# The Role of Productivity Measures in Economic **Evaluations of Migraine** Therapies

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## BACKGROUND

- Migraine is a common neurological condition and a leading cause of disability worldwide, frequently affecting individuals during their most productive working years<sup>1</sup>
- In addition to direct healthcare costs, migraine imposes a substantial indirect economic burden on society through lost productivity<sup>2</sup>
- The ISPOR value flower recognizes productivity as a key component of value in health economic evaluations, reflecting its broader societal impact<sup>3</sup>
  - Approaches to measuring productivity losses and gains vary across studies, which may influence the estimated cost-effectiveness of migraine interventions

## **OBJECTIVE**

To assess economic evaluations of migraine therapies that include productivity measures, examine methods for quantifying productivity, and evaluate their impact on incremental cost-effectiveness ratios (ICERs)

## **METHODS**

To identify relevant studies, Embase was searched for English-language economic evaluations of migraine therapies including productivity inputs

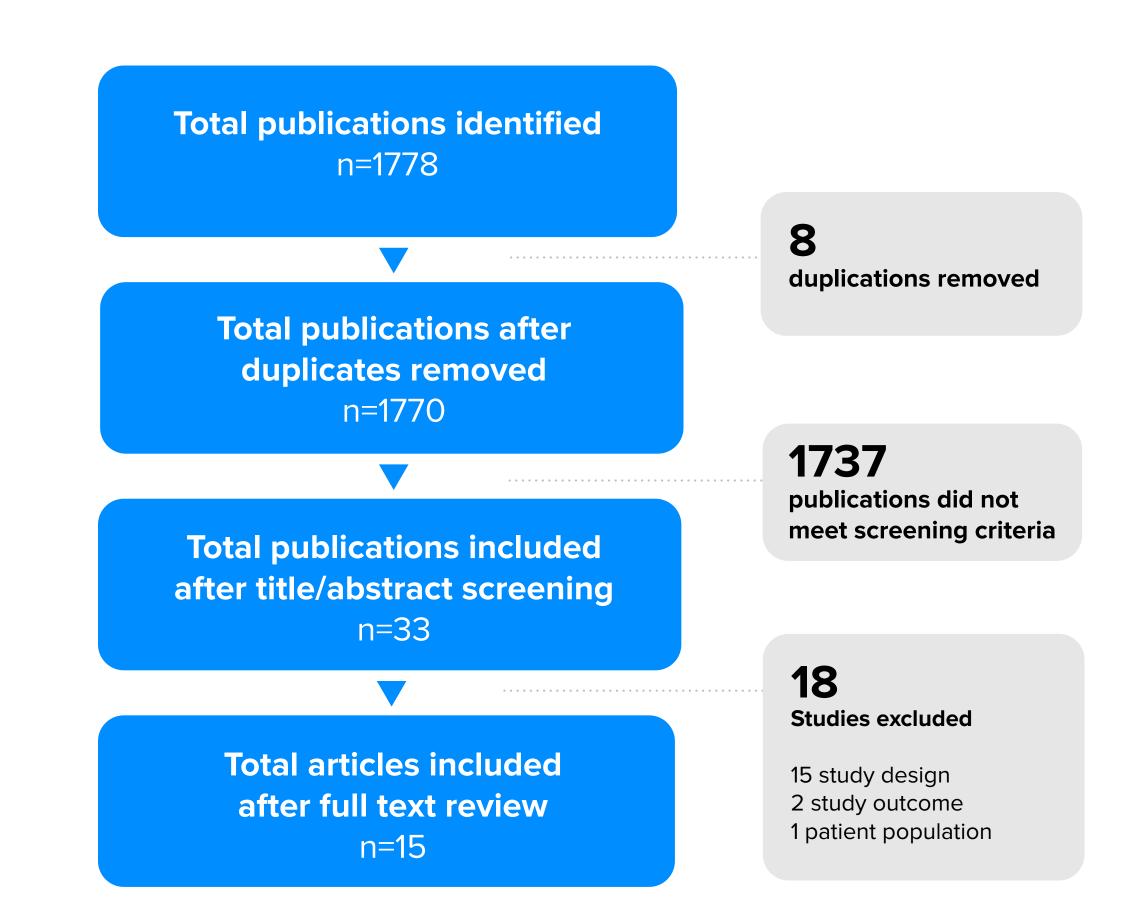
Two reviewers were used for title and abstract screening and one reviewer for full-text screening (Table 1). Data were extracted by a single reviewer (Figure 1)

#### **Table 1: Screening Criteria**

Study Characteristics	Screening Criteria	
Patient Population	Patients with migraine	
Intervention	Therapeutic interventions for migraine	
Comparator	Alternative treatments (eg, placebo, supportive care, usual care)	
Outcome	<ul> <li>Model type</li> <li>Model perspective</li> <li>Time horizon</li> <li>Data source for productivity assessment (eg, self-reported questionnaires such as the WPAI</li> <li>Approach to valuing productivity loss (eg, human capital method, friction cost method)</li> <li>Difference in productivity-related costs between intervention and comparator arm</li> <li>Inclusion of productivity in sensitivity analyses and associated impact</li> <li>Cost-effectiveness conclusion (ie, whether the intervention was deemed cost-effective)</li> <li>ICER</li> </ul>	
Study Type	<ul><li>CBAs</li><li>CEAs</li><li>CUAs</li></ul>	
Time frame	January 1, 2014 to September 30, 2024	
Geography	Global	

