Health Equity Research in HEOR (Health Economics and Outcomes Research): The State of Play in the Asia-Pacific region

For the ISPOR Asia-Pacific Summit 2022 on 20 September 2022

Concurrent Breakout Session 1 (11:45 - 12:45 KST)

### Declaration

### The presenters have no conflict of interest.

### Why health equity research in HEOR?

- Equity concerns have been recognized globally in the area of health, welfare, income and other socioeconomic aspects.
- Social Determinants of Health (SDH) have been analyzed in the public health literature in terms of various health conditions and services.
- "Equity", "Equality" and "Fairness" are commonly discussed globally, yet its implication, intervention and impact differ greatly across and within the country.
- As a result, health and social gaps presist, and they are even widening following the COVID-19 pandemic.

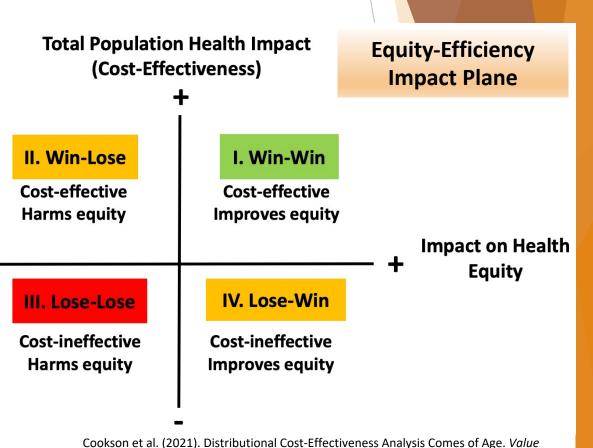
### Health equity research focus in HEOR

"Improving total population health (i.e., efficiency)" and "Reducing health inequality (i.e., equity)":

Two important policy objectives,

yet these may conflict.

- Standard CEAs focus on cost-effectiveness in terms of "efficiency", but not "equity".
- Equity considerations are advancing in Asia-Pacific in the following approach: "Equity in process" and "Equity in research"



Health, 24(1), 118-120. doi:10.1016/j.jval.2020.10.001

### **Session outlines**

#### Aim:

The goal of this session is to share the state of play of health equity research in Asia-Pacific, and discuss the opportunities, challenges and a way forward for advancing equity-informative HEOR.

#### Presenters:

Sitanshu Kar, India JIPMER

Sarin KC, Thailand HITAP

Diana Beatriz Bayani, The National University of Singapore

Riku Ota, Novo Nordisk Pharm Ltd. Japan

Kyoko Shimamoto, Keio University, Japan

Flows: Presentations and Q&A at the end of the session.



### Virtual ISPOR Asia Pacific Summit 2022 20-21 September



### Equity considerations in Heath Technology Assessment: Experience from India.

#### Dr. Sitanshu Sekhar Kar

Professor & Head, Department of Preventive & Social Medicine, Principal Investigator of HTAIn Resource Centre, JIPMER, Puducherry – 605006, India



I have no conflict of interest to declare.

The views expressed in this presentation are solely the presenter's responsibility, and they do not necessarily reflect the views, decisions or policies of the institutions with which the presenter is affiliated.

### Plan of the session

- 1. Introduction
- 2. HTA framework in India
- 3. Equity in HTAIn studies
- 4. Wayforward

HTA is a multidisciplinary process that systematically evaluates the effects of technology on the **availability and distribution of resources** and on other aspects of health system performance such as **equity and responsiveness**.

#### Two dimensions

- 1. Decision criteria (e.g., efficiency) for ranking healthcare interventions
- 2. Fairness of the procedures used in the conduct of HTAs

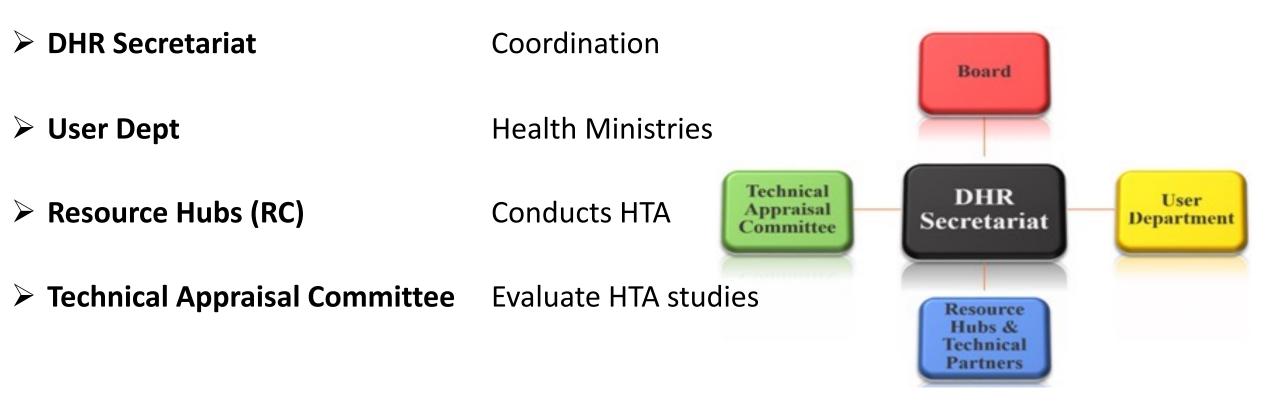
### 2. HTA in India

- Institutional structure for HTA in India HTAIn
- Established in 2017 under the Department of Health Research, Ministry of Health

