

# Does the Practice of Implementation Science have a place in Industry-Sponsored Research?

## Your speakers today



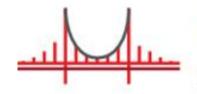
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## Consortium on Implementation Science (CIS)

Models, Methods & Measures in Drug & Device Development

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## Knowledge Translation (KT) and Implementation Science (IS)

## **Knowledge Translation**

- [The] exchange, synthesis and ethically-sound application of knowledge (within a complex system of interactions among researchers and users)
- To accelerate the capture of benefits of research through improved health, more effective services and products, and a strengthened health care system

(Canadian Institutes of Health Research [CIHR], 2015)

## Implementation Science

- Implementation science is the study of methods and strategies to promote the uptake of research findings and evidence-based practices into regular use by practitioners and policymakers
- It aims to understand and address the barriers to effective implementation and to develop approaches that improve the quality and effectiveness of health services, education, and other fields

(Proctor et al, 2013)



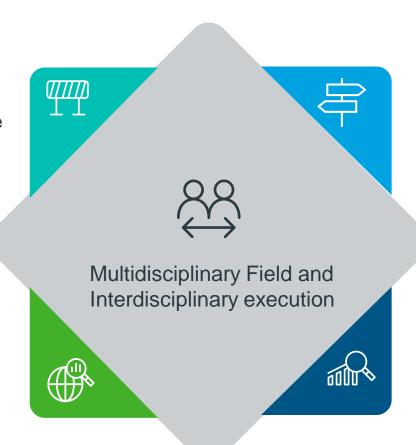
## **Key Aspects of Implementation Science**

## Identify strategies that ensure research evidence access to Knowledge Users

- Identifying barriers and facilitators
- Engaging every contributor of knowledge use
- · Co-designing, stakeholder input

## Adaptation of Implementation Strategies or Evidence Interventions

For application by knowledge users



#### Development of Implementation Strategies or Evidence Interventions

- Methods to enhance the adoption, implementation, and sustainability of evidence-based interventions
- To overcome barriers and support facilitators

#### **Evaluating Outcomes**

- Assessing the impact of these interventions on practice and policy
- Assessing sustainability



## The Evolution of Implementation Science

#### Wave 1: 1920-1960

- Research Committee on Social Trends (1929): first official initiative designed to maximize the impact of science on society's needs
- 1930-1940: application in agriculture
- 1962: Diffusion of Innovative Theory (Influential decision theory) (Rogers)

#### 1972

- "Knowledge Translation" first used in French Canadian article, discussing measures to promote application of lab discovery to improved diagnosis or treatment in clinical care
- National Institutes of Health's (NIH's)
   Roadmap for Medical Research has
   labelled T1 or "bench to bedside KT"; with
   T2 describing the rest of the continuum
   (i.e., namely, the transfer of findings from
   clinical studies to practice settings)

#### Other terms that have been used:

- Research utilisation
- Knowledge utilization
- Diffusion of innovations
- Technology transfer
- Evidence-based medicine
- Quality improvement
- Knowledge management
- Knowledge translation

#### 1990s

- Strategic partnerships between federal and local agencies to transfer knowledge into action to improve health, education, and human services
- Canadian Health Services Research Foundation (CHSRF) in 1996

#### Year

#### Wave 2: 1960-1980

- Focus on innovation adoption by both individuals and organizations
- National investments largely motivated by the goal of stimulating economic growth through advancing technology and a need to increase the application of innovations emerging from various areas of research (e.g., defense and space; health, education, and human services)

#### Wave 3: 1980-1990

- Test the effectiveness of dissemination and utilization strategies
- Distinct field of professional and scholarly activity
- Reagan administration

#### 2000s

- 2000: Canada: CIHR's role in promoting KT and IS through funding and policy initiatives
- 2006: USA NIH's emphasis on Clinical and Translational Science Award Program
- 2006: the Cooksey Report in the United Kingdom
- 2012: USA, National Research Council, within the field of disability and rehabilitation research, NIDILRR steered early and influential IS work











