

Burden of Systemic Light-Chain (AL) Amyloidosis by Mayo Stage: Results From an Electronic Health Record (EHR) Linked To Claims Analysis

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INTRODUCTION

- Light-chain (AL) amyloidosis is a rare, systemic disease of protein deposition caused by plasma cell dyscrasia (PCD) producing amyloidogenic immunoglobulin light chains that misfold and aggregate to form amyloid fibrils, which deposit in organs, the most important being the heart.^{1,2}
- Prior research into the economic burden of AL amyloidosis found that amongst newly diagnosed Medicare beneficiaries from 2011 to 2016, mean total annual all-cause healthcare costs in the 1-year follow-up period were significantly higher in newly diagnosed beneficiaries with AL amyloidosis than in disease-free controls (\$71,040 vs. \$13,722, P < 0.001).³
- Additionally, in a US commercial claims study of patients with AL amyloidosis from 2007 to 2015, mean total annual all-cause healthcare costs were \$101,855, and the major cost elements were outpatient, inpatient, and emergency room (ER) visits.⁴
- Amyloid deposition is most commonly found in the heart (approximately 70%-80% of patients), and cardiac involvement is the leading cause of death in patients with AL amyloidosis.⁵
- The extent of cardiac involvement is the most relevant factor for prognostication in AL amyloidosis, and thus, most staging systems assess the extent of cardiac involvement and are largely based on biomarkers of cardiac disease (NT-proBNP/BNP and troponin), including the Mayo 2004 European Modification staging system.⁵⁻⁷
- Limited evidence exists on the real-world cost and healthcare resource utilization (HCRU) amongst AL patients when stratified by Mayo 2004 European Modification staging system.

OBJECTIVES

- To assess all-cause and condition-related healthcare resource utilization (HCRU) and costs amongst newly diagnosed AL amyloidosis patients when stratified by the Mayo 2004 European Modification staging system.

CONCLUSIONS

- A higher degree of clinical severity, whether it be based on the Mayo staging system, other indicators of cardiac involvement, or indicated by the presence of AL-related treatments, is associated with higher all-cause & condition-related costs, ER visits, and inpatient hospitalizations.
- This is the first study to directly quantify HCRU and costs using robust methods of linked RWDE data verifying that AL is a severe condition with high burden amongst patients with higher levels of disease severity, supporting the continued need for therapeutic advances to treat these patient populations.

LIMITATIONS

- The primary limitation of this study is the generalizability of study results that may be biased due to the inherent data qualities when applying inclusion/exclusion criteria to different data sources that require linkage, including: (1) patients that have been treated within select delivery networks that serve as the basis of the EHR data; and (2) commercial claims datasets that do not include the uninsured, Medicare/Medicaid FFS, or other insurance types.
- Another limitation of this current analysis is that our study time period does not include, and thus does not account for, changes in HCRU and costs following the approval daratumumab for the treatment of AL

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METHODS

MAYO STAGING

- NT-proBNP and troponin operationalized to assign European Modification 2004 Mayo stage most proximal to first-identified index AL diagnosis
- The thresholds for elevated cardiac biomarkers were as follows: cardiac troponin T ≥ 0.035 mcg/L; high sensitivity cardiac troponin T ≥ 50 ng/L; cardiac troponin I ≥ 0.1 mcg/L; brain natriuretic peptide (BNP) ≥ 81 ng/L; N-terminal pro-brain natriuretic peptide (NT-proBNP) ≥ 332 ng/L

Stages

- Stage I—no elevation of cardiac troponin or BNP/NT-proBNP
- Stage II—elevation of either cardiac troponin or BNP/NT-proBNP but not both
- Stage IIIa—elevation of both cardiac troponin and BNP/NT-proBNP but BNP < 700 ng/L and NT-proBNP < 8500 ng/L
- Stage IIIb—elevation of both cardiac troponin and BNP/NT-proBNP with BNP ≥ 700 ng/L or NT-proBNP ≥ 8500 ng/L