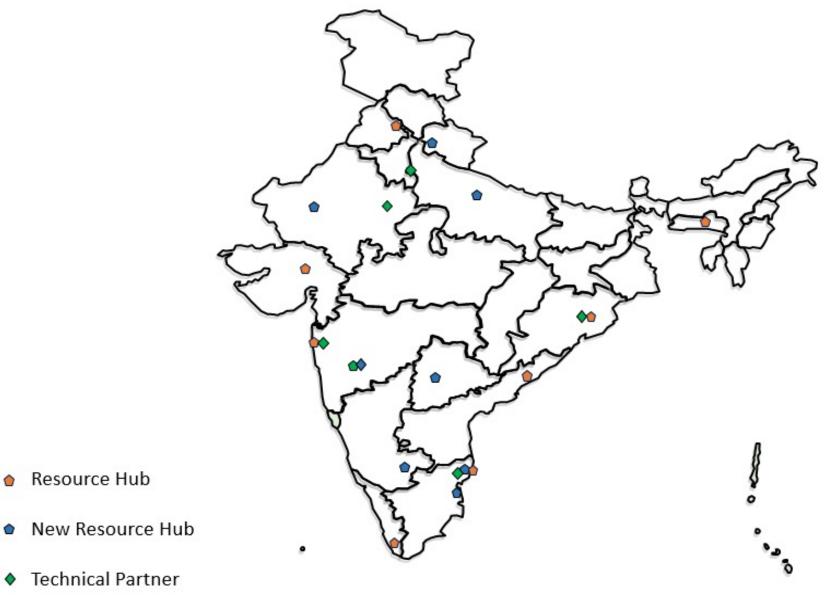
#### Mandate

- Maximizing health
- Reducing out-of-pocket expenditure (OOPE) &
- Minimizing inequality in healthcare services

### **HTAIn Framework**



#### **Resource Centres and Technical Partners**



1. PGIMER, Chandigarh 2. IIPH, Shillong 3. RMRC, Bhubaneswar 4. KIHT, Vizag 5. NIRT, Chennai 6. SCIMST, Trivandrum 7. NIRRH, Mumbai 8. IIPH, Gandhinagar 9. NIE, Chennai 10. JIPMER Puducherry 11. AIIMS, Rishikesh 12. State Cancer Institute and KGMU Lucknow 13. NCDIR, Bangalore 14. IIPH, Hyderabad 15. NIV, Pune 16. AIIMS, Jodhpur 17. AIIMS, New Delhi 18. NIMS, New Delhi 19. NHSRC, Delhi 20. PHFI, Delhi 21. IEG, New Delhi 22. IIT, Mumbai 23. NARI, Pune 24. IIHMR, Jaipur 25. IIPH, Bubaneswar 26. IIT, Chennai **Two new Centres** 

### **Progress of HTAIn from 2017 to 2022**

Resource centres and technical partners established	28
Studies Completed and approved by the Board	30
Studies are completed to be placed for TAC approval	14
Ongoing Studies/ Multicentric studies	18
Publications	92
Technical Appraisal Committee meeting	27
Board Meetings	05
Stakeholders Meeting	18
State/UT Nodal Officers appointed	26
Capacity Building Workshops	14
International Symposia 2021	01
MSc HETA, Course	

Health Technology Assessment Board Bill 2022

### **3. Equity in HTAIn studies**

- Reviewed HTA reports in HTAIn repository (accessed: 1-20 Aug 2022)
- Year, title, PICO, time horizon & perspective
- Efficiency considerations
  - ICER, Cost per QALY gained/life years gained/ DALY averted
- Equity considerations
  - Literature review/sub-group analysis, DCEA

### **Findings of the review**

> Total reports published: 19

> All studies included results on efficiency considerations

Table 1: HTA studies included for the review (N=19)

CNI	SN Study type	Total
		n (%)
1	Medical devices / diagnostics	15 (78.9)
2	Population based programs/interventions	3 (15.8)
3	Drug intervention	1 (05.3)
	Total	19 (100)

### **Findings of the review**

> 31.6% studies included results on equity considerations

#### Table 1: Type of equity consideration in HTA studies (n=6)

	Study type	Total
SN	Study type	
1	Literature review (equity issues)	4 (66.7)
2	Sub-group analysis after CEA	1 (16.7)
3	Equity implications based only on CEA findings	1 (16.7)
	(without equity related analysis)	
	Total	6 (100)

### **Conclusion & Way forward**

- 1. About one-third of the reports have addressed equity issues
- 2. Equity considerations were limited to literature review
- 3. No study attempted DCEA in the result section
- 4. Awareness among researchers in the HTA agencies to be raised through collaboration
- 5. Initial discussion within the HTA resource hubs in India is very encouraging

### **Audience Poll**

Is your country/jurisdiction working on generating the evidence and methods to measure and report on health inequality impacts routinely?

- 1. Yes
- 2. Partly yes
- 3. No
- 4. Not aware

Thank You drsitanshukar@gmail.com sitanshukar@jipmer.edu.in



# Equity and HTA: perspective from Thailand

**ISPOR Asia-Pacific Summit 2022** 

20<sup>th</sup> September 2022

#### Sarin KC

Health Intervention and Technology Assessment Program (HITAP), Ministry of Public Health, Thailand



# Declaration

# The presenter has no interests to declare that conflict with improving public health outcomes.





Health Intervention and Technology Assessment Program

# Outline

Overview of UHC, HTA, and Equity in Thailand

Case Study: Renal Replacement Therapy

What's Next for Equity & HTA in Thailand?