## Preclinical Research

#### Regulatory approval

#### Payer decision-making

- Challenge: High costs and lengthy timelines for developing new drugs and treatments
- IS optimizes research processes, reduces costs, and accelerates development by identifying effective strategies and addressing barriers early on
- **Challenges:** Ensuring efficient and effective clinical trials, Navigating complex regulatory requirements.
- IS frameworks streamline trial processes, optimize endpoints, and accelerate trial start-up times, improving overall trial efficiency
- IS helps streamline compliance processes, ensuring new products meet regulatory standards efficiently

- Challenges: Balancing the need for affordable pricing with the financial viability of new products
- IS helps identify cost-effective implementation strategies that maintain product affordability while ensuring profitability
- Challenges: Integrating new therapeutic evidence/medical devices into routine clinical practice, ensuring clinicians and patients follow practice guidelines, enhancing the quality and effectiveness of health services, risk mitigation (aRMMs and REMS)
- IS frameworks identify factors affecting adoption, engage stakeholders, and evaluate implementation strategies to ensure effective integration and their sustainability











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## Implementation Science is now recommended per the Guidelines on Good pharmacovigilence practice for Risk Minimisation Measures (Module XVI)



It is recognised that risk minimisation is an evolving area for which new approaches and methods will emerge. Implementing RMM in healthcare for patient safety requires approaches from the implementation sciences as well as engagement across different stakeholders for patient-centred healthcare. As technology advances, the potential of supporting risk minimisation through digital applications may be considered.

Methods for user-testing should build on those established in the areas of e.g. health literacy, risk perception and communication, patient preferences, human factors and implementation sciences. These include testing of draft materials in survey, focus group and scenario-based study designs.

## Fictional Case Study: Implementing Zyphorin in Routine Care

1

Pharmaceutical Industry X has developed a new treatment called Zyphorin, that significantly improves patient outcomes for a specific chronic condition.

Prescribing Zyphorin however requires a particular diagnostic test that is not currently available in routine care.

**Background** 

2

Industry X faces
the challenge of integrating
this diagnostic test into
routine clinical practice
to ensure that patients
who could benefit from
Zyphorin are accurately
identified and treated.

The diagnostic test requires specialized equipment and training, which are not widely available in most healthcare facilities.

Situation

3

- 1. Challenge: Ensure the diagnostic test is available in routine care settings
- 2. Enhance Adoption of Zyphorin: Encourage healthcare providers to adopt the diagnostic test and prescribe Zyphorin.
- 3. Improve Patient Outcomes: Ensure patients receive timely and accurate diagnoses to benefit from Zyphorin.

**Client Objectives** 



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**Pharma Objectives** 



## Implementation Science Summary: Zyphorin Case Study



#### **Patient-Level**

#### **Challenges:**

- Limited access to facilities offering the diagnostic test or out-of-pocket costs
- Low health literacy about the condition and the need for testing
- Distrust in new medical technologies or pharmaceutical companies

#### **Opportunities:**

- Community outreach and education to raise awareness and build trust
- Mobile testing units or telehealth-enabled diagnostics
- Subsidy programs or co-pay assistance for the diagnostic test

#### Implementation Strategies:

- Awareness campaigns using media, community events, or social media
- Navigation support through patient navigators or case managers
- o Mobile or community-based testing units
- Financial assistance programs for patients



#### **Provider-Level**

#### **Challenges:**

- Lack of awareness or familiarity with the new diagnostic test
- Workflow disruption—adding a new diagnostic step may slow down care delivery
- Skepticism or resistance to adopting new tools without clear evidence or incentives

#### **Opportunities:**

- Continuing medical education (CME) programs focused on Zyphorin and its diagnostic
- Integration into electronic health records (EHRs) to prompt test ordering
- Peer learning networks for providers to share experiences and best practices

