing and Allied Health Literature (CINAHL) from the date of each database inception to June 2024
- Gray literature searches were also conducted to identify relevant information in conference abstracts, clinical trial registries, health technology assessment submissions, and product labels; conference abstracts prior to 2022 were excluded
- English language studies of mTNBC or mixed-stage TNBC were included; items that included non-TNBC cancer types were only included if results were available for the TNBC subgroup or if the proportion of patients with TNBC was ≥ 80%
- A total of 924 records were identified, and after screening, 17 of these records were included in the analysis (Figure 1)

Figure 1. Literature Search Diagram



## Results

- Among the 17 records included, there were 13 studies (7 clinical and 6 observational studies)
- Characteristics of these studies are summarized in (Table 1)

## Results

Table 1. Study Characteristics

Study	Population	Treatment	PD-L1 Status of Patients	N	Clinical Studies	
					SG	AC
ASCENT <sup>9</sup>	Refractory/relapsed mTNBC (3L+)	SG	236	236	TPC	183
		TPC	183			
		Atezo + NP	451	Atezo + NP	185	
		AC	451			
IMpassion130 <sup>10</sup>	Unresectable locally advanced or mTNBC (1L)	PD-L1+ <sup>a</sup>	185	185	Pbo + NP	451
		AC	451			
		PD-L1+ <sup>a</sup>	184	Pembro + Ola	135	
		AC	135			
KEYLYNK-009 <sup>11</sup>	Locally advanced inoperable or mTNBC (1L)	Pembro + Chemo	312	312	Pembro + Chemo	136
		AC	312			
		PD-L1+ <sup>b</sup>	96	96	Pembro	310
		AC	310			
KEYNOTE-119 <sup>12</sup>	mTNBC (2L or 3L)	PD-L1+ <sup>b</sup>	98	98	Pembro	566
		AC	566			
		PD-L1+ <sup>b</sup>	220	220	Pembro + Chemo	281
		AC	281			
KEYNOTE-355 <sup>13</sup>	mTNBC (1L)	Pbo + Chemo	103	103	Pembro + Chemo	PD-L1+ <sup>b</sup>
		AC	103			
		PD-L1+ <sup>b</sup>	220	220	Pembro + Chemo	AC
		AC	220			
OlympiAD <sup>14</sup>	BRCA-mutated, HER2-mBC (TNBC subgroup) (≤ 3L)	Ola	102	102	Ola	AC
		Chemo	48	48		
TBCRC 018 <sup>15</sup>	mTNBC (Any line)	Inip + Irin	37	37	Inip + Irin	AC
		AC	37			

<sup>a</sup>PD-L1 positivity criteria: ≥ 1% IC+; <sup>b</sup>PD-L1 positivity criteria: CPS ≥ 10 or CPS ≥ 1. 1L, first line; 2L, second line; 3L+, third-line or later; AC, all-comers; Atezo, atezolizumab; Cape, capecitabine; Chemo, chemotherapy; CIK, cytokine-induced killer; CPS, combined positive score; Doce, docetaxel; Gem, gemcitabine; HER2, human epidermal growth factor receptor 2; Inip, iniparib; IO, immunotherapy; Irin, irinotecan; mBC, breast cancer; mTNBC, metastatic triple-negative breast cancer; N/A, not applicable; NP, Nab-paclitaxel; Ola, olaparib; Pbo, placebo; Pembro, pembrolizumab; PD-L1+, programmed death (ligand)-1; Pt, platinum; SG, sacituzumab govitecan; TNBC, triple-negative breast cancer; TPC, treatment of physician's choice.

## Results From Clinical Studies

- Of 3 studies that analyzed PD-L1-positive patients, only KEYNOTE-119 demonstrated significant differences in HRQOL between treatment arms (pembrolizumab vs chemotherapy) (Table 2)

Table 2. HRQOL From Clinical Studies in PD-L1 Positive Patients

Study	Treatment	Tool	PD-L1 Status of Patients	
			Statistically Significant	Nonsignificant
<b>Clinical Studies</b>				
IMpassion130 <sup>10</sup>	Atezo + NP	EORTC QLQ-C30	• None	• TTD, GHS/QOL score, physical functioning score, role functioning score, cognitive functioning score
	Pbo + NP	EORTC QLQ-C30		
KEYNOTE-119 <sup>12</sup>	Pembro	EORTC QLQ-C30	• CPS ≥ 1; Physical functioning diff in % improved -12.12 (95% CI -19.90 to -4.45), P < .05	• CPS ≥ 1; • LSM diff, GHS/QOL
	Chemo	EORTC QLQ-C30		
	Pembro	EQ-5D-3L	• None	• CPS ≥ 1; • LSM diff, VAS
	Chemo	EQ-5D-3L		
KEYNOTE-355 <sup>13</sup>	Pembro + Chemo	EORTC QLQ-C30	• None	• GHS/QOL, emotional functioning, physical functioning
	Pbo + Chemo	EORTC QLQ-C30		
	Pembro + Chemo	EQ-5D-3L	• None	• CFS, physical well-being, social/family well-being, functional well-being, breast cancer subscale, brain cancer subscale
	Pbo + Chemo	EQ-5D-3L		

Atezo, atezolizumab; BSL, baseline; C6, cycle 6; CFS, change from baseline; Chemo, chemotherapy; CR, complete response; diff, difference; EORTC QLQ-C30, European Organization for Research and Treatment of Cancer Quality-of-Life Questionnaire-Core 30; EQ-5D-3L, EuroQol-5 Dimensions-3 Levels; EQ-5D-5L, EuroQol-5 Dimensions-5 Levels; EU, Europe; FACT-G, Functional Assessment of Cancer Therapy-Breast Symptom Index scores and European Organization for Research and Treatment of Cancer-Quality of Life Questionnaire Core 30 [EORTC QLQ-C30]<sup>16,20</sup>.  
<sup>a</sup>Atezo, atezolizumab; BSL, baseline; C6, cycle 6; CFS, change from baseline; Chemo, chemotherapy; CR, complete response; diff, difference; EORTC QLQ-C30, European Organization for Research and Treatment of Cancer Quality-of-Life Questionnaire-Core 30; EQ-5