

# Maximizing the Impact of In-Trial Interviews Through AI-Assisted Analysis

Authors: Martha Gauthier\*, Nathan Johnson, Ettya Fremont

Affiliations: Lumanity Inc., Boston, MA, USA.

\*Presenting author

#### INTRODUCTION

- In-trial interviews are increasingly being used to explore various aspects of the disease and treatment experience, including treatment benefit perspectives, which may not be fully captured with traditional clinical outcome assessments
- In-trial interviews can be conducted at various points during the trial (i.e. entry, interim, exit), and they can be embedded within the clinical trial protocol or conducted as an independent stand-alone study
- In-trial interviews may be used to explore various research objectives (Figure 1)
- The United States Food and Drug Administration (FDA) has stated that in-trial interviews can be used for various purposes, including supporting responder thresholds, complementing the quantitative data used to define meaningful change scores, and informing endpoint selection for registration trials<sup>1</sup>
- Health technology assessment (HTA) bodies have also utilized embedded in-trial interview data to support reimbursement decisions<sup>2</sup>
- The value of in-trial interviews for exploring clinically meaningful change and supporting overall drug approval has been documented in the literature.<sup>3,4</sup> Intrial interviews have been used to generate data to determine whether change in a primary endpoint was meaningful to patients, with the results ultimately being included in a summary review for FDA approval<sup>5</sup>
- With the increased utilization of in-trial interviews, there is a need for innovative solutions to efficiently analyze data to support multiple key objectives and patientcentered outcomes

Figure 1. Possible research objectives for in-trial interviews

experience while participating in a clinical



- In-trial interviews allow the patient's voice to be incorporated into future clinical trials by learning about their experience with the condition and their experience receiving the trial treatment
- Patient input can optimize future clinical trial design

**Assess the treatment** benefit and endpoint strategy



- Compare quantitative data with qualitative data from in-trial interviews to allow for a more compelling assessment of treatment benefit
- Identify key concepts of interest that are relevant to the target population for endpoint construction, and test measurement tools (e.g. PRO measures) to evaluate those concepts

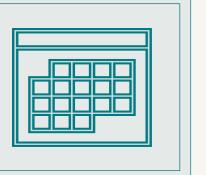
# **OBJECTIVE**

This conceptual work explores best practices and approaches for using Alassisted qualitative analysis to support the conduct and analysis of in-trial interviews.

#### CHALLENGE AND OPPORTUNITY

 In-trial interviews offer unique challenges to data collection and analysis (Figure 2)

Figure 2. Unique aspects of in-trial interview data collection and analysis



of interview

cadence and

clinical trial

duration







of the analysis to inconsistent conceptualization or monitoring of time points

 Some in-trial interviews reference previously collected data (e.g. concepts reported at entry), which requires "re-grounding" the interviewer to the data before conducting the interview and may cause analysis

**Support regulatory** approval of investigational products



US FDA guidance

recommends in-trial interviews as a method for collecting patient feedback that can be used to support responder thresholds, which may ultimately support overall drug approval

Support the

nterpretation of clinical

trial outcomes

Patient responses can be used to explore clinically meaningful change

Responses can also be used to contextualize global measures, including understanding global impression of change and/or severity from the patient perspective

- As interview cadence is contingent upon the clinical trial enrollment and trial schedule, interviews are often conducted over a long duration of time and at infrequent intervals
- This is especially the case with oncology clinical trials, where interviews may be conducted months or years apart
- Patients in these clinical trials also frequently experience cognition issues that may impair their ability to recall specific symptoms or impacts
- Interview cadence is further complicated by extended clinical trial enrollment periods, which may result in overlapping interviews across time points (e.g. some baseline interviews may take place simultaneously with other participants' interim or exit interviews)
- The themes that emerge within in-trial interview data may be less apparent than in "traditional" qualitative interview studies, where interviews and analyses generally occur within a confined timeframe

- Relying on anecdotal interviewer feedback to identify themes within the data is challenging when interviews occur in isolation
- For globally conducted clinical trials, there may be a lack of real-time coordination between interviewers in different countries, leading to less feedback shared
- Temporal lags in coding may result in inconsistent coding concepts or themes within and across coders
- Use of artificial intelligence (AI)-assisted qualitative analysis may mitigate some of these challenges unique to in-trial interviews

# IMPLICATIONS AND AI USE CASES

 Al-assisted qualitative analysis can be used to support the conduct and analysis of in-trial interviews across several areas (Figure 3)

# Analysis on a rolling basis

Regular monitoring of key themes that are emerging from the data, including applicability across respondent subgroups

Figure 3. Areas of research that may be supported by Al-assisted qualitative analysis

- Identifying new or unexpected themes beyond the original research objective (or a lack of expected themes)
- Gaining an early read on saturation or the identification of gaps in in-trial interview coverage

#### **Preliminary reporting**

- Summarizing qualitative and quantitative descriptions of meaningful change from patients and identifying representative quotes for themes identified via patient input
- Supporting the selection of clinical outcome assessments based on concepts identified earlier
- Detecting trends in patient-reported adverse
- Drafting preliminary responses to exploratory

Harnessing the power of Al-assisted qualitative analysis

# Enhanced quality and consistency in analysis

 Bolstering consistency in coding schemes through identifying the myriad of ways in which a theme or concept may be expressed throughout an interview (e.g. consolidating synonyms, identifying proximal and distal impacts mentioned at any point throughout the interview)

# Interviewer preparedness

- Generating a summary of entry interviews for the interviewer to review before conducting interim or exit interviews
- Key themes can also be provided to patients to help with recall (e.g. consolidating prominent symptoms or impacts)
- Providing moderator feedback (e.g. questions that respondents find consistently unclear, missed opportunities for probing)

# REFERENCES

1. US Food and Drug Administration. 2022. https://www.fda.gov/media/131230/download. Accessed: March 25, 2025. 2. Michel et al. Front Med. 2023; 10:1197529. **3.** Gelhorn et al. *Clin Ther*. 2016; 38:759-768. **4.** Ervin et al. *Adv Ther*. 2017; 34:2680-2692. **5.** US Food and Drug Administration. 2016. https://www.accessdata.fda.gov/drugsatfda\_docs/nda/2017/208794Orig1s000OtherR.pdf. Accessed: March 25, 2025.

# **KEY TAKEAWAYS**

- Al-assisted qualitative analysis tools have the potential to improve the quality of analysis procedures by making "real-time" analysis more accessible and potentially reducing bias in the interpretation of data before the full analysis
- The preliminary reporting of clinical trial results using Al-assisted tools may lead to more informed decision-making based on preliminary data
- The patient in-trial interview experience can be improved through interviewer preparedness and the possibility of including key themes ahead of the interviews

### CONCLUSIONS

- Al-assisted qualitative analysis tools have the potential to improve the efficiency and quality of data analyses, uncover new themes in data, and improve the patient in-trial interview experience
- Researchers are encouraged to apply and refine these strategies to maximize their impact and to fully realize the benefits of these approaches with respect to efficiency and quality
- While AI offers many benefits, human involvement is still needed to ensure that the priming and prompting of the data are appropriate and that Al-generated outputs are accurate
- Due to the sensitivity of the information discussed during in-trial interviews, it is critical to ensure that Al-assisted qualitative analysis tools meet compliance requirements before use



An electronic version of the poster can be viewed by scanning the QR code.

Key: FDA, Food and Drug Administration; PRO, patient-reported outcome; US, United States