#### Implementation Strategies:

- Training and education workshops, online modules, or certification programs
- Clinical decision support tools integrated into EHRs
- Incentive programs for early adopters or highperforming clinics



#### **System-Level**

#### **Challenges:**

- Lack of infrastructure for the diagnostic test
- Limited funding for acquiring and maintaining specialized diagnostic tools
- Fragmented healthcare systems that complicate coordination and scale-up
- Reimbursement uncertainty for the diagnostic test

#### **Opportunities:**

- Public-private partnerships to fund and distribute diagnostic equipment
- Policy advocacy to include the test in national screening or treatment guidelines
- Pilot programs in high-need areas to demonstrate feasibility and impact

#### Implementation Strategies:

- Infrastructure investment through partnerships with health systems or governments
- Supply chain coordination for timely distribution of diagnostic kits

## Thank you!





## Thermo Fisher S C I E N T I F I C

# Overview of theories, models, and frameworks in implementation science

Bridget Gaglio, PhD, MPH

Thermo Fisher Scientific, Waltham, MA, USA

Presented at the International Society for Pharmacoeconomics and Outcomes Research, Inc (ISPOR) Meeting; May 13–16, 2025; Montreal, CA/Virtual



The world leader in serving science







Understand what implementation science theories, models, and frameworks are and why they matter in industry-sponsored research

Become familiar with three widely used implementation science theories, models, and frameworks

3 Application to case study









### **Definitions**

**Theories:** Provide a framework for understanding the **causal mechanisms** of implementation and **predicting** how factors influence outcomes, according to implementation science

**Models: Describe** and/or **guide the process** of translating research into practice, offering a simplified **representation** of the implementation journey

Frameworks: Describe the factors that influence implementation outcomes, providing a structured way to analyze and address potential barriers and facilitators





Provide a structured approach throughout aims, methods, measures, and evaluation

# Why use TMFs in IS research?



Improve understanding of context and mechanisms (How? Why?)



Enhance and inform planning of the study as well as dissemination/scale-up



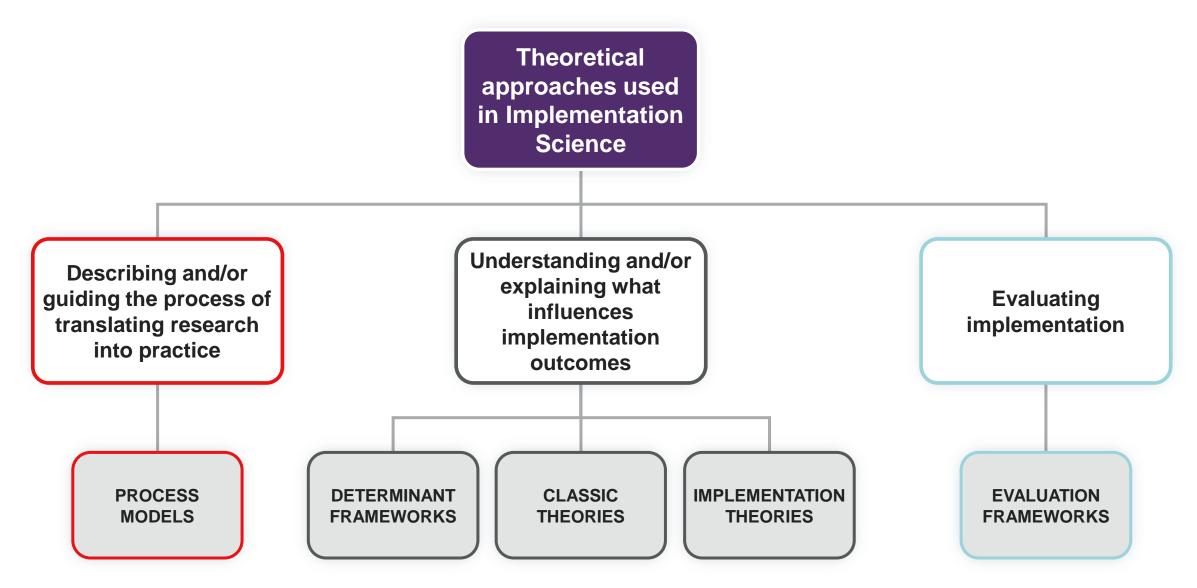
Increases replication (in terms of shared processes, outcomes, and terminology)