OUTCOMES

- All outcomes were assessed during the 12-month post-index period OR end of continuous enrollment OR death (if occurring within 12-months post-index)
- All-cause and condition-specific HCRU (inpatient, outpatient, office, ER) and costs (total, medical, drug) were assessed
- 'Drug' costs included both outpatient prescription costs as well as a carve-out of drug costs from medical claims (identified as any claim with an applicable HCPCS 'J' code or a valid NDC)
- 'Medical' costs represent non-drug medical claims
- HCRU & medical costs were considered "condition-specific" if they had an associated primary/secondary ICD-10 code indicating AL-related (ICD-10: E85.81, E85.4, E85.89, E85.9) OR cardiac-related (I42.*="cardiomyopathy"; I43.*="cardiomyopathy in diseases classified elsewhere"; I50.*="heart failure")

RESULTS AND INTERPRETATION

DEMOGRAPHICS

- The majority of patients were age 60+ (>70%), male (~60%), and caucasian (>~70%)
- Medicare Advantage was the largest insurance type (>45%), followed by commercial (>35%)

COSTS

- Overall, costs were highest in patients receiving treatment [with/without cardiac-event utilization] (**Table 2**)
- Higher costs were typically seen in patients with more severe cardiac involvement (Mayo stage IIIa/IIIb), except in the case of Treated+Cardiac Mayo stage I patients, which had the highest total PPPM cost estimates (but also the smallest cohort sample size of N=9)
- Treated stage IIIa patients had PPPM all-cause/AL-related total, medical, and prescription mean costs of \$26,338/\$14,116, \$15,601/\$4,772; and \$10,737/\$9,345, respectively
- Treated+Cardiac stage IIIa patients had PPPM all-cause/AL-related total, medical, and prescription mean costs of \$23,325/\$15,050; \$11,541/\$4,795; and \$11,784/\$10,255, respectively
- Treated stage IIIb patients had PPPM all-cause/AL-related total, medical, and prescription mean costs of \$19,354/\$11,357; \$11,255/\$4,453 and \$8,099/\$7,286; respectively
- Treated+Cardiac stage IIIb patients had PPPM all-cause/AL-related total, medical, and prescription mean costs of \$23,786/\$13,950; \$13,908/\$4,985 and \$9,878/\$8,965; respectively

Table 2.