Health Intervention and Technology Assessment Program



# **Overview of UHC, HTA and Equity in Thailand**

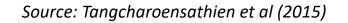




Health Intervention and Technology Assessment Program

### Three public health insurance schemes cover the entire population

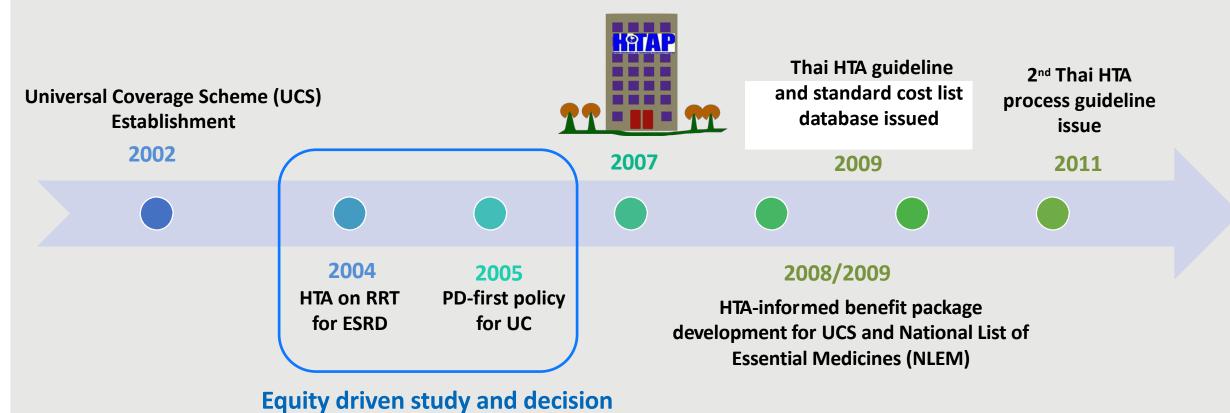
	Civil Servants Medical Benefit Scheme (CSMBS)	Social Security Scheme (SSS)	Universal Coverage Scheme (UCS)
Start	1963	1990	2002
Eligibility	Government employees, pensioners and their dependants	Formal-sector, private employees	The rest of population who are not covered by SSS and CSMBS
Coverage	9%	15%	75%
Source of finance	General tax	Tripartite from employer, employee, government	- General tax - Managed by National Health Security Office (NHSO)