Potential to enhance generalizability



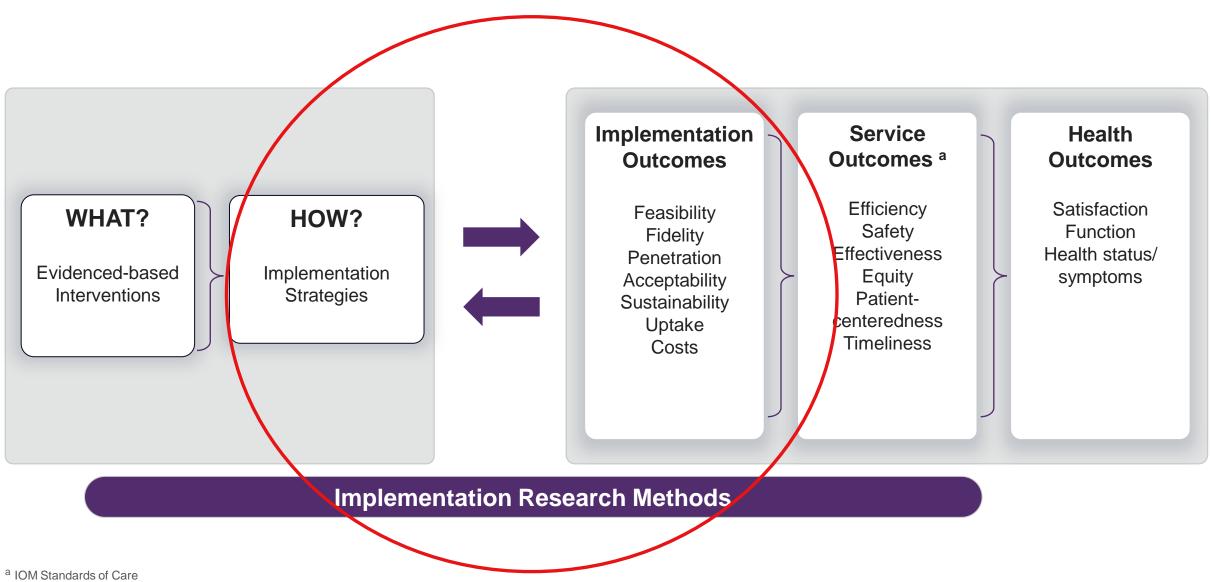
## Choosing a TFM: theoretical approaches and categories



Adapted from: Nilsen P. Making sense of implementation theories, models and frameworks. *Implement Sci.* 2015;10(1):1-13.

## Outcomes for implementation research<sup>1</sup>





Reference: 1. Proctor E, Silmere H, Raghavan R, et al. Outcomes for Implementation Research: Conceptual Distinctions, Measurement Challenges, and Research Agenda. Admin Policy Ment Health. 2010. 38(2):65-76.