	Total Costs				Medical Costs				Drug Costs (OutPt Rx + Mx Drug Carve Out)			
	All-Cause		Condition-Related		All-Cause		Condition-Related		All-Cause		Condition-Related	
	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)
All Patients	215	\$15177 (17970)	203	\$8171 (12159)	215	\$9143 (12902)	194	\$3037 (5616)	209	\$6207 (10222)	136	\$7864 (1109)
Treated Patients	136	\$19699 (19848)	136	\$11619 (13507)	136	\$10715 (14082)	127	\$4020 (6543)	136	\$8984 (11668)	136	\$7864 (1109)
Cardiac Patients	130	\$18230 (19941)	130	\$9542 (13870)	130	\$11164 (13792)	130	\$3710 (6497)	129	\$7121 (11539)	85	\$8919 (12518)
Treated+Cardiac Patients	85	\$22996 (21860)	85	\$4882 (15456)	85	\$12793 (14915)	85	\$4892 (7569)	85	\$10203 (13108)	85	\$8919 (12518)
	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)
Mayo Stage I: All Patients	53	\$12517 (17230)	47	\$7054 (9070)	53	\$6491 (10819)	43	\$2255 (4820)	52	\$6142 (9097)	31	\$7566 (8576)
Mayo Stage I: Treated Patients	31	\$18261 (20298)	31	\$10379 (9601)	31	\$8738 (13119)	27	\$3229 (5867)	31	\$9523 (10379)	31	\$7566 (8576)
Mayo Stage I: Cardiac Patients	15	\$22436 (26910)	15	\$11151 (11239)	15	\$12109 (18230)	15	\$3991 (7649)	15	\$10327 (11604)	9	\$11934 (9430)
Mayo Stage I: Treated+Cardiac Patients	9	\$34754 (28814)	9	\$18074 (9252)	9	\$18686 (21371)	9	\$6141 (9421)	9	\$16069 (11785)	9	\$11934 (9430)
	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)
Mayo Stage II: All Patients	79	\$12922 (12886)	77	\$7428 (9586)	79	\$7414 (9839)	75	\$2758 (4308)	77	\$5651 (7986)	47	\$7768 (8924)
Mayo Stage II: Treated Patients	47	\$17654 (13815)	47	\$11409 (10296)	47	\$9224 (11455)	45	\$3803 (4899)	47	\$8430 (8967)	47	\$7768 (8924)
Mayo Stage II: Cardiac Patients	52	\$13368 (13895)	52	\$7068 (9639)	52	\$8523 (11274)	52	\$3153 (4581)	51	\$4940 (7332)	29	\$7020 (8474)
Mayo Stage II: Treated+Cardiac Patients	29	\$18385 (15672)	29	\$1475 (10826)	29	\$10790 (13676)	29	\$4455 (5261)	29	\$7594 (8506)	29	\$7020 (8474)
	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)
Mayo Stage IIIa: All Patients	31	\$20299 (25365)	30	\$10960 (16300)	31	\$12164 (19674)	30	\$3796 (7962)	31	\$8135 (11594)	23	\$9345 (12465)
Mayo Stage IIIa: Treated Patients	23	\$26338 (26988)	23	\$14116 (17477)	23	\$15601 (21878)	23	\$4772 (8895)	23	\$10737 (12478)	23	\$9345 (12465)
Mayo Stage IIIa: Cardiac Patients	25	\$19356 (24216)	25	\$12197 (17494)	25	\$9815 (16134)	25	\$3993 (8575)	25	\$5301 (9900)	20	\$10255 (13150)
Mayo Stage IIIa: Treated+Cardiac Patients	20	\$23325 (25627)	20	\$15050 (18536)	20	\$11541 (17660)	20	\$4795 (9451)	20	\$11784 (13078)	20	\$10255 (13150)
	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)	N	PPPM mean (SD)
Mayo Stage IIIb: All Patients	52	\$18258 (19468)	49	\$8704 (15167)	52	\$12671 (13159)	46	\$3729 (6373)	49	\$5930 (13299)	35	\$7286 (14661)
Mayo Stage IIIb: Treated Patients	35	\$19354 (20820)	35	\$11357 (17211)	35	\$12555 (11191)	35	\$4453 (7326)	35	\$8099 (15246)	35	\$7286 (14661)
Mayo Stage IIIb: Cardiac Patients	38	\$22483 (20151)	38	\$10545 (16760)	38	\$15292 (12825)	38	\$4175 (6903)	38	\$7191 (14859)	27	\$8965 (16330)
Mayo Stage IIIb: Treated+Cardiac Patients	27	\$23786 (21717)	27	\$13950 (18830)	27	\$13908 (11397)	27	\$4985 (7868)	27	\$9878 (16968)	27	\$8965 (16330)

