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Background

- Breast cancer is the most commonly diagnosed cancer and the fourth leading cause of cancer-related death among women in Japan,¹ with significant heterogeneity in genomic subtypes, treatment patterns, and clinical outcomes²
- Real-world evidence (RWE) is critical for understanding treatments and outcomes in routine clinical practice³
- This study aimed to characterize a growing cohort as a comprehensive, deidentified resource for evaluating clinical profiles and treatment effectiveness among patients with breast cancer in Japan receiving care in real-world settings

Methods

- Data source:** The Flatiron Health Research Database, an electronic health record (EHR)-derived, deidentified database, comprising patient-level data originating from over 5 million patients around the world, including the US, Germany, UK, and Japan⁴⁻⁵
 - The Japanese dataset was used for this study. New patients were added every 90 days, and new information for existing patients was updated with 90-day recency, based on technology-enabled extraction and abstraction of relevant information from both structured and unstructured EHR⁵ data sources
- Eligibility criteria:** The study included 1057 patients in Japan with a confirmed diagnosis of breast cancer (ie, abstraction-confirmed pathology, stage, etc.) between January 1, 2011, and September 30, 2024
- Analyses:** We summarized the characteristics of this Japanese cohort using descriptive statistics. Variables examined included:
 - Clinical characteristics:** Age at diagnosis, birth sex, tumor laterality, clinical or pathological group stage, tumor grade, histology, metastatic status, and Eastern Cooperative Oncology Group performance status (ECOG PS) score at diagnosis
 - Interventions:** Biomarker testing rates and results, surgery, and radiation therapy

Results

Table 1. Patient Characteristics

Characteristic	N = 1057
Age, median (IQR), y	54 (46-65)
Sex, %	
Female	100
Tumor laterality, No. (%)	
Left	548 (52)
Right	509 (48)
Menopausal status, No. (%)	
Premenopausal	415 (39)
Postmenopausal	414 (39)
Other/Unknown ^a	228 (22)
Group stage ^b , No. (%)	
Stage 0-I	253 (24)
Stage II	477 (45)
Stage III	178 (17)
Stage IV	96 (9)
Unknown	53 (5)

Characteristic	N = 1057
Tumor grade, No. (%)	
Grade 1	146 (14)
Grade 2	420 (40)
Grade 3	175 (17)
Unknown	316 (30)
Histology, No. (%)	
Invasive/Infiltrating ductal carcinoma	923 (87)
Invasive/Infiltrating lobular carcinoma	69 (7)
Other	54 (5)
Unknown	11 (1)
Metastatic status, No. (%)	212 (20)
De novo metastatic	97 (9)
Distant recurrence	115 (11)
Availability of metastatic diagnosis date, No. (%)	212 (100) ^c
ECOG PS 0 or 1 at first treatment, %	~99

Abbreviations: IQR, interquartile range
^aOther/Unknown includes patients with perimenopausal or N/A (patient is male) or Unknown status, with the former 2 categories aggregated due to small patient counts that cannot be reported for privacy reasons.
^bAggregated group stage based on clinical and pathological stage data.
^cDenominator = patients with metastatic disease.

Results (continued)

- The majority of patients were tested for *ER*, *PR*, *HER2*, and *Ki-67*, whereas other standard of care biomarkers were tested less frequently in this cohort
- Overall, 26% of patients had *HER2+* disease, 56% had *HER2*-low disease, and 11% had triple-negative breast cancer
- A total of 87% of patients underwent surgery, and 52% received radiation therapy