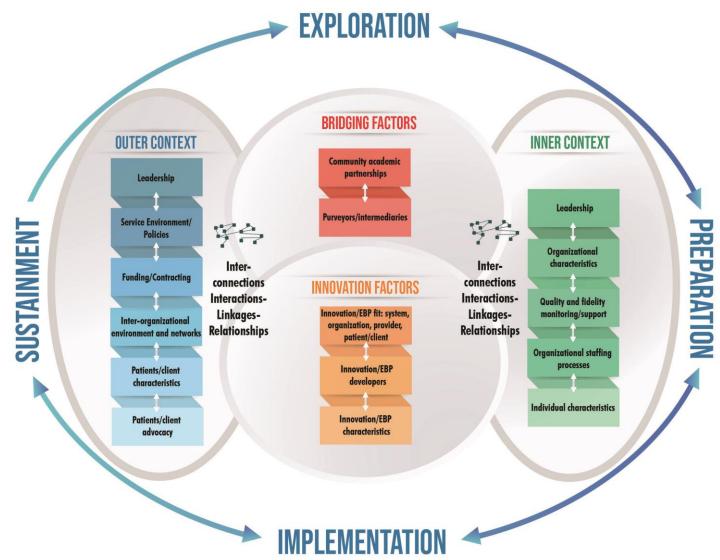
## **TMF Examples**





## Exploration, Preparation, Implementation, Sustainment (EPIS) model

- Example of a process model
- This model helps map where you are in the process and what matters most at each phase



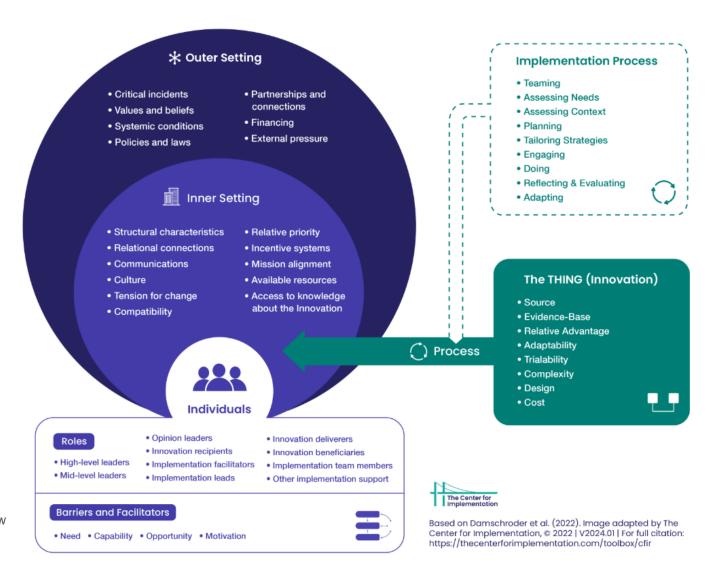
Reference: Aarons GA, Hurlburt M, Horwitz SM. Advancing a conceptual model of evidence-based practice implementation in public service sectors. Adm Policy Ment Health. 2010. 38(1):4-23.



## Consolidated Framework for Implementation Research (CFIR)

#### **Consolidated framework for CFIR 2.0**

- Example of a determinant framework
- CFIR helps identify what factors influence successful implementation by offering a structured list of things to consider across different settings



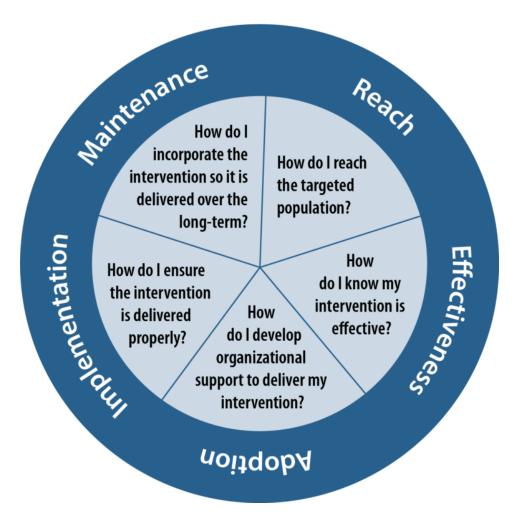
Reference: Damschroder LJ, Reardon CM, et al. The updated Consolidated Framew for Implementation Research based on user feedback. Imp Sci. 2022.17(1):75.