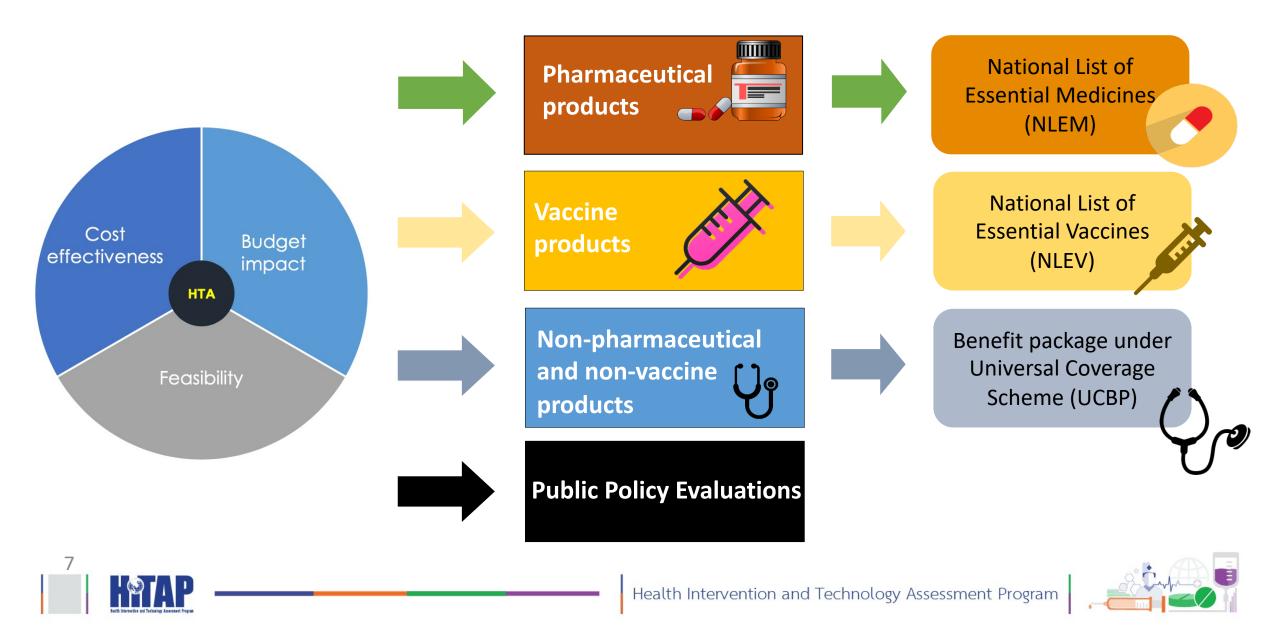
# Semi-autonomous, non-profit

institute under the MoPH,

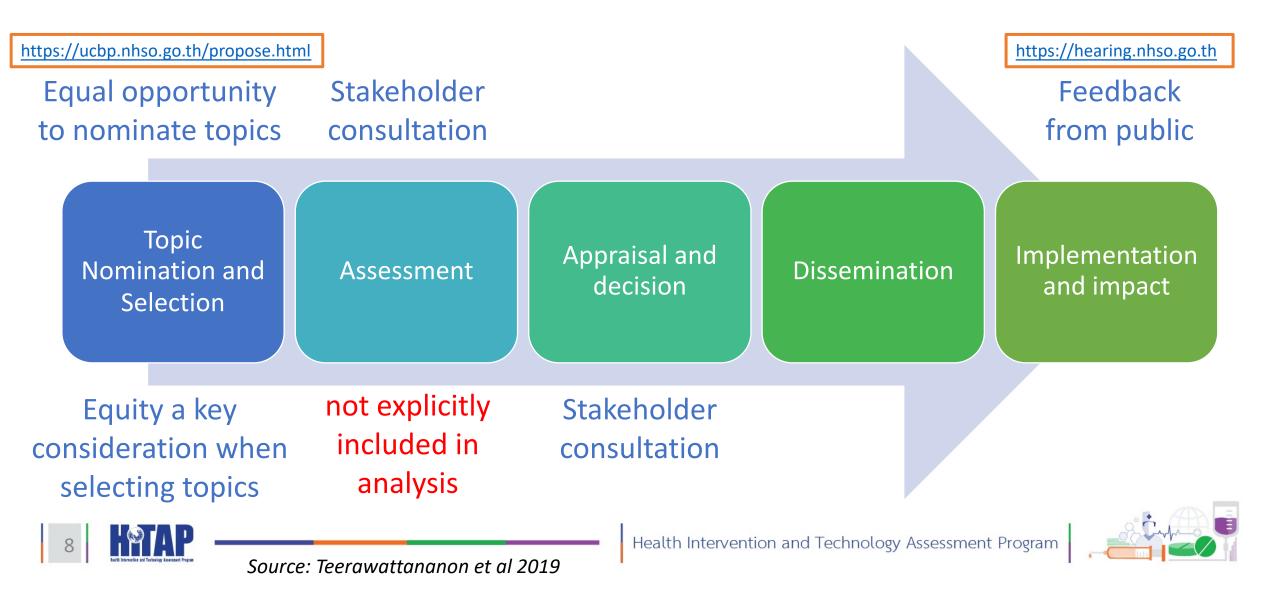
Thailand (HITAP)



### **HTA Application in Thailand**



# The technical and the procedural elements of HTA



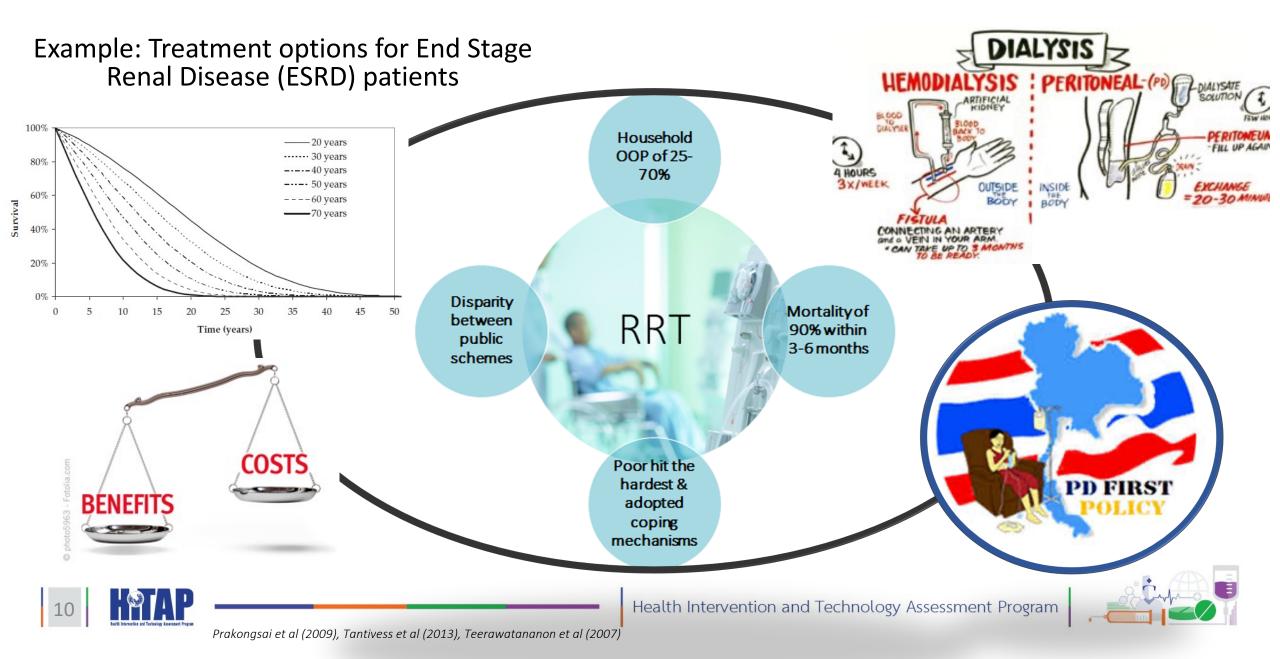
### Case Study: Renal Replacement Therapy