Table 3

	Table 3a: Office Visits					
	Office Visits (12-Month Follow-Up Period)					
	All-Cause		Condition-Related			
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
All Patients	187	87.0	17.0 (15.5)	126	58.6	9.21 (11.26)
Treated Patients	118	86.8	19.3 (16.5)	92	67.6	11.55 (12.32)
Cardiac Patients	110	84.6	19.4 (16.8)	87	66.9	9.8 (11.74)
Treated+Cardiac Patients	72	84.7	22.0 (18.0)	63	74.1	12.49 (12.78)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage I: All Patients	48	90.6	15.0 (13.7)	25	47.2	7.32 (6.99)
Mayo Stage I: Treated Patients	27	87.1	19.2 (14.8)	18	58.1	8.72 (17.80)
Mayo Stage I: Cardiac Patients	12	80.0	25.1 (15.4)	8	53.3	10.5 (9.3)
Mayo Stage I: Treated+Cardiac Patients	7	77.8	32.1 (16.3)	6	66.7	13 (9.53)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage II: All Patients	68	86.1	20.3 (16.6)	51	64.6	10.8 (12.79)
Mayo Stage II: Treated Patients	42	89.4	22.8 (18.3)	36	76.6	14.31 (13.76)
Mayo Stage II: Cardiac Patients	44	84.6	21.1 (17.9)	35	67.3	10.86 (12.43)
Mayo Stage II: Treated+Cardiac Patients	26	89.7	24.9 (19.6)	23	79.3	15.39 (13.23)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage IIIa: All Patients	26	83.3	20.9 (17.8)	19	61.3	9.63 (13.61)
Mayo Stage IIIa: Treated Patients	20	87.0	20.4 (16.2)	16	69.6	11.13 (14.39)
Mayo Stage IIIa: Cardiac Patients	21	84.0	21.4 (18.1)	17	68.0	9.35 (13.96)
Mayo Stage IIIa: Treated+Cardiac Patients	17	85.0	21.7 (16.8)	14	70.0	11 (14.95)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage IIIb: All Patients	45	86.5	11.9 (12.6)	31	59.6	7.87 (9.83)
Mayo Stage IIIb: Treated Patients	29	82.9	13.5 (14.8)	22	62.9	9.68 (11.12)
Mayo Stage IIIb: Cardiac Patients	33	86.8	13.7 (14.0)	27	71.1	8.52 (10.35)
Mayo Stage IIIb: Treated+Cardiac Patients	22	81.5	15.6 (16.2)	20	74.1	10.05 (11.62)

Table 3b: Outpatient Visits

	Outpatient Visits (12-Month Follow-Up Period)					
	All-Cause					
	All-Cause		Condition-Related			
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
All Patients	199	92.6	27.4 (39.0)	173	80.5	14.5 (15.3)
Treated Patients	127	93.4	32.8 (42.5)	119	87.5	18.2 (15.9)
Cardiac Patients	124	95.4	30.6 (44.3)	114	87.7	15.7 (16.7)
Treated+Cardiac Patients	82	96.5	35.8 (48.8)	79	92.9	19.2 (17.6)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage I: All Patients	48	90.6	20.9 (17.0)	42	79.2	13.6 (13.4)
Mayo Stage I: Treated Patients	30	96.8	27.7 (18.0)	29	93.5	18.3 (13.8)
Mayo Stage I: Cardiac Patients	13	86.7	29.9 (23.1)	13	86.7	18.1 (17.3)
Mayo Stage I: Treated+Cardiac Patients	9	100.0	40.0 (20.6)	9	100.0	25.2 (16.2)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage II: All Patients	77	97.5	31.7 (50.5)	69	87.3	15.0 (16.6)
Mayo Stage II: Treated Patients	45	95.7	42.2 (61.4)	43	91.5	19.8 (17.5)
Mayo Stage II: Cardiac Patients	51	98.1	36.0 (60.3)	46	88.5	15.9 (18.4)
Mayo Stage II: Treated+Cardiac Patients	28	96.6	49.9 (76.0)	27	93.1	21.0 (20.1)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage IIIa: All Patients	30	96.8	31.4 (28.4)	28	90.3	20.8 (18.8)
Mayo Stage IIIa: Treated Patients	23	100.0	36.6 (29.0)	23	100.0	23.2 (18.9)
Mayo Stage IIIa: Cardiac Patients	25	100.0	33.8 (28.8)	24	96.0	23.0 (19.3)
Mayo Stage IIIa: Treated+Cardiac Patients	20	100.0	37.5 (29.6)	20	100.0	25.3 (19.3)
	N	%	12-month mean (SD)	N	%	12-month mean (SD)
Mayo Stage IIIb: All Patients	44	84.6	24.4 (39.4)	34	65.4	9.1 (8.3)
Mayo Stage IIIb: Treated Patients	29	82.9	20.5 (29.3)	24	68.6	10.5 (9.1)
Mayo Stage IIIb: Cardiac Patients	35	92.1	20.8 (28.6)	31	81.6	8.6 (6.7)
Mayo Stage IIIb: Treated+Cardiac Patients	25	92.6	17.1 (11.0)	23	85.2	9.3 (7.1)