## Reach, Effectiveness, Adoption, Implementation, Maintenance (RE-AIM) framework



- Example of an evaluation framework
- Focus is on external validity how well an intervention works in the real world
- Focus is also on how widely and how sustainably it worked

#### **Elements of the RE-AIM framework**





01 TMFs serve as a guide

# TMF take-aways

- No single TMF is "best" or "right"
  - Choice should be determined by informing the study from the outset
  - Should align with aims, study design, data collection instruments, analyses, and reporting
- Many TMFs are available. Your study may require more than one
  - Test, refine, and adapt

#### Tools and Resources: TMF Selection Resources: TMF selection



- Web-based tools:
  - <u>Dissemination Implementation An interactive</u>
     <u>webtool to help you use D&I models</u>
  - <u>T-CaST\_researchers.pdf</u>
  - T-CaST\_practitioners.pdf
  - Resources and Tools RE-AIM
  - <u>Tools The Consolidated Framework for</u>
     <u>Implementation Research</u>

#### Articles:

- Tabak RG, Khoong EC, Chambers D, Brownson RC. Bridging research and practice: Models for dissemination and implementation research. *Am J Prev Med*. 2012. 43(3):337-350.
- Nilsen P. Making sense of implementation theories, models, and frameworks.
   Implementation Science. 2015. 10:53.

## **Application to Case Study**



- How would you go about selecting a TMF(s) to guide your work? What should you consider?
  - Characteristics of the investigator/study team who will use the TMF
    - Attitudes towards staying true to the TMF
  - Knowledge about TMFs
    - Preference / Training
  - Characteristics of the TMF
    - Ease of use / understanding
    - Fit to your study
- How does the TMF you selected bring a structured approach to your study?
  - Understanding
  - Guiding
  - Evaluation

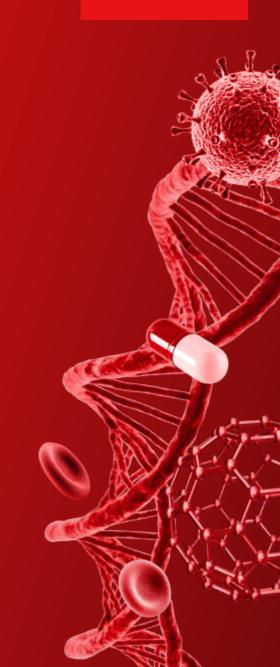
#### **Disclosures**



- Bridget Gaglio is an employee of PPD™ Evidera™ Patient-Centered Research, Thermo Fisher
  Scientific and a consultancy that provides scientific consulting services to pharmaceutical
  companies. The development of this presentation was funded by Thermo Fisher Scientific. All views
  are those of the author.
- Editorial and graphic design support were provided by Karissa Calara and Kawthar Nakayima of Thermo Fisher Scientific



# Thank you



## Unlocking Impact: Accelerating the pharma pipeline with Implementation Science

Mahrukh Zahid Director, Implementation Science



Reimagining Medicine

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## **Current Challenges**

### Real World Gaps

- Clinical trial success ≠ realworld effectiveness.
- Barriers include Adherence, Diagnosis, Referrals, Patient Journey Barriers

Implementation Science

### End goals

- Improved patient outcomes
- Enhanced access to innovations
- Resource Optimization



## How Implementation Science can add value

Implementation Science can help pharma understand where, why, and how products fail to translate into everyday care and put strategies in place to overcome these barriers in advance

- 1. Improves Patient Outcomes Ensures treatments and interventions are successfully adopted in Healthcare Systems.
  - 2. Enhances Access Identifies and removes adoption barriers for our innovations.
  - 3. Optimizes Resource Allocation Identifies evidence-based and effective strategies to address adoption barriers.
- 4. Strengthens Existing Initiatives— Provides a systematic lens on tackling clinical adoption while leveraging existing efforts.