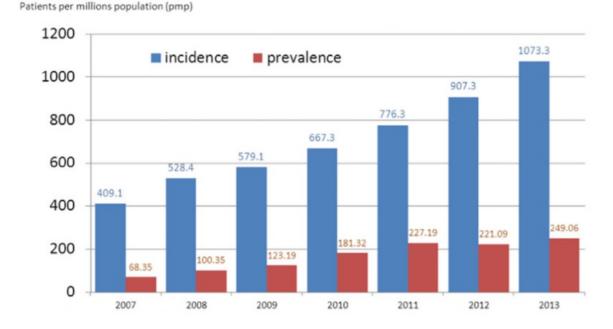


### **Providing equitable healthcare**



# **Providing equitable healthcare**





of the PD First policy has saved more than 50,000 baht per patient per year as a result of the lower cost of total hospital visits as compared with HD, and has helped to

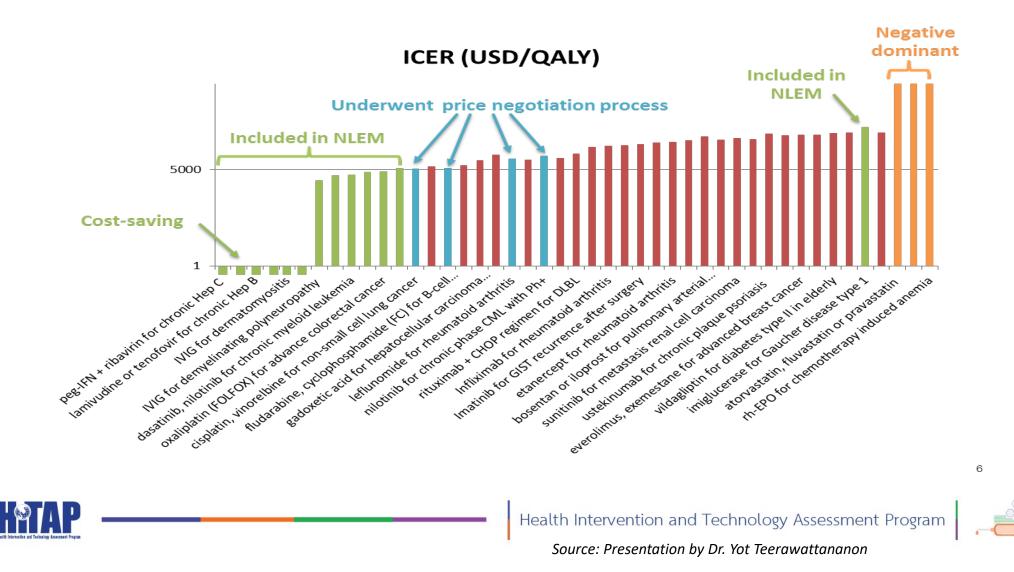


Health Intervention and Technology Assessment Program



Chuengsaman P, Kasemsup V. PD First Policy: Thailand's Response to the Challenge of Meeting the Needs of Patients With End-Stage Renal Disease. Semin Nephrol. 2017 May;37(3):287-295. doi: 10.1016/j.semnephrol.2017.02.008. Erratum in: Semin Nephrol. 2017 Sep;37(5):488. PMID: 28532557.

# **ICER ALONE DOES NOT INFORM DECISIONS**



# What's Next for Equity & HTA in Thailand?





### Closing the Gap on What is Covered Across the Three Schemes

	Civil Servants Medical Benefit Scheme (CSMBS)	Social Security Scheme (SSS)	Universal Coverage Scheme (UCS)
Start	1963	1990	2002
Eligibility	Government employees, pensioners and their dependants	Formal-sector, private employees	The rest of population who are not covered by SSS and CSMBS
Coverage	9%	15%	75%
Source of finance	General tax	Tripartite from employer, employee, government	<ul> <li>General tax</li> <li>Managed by National</li> <li>Health Security Office (NHSO)</li> </ul>
		Health Intervention and Techno	ology Assessment Program

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Health Intervention and Technology Assessment Program

Source: Tangcharoensathien et al (2015)



# Including High-Cost Drugs in Thailand

#### **Objective:**

- Understand current landscape
- To create a reimbursement process for high-cost drugs
- Define "high-cost" and upper limit of the CET



#### How are we getting there?

- Working group with NHSO and NLEM
- Advisory group comprising experts from Australia, UK, South Korea, Canada, Malaysia
- Review of policies in other settings

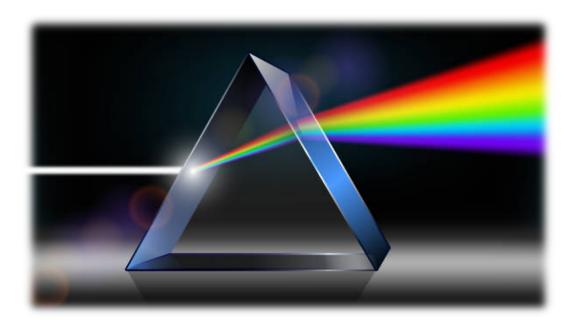
#### Thus far, we have consensus on:

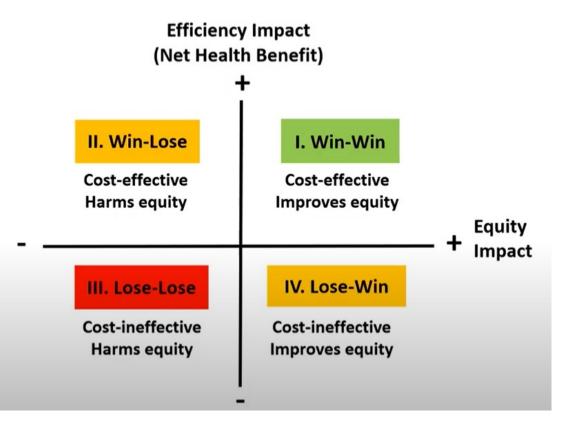
- Need for special category for reimbursing high-cost drugs
- Developed a framework for access pathway
- Process for defining high-cost interventions





