Healthcare Resource Utilization and Costs Associated With Hepatitis B Virus Monoinfection Compared With Hepatitis Delta Virus Prior to Death Among Adults in Italy in the Outpatient Setting

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Conclusions

- Patients with hepatitis delta virus (HDV) had similar outpatient healthcare resource utilization (HCRU) rates before death as the patients with hepatitis B virus (HBV) monoinfection (HBV only)
- Mean per-patient outpatient cost was higher for patients with HDV in their last year of life compared with those with HBV only, highlighting a need for treatments that reduce the personal and economic burden of HDV
- There was a trend toward a higher number of outpatient visits in patients with HDV compared with those with HBV only at both 6 and 12 months prior to death

Plain Language Summary

- Hepatitis delta virus (HDV) infection causes the most severe form of hepatitis and increases the risk of liver disease-related death
- In the outpatient setting in Italy, patients with HDV and those with only hepatitis B virus (HBV) had similar healthcare resource utilization rates
- Patients with HDV had higher per-patient costs in their last year of life compared with patients with HBV
- These findings highlight a need for treatments to reduce the personal and economic burden of HDV

References: 1. Lempp FA, et al. *Nat Rev Gastroenterol Hepatol.* 2016; 13(10):580-9. 2. Huang C, et al. World J Gastroenterol. 2014;20(40):14589-97. **3.** Da BL, et al. *Gastroenterol Rep.* 2019;7(4):231-45.

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INTRODUCTION

- of hepatitis B surface antigen^{1,2}
- HDV causes a more severe form of viral hepatitis than does HBV alone^{1,2}
- Chronic HDV infection results in more rapid progression to cirrhosis, and an increased risk for hepatocellular carcinoma and liver disease–related death, compared with HBV only³

OBJECTIVE

METHODS

- (identification period)

Jan 1, 2009 Jan 1, 2010

HBV only

HBV, hepatitis B virus; HDV, hepatitis delta virus.

HDV is a defective RNA virus that completes replication and transmission in the presence

• This retrospective study evaluated HCRU and costs in the year prior to death between adults with HDV and those with HBV only in the outpatient setting in Italy

Administrative databases from local health units in Italy, covering 12 million people, were screened for patients with \geq 1 HBV or HDV outpatient claim (using exemption codes) between Jan 1, 2009, and Jun 30, 2022 (study period)

Patients were included if they had their first HBV or HDV diagnosis between Jan 1, 2010, and Jun 30, 2021, and \geq 12 months of continuous enrollment before and after diagnosis

Inverse probability of treatment weighting (IPTW) was calculated using propensity scores (probability of having HBV only or HDV, given baseline covariates)

Mean per-patient all-cause HCRU and costs were compared using the Mann-Whitney U test between HBV only and HDV cohorts following IPTW





Age, years, mean (SD) Age range, vears 18–34 35–44 45–54 55–64 65–74 ≥75 Sex, male CCI, mean (SD) **CCI** score NC. not calculated **ਹ** 12 with HDV

• Of 1,242 outpatients meeting inclusion criteria (HBV only, n = 1,112; HDV, n = 130), 55 died

RESULTS

Table 1.

Baseline

Variables

Before IPTW			After IPTW		
HBV Only n = 1,112	HDV n = 130	<i>P</i> -Value	HBV Only n = 1,242	HDV n = 1,270	<i>P</i> -Value
49 (14.1)	51 (11.9)	.121	49 (13.9)	50 (14.1)	.671
227 (20.4)	11 (8.5)	.001	238 (19.2)	222 (17.5)	.276
185 (16.6)	28 (21.5)	.161	213 (17.1)	213 (16.8)	.801
296 (26.6)	46 (35.4)	.034	342 (27.5)	344 (27.1)	.800
275 (24.7)	31 (23.8)	.825	306 (24.6)	332 (26.1)	.387
95 (8.5)	12 (9.2)	.791	107 (8.6)	124 (9.8)	.319
34 (3.1)	<4 (NC)	NC	36 (2.9)	35 (2.8)	.829
618 (55.6)	79 (60.8)	.259	695 (56.0)	615 (48.4)	<.001
0.2 (0.5)	0.3 (0.8)	.099	0.2 (0.5)	0.2 (0.7)	.801
930 (83.6)	102 (78.5)	.137	1,033 (83.2)	1,069 (84.2)	.497
152 (13.7)	24 (18.5)	.138	175 (14.1)	150 (11.8)	.089
20 (1.8)	<4 (NC)	NC	23 (1.9)	45 (3.5)	.009
 8 (0.7)	0 (0.0)	.332	9 (0.7)	0 (0.0)	.002
<4 (NC)	<4 (NC)	NC	<4 (NC)	6 (0.5)	NC

CCI, Charlson Comorbidity Index; HBV, hepatitis B virus; HDV, hepatitis delta virus; IPTW, inverse probability of treatment weighting;

Figure 3. Total All-Cause Outpatient Visits (A), Pharmacy Claims (B), and Drug Costs (C) 6 Months Prior to Death



In the 6 months before death, there were no significant differences in mean per-patient all-cause pharmacy claims or drug costs between patients with HBV only and those

There was a trend toward a higher number of outpatient visits in patients with HDV vs those with HBV only



• In both the 6 months and 12 months before death, mean per-patient all-cause outpatient costs were lower for patients with HBV only than for patients with HDV

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Figure 4. Total All-Cause Outpatient Visits (A), Pharmacy Claims (B), and Drug Costs (C) 12 Months Prior to Death



MITATIONS

ne of diagnosis may not correspond to the time of infection; therefore, results may reflect layed HCRU and costs

ta presented here were measured for other purposes, and confounding factors may not ve been measured; therefore, the results should be interpreted with caution

hough IPTW was performed to account for confounding factors, the study populations y have been underestimated due to the lack of approved diagnostic assays and poptimal screening practices to determine HDV and HBV status

small sample size of patients with HDV and the inherent heterogeneity in HCRU a may limit the ability to determine statistically significant differences between the 2 populations