CBA: Cost-benefit analysis; CEA: Cost-effectiveness analysis; CUA: Cost-utility analysis; ICER: Incremental costeffectiveness ratio; WPAI: Work Productivity Activity Impairment

#### Figure 1: Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) diagram

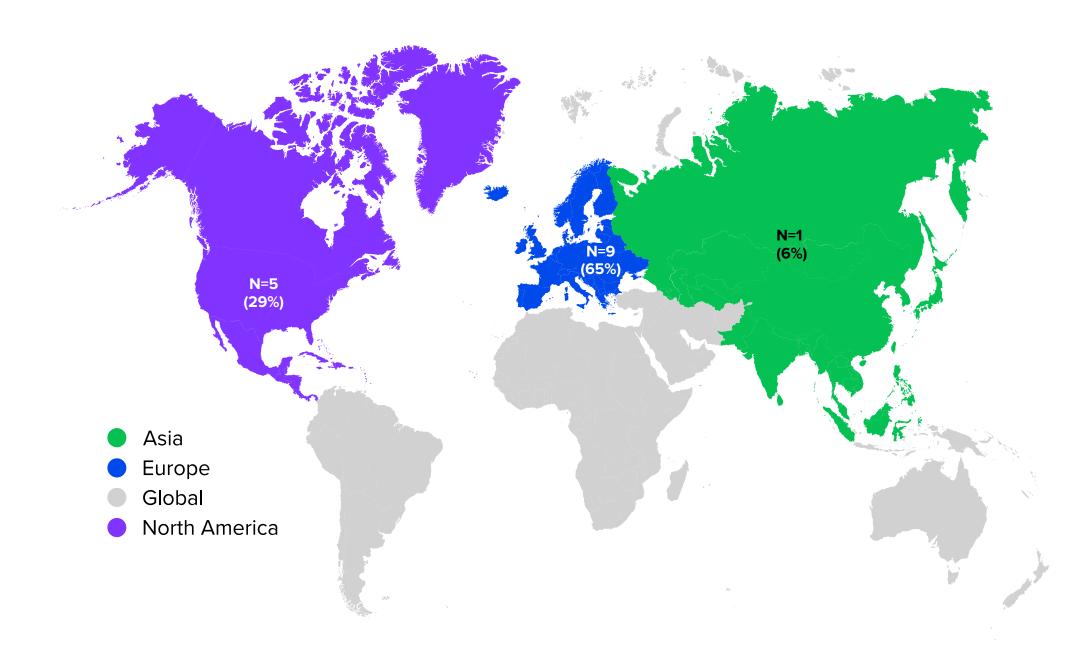


## **RESULTS**

## **Study Characteristics**

A majority of studies were conducted in Europe, followed by North America (Figure 2)

#### Figure 2: Country Perspective of Included Economic **Evaluations**

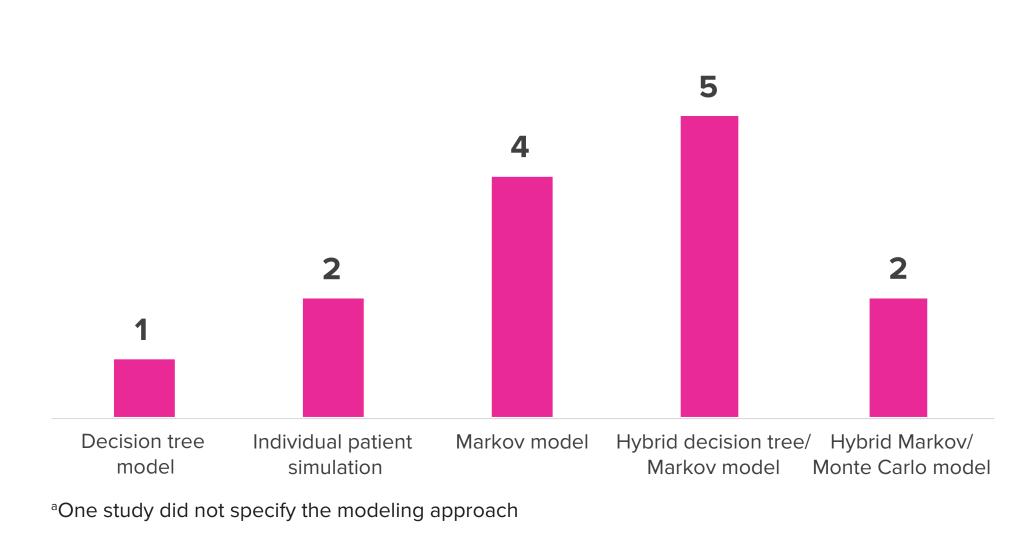


out of 15 studies were industry sponsored

#### **Model Characteristics**

- The majority of the economic evaluations were conducted as cost-effectiveness analyses (n=13), while only 2 studies were cost-benefit analyses
- Nearly half of the studies (7/15) utilized hybrid modeling approaches, including combinations of decision trees with Markov models (n=5) and Markov models with Monte Carlo simulations (n=2), as shown in Figure 3