# Explicit Account of Equity in Economic Evaluation





Verguet, Stéphane et al. "Extended Cost-Effectiveness Analysis for Health Policy Assessment: A Tutorial." *PharmacoEconomics* vol. 34,9 (2016): 913-23. doi:10.1007/s40273-016-0414-z





### The First DCEA Study In Pipeline: HCV Treatment Options

# PLOS ONE

OPEN ACCESS
 PEER-REVIEWED

RESEARCH ARTICLE

#### Revisiting policy on chronic HCV treatment under the Thai Universal Health Coverage: An economic evaluation and budget impact analysis

Waranya Rattanavipapong 🖾, Thunyarat Anothaisintawee 💀, Yot Teerawattananon 👓

Published: February 21, 2018 • https://doi.org/10.1371/journal.pone.0193112





### **Building Capacity in DCEA**

#### HITAP WEBINAR: EQUITY & DISTRIBUTIONAL COST-EFFECTIVENESS ANALYSIS

Home > HITAP WEBINAR: EQUITY & DISTRIBUTIONAL COST-EFFECTIVENESS ANALYSIS



https://www.hitap.net/en/179650

#### SHORT COURSE: DISTRIBUTIONAL COST-EFFECTIVENESS ANALYSIS

Date: Monday, 19 April - Friday, 23 April 2021

Written by Richard Tan

#### Summary

In a standard health economic evaluation, the goal is to identify cost-effective interventions that maximises total health. However, a distributional cost-effectiveness analysis (DCEA) model builds upon the standard cost-effectiveness model by incorporating the distributional impacts of health. This allows us to incorporate equily considerations into our analysis. By modelling the changes to the baseline health distribution of a general population that arise due to the health interventions in consideration, and incorporating various sources of inequality, the DCEA framework not only allows us to estimate the change in health outcome, such as the Health-Adjusted Life Years (HALYs), of each intervention, but also how each decision will change the level of unfair inequality that affects the population in question. The DCEA framework then combines these with the relevant social welfare function and leverages on the equity impact plane to help decision makers determine which intervention is most relevant in maximising health and minimising unfair health inequality.



#### https://hiper.nus.edu.sg/course-dcea/







# **Audience Poll**

Q1. Does the HTA process in your country include equity as one of the criteria for decision-making?

Yes, it is clearly stated
 No, it is not included
 Unclear if it is a consideration
 Not sure







### Contact

Sarin KC: <u>sarin.k@hitap.net</u>





Health Intervention and Technology Assessment Program



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# Health Equity Research in HEOR: Perspectives from the Philippines and Academia

Diana Beatriz Bayani 20 September 2022 dbayani@u.nus.edu

### **State of HTA in the Philippines**

#### Slow but steady progress towards HTA institutionalization

- Legal mandate for HTA through the Universal Healthcare Law (2019) to inform funding allocation and coverage decisions
  - HTA committees and focal HTA body were established (26 full-time staff in the HTA Division)
  - Methods and Process Guidelines were published
- Delays in planned workstreams due to the pandemic → evaluation teams largely focused on the assessment of Covid-19 related technologies
- Institutional and operational challenges (e.g., clarity of role/mandate vis-à-vis other expert committees, rapid turnover of technical staff, transition to the Department of Science and Technology)

### State of health equity research in HTA

What could be done?	Has it been done?	Examples
Describe pre-decision health inequalities	Yes, but	<ul> <li>Annual poverty and health surveys</li> <li>Potential work to map health inequalities using national data based on income, location, healthcare access, etc.</li> </ul>
Evaluate intervention impacts on inequality in health benefits	Yes, but	<ul> <li>Required as part of a full HTA</li> <li>Qualitative methods suggested</li> <li>Minimally, a description of groups who may be disproportionally affected must be reported</li> </ul>
Evaluate equity-efficiency trade- offs between reducing health inequalities and improving health	Yes, but	<ul> <li>Informally through a discussion by HTA Committee members/expert opinion</li> </ul>
Evaluate equity-equity conflicts between prioritizing the severely ill and reducing health inequalities	Yes, but	<ul> <li>Informally through a discussion by HTA Committee members/expert opinion</li> </ul>

### The case of the PCV re-assessment

#### An example of equity-informed HTA using qualitative methods

#### Context

- New clinical evidence and price proposals prompted a re-evaluation of the vaccines (full HTA)
- Equity impact of the vaccine needs to be characterized

#### Methods

- Focus group discussions with patient groups, civil societies, and leaders of marginalized communities
- Respondents were asked about their preference between a less cost-effective vaccine that reduces inequity in coverage more (vaccine A) versus a more cost-effective vaccine that reduces inequity less (vaccine B)

#### Conclusions

 Preferences varied between the stakeholder groups: civil society preferred vaccine B (more weight on efficiency) while patient groups and community leaders preferred vaccine A (more weight on equity)

### **Key Insights**

#### Valuable lessons learnt in the recent years & challenges yet to be overcome

- HTA processes can formally and consistently consider equity impacts through other methods, even among those in the early stages of HTA development (e.g., LMICs)
- Nonetheless, empirical evidence may be useful in guiding committee deliberations on health technologies
- Remaining challenges
  - Lack of robust data (e.g., baseline health distributions, disaggregated health outcomes data)
  - Lack of technical and institutional capacity

### **Building capacity for equity-informative HEOR**

#### How can we make health equity research less of a black box?

- Trainings/short courses
- Advocacy and networking
- Research projects and case studies

### **DCEA short course**

#### A short-course on distributional CEA as a starting point

#### About the course

- First run last 19-23 April 2021 as an online training
- Attended by 37 participants from 10 countries, mostly Asia and Africa
- Participants were mainly from government HTA agencies or universities
- Mix of lectures and practical hands-on sessions (all in Excel!)