Table 3c: Emergency Room Visits

Emergency Room Visits (12-Month Follow-Up Period)							Inpatient			
All-Cause				Condition-Related			All-Cause			
	N	%	12-month mean (SD)	N	%	12-month mean (SD)	N	%	12-month mean (SD)	me
105	48.8		3.3 (3.3)	33	15.3	1.4 (0.9)	125	58.1	2.5 (1.9)	me
66	48.5		3.4 (3.1)	22	16.2	1.5 (0.9)	88	64.7	2.7 (1.8)	1
74	56.9		3.5 (3.6)	28	21.5	1.5 (1.0)	88	67.7	2.7 (2.1)	1
47	55.3		3.7 (3.3)	19	22.4	1.5 (1.0)	61	71.8	2.9 (1.9)	1
N	%		12-month mean (SD)	N	%	12-month mean (SD)	N	%	12-month mean (SD)	me
18	34.0		2.7 (2.4)	3	5.7	1.0 (0.0)	21	39.6	2.0 (1.2)	1
9	29.0		2.2 (2.3)	1	3.2	1.0 (0.0)	15	48.4	2.1 (1.4)	1
4	26.7		3.2 (3.2)	0	0.0	0.0 (0.0)	6	40.0	2.2 (1.2)	1
2	22.2		5.0 (4.2)	0	0.0	0.0 (0.0)	6	55.6	2.2 (1.9)	1
N	%		12-month mean (SD)	N	%	12-month mean (SD)	N	%	12-month mean (SD)	me
42	53.2		3.7 (3.9)	12	15.2	1.1 (0.3)	44	55.7	2.7 (2.3)	1
24	51.1		3.7 (3.2)	7	14.9	1.0 (0.0)	27	57.4	2.7 (1.8)	1
32	61.5		3.9 (4.3)	11	21.2	1.1 (0.3)	31	59.6	2.7 (2.4)	1
17	58.6		3.7 (3.3)	6	20.7	1.0 (0.0)	17	58.6	2.7 (1.7)	1
N	%		12-month mean (SD)	N	%	12-month mean (SD)	N	%	12-month mean (SD)	me
15	48.4		3.1 (2.8)	6	19.4	1.3 (0.9)	22	71.0	2.7 (1.8)	1
13	56.5		3.4 (3.0)	6	26.1	1.3 (0.9)	19	82.6	3.0 (1.8)	1
12	48.0		2.9 (3.1)	5	20.0	1.4 (0.9)	19	76.0	2.6 (1.9)	1
10	50.0		3.2 (3.4)	5	25.0	1.4 (0.9)	16	80.0	2.9 (1.9)	1
N	%		12-month mean (SD)	N	%	12-month mean (SD)	N	%	12-month mean (SD)	me
30	57.7		3.3 (2.9)	12	23.1	1.9 (1.2)	38	73.1	2.6 (2.0)	1
20	57.1		3.7 (3.4)	8	22.9	2.0 (1.2)	27	77.1	2.8 (2.1)	1
26	68.4		3.5 (3.1)	12	31.6	1.9 (1.2)	32	84.2	2.8 (2.0)	1
18	66.7		3.8 (3.5)	8	29.6	2.0 (1.2)	23	85.2	3.1 (2.2)	1