Figure 3: Number of Studies by Model Type<sup>a</sup> (n=14)

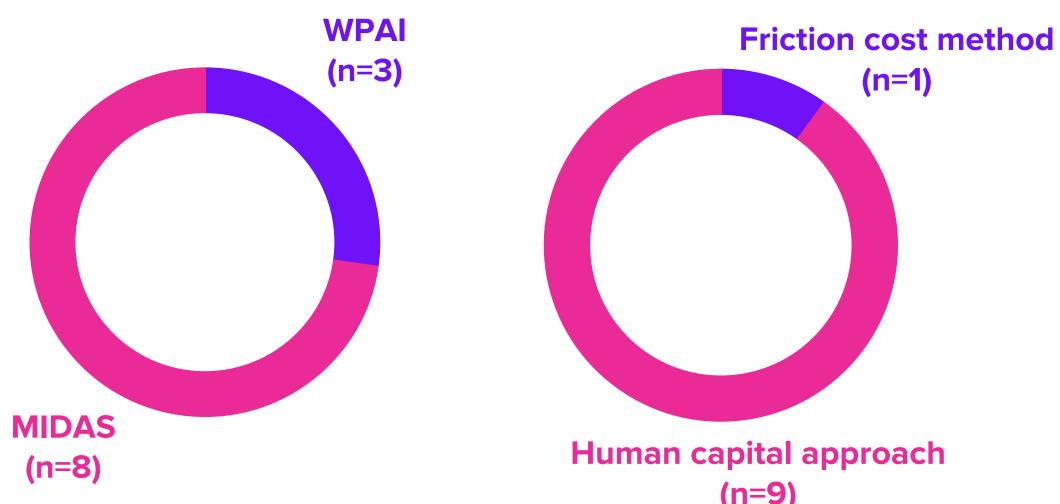


## **Methods for Measuring Productivity**

- Eleven studies reported the tools used to measure productivity. Productivity was most commonly assessed using the Migraine Disability Assessment (MIDAS) scale (n=8) and the WPAI questionnaire (n=3), with data sourced from real-world surveys and clinical trials (Figure 4)
- Ten studies reported their methods for estimating total indirect costs. The majority (n=9) used the human capital approach, while only 1 study employed the friction cost method (Figure 5)

Figure 4: Productivity **Measurement Tools Used in** Studies (n=11)

Figure 5: Approaches to **Indirect Cost Estimation** (n=10)



MIDAS: Migraine Disability Assessment; WPAI: Work Productivity Activity Impairment

### Impact of Societal Perspective on ICERs

Shifting from a societal perspective (including indirect costs) to a payer perspective (excluding indirect costs) led to higher ICERs in 4 studies, though ICERs remained cost-effective under both perspectives (Table 2)

Table 2: Impact of Perspective on ICERs in Economic Evaluations

Author Year	Societal Perspective ICER (including indirect costs)	Payer Perspective ICER (excluding indirect costs)
Mahon 2021 <sup>4</sup>	Dominant —	→ 201,871 SEK/QALY
Pozo-Rosich 2024 <sup>5</sup>	Dominant —	
Skroumpelos 2021 <sup>6</sup>	Dominant —	÷ £16,716/QALY
Sussman 2018 <sup>7</sup>	\$15,360/QALY —	→ \$65,720/QALY
Yesentharao 2022 <sup>8</sup>	Dominant —	→ Dominant

ICER: Incremental cost-effectiveness ratio; QALY: Quality-adjusted life year; SEK: Swedish Krona

#### Impact of Excluding Productivity on ICERs



studies showed higher ICERs in scenario analyses when productivity was excluded compared to the base case where it was included

#### **Sensitivity Analysis Drivers**



studies identified lost productivity (eg, missed workdays or impairment) as a top-3 driver in sensitivity analyses

## **CONCLUSION & NEXT STEPS**

This review shows that incorporating productivity can meaningfully impact cost-effectiveness outcomes, highlighting the need for its consistent inclusion in migraine economic evaluations

Adopting a societal perspective that includes productivity costs may provide a more comprehensive understanding of the value of migraine therapies

These findings highlight the need for further research to clarify how the inclusion of productivity measures influences healthcare decision-making

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## ABBREVIATIONS IN TABLES AND FIGURES

CBA. Cost-benefit analysis: CEA. Cost-effectiveness analysis; CUA, Cost-utility analysis; ICER, Incremental cost-effectiveness ratio; ISPOR, International Society for Pharmacoeconomics and Outcomes Research; MIDAS, Migraine Disability Assessment; PRISMA, Preferred Reporting Items for Systematic Reviews and Meta-Analyses; QALY, Quality-adjusted life year; SEK, Swedish Krona; WPAI, Work Productivity and Activity Impairment.

## **CONTACT INFORMATION**

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