#### **Topics covered**

- Overview of DCEA and principles of equity
- Distribution of effects and costs
- Equity-efficiency trade-offs and inequality aversion\*
- Distributions of net health benefit
- Direct equity weights

### **DCEA short course**

#### **Feedback from participants**



Some of the participants from Laos, Nigeria, Philippines, Rwanda, Singapore, Thailand, United Kingdom and Vietnam "In a world where <u>everything needs to be</u> <u>quantified</u>, the DCEA equips both researchers and policymakers with tools that can pinpoint equity efficiency tradeoffs in various health and non-health areas such that a truly well informed decision can be made.."

"The workshop helped me understand distributional CEA <u>not only in theory but also on how this may be</u> <u>implemented</u>."

### **Audience Poll**

For future courses on health equity research in HTA, which topics would you be interested in learning more about?

- Describing baseline health inequalities
- Evaluating intervention and overall impacts on health inequalities, including consideration of opportunity costs
- Evaluating equity-efficiency tradeoffs
- Evaluating equity-equity conflicts

Health Equity Research in HEOR: The state of play from Japanese academic perspectives

For the ISPOR Asia-Pacific Summit 2022 on 20 September 2022

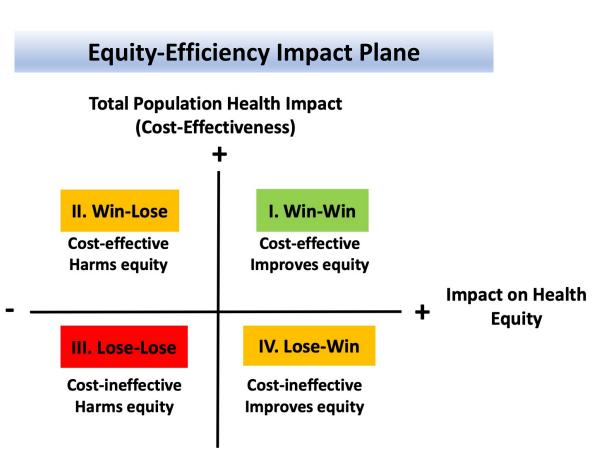
Kyoko Shimamoto, PhD

Keio University, Tokyo, Japan

# Background and general concepts: Equity-informative economic evaluations

- Standard CEAs provide information on cost-effectiveness in terms of "efficiency (i.e., total population health impact)", but not "equity".
- Advanced health economic evaluations are conducted, called "Distributional Cost-Effectivenss Analysis-DCEA" that considers both equity and efficiency, in terms of cost and effect.
- DCEA webinar was conduted in June 2022 (available on demand):

https://www.ispor.org/conferences-education/educationtraining/webinars/webinar/distributional-cost-effectivenessanalysis-to-inform-healthcare-decisions



Cookson, R., Griffin, S., Norheim, O. F., & Culyer, A. J. (2020). *Distributional Cost-Effectiveness Analysis: Quantifying Health Equity Impacts and Trade-Offs*: Oxford University Press. Cookson, R., Griffin, S., Norheim, O. F., Culyer, A. J., & Chalkidou, K. (2021). Distributional Cost-Effectiveness Analysis Comes of Age. *Value Health, 24*(1), 118-120. doi:10.1016/j.jval.2020.10.001

### Audience Poll

Is it worth funding an intervention that is not cost-effective but reduces health inequality?

- Yes
- *No*
- Only in special circumstances
- Don't know

### Why studies on health inequality aversion?

#### "Improving total population health" and

"reducing health inequality" are two important policy objectives.

Yet these objectives may conflict.

"The Health-related Social Welfare Function (HRSWF)" has been studied to articulate the trade-offs between these two objectives.

Evidence exists from the study that examines the public views on health inequality aversion in Europe (e.g., UK, Spain), yet not in Asia-Pacific.

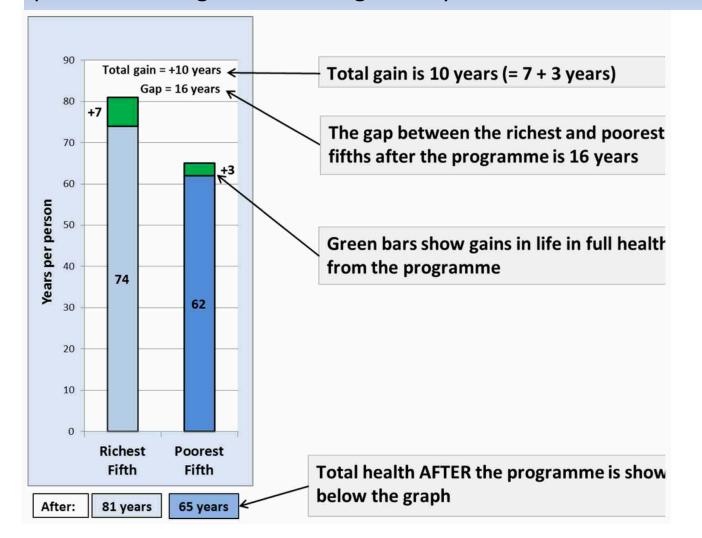
Robson, M., Asaria, M., Cookson, R., Tsuchiya, A., & Ali, S. (2017). Eliciting the level of health inequality aversion in England. *Health economics, 26*(10), 1328-1334. Abasolo, I., & Tsuchiya, A. (2004). Exploring social welfare functions and violation of monotonicity: an example from inequalities in health. *Journal of Health Economics, 23*(2), 313-329. Costa-Font, J., & Cowell, F. (2019). Incorporating inequality aversion in health-care priority setting. *Social Justice Research, 32*(2), 172-185. McNamara, S., Holmes, J., Stevely, A. K., & Tsuchiya, A. (2020). How averse are the UK general public to inequalities in health between socioeconomic groups? A systematic review. *The European Journal of Health Economics, 21*(2), 275-285.