## Achieving the Triple Win using Implementation Science

#### **Acheiving the Triple Win:**

By using a discipline that studies how to promote effective adoption, we can help

**Patients**: Faster & equitable access, improved outcomes and adherence.

Healthcare Systems: Scalable and sustainable integration of new evidence-based practices

**Pharma**: Increased product value and real-world success.



## Setting up for success with Implementation Science

- 1. Embedding Implementation Science as a Core Strategy
- Planning for uptake early, not post-launch
- Using hybrid-trials to assess effectivess and implementation simultaneously
  - 2. Reframing Success
  - Moving from efficacy alone to effectiveness and equity in real-world settings
  - Using implementation science not as an add-on, but a strategic level to optimize value
- 3. Strengthening Collaborations
- Investing in partnerships to tackle common goals and establish trust with Healthcare systems



**Hidradenitis Suppurativa** 



## **Example - HELyx-1 study**



A Non-interventional, prospective implementation science study aiming to increase diagnosis rate and accelerate referrals for patients with Hidradenitis suppurativa (HS)



#### **Key challenges**

- Low awareness of HS
- Delayed diagnosis and meandering patient journey
- Limited access to adequate therapy



#### **Objectives**

- Increase diagnostic screening
- Accelerate and increase the diagnostic detection rate of patients with HS across medical specialties
- Broaden objective assessments of HS symptoms and disease severity into clinical practice
- Accelerate referral of HS patients to physicians experienced with HS



#### **Project**

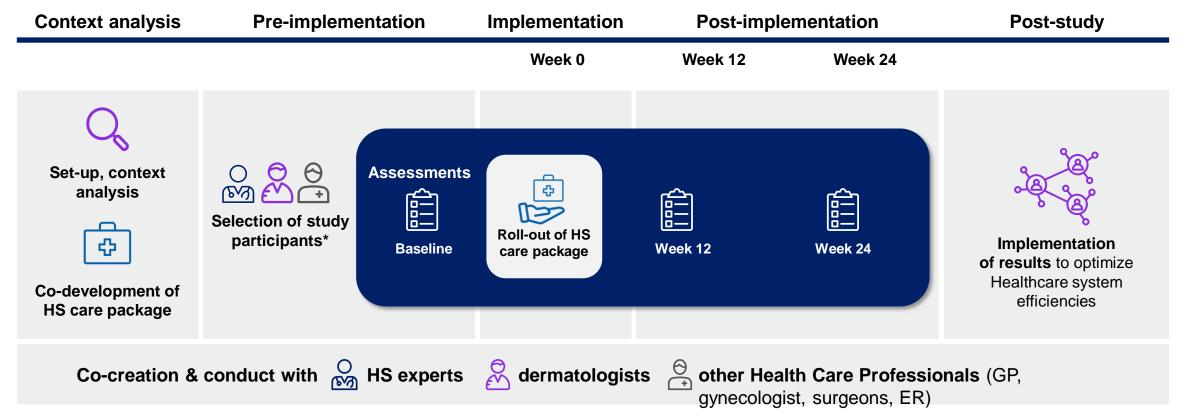
Implementation science study using the Consolidate Framework for Implementation Research (CFIR)

- Build on and support local Health Care Professional networks
- Co-create HS care package with Key Opinion Leaders
- Measure impact of the implementation



## **HELyx-1 study design**

### Focusing on local context in pilot country Germany



<sup>\*</sup>dermatologists, GPs, gynecologists, surgeons

ER, emergency room unit; GP, general practitioner, HS, hidradenitis suppurativa.



## **HELyx-1** expected impact





Transform clinical practice by identifying barriers to diagnosis and treatment



Strong partnerships with Health Care Professionals creating enduring HS networks



Effective implementable solutions that can be scaled for Health Care Professionals



Optimize health care systems efficiencies



### Reflection

What are your reflections on the hypothetical and real-life case studies?

How can Implementation Science optimize your work in reaching similar objectives to reduce barriers to access to innovations?

## Wrap-up and follow up questions



## Consortium on Implementation Science (CIS)

Models, Methods & Measures in Drug & Device Development

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