Figure 1. Biomarker Testing Rates

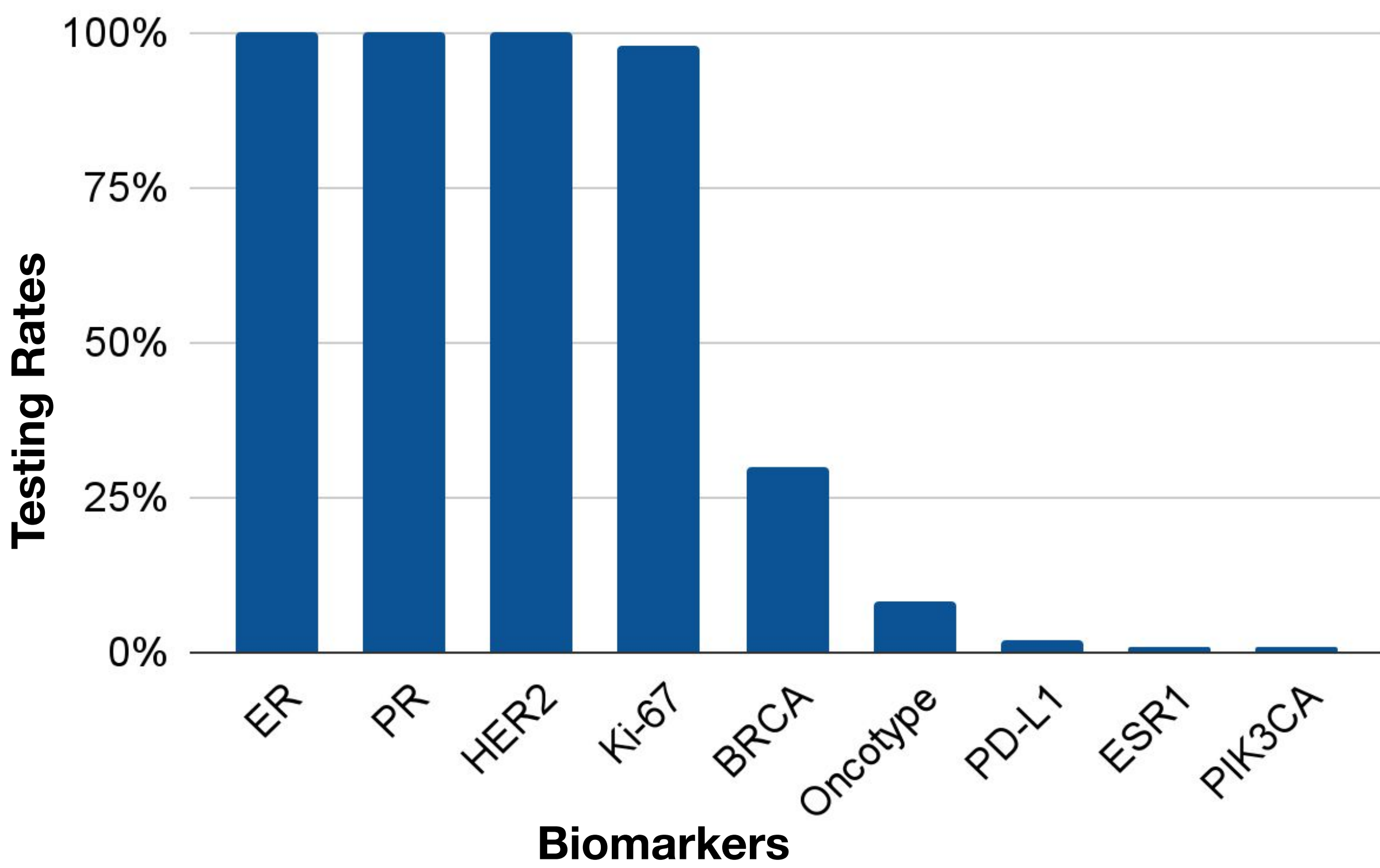
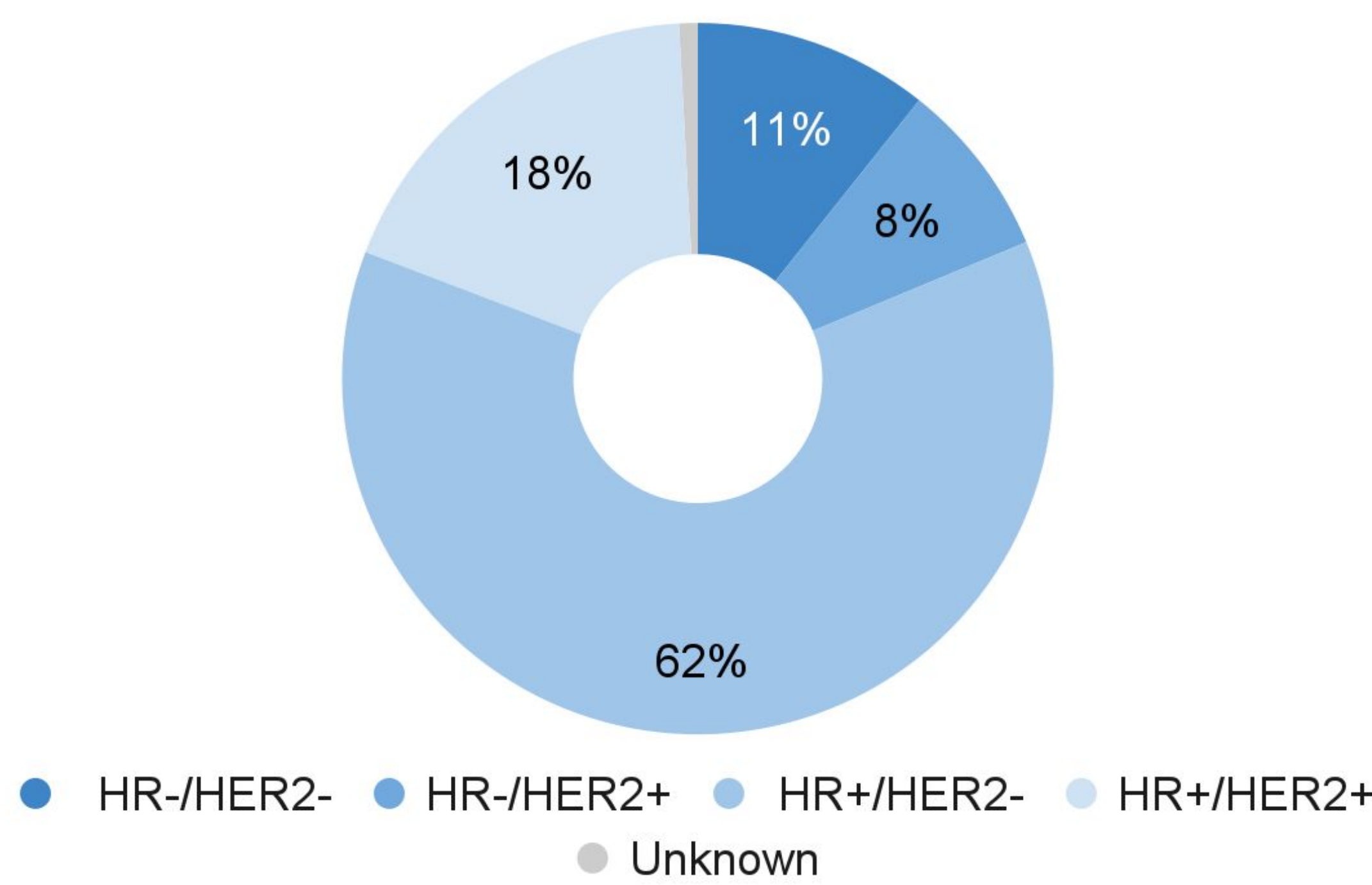


Figure 2. Breast Cancer Subtypes



Abbreviations: *BRCA*, breast cancer gene; *ER*, estrogen receptor; *ESR1*, estrogen receptor 1; *HER2*, human epidermal growth factor receptor 2; *HER2+*, human epidermal growth factor receptor 2 positive; *HER2-*, human epidermal growth factor receptor 2 negative; *HR+*, hormone receptor positive; *HR-*, hormone receptor negative; *Ki-67*, proliferation index marker Ki-67; *PD-L1*, programmed death-ligand 1; *PIK3CA*, phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha; *PR*, progesterone receptor

Conclusion and Future Directions

- This is the first known study to examine detailed clinical and biomarker characteristics in a real-world cohort of patients diagnosed with breast cancer in Japan, using an EHR-derived real-world dataset
- The database contained detailed clinical variables with high completeness, and key characteristics of this Japanese breast cancer cohort were largely consistent with clinical expectations^{6,7}
- Secure analyses of EHR-derived, deidentified, patient-level Japanese RWD in a trusted research environment enable robust evidence generation, in compliance with local legal and ethical requirements, while protecting patient privacy
- Future research will focus on comparative effectiveness and cross-country analyses to advance global breast cancer research

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