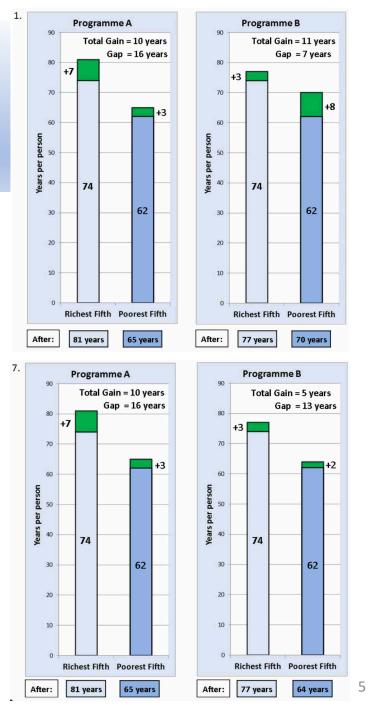
# Aim and Methods: The health inequality aversion study

- Aim: To advance health equity research in HEOR, particularly to understand the public views on health inequality aversion.
- **Setting**: Japan, the USA and possibly other countries.
- Data collection: Online self-reporting questionnaires (analytic n=473 in Japan).
- Measures: Health-related Social Welfare Functions (HRSWFs) one of the required parameters for DCEA (i.e., Atkinson and Kolm indices); and demographic characteristics.

#### **Examples of the policy choice question**:

Seven pairwise choices between two programmes, in which Programme A favours the rich, and Programme B favours the poor. In each successive choice, the years (in full health) gained by the poor in the Programme B are gradually reduced.





### Preliminary Key Results

Table 1: Categorisation of "logical" responsefor the Japanese study (Analytic n=473)

Rank	Category	Response
1	Pro-Rich1	AAAAAA
2	Pro-Rich2	=AAAAAA
3	Pro-Rich3	BAAAAAA
4	Health Maximiser	B=AAAAA
5	Weighted Prioritarian 1	BBAAAAA
6	Weighted Prioritarian 2	BB=AAAA
7	Weighted Prioritarian 3	BBBAAAA
8	Weighted Prioritarian 4	BBB=AAA
9	Weighted Prioritarian 5	BBBBAAA
10	Weighted Prioritarian 6	BBBB=AA
11	Weighted Prioritarian 7	BBBBBAA
12	Maximin	BBBBB=A
13	Egalitarian 1	BBBBBBA
14	Egalitarian 2	BBBBBB=
15	Egalitarian 3	BBBBBBB

#### **Distributions per five key categories:**

**"Pro-rich"** respondents prefer health gains to the better-off. **21%** 

**"Health Maximisers"** are concerned only with increasing total health. **2%** 

**"Weighted prioritarians"** give greater weight to the health of the worse-off. **36%** 

**"Maximin"** respondents are concerned only with improving the health of the worst-off. **2%** 

**"Egalitarians"** value reducing health inequality so much that they are willing to sacrifice potential health benefits to the worst-off. **39%** 

The point at which the respondent 'switches' or become indifferent between the programmes was used to categorize respondents and derive the level of health inequality aversion.

### Preliminary Key Results (con't)

The majority of respondents (77%) were willing to trade-off some total health in order to reduce health inequality in Japan.
[vs 82% in the UK]

Health gains to the poorest fifth should be weighted approx. 6 times as highly as health gains to the richest fifth in Japan.

[vs "between 6 and 7 times" in the UK].

- ➢Yet substantial heterogeneities observed by demographics in Japan (e.g., income quintiles, geographic regions).
- Further comparative evidence is expected in Asia-Pacific and beyond.

# Regional activity plans on health equity research in Asia-Pacific

- ISPOR Health Equity Research SIG journal club 2022 in Asia-Pacific: Friday, December 2nd at 11am KST (Thursday, December 1st at 10pm EST)
   Presentation by Prof Nathorn (Nui) Chaiyakunapruk, University of Utah, USA
- More regional activities under planning among Asia-Pacific researchers:
  - Please feel free to contact me if interested in the regional activities on health equity research. The SIG member registration is open.

ISPOR Health Equity Research SIG website:

https://www.ispor.org/member-groups/special-interest-groups/health-equity-research

Kyoko Shimamoto: kyoko.shimamoto@keio.jp

Thank you so much for joining the session!

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### Acknowledgement

Prof Richard Cookson (University of York, UK) Prof Aki Tsuchiya (University of Sheffield, UK) Ms Stacey Kowal (Genentech, USA) ISPOR Health Equity Research Special Interest Group

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